



DA drives post harvest modernization for growing Cavite pineapple industry

TAGAYTAY CITY, Cavite (PIA) — Known for its growing pineapple industry, the Department of Agriculture in CALABARZON is pushing for modernized post-harvest management in Tagaytay City, Cavite.

Last July 1, the Department of Agriculture (DA) CALABARZON launched a training as part of the High Value Crops Development Program (HVCDP) in a bid to enhance their knowledge on modern practices on pineapple farming.

The training covered a wide range of topics including Pineapple Production and Post-Harvest Management, Pests and Diseases Identification and Management, Soil Fertility Management and, Creating Healthy Soil Through Soil Rejuvenation and Safe Pest Management.

DA DRIVES • 5

JICA's Industrial Area Flood Risk Management project seen to ease flooding woes in Cavite Province

TRECE MARTIRES CITY, Cavite (PIA) — The Provincial Government of Cavite is working with the Japan International Cooperation Agency (JICA) to built infrastructure projects that will help address flooding in key areas.



Eloisa Rozul, Department Head of the Office of the Provincial Dis-

aster Risk Reduction and Management Officer (OPDRMO), in an inter-

view with the Philippine Information Agency — JICA'S INDUSTRIAL • 4

DOST-8 urges LGUs: Harness Local technologies for food security, energy, disaster resilience

TACLOBAN CITY (PIA) — The Department of Science and Technology in Eastern Visayas (DOST-8) has called on local government units (LGUs) to integrate science, technology, and innovation into local governance to address pressing challenges in food security, sustainable energy, disaster preparedness, and climate resilience.



In time for the celebration of the Regional Science and Technology Week 2026 on July 15 to 17, DOST-8 Regional Director John Glenn Ocaña emphasized that locally developed technologies can help communities make informed decisions, im-

prove public services, and build resilience against climate change and natural disasters.

"Science and technology should be at the center of local development planning. By embracing innovation, our local governments can strengthen food security, improve

disaster preparedness, ensure sustainable energy, and deliver better services to their constituents," Ocaña said.

The new technologies and innovations being made available by the agency are in line with this year's RSTW

DOST-8 URGES • 5

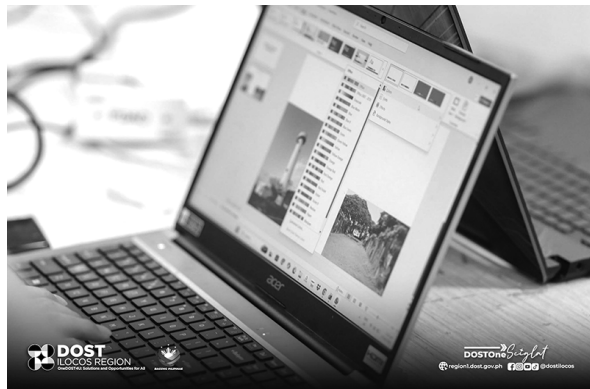
NEWS

DOST Ilocos Region Supports Youth with Disabilities Through eCombination Challenge Training Workshop

CITY OF SAN FERNANDO, La Union — The Department of Science and Technology Ilocos Region (DOST Ilocos Region), under the leadership of Regional Director Teresita A. Tabaog, participated in the Two-Day Preparatory Training for Delegates of the National IT Challenge for Youth with Disabilities on June 17 -18, 2026, at the Agtutubo Conference Room, City of San Fernando, La Union.

The activity aimed to prepare and identify outstanding youth with disabilities who may represent the Philippines in the Global IT Challenge for Youth with Disabilities to be held in Da Nang, Vietnam in October 2026. The training serves as a platform to strengthen participants' digital competencies and enhance their readiness for national and international competition.

Representing DOST Ilocos Region, Science Research Specialist Mr. Justin Niduaza Madrid served as one of the resource persons, providing technical guidance and support to participants



ing delegates throughout the training.

As part of the activity, participants underwent the eCombination Challenge Training Workshop, which focused on evaluating integrated application skills in information search using Artificial Intelligence (AI) Tools, spreadsheet utilization, and presentation. The workshop was designed to enhance participants' ability to apply these digital competencies in practical and real-life situations.

Through interactive sessions and hands-on activities, the delegates were given opportunities to further develop their problem-solving, analytical, and communication skills while gaining confidence in using digital tools and technologies.

The activity also fostered collaboration, learning, and active engagement among participants.



Through its continued support for programs that promote inclusivity, digital empowerment, and innovation, DOST Ilocos Region remains committed to advancing science, technology, and innovation in creating meaningful opportunities for youth with disabilities and empowering communities across the region.

The activity also fostered collaboration, learning, and active engagement among participants.

Through its continued support for programs that promote inclusivity, digital empowerment, and innovation, DOST Ilocos Region remains committed to advancing science, technology, and innovation in creating meaningful opportunities for youth with disabilities and empowering communities across the region.

