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PAGSIBOL NG BAGONG AKO
52ND NUTRITION MONTH
02 JULY 2026 | DOH TREATMENT & REHABILITATION CENTER,
BRGY. OSORIO, TRECE MARTIRES CITY, CAVITE

Pagsibol ng Bagong Ako opens Cavite Nutrition Month celebration at DATRC

The Provincial Government of Cavite through the Office of the Provincial health Officer officially launched its 2026 Nutrition Month celebration through the opening activity dubbed "Pagsibol ng Bagong Ako" held on July 2, at the Drug Abuse Treatment and Rehabilitation Center (DATRC) in Brgy. Osorio, Trece Martires City.

The activity attended by residents of the rehabilitation facility highlighted the vital role of proper nutrition, oral health, and environmental stewardship in re-building healthier lives and fostering holistic wellness.

Guided by this year's National Nutrition Month theme, "Nutrisyon at Kalikasan, Ating Pangalagaan!", and the overarching campaign, "Sa PPAN, Sama-Sama sa Nutrisyong Sapat Para sa Lahat," the activity highlighted the shared responsibility of protecting both human health and the environment as essential foundations of healthier and more resilient communities.

PAGSIBOL • 5

Cavite welcomes delegates from Pililla, Rizal for benchmarking visit

The Provincial Government of Cavite welcomed a delegation from the Municipality of Pililla, Rizal, composed of members of the Sangguniang Bayan, for a courtesy call and facility tour at the New Provincial Government Center in Trece Martires City on June 25, 2026.



The benchmarking activity aimed to provide the delegates with the opportunity to observe the innovative practices, systems, and facilities that support the Provincial Government of Cavite's efficient and quality public service de-

livery.

Vice Governor Ram Revilla Bautista, together with First District Board Member Romel Enriquez and Second District Board Member Alde Pagulayan, warmly received the delegation at the New Legislative

Building. They expressed their appreciation for Pililla's choice of Cavite as its benchmarking partner and highlighted the importance of knowledge-sharing and the exchange of best practices in legislative and

CAVITE WELCOMES • 5

DOST Ilocos Region Earns National Recognition at STARBOOKS 15th Anniversary Celebration

MUNTINLUPA CITY – The Department of Science and Technology Ilocos Region (DOST Ilocos Region) proudly participated in the 15th Anniversary Celebration of STARBOOKS (Science and Technology Academic and Research-Based Openly Operated Kiosks) held on June 24–25, 2026, at Acacia Hotel Manila, Alabang, Muntinlupa City, reaffirming its commitment to bringing science, technology, and innovation closer to communities across the Ilocos Region.



Organized by the DOST–Science and Technology Information Institute (DOST-STII), this year's celebration carried the theme "Brilliance, Stories, and

Timelessness," honoring the remarkable journey of STARBOOKS in making quality science and technology information more accessible to every Filipino, especially those

in geographically isolated and underserved areas.

The two-day event gathered DOST regional deployment officers, in-

DOST ILOCOS • 4

NEWS

9-year-old Batangueño's letter to DOST opens doors to his dream of becoming an inventor

"Sa wakas, may makakaintindi na rin sa'kin." Those were the first words of Javed Gage Felipe Magsino, a nine-year-old aspiring inventor from San Juan, Batangas, as he stepped inside the Department of Science and Technology (DOST)-Batangas office after the agency responded to an open letter posted online by his mother, a public high school teacher, last July 2, 2026.



The heartfelt letter described Javed's endless curiosity about science, technology, and inventions and expressed hope that someone could help nurture his passion. The post quickly reached DOST-Batangas, which immediately invited the young learner and his family to visit the Provincial Science and Technology Office.

What followed was not an ordinary office tour but a conversation that revealed the remarkable curiosity of a child whose interests extend far beyond his years.

During the discussion, Javed confidently talked about Arduino, computer programming, artificial intelligence, augmented reality, space science,

and even concepts related to pseudoscience, surprising DOST personnel with the depth of his knowledge. He shared that his favorite subjects are Science, Mathematics, and Information and Communications Technology, and that he dreams of becoming an inventor, programmer, astronaut, or chemist someday.

His parents shared that they had long noticed that Javed learns differently from most children his age. Although the results of his intelligence quotient (IQ) assessment have yet to be released, they said his eagerness to learn and his advanced understanding of scientific concepts have always stood out.

Instead of spending

most of his time on gadgets, Javed devotes much of his free time to reading books and learning about computer programming, engineering, and space exploration. His parents intentionally limit his gadget use to school breaks, encouraging him to satisfy his curiosity through reading and self-directed learning.

Recognizing his enthusiasm for science and innovation, DOST-Batangas introduced Javed to several programs designed to cultivate young scientific minds, including **STARBOOKS**, JuanaKnow, Inventions, and Programming for 3D Printing.

To give him firsthand exposure to real-world science and technology

applications, DOST-Batangas toured him around the Regional Volumetric Calibration Laboratory, where he learned how road tankers are calibrated to ensure the accurate measurement of fuel products before distribution. He was also handed with science books and magazines which he can read to further his knowledge.

His learning journey continued at the Science, Technology, Engineering and Environment Research (STEER) Hub of Batangas State University, where DOST personnel accompanied him on a guided visit to the university's Fabrication Laboratory. There,

Javed explored advanced fabrication equipment, witnessed how three-dimensional printing transforms digital designs into physical prototypes, and experienced a virtual reality device firsthand. The immersive experience further fueled his fascination with engineering, emerging technologies, and invention.

To further encourage his aspirations, DOST-Batangas also coordinated a visit to the Philippine Science High School CALABARZON Region Campus in Batangas City, where Javed will have the opportunity to experience an environment that nurtures young learners

with exceptional interest and potential in science and mathematics.

