



PGC Empowers Resettlement Community Leaders Through Capability-Building Program

On August 5, 2026 the Provincial Government of Cavite (PGC), through the Provincial Housing Development and Management Office (PHDMO), successfully conducted the day 2 of the “Lead and Inspire: Capability Building for the Leaders of the Provincial Government Resettlement Project” at the New Provincial Government Center, Trece Martires City.

Resource speaker Ms. Sheryll Loyola, Development Management Officer IV of the Office of the Provincial Cooperatives Development Officer (OPCDO), discussed leadership, community management, and the roles and responsibilities of HOA officers and block leaders. She also highlighted effective leadership qualities, communication, accountability, teamwork, and decision-making in addressing community concerns.

Provincial Administrator Engr. Gilbert V. Gandia expressed his support and appreciation to the participants for their active participation and commitment to strengthening their leadership capabilities.

PGC EMPOWERS • 4

PEZA strengthens digital infrastructure in Cavite Ecozone

ROSARIO, Cavite (PIA) — As one of the country’s industrial hubs, the Cavite Economic Zone is enhancing its telecommunications and digital infrastructure to support the enterprises within it.

Last July 30, the Philippine Economic Zone Authority-Cavite Economic Zone (PEZA-CEZ) signed a Memorandum of Agreement with InfiniVAN, Inc., for the enhancement of the telecommunications and digital infrastructure within the Cavite Economic Zone.

According to PEZA-CEZ, the Agreement will allow the continued installation, operation, and maintenance of InfiniVAN’s fiber optic and telecommunications within the CEZ. It will also provide 100 Mbps

PEZA STRENGTHENS • 4



DOST-NCR Opens 2026 Regional Science, Technology, and Innovation Week in Valenzuela City



VALENZUELA CITY — The Department of Science and Technology–National Capital Region (DOST-NCR), in partnership with the City Government of Valenzuela, officially opened the 2026 Regional Science, Technology, and Innovation Week (RSTW) in the National Capital Region on August 6, 2026, highlighting the role of science, technology, and innovation (STI) in creating safer, more resilient, sustainable, and people-centered communities.

DOST-NCR • 5

NEWS

DOST-CALABARZON, DOST-FNRI conclude complete SUSTENANCE program with Batch 2 nutrition and wellness activities

The Department of Science and Technology (DOST)-CALABARZON, in partnership with the DOST-Food and Nutrition Research Institute (DOST-FNRI), concluded the SUSTENANCE (Scientists United in Supporting Timely Educational Nutrition and Active Nourishment for Community Empowerment) program with the successful conduct of Batch 2 on July 28, 2026, at the RFSQAC Building, DOST-CALABARZON Regional Office in Los Baños, Laguna. The activity marked the completion of the agency's employee wellness initiative held as part of its month-long celebration of the 52nd Nutrition Month.

Following the successful conduct of Batch 1 on July 23, DOST-CALABARZON welcomed another group of personnel for Batch 2 of the SUSTENANCE program. Similar to the first batch, participants attended lectures on Healthy Lifestyle for Adults and Meal Planning, facilitated by Registered Nutritionist-Dietitians Ms. Lhearnie M. Carranza, Science Research Specialist II, and Ms. Jhannna Camela C. Torres, Science Research Specialist I of DOST-FNRI, before receiving personalized nutrition counseling from

DOST-FNRI nutrition counselors Ms. Christine Joy B. Ewayan, RND; Mr. Jason Paolo H. Labrador, RND; Ms. Tricia Camille A. Naniong, RND; Ms. Jun Laurice L. Cuervo, RND; Ms. Daniella Mae D. Tanquino, RND; Ms. Alexandra Lyne E. David, RND; and Ms. Ma. Justine Camille S. Sabino, RND.

Highlighting the importance of nutrition education, Ms. Lhearnie M. Carranza, RND, Science Research Specialist II of DOST-FNRI emphasized that developing healthy eating habits and making informed food choices are key to achieving long-

term health. She reminded participants that "walang tinatawag na superfood," underscoring the importance of following the Pinggang Pinoy guide and eating a balanced variety of Go, Grow, and Glow foods to meet the body's daily nutritional needs.

Reinforcing this message, Ms. Christine Joy B. Ewayan, RND, one of the DOST-FNRI nutrition counselors, explained that healthy eating habits also benefit the entire household. She encouraged participants to practice meal planning, noting that preparing



weekly meals helps families manage their food budget more effectively, incorporate more nutritious foods into their diet, and choose fresh ingredients over processed alternatives.

To translate these lessons into practice, the afternoon session featured a hands-on meal preparation activity,

where participants learned to prepare Squash Pilipit and Minty Purple Lemonade, demonstrating how nutritious, locally available ingredients can be transformed into nutritious and affordable food and beverage options.

Through the successful completion of both SUSTENANCE batches,

DOST-CALABARZON reaffirmed its commitment to promoting employee wellness through science-based nutrition education and practical healthy lifestyle interventions, empowering its personnel to make informed choices for a healthier and more productive workplace. **(By Ria Sylene C. Reyes)**

DTI Laguna, DSWD Inspire 4Ps Beneficiaries to Explore Entrepreneurship

SANTA MARIA, Laguna — Seventy-five (75) beneficiaries of the Pantawid Pamilyang Pilipino Program (4Ps) from Barangay Santiago, Santa Maria, Laguna explored entrepreneurship as a potential source of additional family income through a Seminar on Entrepreneurial Mindset and Consumer Education conducted by the Department of Trade and Industry – Laguna Provincial Office (DTI Laguna) in partnership with the Department of Social Welfare and Development (DSWD) on August 5, 2026.