Ilocos Region remains committed to advancing science, technology, and innovation in creating meaningful opportunities for youth with disabilities and empowering communities across the region.

DTI Laguna Sustains MSME Week Momentum with Month-Long Entrepreneurship Campaign

VICTORIA, Laguna — The Department of Trade and Industry – Laguna Provincial Office (DTI Laguna) is sustaining the momentum of Micro, Small, and Medium Enterprise (MSME) Week 2026 through a month-long entrepreneurship campaign that expands learning opportunities for aspiring and existing entrepreneurs across Laguna.

Anchored on the theme, "Navigating the Shift: Building Resilient and Future-Ready MSMEs," the campaign highlights DTI Laguna's continuing efforts to help local enterprises embrace innovation, digital transformation, and sustainable business growth.

While the official observance of MSME Week was held from July 6 to 12, DTI Laguna continues the celebration throughout July through seminars, webinars, and learning sessions led by the Provincial Office and its network of Negosyo Centers.

The campaign opened with a Livelihood Orientation Program in partnership with the Calamba Manpower Development Center and the observance of World Chocolate Day. Additional activities scheduled throughout the month will cover topics such as business innovation, digitalization, artificial intelligence, financial literacy, cybersecurity, regulatory compliance, consumer education, and access to government programs and financing.

"MSMEs remain the backbone of Laguna's local economy. Through MSME Week and our continuing entrepreneurship initiatives, we aim to equip entrepreneurs with the knowledge, skills, and government support they need to innovate, adapt, and grow," said DTI Laguna Provincial Director Christian Ted O. Tungohan.

The activities are being conducted in partnership with local government units, national government agencies, financial institutions, academic institutions, and private sector organizations, reflecting a collaborative approach to strengthening Laguna's MSME sector.

Interested participants may visit the official Facebook page of the DTI Laguna Provincial Office or coordinate with their nearest Negosyo Center for updates on the remaining activities scheduled throughout July. (ARCAlinios, DTI Laguna)



MSME WEEK 2026

*"Navigating the shift:
Building Resilient and
Future-Ready MSMEs"*



*Abante Negosyo,
Asenso Laguna!*

BAGONG PILIPINAS!

 Empowering MSMEs today
for stronger more resilient
and future-ready tomorrow

SCHEDULE OF ACTIVITIES

JULY
6
2026
MON

1. CALAMBA MANPOWER DEVELOPMENT CENTER IN PARTNERSHIP WITH DTI LAGUNA LIVELIHOOD ORIENTATION PROGRAM

- Business Idea
- How to Start a Business
- DTI Programs and Services
- Consumer Education
- Entrepreneurial Mindsetting

JULY
7
2026
TUE

1. DTI LAGUNA PROVINCIAL OFFICE World Chocolate Day

1. **Negosyo Center Cabuyao City** – Abante Babae, Abante Bisnes! Financial and Business Freedom via DTI and SB Corp.
2. **Negosyo Center Alaminos** – Empowering MSMEs for Growth Through Artificial Intelligence
3. **DTI Laguna Provincial Office** – Cybersecurity 101: Creating a Safe Digital Space for Consumers

JULY
13
2026
MON

1. **Negosyo Center Biñan City** – BIR Compliance And Basic Bookkeeping For Msms: Simplifying Taxes And Records
2. **Negosyo Center Los Baños** – Webinar on Business Ideas, Entrepreneurial Mindset, and Business Licensing
3. **Negosyo Center Calauan** – Digitalization and E-Commerce for Cooperatives in Imok
4. **Negosyo Center Pila** – Enhancing Financial Awareness and Financing Opportunities with SB Corp.
5. **Negosyo Center Pakil** – BizWise: Entrepreneurial Mindset cum Consumer Education
6. **DTI Laguna Provincial Office** – FDA Regulatory Compliance, Requirements and Licensing

JULY
14
2026
TUE

1. **Negosyo Center Siniloan** – Empowering Entrepreneurs in the Digital Age
2. **Negosyo Center Majayjay** – Start Smart: Product Labeling, Packaging and Business Licensing
3. **Negosyo Center Bay** – Financing and Financial Literacy in Partnership with SB Corp.

JULY
15
2026
WED

 r04a.laguna@dti.gov.ph

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Editorial

Why guidance counselors matter in our schools

THE Department of Budget and Management has finally approved the longstanding request of the Department of Education for the hiring of at least 4,000 new guidance counselors for our public schools.

The new hiring has relaxed the rather stringent demands for a graduate degree in guidance counseling or psychology, at least three years of experience and 360 hours of internship during college. Even those who have not yet obtained their graduate degrees but have enough experience in the work would be considered for the job.

This is a pressing need in the context of the spate of violence in our schools in the last fortnight. There is also a need to enforce the Anti-Bullying Act and the Safe Spaces Law in our schools.