For DOST-Batangas, the visit reflects its commitment to nurturing future scientists, innovators, and technology leaders by creating opportunities for young Filipinos to explore science beyond the classroom.

Sometimes, all it takes is one letter, one opportunity, and one conversation to remind a child that curiosity has a place to grow.

For Javed, that journey began with a simple hope, that someone would finally understand him. On that day, they did. **(By John Maico M. Hernandez)**

Cavite strengthens response against online child exploitation

TAGAYTAY CITY, Cavite (PIA) — Law enforcers and the judiciary emphasized the importance of technology and digital evidence in the effective investigation and prosecution of child abuse and exploitation cases.



Last June 29 to 30, 2026, judges, prosecutors, and personnel from the Women and Children Protection Desks (WCPD) in Tagaytay, Silang, Alfonso, and General Emilio Aguinaldo underwent a two-day capacity building for the Management of Child Abuse and Exploitation Cases through the Effective Utilization of Technology and Digital Evidence.

Composed of lawyers and law enforcers, the capacity building activity focused on handling cases violating Republic Act No. 11930, particularly Online Sexual Abuse and Exploitation of Children (OSAEC) and Child Sexual Abuse or Exploitation Materials (CSAEM) cases in the face of digitalization.

The participants also included judges, pros-

ecutors, and Women and Children Protection Desk (WCPD) personnel from Imus, Tagaytay, Silang, Alfonso, General Emilio Aguinaldo, and Amadeo, as well as members from the Regional Committee Against Exploitation and Trafficking Task Force (RCAETTF).

In a statement, the city government of Tagaytay underscored its commitment in protecting children from abuse, exploitation, and trafficking.

"We continue to strengthen collaboration, build capacity, and uphold our shared commitment to protecting every child from abuse, exploitation, and trafficking."

Led by the Tagaytay City Justice Zone, through its Committee on Youth and Children the two-day training aimed to strengthen the justice sector's response to child

abuse and exploitation in the digital age.

"Their invaluable expertise provided participants with practical strategies for the effective investigation and prosecution of child abuse and exploitation cases using technology and digital evidence."

Meanwhile, key agencies of the Inter Agency Council Against Trafficking including the National Coordination Center Against OSAEC and CSAEM (NCC-OSAEC-CSAEM), Department of Justice-Office of the Cybercrime (DOJ-OOC), Child Rescue Coalition, and the Police Regional Office CALABARZON's Regional Anti-Cybercrime Unit (RACU-4A). **(PB-PIA Cavite, with reports from Tagaytay City Economic Tourism Justice Zone / Facebook)**

“Wala po kaming binayaran maski singko dahil Indigent Member ako.

Sa mga gusto pong magpamember sa PhilHealth. Ito po ay maganda sa ating pamilya dahil ito ay magagamit natin sa oras ng kagipitan in-case na wala talaga tayong pera dahil sa hirap ng buhay ngayon.”

Lucina C. Peñoso
Gumaca, Quezon
*On the availment of PhilHealth Benefits on her child's confinement

PhilHealth Regional Office IV-A
PhilHealthRegion4A region4a@philhealth.gov.ph

www.philhealth.gov.ph PhilHealthOfficial teamphilhealth actioncenter@philhealth.gov.ph

Editorial

Good news and bad news in upper-middle-income designation

THE Philippines this week achieved a long-sought economic milestone, being reclassified by the World Bank as an upper-middle-income country (UMIC). The government was quick to hail the new designation as the dawn of a new era for the Philippines, assuring the country that the UMIC classification will lead to greater economic expansion, increased foreign investment and more job creation.

This is all true, and while earning UMIC status may be more a "respectable indicator of steady progress" than it is an "achievement," it is nevertheless something that the entire country can feel good about. However, the new designation is also a signal that the Philippines has, at least for the next several years, entered a delicate economic state in which falling behind is as much a possibility as accelerating economic growth.

The World Bank classifies countries based on their gross national income (GNI) per capita into four categories: low income, lower-middle income, upper-middle income and high income. Low and lower-middle-income countries are considered "developing" economies, high-income countries are considered "developed," and upper-middle-income countries are transitioning between "developing" and "developed." The exact threshold for GNI per capita changes from year to year, but in general, the upper-middle-income level is between approximately \$4,600 and \$14,000 annually. For 2025, the threshold was \$4,636; the Philippines had a GNI per capita of \$4,850. Other countries that moved up to UMIC status included Jordan, Micronesia, Sri Lanka and Vietnam.

Apart from being a general indicator of a "healthy" and "growing" economy, the UMIC designation has a number of specific consequences for the country. First, the good news. UMIC status is a positive indicator for the country's sovereign credit rating, and while it does not guarantee a ratings upgrade, it helps to make upgrades more likely. Higher sovereign credit ratings are important because



they reduce the cost of the country's debt; its risk profile is reduced, and interest rates on bonds are lower.

The UMIC designation, especially if higher credit ratings follow, also opens up the Philippines to more sovereign debt investors, as well as business and development investors. Many institutional investors, such as pension funds or other governments' investment funds, follow rules requiring their investments to be in UMICs (or higher), or in countries at or above a certain credit rating level. Most business investors, those who are considering establishing or expanding enterprises, investing in infrastructure and other development projects, or in the local stock market follow similar guidelines as well.

When government leaders crow about the bright future of economic expansion, more investments and more jobs, the above consequences of the Philippines' being declared a UMIC are what they are talking about. This is not necessarily wrong or exaggerated, but there is another side to the coin that officials are less eager to talk about, although Department of Economy, Planning and Development Secretary Arsenio Balisacan did acknowledge it.

