

Ash WEDNESDAY



Fasting beyond food: Inviting Christ into digital media use

As we approach the holy season of Lent 2026, the Catholic Bishops' Conference of the Philippines (CBCP) invites all the faithful to renew their hearts through prayer, fasting, and works of mercy. In the Gospel, Jesus reminds us that fasting is not for show but an intimate offering to God, who sees what is done in secret and rewards sincerity of heart.

In our present time, fasting must also address the new realities shaping human life. One of the greatest influences today is digital media. Thus, we invite the faithful to undertake a Digital Media Fasting as a contemporary expression of conversion and renewal.

FASTING BEYOND • 4

PGC extends health outreach program to Silangeños

The Provincial Government of Cavite successfully conducted a medical mission on February 10, at Brgy. Lalaan 2, Silang, bringing accessible and much-needed healthcare services closer to the community.



The Office of the Provincial Governor, in collaboration with the Office of the Provincial Health Officer through the GEAMH team, and with the support of local health workers and barangay officials, provided residents with a wide range of free medical services. A total of 561 residents received medical consultations, with diagnostic services including FBS tests, X-ray procedures, and ECG screenings – ensuring timely health assessments and preventive care for community members.

PGC EXTENDS • 5

Building a Matatag and Maginhawa Future Through STI at Ilocos Region's RSTW 2026



The Department of Science and Technology (DOST) officially opened the 2026 Regional Science, Technology, and Innovation Week (RSTW) in the Ilocos Region on February 16 at CSI Stadia, convening national and local leaders, academic institutions, industry partners, and innovators under the theme "Siyensya, Teknolohiya, at Inobasyon: Kabalikat sa Matatag, Maginhawa, at Panatag na Kinabukasan," with the sub-theme Building Smart and Sustainable Communities.

BUILDING • 4

NEWS

DTI Laguna and CLDD Calamba Empower Calambeños through Business Planning Seminar-AR Arenal

February 13, 2026 | Calamba, Laguna – The Department of Trade and Industry (DTI) Laguna Provincial Office, through Negosyo Center Calamba City, in partnership with the Cooperatives and Livelihood Development Department (CLDD) Calamba, successfully conducted the seminar “How to Start a Business & Business Plan Preparation” at the CLDD Training Center, Mercado de Calamba, Brgy. 5, Calamba City, Laguna.



The activity gathered aspiring entrepreneurs, start-ups, and existing micro, small, and medium enterprises (MSMEs) who are determined to start, grow, and sustain their businesses. The seminar aimed to

equip participants with practical knowledge and essential tools to confidently navigate the entrepreneurial journey.

Participants gained valuable insights on identifying profitable and viable business ideas

based on market demand and available resources. Discussions covered key topics such as determining capital requirements, computing costs and pricing strategies, understanding target markets, and complying with busi-



ness registration and legal requirements. A key highlight of the seminar was the step-by-step guide in preparing a practical business plan—equipping participants with a clear roadmap for operations, financial planning, and long-term growth. The session also boosted their confidence and readiness to take the next step in their entrepreneurial journey.

Through continuous collaboration, DTI Laguna and CLDD Calamba reaffirm their commitment to delivering ac-



cessible and relevant business development services. By empowering more Calambeños with the right knowledge and skills, this initiative supports the creation of sustainable businesses and contributes to the City's economic progress.

DTI Laguna, through its Negosyo Centers, con-

tinues to provide business advisory services, capacity-building seminars, and assistance in business registration and compliance to strengthen the growth and resilience of MSMEs across the province. For more inquiries, kindly contact DTI Laguna at r04a.laguna@dti.gov.ph (AR Arenal, DTI-Laguna).



Lucky vibes are in full swing at SM City Trece Martires: Our Chinese New Year centerpiece is bringing all the festive energy, vibrant reds, dazzling details, and the perfect photo spot to welcome prosperity and good fortune. Celebrate with the fam, make your wishes, and enjoy a MAX OUT Chinese New Year experience filled with joy, abundance, and fresh beginnings. Gong Xi Fa Cai, SM Fam!