The activity encouraged participants to recognize entrepreneurship as a viable livelihood option by helping them understand the importance

of planning, perseverance, resourcefulness, and continuous learning in starting and sustaining a small business.

During the entrepreneurship session, participants shared the business ideas they hope to pursue, including sari-sari stores, food vending, and other home-based ventures. Their questions reflected their interest in understanding the realities of entrepreneurship, such as preparing for business operations, identifying opportunities within their communities, and accessing available government assistance for aspiring entrepreneurs.



The discussion also emphasized that starting a business involves more than having capital. Participants were reminded that understanding customers, providing quality products and services, and building trust are essential foundations for a sustainable enterprise.

As part of the seminar, DTI Laguna also introduced the importance of consumer awareness, highlighting that responsible business owners must understand consumer rights and expectations. Participants learned the value of informed purchasing decisions, keeping transaction records, and practicing fairness and honesty—principles that are equally important in becoming responsible entrepreneurs.

The active exchange of ideas during the seminar allowed participants to connect entrepreneurship concepts with their own experiences and aspirations. Through the initiative, DTI Laguna and DSWD provided 4Ps beneficiaries with practical insights that can help them explore livelihood opportunities and take steps toward greater economic self-reliance. **(MJelona, DTI Laguna)**

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Editorial

DepEd makes its moves

THE Department of Education is the most difficult to manage among the country's government agencies. For one, it has to deal with more than 600,000 public school teachers in the elementary and high-school levels. For another, we have a classroom backlog of 144,000 units, low pay for teachers, and abysmal student performance in international assessments.

How to improve such a laggard? It starts with a good manager and a strong budget. Education Secretary Juan Edgardo Angara inherited many problems from his predecessor, Vice President Sara Duterte. One of them was the so-called "last-mile schools," the program to build infrastructure in far-flung areas of the country. There was a budget allocated for it, but only less than 10 were built.

Angara went to work fast. He lobbied for a higher budget and got it. The Philippines has exceeded 4 percent of gross domestic product in education spending for the first time. We have finally met Unesco's recommended standard for developing countries with the DepEd's historic P1.012 trillion budget. The education budget accounts for approximately 15 percent of the national budget, consistent with the constitutional mandate that education should receive the highest priority.

Angara built the last-mile schools. He also worked on the low scores in reading by starting the ARAL program. The textbook budget has grown from P3 billion to P19 billion, and 90 titles have been procured in just three years, compared to only 27 in the 10 years before the Marcos administration.

Studies have shown that students learn best by doing, and that means workbooks where they can write their answers, do dyad work, peer group work and sketch out applications of the lessons into real life. President Ferdinand Marcos Jr.'s order was for public-school students to have their own textbooks to write on and keep. He also wanted a ratio of one student per book, the way it's done in private schools.

The Philippines ranked last in the world in the 2019 PISA assessment and third from last in 2022, prompting the president to direct the DepEd to restore the country's standing. Angara said that after just one year of the



ARAL remediation program, millions of students are already moving from "struggling" to "emerging" readers. But he acknowledged that full recovery will require sustained, multi-generational commitment.

A whole-of-nation approach was also used in the building of classrooms, with a budget of P65 billion. Beyond this tired rhetoric, this approach involves the local government units (LGUs) in the construction of the classrooms. The funds were downloaded to the LGUs, as well as to civil society organizations and the private sector so they could help build the classrooms. The classrooms built, especially by the civil society organizations, are cheaper and last longer than the corruption-ridden ones built by Department of Public Works and Highways. Angara said that this approach is expected to produce 20,000 new classrooms in 2026, with 50,000 for 2028.

To combat the problem of malnutrition and stunting, central kitchens were built for every school division. These central kitchens provide hot meals to all kindergarten and Grade 1 pupils. This is funded under a P1 billion capital outlay as part of DepEd's P25 billion school feeding program. Each kitchen can serve up to 10 nearby schools, with Jollibee also partnering with DepEd to build central kitchens in selected areas. Full rollout is expected in the first quarter of 2027.

Virtually every teacher allowance has also been raised, with the teaching allowance jumping from P500 to P10,000 and the Step Revenue Increment bonus reaching the maximum P20,000 for two consecutive years for the first time in history. Teacher Marianne Luchavez, who experienced the increased benefits herself, confirmed this on the dzRH News program "Special on Saturday" last weekend. She said that her fellow teachers also received increases in their chalk and clothing allowances, medical allowance, and year-end bonuses, transforming the financial reality for public school teachers.

The DepEd has also jump-started the promotion of public school teachers. For 27 years, teacher Marianne Luchavez of Valenzuela remained at Teacher I. She had to send three children to college and could not take further studies. Under the Marcos administration's career progression reform, she finally received her first-ever promotion to Teacher IV. She is now one of 82,000 teachers whose long-overdue recognition is one of President Marcos' legacies.

It's the last two years of the Marcos administration, and the word "legacy" will be bandied around more often. The good moves being done at DepEd show that the legacy shines well in this agency.