The main reason the World Bank compiles the country status list annually is to determine each country's eligibility for different levels of development assistance. Other multilateral development banks, development finance institutions, and even government official development assistance (ODA) funds generally follow

the World Bank's lead; after all, if they all did the same work themselves, they would arrive at nearly the same results.

As a UMIC, the Philippines has graduated from the developing level where it is eligible for concessional loans, i.e., loans with below-market rates, and extended grace and repayment periods, and outright grants. Now, it will have to shift to more market-based sources offering commercial terms for development financing. ODA from other countries will likewise be reduced. On the positive side, this "aid graduation" opens up a variety of new options for financing; on the downside, almost every one of them will be more expensive.

Another aspect of UMIC status that has not yet been acknowledged is that it will eliminate many trade and tariff preferences the Philippines could take advantage of while it was still a "developing" country. Existing trade agreements will not be affected, since they have the same effect as treaties until they expire, but what impact the UMIC status will have on ongoing trade negotiations is yet to be seen.

It should also be remembered that the Philippines has only just risen above the UMIC threshold, and it took nearly 40 years to do it. Keeping this status and rising above it will require careful, forward-looking policy and smart management by the government, and it will have to do that without many of the preferential advantages that helped the country get this far.

Pagkain sa Utak at Memorya

1 Matatabang isda, mani at olive oil.
Ang pagkain ng matatabang isda gaya ng sardinas, tuna, tamban, mackerel at salmon ay maaaring mapanatili ang ating memorya. Ang omega-3 fatty acids ay matatagpuan sa matatabang isda.

2. Berdeng gulay, broccoli, kangkong, spinach, kamote, strawberry at iba pang pagkain na mayaman sa Vitamin C at E.

Ang mga pagkain na naglalaman ng antioxidant ay makatutulong sa paglaban sa free radicals na maaaring sumira sa ating utak. Natuklasan na ang mga pagkaing mayaman sa Vitamin C at Vitamin E ay posibleng mabawasan ang panganib ng Alzheimer's disease.

3. Pagkaing mataas sa flavonoids tulad ng tea, mansanas, orange, suha, repolyo, bawang, sibuyas, kamatis, peas at beans.

Natuklasan sa isang pag-aaral na ang pagkain ng prutas at gulay ay makababawas sa pagkasira ng utak at pagka-ulyanin.

4. Curry powder at turmeric.

DOKTOR NG MASA

ni Dr. Willie Ong



Isang pangunahing sangkap ng curry powder ay turmeric na naglalaman ng curcumin. Sa pag-aaral, natuklasan na ang curcumin ay isang mabisang antioxidant at anti-inflammatory. May pag-aaral na nagsasabi na posibleng mas gumana ang utak kapag madalas kumain nito.

Tandaan: Bawasan ang mga pagkaing mataas sa saturated fat, trans fat at cholesterol tulad ng taba ng karne, margarine at processed foods. Ang mga pagkaing mayaman sa asukal ay maaaring makadagdag sa panganib ng type 2 diabetes, isang kondisyon na maaaring magpalaki ng apat na beses ng panganib sa sakit na Alzheimer's disease.

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NEWS

DTI Laguna Strengthens Halal Tourism Readiness through Stakeholders' Seminar

Calamba City — The Department of Trade and Industry (DTI) Laguna Provincial Office reaffirmed its commitment to advancing Halal tourism and expanding opportunities for micro, small, and medium enterprises (MSMEs) as Provincial Director Christian Ted O. Tungohan attended the Laguna Halal Tourism Stakeholders' Education, Information Campaign, and Readiness Assessment Seminar 2026 held at the 2nd Floor, New Building, Provincial Government of Laguna – Extension Hectan Compound, Brgy. Halang, Calamba City, Laguna, on July 7, 2026.



During the program, Director Tungohan delivered a message of support, emphasizing the timeliness of the seminar as the Halal industry continues to emerge as one of the fastest-growing sectors in the global economy. He underscored that the discussions on Halal principles, certification, and readiness assessment would equip tourism stakeholders with the knowledge and practical guidance needed to capitalize on opportunities in the expanding Halal market.

He highlighted that Halal is more than a certification—it is a gateway to greater competitiveness, expanded market access, and increased consumer confidence. Noting the observance of MSME Development Week, Director Tungohan reaffirmed DTI Laguna's commitment to supporting local enterprises through innovation, market access, capacity-building, and business development initiatives to help them become globally competitive and Halal-ready.

The seminar also gathered representatives from national government agencies, local government units, tourism stakeholders, industry experts,

and development partners to strengthen Laguna's readiness in developing a Halal-friendly tourism ecosystem and positioning the province to compete in the rapidly growing domestic and global Halal market. Together with Director Tungohan, the distinguished guests and partners present were Hon. Marisol "Sol" Aragon-Sampelo, Governor of Province of Laguna; Datu Maurac C. Malawi, Head of Sectoral Concerns Office and President of Laguna Muslim Consultative Council; Atty. Alinmar G. Macasindil, Acting Regional Director of National Commission on Muslim Filipinos for South Luzon; Atty. Sultan Nasrollah Bacarat Condong, Assistant Regional Director of Bureau of Internal Revenue; Samira A. Gutoc, Muslim Affairs Office Director of Sen. Robinhood C. Padilla; Mr. Ceazar M. Miranda, CPA, Socio-Economic Development Division Chief of National Commission on Muslim Filipinos; and Mr. Edgardo B. Victorio, Laguna Tourism, Culture, Arts and Trade Officer-in-Charge of the Province of Laguna.