LECSON PUBLISHING and SERVICES, Inc.
Address: 1846 F.B. Harrison corner Gotamco Sts., Brgy. 18, Pasay City
Email: lecsonpublishing@gmail.com | Contact Nos. 2.8527.4252 / 0917-8498730

OUR PRODUCTS & SERVICES

OTHERS

- CAMPAIGN MATERIALS
- LARGE FORMAT
- TARPULIN
- DIGITAL PRINTING
- RISO
- SIGNAGES
- BUSINESS CARD & PVC ID
- MODULE PRINTING

PRINTING SERVICES

OFFSET

- BROCHURE
- FLYERS
- FORMS
- POSTERS
- SOUVENIR PROGRAMS
- NEWSLETTER

WEB

- BOOKS
- MAGAZINE
- NEWSPAPER

TICKETING

Editorial

Competition concerns in RE development

LAST month, the Philippine Competition Commission's (PCC) Economics Office conducted what it calls a competition impact assessment (CIA) of the Department of Energy's (DOE) Green Energy Auction Program (GEAP). While both the PCC and the DOE sought to downplay the seriousness of the several red flags the report identified, the findings are rather concerning, and should be addressed clearly before new rounds of the ongoing GEAP are held.

The GEAP began in 2022, with each round seeking bids for new renewable energy (RE) generation capacity, concentrating on specific technologies in each round, and to some extent specific geographic areas. There have been four rounds so far, and a fifth is currently under way. In general, the GEAP can be considered successful in attracting a substantial amount of RE development, although the program has been plagued by a large number of speculative or otherwise insincere bids, which the DOE has been addressing by aggressively terminating nonperforming contracts.

In fact, the trigger for the recent CIA report was most likely DOE's own request for guidance from the PCC about possible competition issues that might arise in its effort to cull these contracts, as that effort suddenly became publicly high-profile beginning in mid-December. Many of the abandoned, delayed, or otherwise noncompliant contracts were held by Solar Power Philippines Holdings Inc. (SPPHI) or its subsidiaries, the company founded in 2013 by congressional gadfly Rep. Leandro Leviste, to the extent that SPPHI effectively controlled more than 83 percent of the total capacity awarded in the first GEAP round in 2022.

From a competition point of view, there is obviously something wrong with a system that allows a single entity to capture that much of a supposedly open auction, and the CIA identified four concerns that "could have led to limited bidder participation and posed possible opportunities for collusion." These were the geographic segmentation of auctions by island group; the representative plants used



in determining Green Energy Auction Reserve (GEAR) prices; the publication of price caps; and the holding of pre-bid conferences.

The troubling thing about this assessment is that from both a practical and policy perspective, these features of the GEAP are necessary to carry on the program. GEAR prices are largely out of DOE's control, as those are determined by the Energy Regulatory Commission based purely on technical information. DOE can recommend which plants can be used as examples, i.e., provide a baseline rate per kilowatt-hour from which an appropriate auction reserve price can be calculated, but even here DOE's hands are tied to some extent. For example, the current fifth round of GEAP is focused on offshore wind; the Philippines does not as yet have anything that can be used as a benchmark.

Likewise, the geographical segmentation of GEAP rounds is also necessary. All forms of electricity generation, renewable or otherwise, have geographical limitations. After all, you cannot build a hydroelectric dam without a river, and you wouldn't build a solar farm at the bottom of a mountain valley that lies in shade for half the day. From a policy perspective, the DOE's focus on particular areas, "to address local supply needs and reduce service delivery concerns," is quite sound. Although it is indeed a form of market manipulation, it is necessary to ensure that development is fairly spread across the

country.

As to the PCC's gentle criticism of the publication of price caps and the holding of pre-bidding conferences, it is unfathomable how an auction could take place without those. Prospective bidders have every right to know what the parameters of the auction will be, and be given enough information to determine if participating is within their financial and technical capacity.