In our bustling public schools, where classrooms overflow with students and teachers juggle multiple responsibilities, there exists a critical gap in student support systems. While our educational institutions focus heavily on academic achievement, the mental wellness and emotional health of our young people remain inadequately addressed.

The solution lies in recognizing and strengthening the role of guidance counselors — professionals who help in the holistic development of students. Their presence is not a luxury but a necessity.

A guidance counselor is far more than a disciplinarian or administrative staff member. They are educators and mental-health advocates who work to support students' overall development — academic, emotional, social and personal. Their responsibilities cover a broad spectrum of activities designed to help students face the complexities of adolescence and young adulthood.

Guidance counselors provide individual and group counseling services, helping students address personal problems, academic struggles and behavioral issues. They conduct career guidance sessions to help students explore academic pathways and future vocational opportunities. They facilitate life skills workshops covering topics such as stress management, conflict resolution, and healthy relationships. Additionally, they serve as liaisons between students, parents and teachers, enabling communication and collaboration to support student success.

Our youth face mounting pressures from multiple fronts. Academic expectations, family expectations, social media influences and socioeconomic challenges create a perfect storm of stress



that many students struggle to navigate alone. Depression, anxiety and other mental-health concerns among young people have reached alarming levels, yet resources to address these issues remain scarce.

Guidance counselors are uniquely positioned to identify students experiencing emotional distress and provide immediate support. Through active listening and evidence-based counseling techniques, they help students process their emotions and develop their coping mechanisms. For students dealing with family problems, peer conflicts, or academic pressure, a guidance counselor offers a safe, confidential space to express concerns and explore solutions.

Furthermore, guidance counselors play a preventive role in mental health. By conducting school-wide awareness programs about mental health, they help normalize discussions around emotional wellness and reduce stigma. They teach students healthy coping strategies before crisis situations develop, empowering them to manage stress and maintain emotional balance.

There is a profound connection between emotional health and academic performance. Students who struggle emotionally often find it difficult to concentrate, participate in class, or engage with their studies. A guidance counselor recognizes this relationship and works to address emotional barriers to learning.

When a student's grades suddenly drop, a guidance counselor investigates not only the academic factors but also emotional and social circumstances

that may be contributing to the decline. Perhaps the student is grieving a loss, experiencing bullying, or struggling with self-esteem issues. By addressing these underlying emotional concerns, counselors help remove obstacles to learning and enable students to reach their academic potential.

Guidance counselors are advocates for creating schools where all students feel safe, valued and included. They work against bullying, discrimination and other harmful behaviors that poison the school environment. By establishing peer support programs, facilitating student leadership initiatives, and addressing conflicts constructively, they contribute to a positive school climate.

This inclusive environment is particularly crucial for marginalized students — those from low-income families, LGBTQ+ youth, students with disabilities, or those from ethnic minorities. Guidance counselors ensure these students have someone who advocates for their rights and supports their well-being within the school community.

Despite their importance, many Philippine public schools suffer from severe counselor shortages. Some schools have only one guidance counselor for 500 or more students, making meaningful individual support impossible.

We commend Secretary Sonny Angara for getting this hiring done. Our students deserve a school system that prioritizes their emotional health alongside their academic achievement. There is no other way to make young minds grow.

FOR THE CHILD WHO EATS LITTLE

Here is the advice of Dr. Chin Morabe, a pediatrician, for children who eat little.

The role of parents in guiding their child's eating habits is crucial.

First, understand the reason. Is it really a lack of appetite or just a matter of choice in food? Patience and tolerance are needed to help them understand the importance of proper nutrition.

6. Set regular meal times and snacks.

Avoid giving snacks when it's almost dinner time because they might get hungry again. Even if the child doesn't want to eat, keep them on the table at all times.

7. Avoid giving them foods they don't like, such as soft drinks.

It's better to keep them away from home than to see them eating but not understanding the value of food.

7. Avoid giving them food that they don't like, such as fried foods.

It's better to avoid giving them fried foods altogether than to see them eat them but not understand the value of food.

8. Make meal times and snacks regular.

Avoid giving snacks when it's almost dinner time because they might get hungry again. Even if the

DOKTOR NG MASA

ni Dr. Willie Ong



child doesn't want to eat, keep them on the table at all times.

9. Avoid giving them food or drinks that we don't want them to have, such as soft drinks.

It's better to keep them away from home than to see them but not allow them to have it.

8. Do not make food a reward like giving chocolate after the vegetables are finished. Instead of making them understand the importance of vegetables, they will be more tempted by the chocolate reward.

9. Avoid forcing the child, it might make them even more afraid of food. Instead of forcing, understand the child. Talk to them calmly and find out the reason for their refusal.