The seminar featured discussions on the fundamentals and principles of

Halal, the Halal accreditation and certification process in the Philippines, certification procedures, and the conduct of readiness assessments. These sessions equipped tourism stakeholders and development partners with valuable knowledge and practical guidance to strengthen their understanding of Halal standards, enhance their readiness for certification, and better respond to the growing demands of the Halal market.

DTI Laguna remains steadfast in implementing programs that enhance MSME competitiveness, foster innovation, and strengthen strategic partnerships in support of inclusive and sustainable economic development. Through initiatives such as the Laguna Halal Tourism Stakeholders' Education, Information Campaign, and Readiness Assessment Seminar 2026, DTI Laguna continues to help position the province as a Halal-ready destination that welcomes diverse markets while creating greater opportunities for local enterprises.

For more inquiries, kindly contact DTI Laguna at r04a.laguna@dti.gov.ph (ARArrenal, DTI-Laguna).

DOST Ilocos

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stitutional partners, and stakeholders from across the country to celebrate the milestones of STARBOOKS and recognize the individuals and organizations whose contributions have strengthened the program's nationwide impact over the past 15 years.

DOST Ilocos Region was honored as one of the country's outstanding STARBOOKS partners in recognition of its unwavering commitment to expanding access to science and technology information. To date, the region has successfully installed more than 900 STARBOOKS units across schools, libraries, local government units, and various partner institutions throughout the Ilocos Region, significantly enhancing access to digital science resources and promoting science literacy among learners and communities.

Further highlighting the region's excellence, DOST Ilocos Region received the 3rd Place Award in the STARBOOKS Deployment Officers Video Contest, recognizing its outstanding storytelling and creativity in showcasing the transformative impact of STARBOOKS in communities across the region.

The award also extends DOST Ilocos Region's remarkable record of excellence,

having consistently placed among the national winners of the STARBOOKS Deployment Officers Video Contest every year since 2022. This sustained achievement reflects the dedication, innovation, and collaborative efforts of the regional deployment team in promoting the value of STARBOOKS and inspiring greater appreciation for science and technology.

The celebration was led by DOST Undersecretary for Scientific and Technical Services Maridon O. Sahagun together with former DOST Assistant Secretary and National Privacy Commission Commissioner Raymund E. Liboro, whose vision led to the establishment of STARBOOKS in 2011. The event also recognized the invaluable contributions of deployment officers, institutional partners, and outstanding performers who have helped expand the reach of science and technology information throughout the country.

On the second day of the celebration, participants attended a series of learning sessions designed to strengthen partnerships and enhance STARBOOKS implementation. Mr. Edric Calma of the Knowledge Channel Foundation, Inc. (KCFI) presented the organization's various

educational programs and initiatives, highlighting opportunities for collaboration with DOST in advancing innovative learning solutions and helping shape the future of Filipino learners.

Participants were also introduced to the latest innovations in robotics through a presentation by Erovoutika Robotics and Automation Solutions, which showcased its newest robots and automation technologies, demonstrating how robotics can enrich science education and inspire innovation among students and educators.

The event concluded with updates on the STARBOOKS program and technical sessions, providing deployment officers with the latest developments, implementation strategies, and technical enhancements to further improve the delivery and sustainability of STARBOOKS services in their respective regions.

As DOST Ilocos Region celebrates these national recognitions, the office remains steadfast in its mission of making science, technology, and innovation accessible to every Ilocano. Through STARBOOKS and other knowledge-sharing initiatives, DOST Ilocos Region continues to empower learners, educators, researchers, and communities by providing equitable access to information and fostering a culture of innovation and lifelong learning.



OCD-X Kicks

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Representatives of the four thematic pillars of disaster risk reduction and management—Disaster Prevention and Mitigation, Disaster Preparedness, Disaster Response and Early Recovery, and Disaster Rehabilitation and Recovery—joined the opening ceremony, along with officials from various national government agencies and partner organizations.

In his keynote address, OCD-X Regional Director and RDRRMC-X Chairperson Antonio B. Sugarol underscored the significance of this year's theme, "Naghahanda at Kumikilos Tungo sa Panatag na Bagong Pilipinas." He said disaster resilience begins with sustained preparedness, active community participation, and strong partnerships among government agencies, local governments, the private sector, and the public. He urged every Filipino to make preparedness a daily habit rather than an

annual activity.

One of the event's highlights was the DRRM Caravan and Static Display, where participating agencies showcased disaster preparedness programs, emergency response equipment, rescue capabilities, and public safety initiatives. Among the participating agencies were DSWD Field Office X, DOST-PHIVOLCS, PAGASA, the Philippine Coast Guard, Philippine National Police, Philippine Army, Bureau of Fire Protection, Philippine Red Cross, DICT, and other RDRRMC-X member agencies.

Local disaster risk reduction and management offices from Cagayan de Oro City, Iligan City, Misamis Oriental, and Camiguin also presented their disaster management programs, emphasizing the critical role of local governments in strengthening community resilience.

Visitors, including students, families, and disaster risk reduction ad-

vocates, toured the exhibits, viewed emergency response vehicles and equipment, and participated in information sessions and demonstrations designed to improve public awareness and preparedness.

Simultaneous launch activities were likewise held in the provinces of Bukidnon, Lanao del Norte, and Misamis Occidental, demonstrating Northern Mindanao's unified commitment to advancing disaster resilience across the region.

Director Sugarol expressed his gratitude to all participating agencies, local government units, partner organizations, volunteers, schools, civil society groups, media partners, and SM CDO Downtown for helping make the regional launch a success. He noted that the kick-off marks the beginning of a month-long series of activities aimed at promoting disaster prevention, preparedness, response, recovery, and rehabilitation, while reinforcing the message that disaster resilience is a shared responsibility and a way of life.