MGA SAKIT NG LALAKI

1 Headache – Ang karamihan ng sakit ng ulo ay dahil sa stress o iyung tinatawag na tension headache. Su-bukan ang acupressure massage. Dahan-dahan lang ang pagmamasaha.

(1) Masahihin ang magkabilang sentido (sa harap at taas ng tainga).

(2) Pisilin ang balat sa taas ng ilong at masahihin paitaas. Gawin ito nang maraming beses.

(3) Masahihin ang noo sa ibabaw ng kilay mula sa gitna at papalabas.

(4) Masahihin din ang mabilog na buto sa likod ng tainga.

(5) Pisilin ang malaman na parte sa pagitan ng una at pangalawang daliri.

Paalala lang: Huwag na huwag ipapamasahe ang iyong batok, sa likod ng leeg at sa harap ng leeg. Marami na ang naparalisa (paralyze) dahil diyan. Magingat.

2. Insomnia – Uminom ng mainit na chamomile tea with honey sa gabi. Langhapin ang usok nito. Ang chamomile ay nagpapa-relax ng katawan. Kumain din ng isang saging sa gabi. Ang saging ay may tryptophan na nagtatanggal ng stress. Nabibili ang chamomile tea sa mga supermarket.

3. Diabetes – Ang solusyon sa diabetes ay ang pagmo-monitor ng iyong blood sugar. Matutong gumamit ng blood sugar test. Nagkakahalaga ito ng mga P3,000. Kapag nagpapa-check ng blood sugar,

DOKTOR NG MASA

ni Dr. Willie Ong



tusukin ang pinakamaliit na daliri, sa may tagiliran nito. Mas kaunti ang nerve fibers dito at hindi gaano masakit. Ang normal na fasting blood sugar ay 100 mg/dl o 5.5 mmol/L o mas mababa pa. Umiwas lang sa dalawang bagay: Matataba at matatamis. Iyan lang ang bawal sa may diabetes.

4. Cancer – May mga pagkain na panlaban sa kanser. Para makaiwas sa prostate cancer, kumain ng 10 kut-sarang spaghetti sauce bawat linggo. Para umiwas sa lung cancer-, kumain nang maraming kamote. Kapag ang isang tao ay wala pang kanser, ang pinakamagandang kainin ay ang tatlong K: kamatis, karrots at kalabasa. Pwede din ang mga ito: green tea, curry powder, bawang, sibuyas, sibuyas dahon (leeks), repolyo, cauliflower, tofu o tokwa, at talong. Damiyan ang pagkain ng anti-cancer foods at bawasan ang mga karne at taba.

Paalala: Sa mga sakit na nabanggit, kailangan pa ring magpa-check-up sa doktor para masuri kayo ng mabuti. Mga dagdag kaalaman lang ang aking naibigay. Good luck po.

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NEWS

From Prompts

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Ilocos Region Media Core, and the GAD Focal Point System (GFPS) from both regional and provincial offices. The activity aimed to equip participants with the knowledge, practical skills, and ethical understanding needed to effectively use Artificial Intelligence (AI) through strategic prompt engineering while promoting responsible, inclusive, and gender-responsive workplace communication.

In her opening message, Regional Director Dr. Teresita A. Tabag emphasized the important role of DOST communicators in making science, technology, and innovation (STI) more understandable, relevant, and accessible

to every Filipino. The first day focused on gender-responsive communication. Ms. Nataliza L. Llapitan of the National Gender Resource Pool (NGRP) and Mariano Marcos State University (MMSU) guided participants in recognizing gender bias, using gender-fair language, and producing inclusive communication materials. She underscored that regardless of technological advancements, communicators must remain responsible for ensuring that every message reflects equality, respect, and inclusivity.

On the second day, Engr. Aunhel John M. Adoptante of the DOST –

Advanced Science and Technology Institute (DOST-ASTI) introduced participants to Generative AI, prompt engineering, and responsible AI use. He demonstrated how well-crafted prompts can help generate high-quality drafts for press releases, feature stories, captions, and other communication materials while emphasizing that human judgment remains essential in verifying facts, protecting data privacy, minimizing AI bias, and maintaining institutional credibility.

Participants then applied their learnings through a hands-on workshop where they enhanced existing DOST Ilocos Region IEC and promotional materials using AI tools and gender-responsive communication principles. The workshop



showcased how AI can improve efficiency in content development while ensuring that messages remain accurate, inclusive, audience-centered, and aligned with the agency's values.

To conclude the two-day activity, Assistant Regional Director (ARD) for Technical Operations Services Ms. Racquel M. Espiritu and ARD for Field Operations Services Mr. Decth-1180 P. Libunao led the awarding of certificates to the

resource speakers and participants.

In her closing message, ARD Espiritu commended the workforce for taking proactive steps toward digital transformation and reminded everyone that ethical integrity and gender sensitivity must always remain at the core of science communication.

By integrating AI literacy with ethical and gender-responsive communication, DOST Ilocos Region continues

to strengthen the capabilities of its communicators in delivering timely, credible, and inclusive science stories. The initiative reinforces that AI is not a replacement for human communicators but a powerful tool that, when used responsibly, enables more effective science communication and supports the agency's continuing digital transformation and people-centered public service.

PGC, partners

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conomic growth and community development.

In her message, Ms. Myrachel P. Cuadra, Department Head of OPCDO, underscored the importance of continuous learning and capacity-building in enabling cooperatives to adapt to evolving economic landscapes, embrace innovation, and remain responsive to the changing needs of their members and communities.