10. Do not hesitate to ask the doctor if needed. Happy eating!

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NEWS

DOST Laguna conducts Food Safety Training for CARD MRI member-beneficiaries

The Department of Science and Technology Laguna (DOST-laguna), through its Provincial Science and Technology Office (PSTO) Laguna, successfully conducted a Training on Basic Food Hygiene and Food Safety Hazards for CARD MRI micro-preneurs recently, at the CARD Mutually Reinforcing Institutions Development Institute (CMDI) in Brgy. Tranca, Bay, Laguna. Attended by 75 participants, the activity aimed to strengthen the knowledge and competencies of member-beneficiaries in ensuring food safety and quality in their food processing and livelihood initiatives.

Engr. Wilma G. Del Rosario, Science Research Specialist II, discussed Food Safety Hazards, highlighting the FATTOM principle—Food, Acidity, Time, Temperature, Oxygen, and Moisture—as key factors in controlling microbial growth, alongside food preservation techniques such as drying, refrigeration, freezing, and proper storage.

Meanwhile, Mr. Leandro D. Dimatulac, Project Technical Assistant I, delivered a session on Basic Food Hygiene, emphasizing personal cleanliness, proper handwashing, sanitation practices, and safe food-handling procedures to

prevent cross-contamination. Participants actively engaged in discussions, shared experiences, and expressed appreciation for the practical insights, noting that the training would help improve their production processes and ensure safer food products for consumers.

Overall, the initiative served as a valuable capacity-building program, reaffirming DOST-CALABARZON and PSTO Laguna's commitment to empowering communities by providing technical assistance and training that support the development of safe, high-quality, and market-ready food products. **(By Leandro D. Dimatulac)**



SUSTAINING CLEAN WATERWAYS. Bulacan Gov. Daniel R. Fernando, together with Vice Gov. Alexis C. Castro and Bulacan Environment and Natural Resources Office (BENRO) Department Head Atty. Julius Victor C. Degala, presents during the first Monday Flag Raising Ceremony at the Bulacan Capitol Gymnasium, City of Malolos, Bulacan, the Certificate of Recognition awarded by the Department of Environment and Natural Resources (DENR) for participating in the implementation of the Adopt an Estero / Waterbody Program last June 10, 2026 at the Widus Hotel Clark, Clark Freeport Zone, Pampanga. Also in the photo are (from left) Board Members Josef Andrew T. Mendoza, Michael M. Aquino, Liberato P. Sembrano, Richard A. Roque, Erlene Luz V. Dela Cruz, Romina D. Fermin, Provincial Administrator Antonia V. Constantino, Philippine Amusement and Gaming Corporation Chairman Alejandro H. Tengco, BENRO Waste Management and Pollution Control Division Chief Arminda D. Carreon, Board Members Romeo V. Castro, Jr., Fortunato S.J. Angeles, Raul A. Mariano, Casey Tyrone E. Howard, and Anna Kathrina M. Hernandez.

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JICA's Industrial

from
page 1

CALABARZON confirmed that the Cavite Industrial Area Flood Risk Management project will help reduce flooding in urbanized and industrial parts of the province.

"Cavite has experienced rapid urbanization over the past decades, resulting in increased paved surfaces, reduced natural drainage, and higher flood runoff during heavy rainfall."

The project will benefit low-lying areas, particularly the cities of Bacoor and Imus, as well as Kawit, Noveleta, Rosario, and Tanza towns which experience regular flooding due to San Juan River, Imus River, and Ylang-Ylang River, as well as interconnected drainage systems leading to Manila Bay.

Moreover, Rozul noted that the provincial government is also pushing local government units to pass local legislature creating infrastructure audit teams and school safety officers to ensure the integrity and safety of public infrastructure.

"We recommended legislative measures to the Sangguniang Panlalawigan through the PDRMC Chairperson for the enactment of DRRM-related ordinances."

Rozul noted that key policies that they have recommended included the ordinances for the creation of an Infrastructure Audit Team, while other policies such as the Designation of Safety Offices in Elementary and Secondary School

and the Ordinance on Safety Waters are being approved for first reading and are undergoing the crafting of Internal Rules and Regulations, respectively.

The Cavite Industrial Area Flood Risk Management project includes major engineering interventions, such as the construction of a Flood Retarding Basin designed to retain excess floodwater temporarily during heavy rainfall and gradually release it after the storm, thereby reducing downstream flooding. Improvements on riverbeds, floodways and diversion channels, drainage systems, and bridge networks are also underway to help reduce flooding by redirecting excess floodwater towards Manila Bay.

As the province continues to invest on flood mitigation infrastructure,

the official emphasized that public support is key in strengthening disaster preparedness and recovery efforts.

"Together, we continue to improve our preparedness, response, recovery, and resilience to better protect lives, livelihoods, and the future of our province. Disasters may not always be prevented, but we can significantly reduce their impacts by working together, planning ahead, and acting responsibly."