Pagsibol

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As part of the opening activity, participants attended informative lectures on nutrition and oral health designed to strengthen their understanding of healthy lifestyle practices that support their recovery and overall well-being. Free oral health services were also provided to help promote good dental hygiene as an essential component of total health.

To reinforce the month's environmental

advocacy, the participants also received garden kits and planting materials.

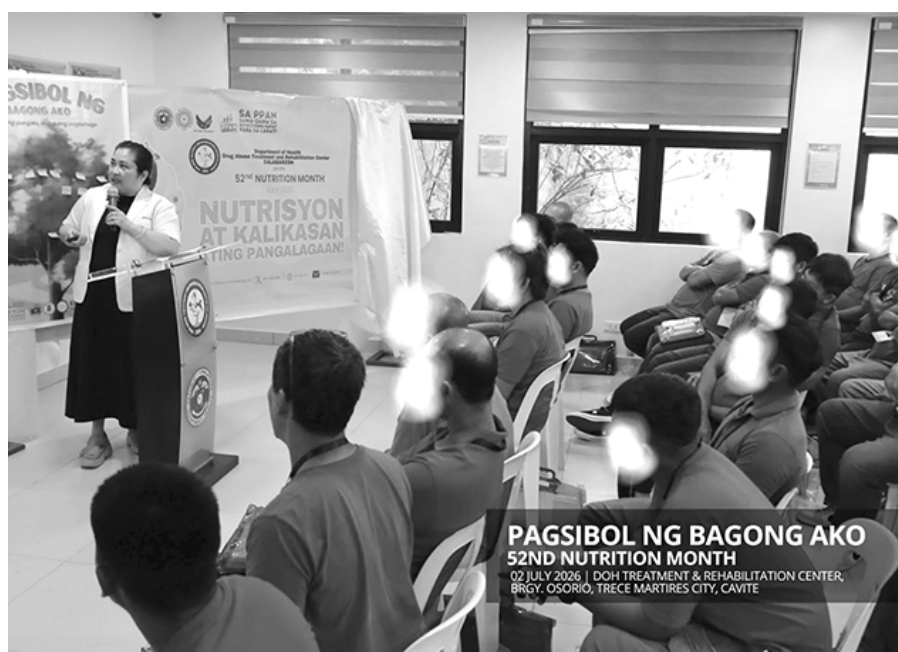
The symbolic activity reflected the message that, just as every seed can thrive with proper care and nourishment, every individual is capable of healing, growing, and embracing a fresh start through guidance, commitment, and hope.

The nutrition lectures were facilitated by Provincial Nutrition Action

Officer (PNAO) Dessa May Alibangbang and District Nutrition Program Coordinators (DNPCs) Marydel Pili and Liberty De Guzman. Meanwhile, the oral health lecture was delivered by Dr. Cristina J. Lim of the Office of the Provincial Health Officer's Oral Health Cluster.

Through initiatives such as "Pagsibol ng Bagong Ako," the Provincial Government of Cavite continues to promote nutrition as a foundation for health while recognizing that recovery extends beyond physical healing.

—OPIO



PAGSIBOL NG BAGONG AKO
52ND NUTRITION MONTH
 02 JULY 2026 | DOH TREATMENT & REHABILITATION CENTER,
 BRGY. OSORIO, TRECE MARTIRES CITY, CAVITE

Cavite welcomes

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administrative governance.

Following the courtesy call, Provincial Board Secretary and Quality Management Representative Ms. Michelle Alcid, with the assistance of the Office of the Provincial Tour-

ism Officer, guided the delegates on a tour of various offices and facilities within the New Provincial Government Center. The visit allowed the delegates to gain firsthand insight into the province's governance

systems, quality management initiatives, and service delivery mechanisms.

The activity further strengthened inter-local government collaboration, fostering the exchange of ideas and opening opportunities for future partnerships in advancing responsive and people-centered governance.

DOST XII

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Polomolok, South Cotabato, the expanded Regional Metrology Laboratory is envisioned to become a strategic hub that will significantly improve the accessibility of calibration services in the region. By reducing the need for stakeholders to seek metrology services outside SOCCSKSARGEN, the facility is expected to enhance operational efficiency, support regulatory compliance, improve product quality, and increase the competitiveness of local industries. It likewise reinforces DOST's commitment to building a robust regional

quality infrastructure that supports science-driven economic growth and prepares local enterprises to meet both national and international standards.

In his message, RD Malawan underscored the transformative impact of the initiative, emphasizing that the laboratory represents an investment in the region's future. "We see this laboratory as a valuable resource that will serve not only today's industries but also future innovators, researchers, and entrepreneurs across the region. We are grateful to

be part of this undertaking, and we look forward to building a stronger culture of quality and excellence that will contribute to the continued growth and development of SOCCSKSARGEN," he said.

With DOST XII, DOST-ITDI, and the National Metrology Division working hand in hand, the initiative reinforces the Department's commitment to making world-class measurement science more accessible to the regions — ensuring that precision, quality, and innovation remain at the heart of SOCCSKSARGEN's journey toward inclusive and sustainable development.