All of this raises a troubling question: Is the GEAP, which has been a good driver of RE development in the country, fundamentally anticompetitive?

The DOE obviously does not think so, and assured the PCC that it continues to evaluate and refine the GEAP to improve it in subsequent rounds. However, it is not clear where improvements could be made to the existing framework to open the program to more competition. Thus, the real question may be, is a certain level of competitive discrimination acceptable for the purpose of meeting the larger goals of increasing the amount of RE in the energy mix to 50 percent by 2040?

The large number of failed RE development contracts — more than 100 at last count — suggests that perhaps it is. But it is a question that policymakers, prospective investors, and most importantly, energy consumers, will need to reflect on and answer.

Kalyo na Makapal at Matigas

Ang kalyo ay matigas na layer ng balat na nabubuo para protektahan ang iyong balat sa pagkaka-kiskis at sa pressure.

Kadalasan ito makikita sa mga kamay at paa. Hindi naman ito nakasasama. Ngunit ang paggamot nito ay kina-kailangan lamang kung nagdudulot ito ng hindi magandang pakiramdam sa iyo.

Tips para makaramdam ng ginhawa at makaiwas sa pagkakaroon ng kalyo:

1. Mag-suot ng tamang sukat ng sapatos para hindi maipit ang mga daliri - Bumili ng sapatos na malambot ang suwelas. Piliin ang tamang sukat lamang, huwag maliit o malaki ang sapatos. Magsuot ng medyas para hindi kumiskis ang balat.

2. Mag-suot ng gloves - Kung mabigat o paulit-ulit ang gawain na ginagamitan ng kamay magsuot nito. Puwede din lagyan ng padding ang mga bagay na gagamitin tulad ng basahan pang-cover dito.

3. Ibadan ang mga kamay at paa sa maligamgam na tubig - Ang tubig na maligamgam ay nakapag-papa-lambot ng makapal at matigas na kalyo.

DOKTOR NG MASA

ni Dr. Willie Ong



4. Gumamit ng panghilod na bato - Sa tuwing matatapos maligo, kuskusin ang kalyo ng batong panghilod, o kaya naman ay telang pangkukos para unti-unti itong numipis. Hindi ito ine-rerekomendang gawin para sa may diyabetes.

5. Subukan gumamit ang corn dissolvers na mayroong salicylic acid - Ito ay plaster-pad o kaya naman ay solution. Maaari itong bilhin sa drug store.

6. Gumamit ng moisturizer - Maglagay ng moisturizing cream araw-araw sa iyong mga kamay at paa para mapanatili itong malambot.

Kung ang kalyo ay naging mas masakit o namamaga, kumonsulta sa iyong doktor.

SUBSCRIPTION RATE

1 Month	P 20.00	3 Months	P 60.00
6 Months	P 120.00	One Year	P 240.00

ADVERTISING RATE

Commercial.....P200.00/col. cm. Legal.....P160.00/col. cm.

MEMBER
Papi

Publishers Association
of the Philippines, Inc.

NOTE: All news articles and opinions expressed by the writers are entirely their own and do not reflect the opinion of the Publisher, Management of this Publication.

LEGAL NOTICES

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

-versus- **FORECLOSURE CASE NO. F-767-25**

**JOANNIE NHOR DELA CRUZ CAMPOS
AND MICHAELA CORTEZ,**
Debtors/Mortgagors.

X----- X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at BDO Corporate Center, 33rd Floor, BDO Corporate Center Ortigas, No. 12 ADB Avenue, Mandaluyong City, against the Debtors/Mortgagors, **JOANNIE NHOR DELA CRUZ CAMPOS AND MICHAELA CORTEZ**, with residence and postal addresses at (1) Purok 1, Rantin-ay, Prosperidad, Agusan del Sur (occupied by mortgagor's relatives) and (2) Block 3, Lot 91, Phase 2, Glenbrook, Brgy. Pasong Camachile, General Trias, Cavite (occupied by Mortgagors), to satisfy the mortgage indebtedness which as of November 28, 2025 amounts to **FIVE MILLION FIVE HUNDRED SIXTY FOUR THOUSAND ONE HUNDRED NINE PESOS and 9/100 (PhP5,564,109.09)**, Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **MARCH 4, 2026 at 10:00 o'clock in the morning** until 12:00 o'clock noon, at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE No. 057-
2020027153**