With some of its cities connected to Metro Manila, Cavite Province frequently experience province especially in parts of Bacoor, Imus, Kawit, Noveleta, Rosario, General Trias, Tanza, and Dasmariñas, particularly during prolonged rains, tropical cyclones, and high tide. **(PB-PIA CALABARZON)**

LEGAL NOTICES

**REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
BRANCH 124
IMUS CITY, CAVITE
E-mail Address:
rtc1imu124@judiciary.gov.ph
Cellphone No.: 09455181336**

NENITA LUMBAO TORRES,
Petitioner,

-versus-

SP Case No. 2018-26
For: Correction of Entry
In the Civil Registry

**LOCAL CIVIL REGISTRAR OF THE
CITY OF IMUS, CAVITE, AND
PHILIPPINE STATISTICS AUTHORITY,**
Respondent.

X- - - - - X

ORDER

This is a verified Petition filed and raffled before this Court by petitioner through counsel praying that, after due notice and hearing, judgment be rendered ordering the City Civil Registrar of Imus City, Cavite, and the Philippine Statistics Authority to correct the entries in the Certificate of Live Birth of the petitioner.

Finding the Petition to be sufficient in form and substance, let the same be set for hearing on September 29, 2026 at 2:00 p.m. at Branch 124, Hall of Justice-Regional Trial Court (RTC) Annex Building, Palico IV, Aguinaldo Hi-way, Imus City, Cavite, at which date, time, and place, all persons having an interest in the petition must appear and file such comment/opposition as they may have. Let the corresponding notice of hearing be issued to the respondents.

Let this Order be published, at the expense of petitioner, once a week for three (3) consecutive weeks in a newspaper of general circulation published in the Province of Cavite, as chosen by raffle. Accordingly, let a copy of this Order be furnished to the Office of the Clerk of Court - RTC, Imus City, Cavite for the inclusion of the petition in the raffle of judicial and legal notices for publication.

The petitioner is directed to furnish a copy of the petition to the Local Civil Registry of Imus, Cavite, the Registrar General of the Philippine Statistics Authority, Office of the Solicitor General and Office of the City Prosecutor, and to submit proof of compliance on or before the hearing.

The Civil Registrar and any person having or claiming any interest under the entry whose correction is sought may, within fifteen (15) calendar days from notice of the petitioner or from the last date of publication, file a comment/opposition thereto.

The petitioner shall, at the hearing, submit proof of publication and notice of this Order.

SO ORDERED.

June 16, 2026, Imus City, Cavite.

(Sgd.) **PAUL A. FLOR**
Presiding Judge

Copy furnished:

Nenita Lumbao Torres
372 Sitio Pitong Gubat, Paliparan 3, Dasmariñas, Cavite

Atty. Dominic L. Pami - PAO, Imus City, Cavite

City Civil Registrar of Imus - Office of the City Civil Registry, Upperground Floor, New Imus Government Center, Imus Boulevard, Malagasang 1-G, Imus City, Cavite

National Statistician and Civil Registrar General, Philippine Statistic Authority - CVEA Building, East Avenue, Diliman, Quezon City

Office of the Solicitor General - 134 Amorsolo St.,

DOST VIII

from
page 8

The celebration officially opens on July 15 with an Opening Ceremony featuring the ceremonial opening of the Technology Fair and Exhibits, keynote messages from national and regional leaders, the

launching of strategic DOST initiatives, and the signing of partnership agreements that reinforce regional collaboration for science, technology, and innovation. A luncheon press conference follows, providing

Legaspi Village, Makati City

Office of the Clerk of Court - Regional Trial Court, Imus City, Cavite

AP Bea Angelica Macabaya - OCP, Imus City, Cavite

**REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
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X- - - - - X

NOTICE OF HEARING

To:

Nenita Lumbao Torres
372 Sitio Pitong Gubat, Paliparan 3, Dasmariñas, Cavite

Atty. Dominic L. Pami - PAO, Imus City, Cavite

City Civil Registrar of Imus - Office of the City Civil Registry, Upperground Floor, New Imus Government Center, Imus Boulevard, Malagasang 1-G, Imus City, Cavite

National Statistician and Civil Registrar General, Philippine Statistic Authority - CVEA Building, East Avenue, Diliman, Quezon City

Office of the Solicitor General - 134 Amorsolo St., Legaspi Village, Makati City

AP Bea Angelica Macabaya - OCP, Imus City, Cavite

GREETINGS:

WHEREAS, is a verified Petition filed and raffled before this Court by petitioner through counsel praying that, after due notice and hearing, judgment be rendered ordering the City Civil Registrar of Imus City, Cavite, and the Philippine Statistics Authority to correct the entries in the Certificate of Live Birth of the petitioner.

WHEREAS, the instant petition is set for hearing on September 29, 2026 at 2:00 p.m.

WHEREAS, you are hereby commanded to appear before this court on the above-mentioned date and show cause why the petition should be or should not be granted.

June 16, 2026, Imus City, Cavite.