Representing the Joy-Nostalg Foundation, Mr. Allen M. Villa, Community Development Officer, delivered an inspiring message highlighting the importance of collaboration, innovation, and entrepreneurship in creating sustainable opportunities for cooperatives.

He encouraged participants to maximize the training by embracing

new ideas and applying the knowledge they gain to strengthen their organizations and better serve their communities.

The first day of the seminar featured Session 1: Entrepreneurial Mindsetting, facilitated by Dr. Aldrin P. Antivola, Business Efficiency Advisor and Organization Therapist of Dr. Aldrin Consulting. Through engaging discussions and interactive learning activities, participants explored essential entrepreneurial concepts, including motivation to start a business, the need for achievement (NAch), developing an entrepreneurial mindset, understanding the "Law of Attraction," and designing effective business models.

The session challenged participants to think beyond conven-

tional cooperative operations by cultivating an entrepreneurial mindset, embracing innovation, and recognizing new opportunities that can drive sustainable growth and long-term success for their cooperatives.

The succeeding sessions, scheduled on August 5, 10, and 11, will focus on Entrepreneurial Skills Development and Strategic Business Planning, covering business and marketing management, operations, human resource management, communication, financial and cash flow management, legal considerations, and the development of comprehensive business plans.

The program will culminate with a business plan defense and graduation, where participants will present their business proposals and demonstrate the knowledge and competencies they have acquired throughout the training. —OPIO



COOP ICREATE: CAPACITY BUILDING SEMINAR FOR COOPERATIVES
04 AUGUST 2026 | OPE CONFERENCE ROOM, NEW PROVINCIAL GOVERNMENT CENTER, TRECE MARTIRES CITY

PGC Empowers

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On behalf of PHDMO Department Head Ms. Karen Camanag-Tupas, Ms. Jerela Bielle A. Austria, Housing and Home-site Regulation Officer I, expressed her gratitude to the participants for their cooperation, effort,

and time in attending the seminar.

She emphasized that their active participation and commitment contribute to strengthening leadership and fostering better-managed and more responsive re-

settlement communities.

The session concluded with an interactive question-and-answer portion, allowing participants to share experiences, raise concerns, and exchange practical insights on addressing leadership challenges in their communities. —OPIO

PEZA strengthens

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of free internet services in a designated area. In a press release, PEZA assured the public that the agreement will follow their policies.

Lawyer Ross Vincent Sy, Administrator of PEZA-CEZ, during the MOA signing emphasized the importance of reliable digital connectivity in the ecozone. Sy underscored that this will support business operations, attract investments, and strengthen the competitiveness of enterprises within the Cavite Economic Zone.

Furthermore, Sy expressed his optimism

that their partnership will contribute to a more connected, resilient, and investment-ready Cavite Economic Zone.

In a statement, PEZA reiterated its commitment to improving infrastructure and advancing digital transformation within its economic zones.

"The MOA signing reflects PEZA-CEZ's continuing commitment to forging strategic partnerships that improve infrastructure, enhance services for its stakeholders, and advance digital transformation within the Zone."

Industrial zones re-

quire a robust digital infrastructure such as fiber networks, data connectivity, and data centers to ensure their economic viability and long-term sustainability. By strengthening its digital capabilities, these areas also attract high-tech locators and scale manufacturing capabilities.

As one of the economic and manufacturing hubs in the CALABARZON region, the Cavite CEZ is considered a prime location for businesses by offering a skilled labor force, modern infrastructure, and seamless integration to global supply chains. **(PB-PIA CALABARZON, with reports from PEZA-Cavite Economic Zone)**

Two NorMin

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Both companies entered the Mindanao Sub-National Competition of the 2026 Presidential Filipinovation Awards,

and both were named among only four Mindanao finalists advancing to the national stage.

As DOST NorMin Re-

gional Director Dr. Mark Lemuel L. Garcia said during the competition, "An innovation does not create impact simply because it is brilliant. It creates impact when it reaches the people who need it."

LEGAL NOTICES

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BANK OF THE PHILIPPINE ISLANDS
(SUCCESSOR-IN-INTEREST OF
BPI FAMILY SAVINGS BANK, INC.)
Petitioner-Mortgagee,

-versus- **EJF NO. TG-26-038**
FOR: Extra-Judicial Foreclosure of
Real Estate Mortgage under Act No.
3135 as amended by Act No. 4118

SPOUSES TEODORO F. LAMORENA, JR.
A.K.A. TEODORO FERNANDEZ LAMORENA,
JR. AND MARILEN R. LAMORENA
A.K.A. MARILEN RAMOS LAMORENA,
Respondent/s-Mortgagor/s-Borrower/s,
X----- X