New Drop Alert

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City of Bacoor
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Telephone No. 09273707489

HOME DEVELOPMENT MUTUAL FUND
(otherwise known as Pag-IBIG Fund),
Mortgagee,

-versus- **Foreclosure No. 2002-318**
For: Extra-Judicial Foreclosure of
Real Estate Mortgage

JESSICA DASMARIÑAS,
Mortgagor.
X- - - - - X

NOTICE OF EXTRA JUDICIAL FORECLOSURE

Upon Extra-judicial Petition for Sale under Act 3135 as Amended by Act 4118 filed by the mortgagee, **HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG Fund)**, at BDO Life Mega Plaza Bldg., No. 358 Sen Gil Puyat Avenue, Makati City and against the mortgagor **JESSICA DASMARIÑAS** at 8 Villa Zapata Nat. Bayanan, Muntinlupa M.M. and Blk. 3, Lot 14, Pcs-04-010486, Bo. Molino, Bacoor, Cavite, to satisfy the mortgagee indebtedness which as of February 7, 2002, amounts to **NINE HUNDRED NINETY THOUSAND THREE HUNDRED THIRTY ONE PESOS & 23/100 (P990,331.23)**, Philippine Currency, inclusive of interest, and penalty charges but exclusive of other fees incident to this foreclosure, the undersigned or her duly authorized representative will sell at the public auction on **July 30, 2026 at 10:00 o'clock in the morning** or soon thereafter, at the main entrance of the Hall of Justice of Bacoor City, Cavite, to the highest bidder for CASH and In Philippine Currency, the following described property with all the improvements thereon, to wit;

TRANSFER CERTIFICATE OF TITLE NO. T-559597

"A Parcel of Land (Lot 14, Blk. 3 of the cons./subd. plan, Pcs-04-010486, being a portion of the cons. of Lot 6953-B, Psd-20199, Lot 5829-New, Fls-2292, Lot 7467, Imus Estate & Blk. 16, Pcs-042102-008978, LRC Rec. No. 8843), situated in the Brgy. of Molino, Mun. of Bacoor, Prov. of Cavite, Is. of Luzon. X x x Containing an area of **NINETY ONE (91) SQ. METERS.**"

"All sealed bid must be submitted to the undersigned on the above stated time and date."

"In the event the public auction should not take place on the said date, it shall be held on **August 6, 2026**, without further notice."

Prospective buyers or bidders are hereby enjoined to investigate for themselves the title to the said property and encumbrances, if any there be.

City of Bacoor, June 22, 2026.

(Sgd.) **MELY C. HERMOSURA-VISTA**
Clerk of Court VI

By:
(Sgd.) **DANILO B. BERLON**
Sheriff IV

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND
(otherwise known as Pag-IBIG Fund)
BDO Life Mega Plaza Bldg., No. 358 Sen Gil Puyat Avenue, Makati City

JESSICA DASMARIÑAS
8 Villa Zapata Nat. Bayanan, Muntinlupa M.M.
Blk. 3, Lot 14, Pcs-04-010486, Bo. Molino, Bacoor, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this notice of Extra-judicial Sale on or before the date of sale.

Publication: PMC Pulso ng Makabagong Caviteño News Publication
Dates: June 22, 29 & July 6, 2025

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IMUS CITY, CAVITE
E-mail Address:
rtc1imu124@judiciary.gov.ph
Cellphone No.: 09455181336

NENITA LUMBAO TORRES,
Petitioner,

-versus- **SP Case No. 2018-26**
For: Correction of Entry
In the Civil Registry

**LOCAL CIVIL REGISTRAR OF THE
CITY OF IMUS, CAVITE, AND
PHILIPPINE STATISTICS AUTHORITY,**
Respondent.
X- - - - - X

ORDER

This is a verified Petition filed and raffled before this Court by petitioner through counsel praying that, after due notice and hearing, judgment be rendered ordering the City Civil Registrar of Imus City, Cavite, and the Philippine Statistics Authority to correct the entries in the Certificate of Live Birth of the petitioner.

Finding the Petition to be sufficient in form and substance, let the same be set for hearing on September 29, 2026 at 2:00 p.m. at Branch 124, Hall of Justice-Regional Trial Court (RTC) Annex Building, Palico IV, Aguinaldo Hi-way, Imus City, Cavite, at which date, time, and place, all persons having an interest in the petition must appear and file such comment/opposition as they may have. Let the corresponding notice of hearing be issued to the respondents.

Let this Order be published, at the expense of petitioner, once a week for three (3) consecutive weeks in a newspaper of general circulation published in the Province of Cavite, as chosen by raffle. Accordingly, let a copy of this Order be furnished to the Office of the Clerk of Court - RTC, Imus City, Cavite for the inclusion of the petition in the raffle of judicial and legal notices for publication.

The petitioner is directed to furnish a copy of the petition to the Local Civil Registry of Imus, Cavite, the Registrar General of the Philippine Statistics Authority, Office of the Solicitor General and Office of the City Prosecutor, and to submit proof of compliance on or before the hearing.

The Civil Registrar and any person having or claiming any interest under the entry whose correction is sought may, within fifteen (15) calendar days from notice of the petitioner or from the last date of publication, file a comment/opposition thereto.

The petitioner shall, at the hearing, submit proof of publication and notice of this Order.

SO ORDERED.

June 16, 2026, Imus City, Cavite.

(Sgd.) **PAUL A. FLOR**
Presiding Judge

Copy furnished:

Nenita Lumbao Torres
372 Sitio Pitong Gubat, Paliparan 3, Dasmariñas, Cavite

Atty. Dominic L. Pami - PAO, Imus City, Cavite

City Civil Registrar of Imus - Office of the City Civil Registry, Upperground Floor, New Imus Government Center, Imus Boulevard, Malagasang 1-G, Imus City, Cavite

National Statistician and Civil Registrar General, Philippine Statistic Authority - CVEA Building, East Avenue, Diliman, Quezon City

Office of the Solicitor General - 134 Amorsolo St.,



Legaspi Village, Makati City

Office of the Clerk of Court - Regional Trial Court, Imus City, Cavite

AP Bea Angelica Macabaya - OCP, Imus City, Cavite

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
BRANCH 124
IMUS CITY, CAVITE
E-mail Address: rtc1imu124@judiciary.gov.ph
Cellphone No.: 09455181336