(Sgd.) **GABRIELLE KARLO P. ARTETA**
Clerk of Court V

Publication: PMC Pulso ng Makabagong Caviteño News Publication
Dates: June 29, July 6 & 13, 2026

members of the media with updates on DOST's flagship programs and initiatives in Eastern Visayas.

Knowledge exchange takes the spotlight through the three Science, Technology, and Innovation (STI) Fora, each highlighting priority development areas. STI Forum 1 explores innovations that strengthen food security and sustainable communities, while STI Forum 2 focuses on science-based solutions for resilient and adaptive communities. The series concludes with STI Forum 3, which showcases emerging technologies, digital innovations, and sustainable energy solutions that support national resilience and regional development.

Young innovators and future scientists will also be at the forefront of this year's celebration through the STEM Olympiad and eGames Competition, where students from across Eastern Visayas will demonstrate their knowledge, creativity, and problem-solving skills in science, technology, engineering, and mathematics. These activities reflect DOST's continuing commitment to nurturing the next generation of Filipino scientists, engineers, innovators, and technology leaders.

Beyond the conference halls, participants will experience the region's rich blend of science, culture, and tourism through the Science Tourism Project Visit, featuring the natural wonders, cultural heritage, and culinary innovations of Samar and Leyte. The activity highlights how science and technology contribute to sustainable tourism, environmental conservation, and community-based development while showcasing the

unique identity and local innovations of Eastern Visayas.

The celebration concludes on July 17, 2026 with the STI Awards and Closing Ceremonies, recognizing outstanding partners and stakeholders for their contributions to science, technology, and innovation in Eastern Visayas.

Throughout the three-day celebration, visitors can also explore the Technology Fair and Exhibits, featuring DOST-developed technologies, research outputs, and interactive science exhibits from DOST offices, partner agencies, state universities and colleges, and industry stakeholders. Among the featured innovations are STARBOOKS, e-TURO, the Eastern Visayas Food Innovation Center, SARAI, GeoRiskPH and other DOST-PHIVOLCS technologies, DOST-PAGASA's Panahon App, innovations from the Eastern Visayas Regional Research and Development Consortium (EVCIEERD, EVHRDC, and VICAARP), innovations developed by DOST's assisted Smart and Sustainable Cities, and many more, demonstrating how science, technology, and innovation are creating smarter, more resilient, and sustainable communities.

The 2026 RSTW serves as a dynamic platform for collaboration, innovation, and public engagement, reaffirming DOST VIII's commitment to making science, technology, and innovation more accessible and responsive to the needs of every Filipino. The public is invited to participate in the various activities and experience firsthand how science and innovation continue to drive inclusive, resilient, and sustainable development in Eastern Visayas. **(By: Jean Gay O. Ragub)**



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TICKETING








MAGLIBANG TAYO

KAPALARAN

ARIES (Mar. 21-Apr. 19) - Madali kang mapaniwala ngayon. Kaya umiwas ka sa mga umaastang maraming alam. Masuwerteng kulay-blue. Tips sa lotto-8-11-18-24-26-33.

TAURUS (Apr. 20-May 20) - Hindi ka magkakamali kapag sinunod mo ang unang plano. Kaya kahit pa may magagandang ideya kang naririnig, mas mabuting magbingi-bingihan. Masuwerteng kulay-black. Tips sa lotto-6-13-15-20-32-44.

GEMINI (May 21-June 20) - Nasa kamay mo na ang tagumpay. Mahirap mang paniwalaan, wala sa iyong isip ang sikreto para makuha mo ang gusto mo. Masuwerteng kulay-violet. Tips sa lotto-3-12-25-28-34-42.

CANCER (June 21-July 22) - Isang hakbang paatras at sundan mo agad ng dalawang hakbang pasulong. Ito ang isabuhay mo dahil ito ang susi para maabot mo ang iyong pangarap. Masuwerteng kulay-peach. Tips sa lotto-9-16-19-27-35-41.

LEO (July 23-Aug. 22) - Bumababa ang nasa itaas. Ito ay batas ng uniberso na kailangan mong maunawaan. Panatilihin mong hindi ka sumagad sa itaas at alalayan mo lang ang tinatamasa mong ganda ng buhay. Masuwerteng kulay-red. Tips sa lotto-7-17-22-29-31-40.

VIRGO (Aug. 23-Sept. 22) - Hindi masamang magtanong. Ang masama ay 'yung nagtatanong ka, pero naghihintay ng pagkakamali mula sa sasagot. Masuwerteng kulay-orange. Tips sa lotto-4-16-21-30-37-43.

LIBRA (Sept. 23-Oct. 22) - Kaya ng tao na matukoy kung ano ang mabuti at kung ano ang masama. Kaya hindi ka maliligaw sa pagpapasyang makakabuti para sa buhay mo at para sa iyong pamilya. Masuwerteng kulay-white. Tips sa lotto-8-15-17-26-38-45.