AMENDED NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135, as amended by Act No. 4118, filed by petitioner-mortgagee, the surviving corporation, **BANK OF THE PHILIPPINE ISLANDS**, a banking institution duly organized and existing under the laws of the Republic of the Philippines, with principal office and place of business at Bank of the Philippine Islands, 28/F, Ayala Triangle Gardens Tower 2, Paseo de Roxas cor. Makati Avenue, Bel-Air, Makati City, pursuant to the terms and conditions of the Mortgage Loan Agreement ("MORTGAGE") executed and notarized on March 17, 2017 by respondents/mortgagors/borrowers, **SPOUSES TEODORO F. LAMORENA, JR. A.K.A. TEODORO FERNANDEZ LAMORENA, JR. AND MARILEN R. LAMORENA A.K.A. MARILEN RAMOS LAMORENA**, with residence and postal addresses at (1) B3 L41 Gonzales St., Greatwoods Subd., BPS Molino V, Bacoor, Cavite and (2) Unit 5, Villa G., Tagaytay Hampton Villas, Brgy. Sungay, Tagaytay City, in favor of the absorbed corporation BPI Family Savings Bank, Inc., which its entire assets and liabilities were transferred and absorbed by the Bank of the Philippine Islands, as per the Certificate of Filing of the Articles and Plan of Merger dated December 21, 2021, over a real estate property including improvements thereon, described in and covered by **CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2018003227** of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the respondent/s-mortgagor/s-borrower/s in the amount of **ONE MILLION FIVE HUNDRED EIGHTEEN THOUSAND THREE HUNDRED THIRTY-SIX PESOS AND 84/100 (Php1,518,336.84)** inclusive of interest, penalties and other charges, as of April 17, 2026, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Alex E. Martinez, will sell at public auction on **September 09, 2026 at 10:00 o'clock in the morning** or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2018003227
Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that the unit identified and described as:

VILLA G RESIDENTIAL UNIT 5 WITH FLOOR AREA OF 64.76 SQ. METERS

In the diagrammatic floor plan appended to the enabling or master deed of the condominium project annotated on **TRANSFER CERTIFICATE OF TITLE T-13885; T-9699** which embraces and describes the land located at TAGAYTAY CITY with an area of **SEVEN THOUSAND SIX HUNDRED FORTY-ONE (7641) Square Meter**, is registered in the name of:

DOST-NCR

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Carrying the theme, "Siyensya, Teknolohiya, at Inobasyon: Kabalikat sa Matatag, Maginhawa, at Panatag na Kinabukasan," the three-day celebration showcases technologies, programs, and innovations aimed at addressing the needs of communities, local governments, businesses, academe, and other sectors. In his keynote message, DOST Secretary Renato U. Soli-

dum, Jr. emphasized anticipatory governance, stressing that the impact of STI should ultimately be measured by the lives made safer, better, and more secure through science-based solutions.

Among the key initiatives highlighted during the opening was the signing of a Memorandum of Understanding between DOST-NCR and the Department of Human Settlements and Urban

Development-National Capital Region (DHSUD-NCR) for the Smart and Sustainable Communities Program, which seeks to support local governments in adopting science- and technology-based approaches to sustainable urban development. The City Government of Valenzuela also formally adopted GeoRiskPH through a partnership with DOST-NCR and the Philippine Institute of Volcanology and Seismology (PHIVOLCS-DOST), strengthening the use of

showcased through the experience of G-Start Builders Corporation, demonstrating how technology upgrading, technical assistance, and productivity interventions can improve business operations and competitiveness.

Also launched was the VSPARK Valenzuela Startup Development Program and iHub Valenzuela, providing students, young innovators, and aspiring startup founders with opportunities for mentorship, skills development, ideation,



Owner: SPOUSES TEODORO F. LAMORENA, JR. AND MARILEN R. LAMORENA, FILIPINOS
Address: B3 L41 GONZALES ST., GREATWOODS SUBDIVISION, MOLINO, BACOR, CAVITE

In the event the public auction should not take place on the said date, it shall be held on **September 16, 2026**, without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **CONDOMINIUM CERTIFICATE OF TITLE NO. 076-2018003227** the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, July 21, 2026.

(Sgd.) **ATTY. VARBRA ANN A. VARIAS-DIMAYUGA**
Clerk of Court VI & Ex-Officio Sheriff

(Sgd.) **ALEX E. MARTINEZ**
Sheriff-In-Charge

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

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BANK OF THE PHILIPPINE ISLANDS
(SUCCESSOR-IN-INTEREST OF BPI FAMILY SAVINGS BANK, INC.)
Petitioner/Mortgagee
Bank of the Philippine Islands, 28/F, Ayala Triangle Gardens Tower 2, Paseo de Roxas cor. Makati Avenue, Bel-Air, Makati City

SPOUSES TEODORO F. LAMORENA, JR. AND MARILEN R. LAMORENA
Respondent/Mortgagor/Borrower,
(1)B3 L41 Gonzales St., Greatwoods Subd., BPS Molino V, Bacoor, Cavite
(2)Unit 5, Villa G., Tagaytay Hampton Villas, Brgy. Sungay, Tagaytay City

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hazard and risk information in planning, decision-making, and disaster preparedness.

The celebration likewise highlighted efforts to expand access to advanced manufacturing technologies through the establishment of Advanced Manufacturing Center Satellite Laboratories with DOST-MIRDC and partner academic institutions. Meanwhile, DOST's support to local enterprises through the Small Enterprise Technology Upgrading Program (SETUP) was

and product development. These initiatives reflect DOST-NCR's continuing efforts to make STI more accessible and responsive to the needs of Filipinos.