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**LOCAL CIVIL REGISTRAR OF THE
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X- - - - - X

NOTICE OF HEARING

To:

Nenita Lumbao Torres
372 Sitio Pitong Gubat, Paliparan 3, Dasmariñas, Cavite

Atty. Dominic L. Pami - PAO, Imus City, Cavite

City Civil Registrar of Imus - Office of the City Civil Registry, Upperground Floor, New Imus Government Center, Imus Boulevard, Malagasang 1-G, Imus City, Cavite

National Statistician and Civil Registrar General, Philippine Statistic Authority - CVEA Building, East Avenue, Diliman, Quezon City

Office of the Solicitor General - 134 Amorsolo St., Legaspi Village, Makati City

AP Bea Angelica Macabaya - OCP, Imus City, Cavite

GREETINGS:

WHEREAS, is a verified Petition filed and raffled before this Court by petitioner through counsel praying that, after due notice and hearing, judgment be rendered ordering the City Civil Registrar of Imus City, Cavite, and the Philippine Statistics Authority to correct the entries in the Certificate of Live Birth of the petitioner.

WHEREAS, the instant petition is set for hearing on September 29, 2026 at 2:00 p.m.

WHEREAS, you are hereby commanded to appear before this court on the above-mentioned date and show cause why the petition should be or should not be granted.

June 16, 2026, Imus City, Cavite.

(Sgd.) **GABRIELLE KARLO P. ARTETA**
Clerk of Court V

Publication: PMC Pulso ng Makabagong Caviteño News Publication
Dates: June 29, July 6 & 13, 2026

MAGLIBANG TAYO

KAPALARAN

ARIES (Mar. 21-Apr. 19) - Iyung-iyong ang araw na ito. Anuman ang naisin mo, tiyak na aayunan ng iyong kapalaran. Masuwerteng kulay-blue. Tips sa lotto-9-17-20-24-33-42.

TAURUS (Apr. 20-May 20) - Biglang lalakas ang loob mo. Kapag naramdaman mong nangyayari na ito, gawin mo na ang mga unang hakbang para sa iyong mga pangarap. Masuwerteng kulay-black. Tips sa lotto-8-10-16-21-23-40.

GEMINI (May 21-June 20) - Nagbababala ang araw na ito na magiging sobrang bilis ng iyong pagkilos. Sa sobrang pagmamadali, halos hindi na gagana ang iyong damdamin, kaya hindi mo na rin mararamdaman ang nararamdaman ng iba. Masuwerteng kulay-violet. Tips sa lotto-5-18-26-28-34-44.

CANCER (June 21-July 22) - Muling mangyayari sa buhay mo na ang taong nagpapakita sa iyo ng kakaibang galit ay siya pala ang tunay na nagmamahal sa iyo. Masuwerteng kulay-peach. Tips sa lotto-2-14-17-24-39-43.

LEO (July 23-Aug. 22) - Pabor sa iyo ang araw na ito. Kaya ngayon na ang pagkakataon upang maiwan mo ang mga karibal mo. Masuwerteng kulay-red. Tips sa lotto-3-15-19-25-32-37.

VIRGO (Aug. 23-Sept. 22) - Mabilis iinit ang ulo mo sa mga walang kuwentang bagay. Kaya lang, para sa iyo, iniisip at inaakala mong may kuwenta ang mga ito, gayung sa totoo lang ay hindi naman dapat pagtuunan ng pansin. Masuwerteng kulay-aquamarine. Tips sa lotto-4-13-27-30-32-41.

LIBRA (Sept. 23-Oct. 22) - Sarili mo ang kalaban mo. Hindi ito madaling talunin, hindi tulad ng mga nakaaway mo. Pero sa simpleng pagbibigay mo ng saya sa iyong sarili, mawawala na ang laban na ito. Masuwerteng kulay-white. Tips sa lotto-2-10-18-29-38-45.

SCORPIO (Oct. 23-Nov. 21) - Patuloy na pinagaganda ng langit ang iyong kapalaran. Hayaan mo lang ang mga nangyayari sa iyong harapan. Sa huli, ang tunay na kaligayahan ay matitikman mo rin. Masuwerteng kulay-green. Tips sa lotto-7-11-15-26-28-35.

SAGITTARIUS (Nov. 22-Dec. 21) - Makadarama ka ng lungkot ngayon, pero panandalian lamang ito, dahil matatabunan din ito ng magagandang bagay na magmumula sa isang bagong kakilala. Masuwerteng kulay-yellow. Tips sa lotto-5-14-16-25-34-42.

CAPRICORN (Dec. 22-Jan. 19) - Wala nang basehan ang iyong kaduwagan. Naaalala mo ba na minsan ay natakot ka, pero nang kumilos ka, nawala ang iyong mga takot na parang bula? Masuwerteng kulay-purple. Tips sa lotto-1-17-20-31-39-43.

AQUARIUS (Jan. 20-Feb. 18) - Nakakatawa ang nangyayari sa iyo sa ngayon. Hindi ka mawala sa isip ng taong galit na galit sa iyo. Masuwerteng kulay-pink. Tips sa lotto-4-13-22-28-30-41.

PISCES (Feb. 19-Mar. 20) - Nakakaapekto sa trabaho ang sobrang pagmamahal. Kaya bawasan mo ang tindi ng iyong nararamdaman. Masuwerteng kulay-beige. Tips sa lotto-2-12-19-27-36-40.