SCORPIO (Oct. 23-Nov. 21) - Ngayon mo na isabuhay ang mga natutunan mo mula sa mga sinasabi ng mga eksperto. Masuwerteng kulay-green. Tips sa lotto-1-18-20-24-39-44.

SAGITTARIUS (Nov. 22-Dec. 21) - Masasaksihan mo ngayon ang katotohanang bawal husgahan ang kapwa, dahil ang manghuhusga ay makikita mong siya mismo ang huhusgahan ng langit. Masuwerteng kulay-yellow. Tips sa lotto-2-11-23-31-36-42.

CAPRICORN (Dec. 22-Jan. 19) - Nagiging mataas na bundok ang mga naipong alikabok. Kaya ang payo ay mag-ipon ka. Ang pag-iipong ito ay isang makabuluhang bagay na mag-aangat sa iyong buhay. Masuwerteng kulay-purple. Tips sa lotto-2-10-15-22-27-40.

AQUARIUS (Jan. 20-Feb. 18) - Lahat ay may kani-kanyang kahinaan. Pagtiyagaan mong alamin ang kahinaan ng umaastang siya ay malakas at ang gusto ay lagi kang maniwala sa kanya. Ituloy mo lang ang dati mong plano at balak na nasa isip mo. Masuwerteng kulay-pink. Tips sa lotto-5-13-19-26-30-41.

PISCES (Feb. 19-Mar. 20) - Ito ang araw na sasabay sa pamumulaklak ng mga halaman sa kapaligiran ang iyong suwerte at magagandang kapalaran. Kaya gawin mo na lahat ng gusto mong gawin. Masuwerteng kulay-beige. Tips sa lotto-4-16-21-29-32-37.

SUDOKU

		8	4					3
9		2	1				5	
	4			6		8		
		7					1	
4								
	2				3			
			9			3		
3			6	1		7		
8							2	

SAGOT: SUDOKU VOL. 23 #19

9	5	1	3	7	2	4	6	8
3	2	7	4	6	8	9	5	1
4	6	8	5	1	9	7	2	3
2	7	3	8	9	4	6	1	5
6	9	5	7	3	1	8	4	2
8	1	4	6	2	5	3	7	9
7	8	2	9	5	6	1	3	4
5	3	9	1	4	7	2	8	6
1	4	6	2	8	3	5	9	7

HOW TO PLAY: Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

Did You Know?



“RUNNING AMOK” IS A MEDICALLY RECOGNIZED MENTAL CONDITION

First described in Malaysia and not used often today, a person “running amok” starts with a period of brooding followed by a homicidal frenzy, and ending in somnolence (excessive drowsiness or sleepiness) and amnesia.

WORD HUNT

Punishment & Corrections

E	L	N	P	A	R	O	L	E	N	J	U	R	Y
T	W	O	S	S	R	F	T	T	O	F	E	O	T
S	O	I	E	P	J	A	I	L	S	F	S	N	C
E	R	T	N	R	O	C	E	H	N	C	T	D	R
R	K	A	T	O	F	I	C	U	S	T	O	D	Y
R	H	R	E	B	F	L	N	C	A	N	F	N	T
A	O	E	N	A	I	I	N	O	O	S	S	I	I
E	U	C	C	T	C	T	S	I	P	N	I	F	E
S	S	R	I	I	E	I	A	E	O	A	U	G	F
U	E	A	N	O	R	E	E	S	I	S	D	S	E
O	S	C	G	N	S	S	I	R	S	U	O	S	N
H	J	N	R	R	I	R	A	I	J	S	A	A	C
E	O	I	R	O	P	R	O	T	I	N	O	M	E
I	P	E	N	I	T	E	N	T	I	A	R	Y	S

HOUSE ARREST
INCARCERATION
PENITENTIARY
PRISONS
WORKHOUSES
CUSTODY
JUDGE
JAILS
SENTENCING
PROBATION
FACILITIES
JURY
FENCES
OFFICERS
PAROLE
MONITOR

DOST VIII Set to Showcase Science, Technology, and Innovation at the 2026 Regional Science, Technology, and Innovation Week



Science, technology, and innovation take center stage once again as the Department of Science and Technology Regional Office VIII (DOST VIII) gears up for the 2026 Regional Science, Technology and Innovation Week (RSTW) on July 15–17, 2026 at Robinsons North, Tacloban City. Anchored on the theme, "Science, Technology, and Digital Innovation Driving Food Security, Sustainable Energy, and National Resilience," this year's celebration brings together government agencies, academic institutions, industry partners, local government units, researchers, innovators, students, and the public in a three-day showcase of transformative technologies, knowledge-sharing, and collaborative initiatives.

DOST VIII • 6

DOST SOCCSKSARGEN Receives BJMP Special Award, Reaffirming Commitment to Science-Driven Community Transformation

The Department of Science and Technology Regional Office XII (DOST XII), under the visionary leadership of Regional Director Engr. Sammy P. Malawan, PhD, was conferred the BJMP Special Award during the celebration of the 35th Founding Anniversary of the Bureau of Jail Management and Penology (BJMP) on July 1, 2026, at the QC M.I.C.E., Diliman, Quezon City.