Through the 2026 RSTW in the NCR, DOST-NCR reinforces the spirit of #AghamNaRamdam—bringing science, technology, and innovation closer to the people and translating them into practical solutions for stronger communities, better public services, and a more resilient and secure future. **(Nelson Santos)**

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CBCP NEWS



Cardinal Jose Advincula of Manila delivers his homily during Mass marking the 401st feast and enthronement of Nuestra Señora del Buen Suceso at St. Andrew Cathedral in Parañaque City on Aug. 10, 2026. NORMAN DEQUIA

Filipino Catholics celebrate 401 years of 'Buen Suceso' devotion

Catholics marked the culmination of a Jubilee Year celebrating four centuries of devotion to Nuestra Señora del Buen Suceso, with Manila's archbishop urging devotees to see Mary as guide to Jesus rather than source of good luck.

Cardinal Jose Advincula delivered the message Monday during the 401st feast of Nuestra Señora del Buen Suceso and the enthronement of her image at St. Andrew Cathedral in Parañaque City.

"Mary does not bring us good fortune in the sense of good luck," Advincula said. "Mary brings us Jesus. Jesus is our real 'Buen Suceso.'"

The cardinal said devotion to Mary does not promise a life without suffering, but teaches

believers to remain faithful to God through difficult and unexpected circumstances.

"A life of faith is a life in which God remains with us through everything," Advincula said, urging Catholics to trust God "despite everything." He said hardships and apparent failures can become part of God's plan, pointing to Christ's crucifixion, which led to the Resurrection.

"Sometimes we pray for God to change our circumstances... But at

other times, God changes us in the midst of our circumstances," Advincula said.

The celebration marked the end of the Jubilee Year commemorating 400 years of devotion to Nuestra Señora del Buen Suceso and the start of its 401st year.

The image was brought to Parañaque in 1625 and entrusted to the Augustinians. The devotion later spread among Catholics, and the Virgin became the city's patroness.

Fr. Lamberto Legaspino, rector of the shrine and parish priest, urged devotees to turn to Mary amid what he described as widespread lies and corruption in Philippine society.

"Mary is the mother of truth, mother of Jesus Christ," Legaspino said over Church-run Radyo Veritas.

He said devotion to Mary ultimately leads Catholics to Jesus, whom Christians recognize as the source of truth and authentic life.

Vatican's first woman dicastery chief to address Philippine religious leaders

The first woman to lead a major Vatican department will headline a gathering of Catholic religious leaders in the Philippines, where speakers will examine the Church's role 'in a wounded world.'



Sr. Simona Brambilla, prefect of the Dicastery for Institutes of Consecrated Life and Societies of Apostolic Life. DICASTERY FOR CONSECRATED LIFE

Sr. Simona Brambilla, prefect of the Dicastery for Institutes of Consecrated Life and Societies of Apostolic Life, will deliver the keynote address at the 2nd Conference of Major Superiors in the Philippines Convention in Zamboanga City on Sept. 1-5.

Brambilla, 61, was a professional nurse before joining the Consolata Missionary Sisters, which she led from 2011 to 2023.

She earned a doctorate in psychology from the Pontifical Gregorian University in 2008, focusing her dissertation on evangelization and inculturation in Mozambique.

Before becoming prefect, Brambilla served as secretary of the Vatican department overseeing consecrated life. Pope Francis appointed her prefect in January 2025, making her the first woman to lead a Vatican dicastery.

Pope Leo XIV appointed Brambilla in February 2026 as a member of the Dicastery for Bishops, further expanding her responsibilities in the Roman Curia.

The convention will focus on the theme, "Consecrated Persons: Prophetic Witnesses of Peace in a Wounded World," examining the role of religious communities amid conflict and social divisions.

The CMSP represents

leaders of Catholic religious and consecrated-life institutes and coordinates their common mission.

"We will be blessed by the wisdom and experience of Church leaders, consecrated persons, and pastoral experts," the CMSP said in announcing the speakers.

Other speakers include Bishop Broderick Pabillo, apostolic vicar of Taytay and chairman of the CBCP Office on Stewardship, who will lead the first conference.

Fr. Norman Melchor Peña of the Society of St. Paul, rector and dean of studies at St. Paul Seminary Foundation, will lead the second conference.

Bishop Elias Ayuban Jr. of Cubao will lead the third conference on behalf of the CBCP Episcopal Commission on Mutual Relations. He previously served in the Vatican department overseeing consecrated life.

Sr. Thu Do of the Lovers of the Holy Cross will lead the fourth conference, drawing on her research at Georgetown University's Center for Applied Research in the Apostolate.

Bishop Dennis Villarojo of Malolos, chairman of the CBCP Office for the Protection of Minors and Vulnerable Persons, will lead the fifth conference.

Pope renews Bishop Mesiona's Vatican dicastery post

Pope Leo XIV has renewed Bishop Socrates Mesiona's appointment to a Vatican dicastery overseeing the Catholic Church's missionary work in territories where evangelization remains a priority.

Mesiona, apostolic vicar of Puerto Princesa, was confirmed for another five-year term as a member of the Dicastery for Evangelization's Section for First Evangelization and the New Particular Churches, headed by Cardinal Luis Antonio Tagle as pro-prefect.

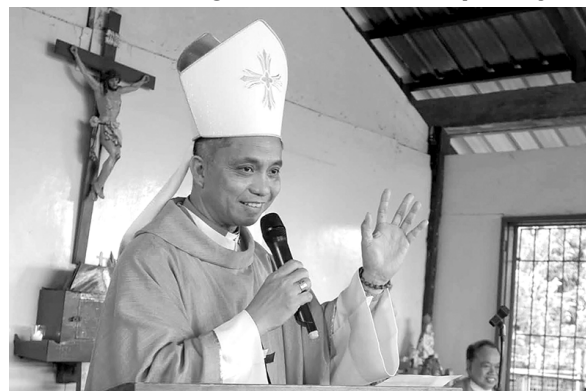
The Apostolic Vicariate of Puerto Princesa announced Mesiona's renewal Aug. 10, citing an official Vatican decree issued in the pope's name.