SUDOKU

		1						
		7	4	6		9		
		8			9		2	
2							1	5
	9	5		3				
8							7	
			1	7		8		
	4	2						

SAGOT: SUDOKU VOL. 23 #18

8	4	3	6	1	5	9	2	7
5	2	6	7	9	3	8	1	4
9	7	1	4	8	2	5	3	6
6	9	2	8	5	1	4	7	3
3	8	4	2	7	9	6	5	1
7	1	5	3	4	6	2	8	9
1	6	7	5	2	4	3	9	8
2	3	8	9	6	7	1	4	5
4	5	9	1	3	8	7	6	2

HOW TO PLAY: Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

Did You Know?



THE LONGEST ENGLISH WORD IS 189,819 LETTERS LONG

We won't spell it out here, but the full name for the protein nicknamed titin would take three and a half hours to say out loud. While this is, by far, the longest word in English, the longest word in most standard English dictionaries has 45 letters: pneumonoultramicroscopicsilicovolcanoconiosis, a type of lung disease. You've probably heard of the longest made-up word, which has 34: supercalifragilisticexpialidocious. Just a few more interesting facts for your next cocktail party!

WORD HUNT

English and Spanish Numbers

U	T	E	N	E	I	E	U	H	N	C	R	S	T
U	R	F	O	W	E	D	E	N	S	N	N	C	E
E	E	I	C	S	E	E	O	V	N	E	E	N	U
O	S	V	H	O	R	I	O	S	E	I	E	O	O
E	E	E	O	H	E	E	N	T	E	V	N	O	E
S	I	X	T	S	E	I	S	E	E	E	E	E	F
Z	E	T	U	S	F	V	E	S	T	V	E	U	E
N	C	S	S	E	V	O	O	D	D	I	E	Z	V
T	N	F	E	I	O	R	U	N	U	N	O	O	C
T	O	E	O	H	W	T	N	R	V	S	N	I	I
I	F	E	V	U	T	A	T	E	O	I	I	V	N
T	C	N	R	E	R	U	E	T	E	I	S	D	C
X	V	O	O	R	U	C	E	R	H	E	T	R	O
E	E	L	E	V	E	N	R	E	E	I	G	H	T

TWO
FOUR
EIGHT
THREE
ONE
NINE
CUATRO
SEVEN
DOS
SIX
SIETE
SEIS
OCHO
ELEVEN
TRES
ONCE
NUEVE
DIEZ
TEN
UNO
CINCO
FIVE

OCD-X Kicks Off National Disaster Resilience Month 2026 with Regionwide DRRM Caravan

CAGAYAN DE ORO CITY — The Office of Civil Defense Regional Office X (OCD-X), in partnership with SM CDO Downtown, officially launched the observance of National Disaster Resilience Month (NDRM) 2026 on July 1 through a Disaster Risk Reduction and Management (DRRM) Caravan and Static Display, highlighting the region's commitment to building safer and more disaster-resilient communities.



The event, which served as the official regional kick-off, gathered members of the Regional Disaster Risk Reduction and Management Council (RDRRMC)-X, local government units, development partners, uniformed services, civil society organizations, schools, volunteers, media representatives, and the public in a unified effort to promote disaster preparedness and resilience.

OCD-X KICKS • 5

DOST XII and DOST-ITDI Forge Partnership for SOCCSKSARGEN's Expanded Regional Metrology Laboratory

A significant milestone toward strengthening the region's quality infrastructure has been achieved as the Department of Science and Technology (DOST) Region XII formally entered into a Memorandum of Understanding (MOU) with the DOST-Industrial Technology Development Institute (DOST-ITDI) on July 2, 2026, paving the way for the expansion of the SOCCSKSARGEN Regional Metrology Laboratory.



Sp e a r h e a d e d through the foresight and steadfast leadership of Regional Director Engr. Sammy P. Malawan, PhD, the partnership marks a bold step in realizing a larger, more advanced metrology facility that will deliver wider calibration and measurement services to industries, institutions, government agencies, and emerging enterprises across the region.

The ceremonial signing, led by DOST-ITDI Director Dr. Annabelle V. Briones together with officials from DOST XII and the DOST-ITDI National Metrology Division (NMD), reflected a shared commitment to bringing nationally recognized metrology services closer to the countryside. More than a ceremonial

agreement, the MOU embodies a common vision of empowering regional development through precision, traceability, and measurement excellence – strengthening the foundations of manufacturing, agriculture, healthcare, research, trade, and innovation in SOCCSKSARGEN.

Once established in

DOST XII • 5

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New Drop Alert: Fresh Finds and Food Spots to Check Out at SM City Rosario and SM Center Imus

You know that feeling when you're "just passing by" the mall, then suddenly you spot a store you didn't expect or a food place that makes you change your plans?



Yeah, this is that kind of update.

This month, SM Supermalls across Luzon is serving up a fresh food discovery - a Japanese curry spot that's opening its first branch in SM.

Here's what's new and worth checking out at your most-loved mall, SM Supermalls—All For You. New Food Spot to Add to Your Must-Try List

Some cravings call for something warm, hearty, and packed with flavor.

If you love your fried chicken with a bold twist, Crazy Curry is one to add to your must-try list.

Their newly opened branches at SM Center Imus and SM City Rosario, this homegrown concept and first-ever branch in SM serves the **NEW DROP ALERT • 5**



SM CITY BACOR CELEBRATES INCLUSIVITY WITH RAINBOW BRIGHT PARADE



BACOR CITY, Cavite — SM City Bacor turned into a sea of vibrant colors on Saturday as the mall hosted its annual Rainbow Bright Pride Parade. Hundreds of LGBTQIA+ community members, families, and allies filled the hallways, waving pride flags alongside lively dancers and drag queens. The festive indoor parade focused on a simple but powerful message: creating a safe, inclusive space where everyone is welcome and is feels free to be themselves.