The prestigious recognition stands as a manifestation of DOST XII's unwavering commitment in advancing science, technology, and innovation in transforming lives and empowering communities – including Persons Deprived of Liberty (PDLs) – through sustainable and inclusive development initiatives. The award recognizes the Department's exemplary partnership with the BJMP through the Community Empowerment through Science and Technology (CEST) Program, which has successfully integrated science-based interventions within jail facilities across SOCCSKSARGEN. These initiatives have provided PDLs with opportunities for livelihood development, access to clean and safe water, environmental stewardship, disaster risk reduction and management (DRRM), and educational resources, equipping them with valuable knowledge and skills as they pre-

DOST • 5



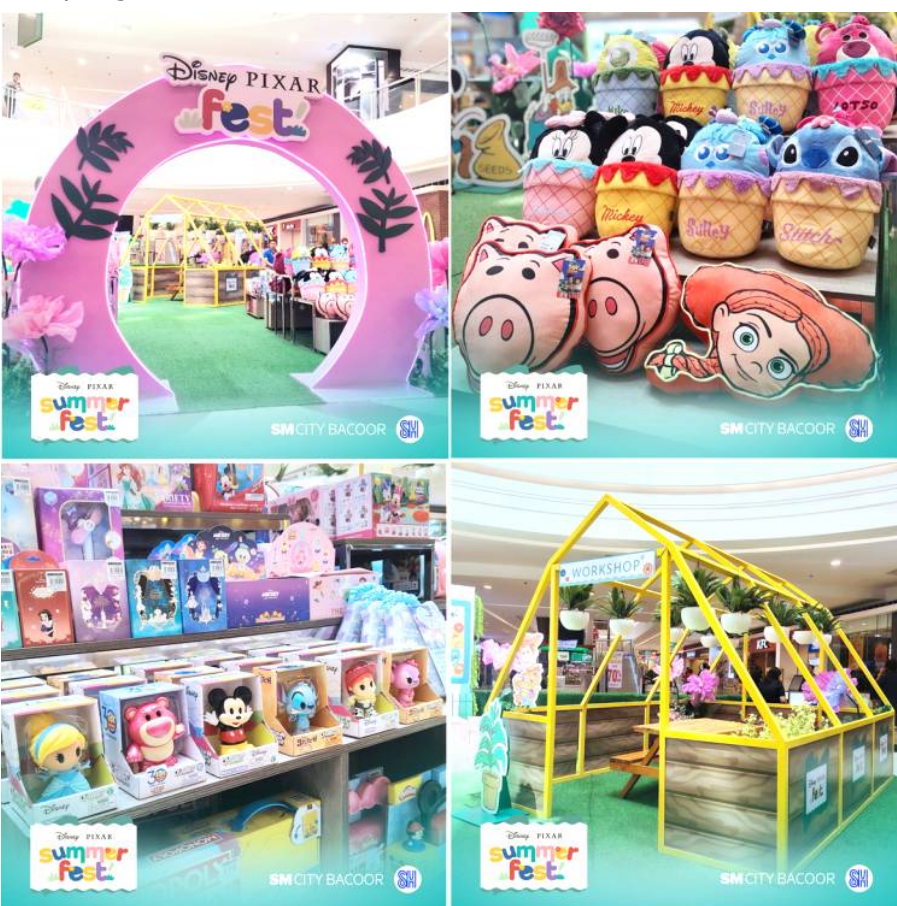
DOST Northern Mindanao brings regional S&T week to Camiguin this July

CAGAYAN DE ORO CITY — DOST Northern Mindanao will hold the 2026 Regional Science, Technology, and Innovation Week in Camiguin this July 22–24, bringing the region's biggest science and technology event to one of Mindanao's most dynamic island provinces.



The event, dubbed RSTW sa ISLA, will be held at the Cong PPR Camiguin New Gymnasium, under the concept of ISLA — Innovations for Sustainable and Livable Archipelago. It carries the nationwide theme of "Driving Food Security, Sustainable Energy, and National Resilience." Camiguin tells its own story. An island born of fire with a landscape where opportunity continues to take root and thrive. The island's rich volcanic soil yields some of the country's most prized agricultural produce, including the iconic lanzones and a variety of native crops that have sustained

DOST NORTHERN • 5



Bring the magic home at Disney Fest! Disney fans, this is your sign to shop! Visit The SM Store pop-up at the Event Center of SM City Bacoor and discover adorable Disney-inspired merchandise—from character collectibles to magical keepsakes you'll love. While you're here, strike a pose at the Toy Story blocks, snap photos with your favorite Disney & Pixar characters, and capture picture-perfect moments around the enchanting displays. Don't miss your chance to score these magical Disney finds while they're still available!