Mesiona has served in the same capacity at the dicastery for about a de-

cade, first from 2014 to 2019 and then from December 2020, when Pope Francis appointed him to another five-year term.

The section oversees the church's missionary efforts in territories where the faith is being newly established or strengthened, including the development of new particular churches.

Mesiona holds a licentiate in missiology from the Pontifical Gregorian University in Rome and is a member of the Missionary Society of the Philip-



Bishop Socrates Mesiona of the Apostolic Vicariate of Puerto Princesa. AVPP

pires.

He has served as apostolic vicar of Puerto Princesa since 2017,

overseeing the Catholic Church's pastoral work in mainland municipalities of southern Palawan.

MAGLIBANG TAYO

KAPALARAN

ARIES (Mar. 21-Apr. 19) - Ito ang araw na dapat mong lakasan ang iyong loob. Sumubok ka dahil paparating na ang mga suwerteng nag-aabang sa mga taong may malalakas na loob. Ito ang araw na mangyayari ang mga ambisyon mo at tiyak na matutupad. Masuwerteng kulay-white. Tips sa lotto-9-10-15-26-34-41.

TAURUS (Apr. 20-May 20) - Hindi ka dapat magpaapekto sa mga taong sira na ang buhay. Ito ang tandaan mo ngayon. Masuwerteng kulay-green. Tips sa lotto-7-14-21-23-39-43.

GEMINI (May 21-June 20) - Tama ang iniisip mo. Magsuot ka ng pampasuwerte upang mawala ang mga negatibong nasagap ng katawan mo nitong mga nagdaang araw. Mapalad ka sa anumang bagay na metal, lalo na ang antigo o mataas na kalidad na silver. Masuwerteng kulay-yellow. Tips sa lotto-4-19-27-31-38-44.

CANCER (June 21-July 22) - Hindi lahat ng makapal at madilim na ulap ay pinagmumulan ng malakas na ulan. Kadalasan sa mga ito ay hangin lang. Oo, hangin lang, at lilipas din ang lahat ng ito tulad ng kinakaharap mong mga problema ngayon. Masuwerteng kulay-purple. Tips sa lotto-6-12-29-30-37-42.

LEO (July 23-Aug. 22) - Lakasan mo ang loob mo, dahil ito ang susi upang matalo mo ang karuwagan. Masuwerteng kulay-pink. Tips sa lotto-7-11-20-22-28-31.

VIRGO (Aug. 23-Sept. 22) - Manghiram ka ng tapang sa mga malapit sa iyo na gumaganda ang buhay. Mapapansin mong hindi sila takot na makipagsapalaran at sila ay dapat mong gayahin. Kung ano ang kaya nila, makakaya mo rin at magugulat ka dahil maaaring mahigitan mo pa sila. Masuwerteng kulay-beige. Tips sa lotto-9-17-21-33-36-41.

LIBRA (Sept. 23-Oct. 22) - Gamitin mo ang magagandang katangian mo dahil ang mga ito ang sandata mo para magkaroon ng masagana at maligayang buhay. Ito ang mensahe ng iyong kapalaran. Masuwerteng kulay-blue. Tips sa lotto-2-16-24-29-38-45.

SCORPIO (Oct. 23-Nov. 21) - Magdaratingan na ang magagandang kapalaran para sa iyo. Masuwerteng kulay-black. Tips sa lotto-4-19-23-33-37-44.

SAGITTARIUS (Nov. 22-Dec. 21) - Taas-baba ang galaw ng kapalaran mo. At sa ilang araw na darating pa, makikita mo, mapapanatag na rin ito at ang buhay mo ay makikitang paangat na nang paangat. Ito ang mensahe para sa iyo. Masuwerteng kulay-violet. Tips sa lotto-2-18-25-28-32-40.

CAPRICORN (Dec. 22-Jan. 19) - Ito ang araw na muli mong ipaprayoridad ang pagkakaroon ng maraming pera, at ito rin ang araw na mararamdaman mong papunta ka na sa pagyaman. Masuwerteng kulay-peach. Tips sa lotto-7-10-14-20-22-32.

AQUARIUS (Jan. 20-Feb. 18) - Huwag na huwag kang magpapadaya at makikinig sa mga nagsasabing ang materyal na bagay ay hindi mahalaga. Sa katunayan, kapag wala kang materyal na bagay, maiinggit at malulungkot ka. Kaya iplano mo na ngayon kung paano mo mapaparami ang iyong salapi. Masuwerteng kulay-red. Tips sa lotto-2-15-21-24-39-43.

PISCES (Feb. 19-Mar. 20) - Ito ang araw na nagbabala ang kapalaran mo na maaaring kang malunod sa saya, kung saan ay makakalimutan mo ang kahalagahan ng paghahanda para sa kinabukasan. Masuwerteng kulay-lavender. Tips sa lotto-5-13-18-28-30-45.

SUDOKU

		3		2		7		
9				5		1		
			6					
1	7	4						
5	6				9			
								8
		2				6		9
			5					
		7		3			8	2

SAGOT: SUDOKU VOL. 23 #23

4	3	5	7	8	1	6	9	2
1	6	7	2	9	4	3	8	5
9	8	2	3	5	6	7	1	4
2	1	8	9	6	5	4	7	3
3	4	6	1	7	8	5	2	9
5	7	9	4	2	3	8	6	1
6	2	3	5	1	7	9	4	8
7	5	1	8	4	9	2	3	6
8	9	4	6	3	2	1	5	7

HOW TO PLAY: Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

Did You Know?



BLUE WHALES CAN EAT CLOSE TO HALF A MILLION CALORIES IN ONE MOUTHFUL

Just try to wrap your brain around this interesting animal fact: Blue whales can eat up to 457,000 calories in one bite, the amount an average human would need for the span of about 228 days, reports Discover magazine. These whales can consume as much as 10 to 20 tons of krill, or tiny crustaceans, per day, which can amount to around 12% of their body weight.

WORD HUNT

Money

N	B	K	B	E	I	N	C	O	M	E	E	S	E
D	R	B	D	C	O	I	N	M	H	B	C	E	L
B	E	O	E	C	S	P	E	N	N	Y	I	M	K
A	A	K	P	E	R	H	G	U	O	D	A	I	N
N	D	M	G	R	E	E	N	B	A	C	K	D	I
K	B	J	A	N	P	N	B	K	N	N	R	S	I
K	E	A	S	I	A	A	A	C	M	P	C	S	B
S	N	C	H	C	P	R	A	G	N	Y	H	B	L
D	J	K	O	K	E	O	C	H	E	C	K	S	A
O	A	P	N	E	N	B	P	E	Y	E	N	O	M
L	M	O	O	L	A	I	D	C	C	P	M	R	G
L	I	T	B	S	M	L	E	S	H	A	L	A	B
A	N	N	P	O	D	L	L	E	O	Y	S	R	L
R	S	I	A	M	K	S	R	K	C	P	M	E	S

PAPER
PENNY
NICKELS
INCOMES
COIN
DOLLAR
BANK
CHECKS
BENJAMINS
BILLS
MONEY
GREENBACK
BREAD
DOUGH
JACKPOT
PAY
DIMS

Two NorMin Startups Advance to National Stage of Presidential Filipinno Awards

In communities across the country, good ideas often stay just that — ideas. A life-saving system sits unused by the local government that needs it. A farmer keeps working the old, slower way, simply because no one showed them another path.



POLLD Emergency System Corporation and Kasaka Agriventures, Inc. refused to let their innovations stop there. POLLD built the WERT System, an offline-resilient emergency command infrastructure designed to help local government units prepare for and respond to disasters. Kasaka developed an Automated Coconut Sap Juice Extractor, aimed at easing the labor-intensive work of coconut farmers and improving their livelihoods.

TWO NORMIN • 4

PGC, partners cultivate entrepreneurial excellence through Coop iCreate Seminar

The Provincial Government of Cavite (PGC), through the Office of the Provincial Cooperatives Development Officer (OPCDO), in partnership with the Municipality of Naic and the Joy~Nostalg Foundation, successfully conducted the Capacity Building Seminar for Cooperatives – "Coop iCreate: Cavite Responsible Entrepreneurs Aiming Towards Economic Sustainability" on August 4, 2026, at the OPE Conference Room, New Provincial Government Center, Trece Martires City.



The activity marked the opening of the four-day ladderized training, scheduled on August 4–5 and 10–11, which aims to strengthen the entrepreneurial mindset, business management competencies, and leadership capabilities of cooperative members and officers. Through the program, participants are equipped with practical knowledge and skills to establish resilient, competitive, and sustainable cooperative enterprises. Conducted through

the collaborative efforts of the PGC, the Municipality of Naic, and the Joy~Nostalg Foundation, the seminar reflects a shared commitment to empowering cooperatives as key drivers of local economic sustainability.

PGC, PARTNERS • 4



From Prompts to Purpose: DOST Ilocos Region Empowers Communicators through Responsible and Gender-Responsive AI Training

CITY OF SAN FERNANDO, La Union — Demonstrating its commitment to digital innovation and inclusive public service, the Department of Science and Technology Ilocos Region (DOST Ilocos Region) conducted the two-day training "Shaping Responsible Communicators through AI: Strategic Prompt Engineering and Ethical, Gender-Responsive Integration" on July 29–30, 2026, at the DOST Ilocos Region Multi-Purpose Hall in Catbangen, City of San Fernando, La Union.



Organized by the Regional Science and Technology Promotion Program Center (RSTPPC), led by Mr. Lemuel G. Castigo, Science Research Specialist I, in partnership with the Gender and Development (GAD) Unit, guided by Mary Ann B. Ofiana, Project Technical Assistant I. The event brought together members of the DOST Ilocos Region Multi-Purpose Hall in Catbangen, City of San Fernando, La Union.

FROM PROMPTS • 4



MATCHA LOVERS, IT'S FINALLY HERE! The wait is over—Matcha Tokyo is now OPEN at SM City Dasmariñas! Step into a world of authentic Japanese matcha and discover your next favorite sip. From rich, smooth flavors to that unmistakable matcha goodness, there's plenty to love. Drop by, grab your cup, and let the matcha magic begin! THE MATCHA TOKYO PH—SM City Dasmariñas