Lot No. 91 Block No. 3 Plan No. Pcs-04-030060
Portion of: Lots 1837-C (LRC) Psd-105017, Lots 1943-A & 1943-B (LRC) Psd-155964, Lot 1836-NEW (FRS-04-005697), Lots 1950 (FRS-04-005717) & 3421, all of San Francisco de Malabon Estate Decreed No. 4270, LRC Record No. 5964

Location: Barangay of Pasong Camachile, City of Gen. Trias, Province of Cavite, Island of Luzon

Boundaries:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	Road Lot 19, Pcs-04-030060
2-3	NE	Lot 92, Block 3, Pcs-04-030060
3-4	SE	Lot 87, Block 3, Pcs-04-030060
4-5	SE	Lot 88, Block 3, Pcs-04-030060
5-1	SW	Lot 90, Block 3, Pcs-04-030060

Area: ONE HUNDRED (100) SQUARE METERS, more or less

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said time and date, it shall be held on **MARCH 18, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, FEBRUARY 4, 2026.

(Sgd.) **JOSELITO L. ARANDA**
Sheriff IV

Copy furnished:

BDO UNIBANK, INC.
CONSUMER REMEDIAL MANAGEMENT
33rd Floor, BDO Corporate Center Ortigas
No. 12, ADB Avenue, Mandaluyong City

JOANNIE NHOR DELA CRUZ CAMPOS AND MICHAELA CORTEZ

Fasting beyond

from
page 1

Fasting Beyond Food

Fasting has traditionally meant abstaining from food as an act of repentance and spiritual focus. Yet fasting also means detaching from whatever distracts our hearts from God. Today, constant engagement with phones, social media, streaming, gaming, and online entertainment often absorbs our attention and weakens our interior life.

True fasting, as Jesus teaches, is not an external performance but an interior conversion. Digital media fasting, therefore, invites a rediscovery of silence, prayer, contemplation, and authentic relationships. It is not meant to punish the body but to free the heart.

Why Digital Media Fasting Is Necessary

Today

Technology is a blessing when used responsibly, yet excessive media use often leads to distraction, fatigue, loss of focus, weakened relationships, and diminished spiritual awareness. Constant connectivity leaves little room for silence and reflection. Many struggle to be present to God and others because screens constantly demand attention. Digital media fasting helps restore balance and reminds us that technology must serve human life—not dominate it.

The Spiritual Purpose
Digital media fasting is not simply about giving something up. It is about making room for something better. By limiting digital consumption, we create time for prayer, reading Scriptures, Eu-

charistic devotion, works of mercy, and meaningful encounters with others. Fasting redirects attention from self-centered habits to the loving service of others. It is not deprivation but transformation.

Practical Ways to Practice Digital Media Fasting

- * Avoid phone use before sleep and upon waking.
- * Limit social media and streaming time.
- * Observe device-free meals and gatherings.
- * Practice occasional 24-hour or weekend digital fasts.
- * Remove distracting apps.
- * Replace screen time with prayer, service, reading, or conversation.

Inviting Christ into Media Use

Digital media fasting is not anti-technology. Rather, it asks: How can Christ guide our use of media? The virtuous use

of technology becomes a tool for good rather than a source of distraction. Each person's practice may differ, but all are called to freedom in Christ.

Fruits of Digital Media Fasting

- * A deeper relationship with God through renewed prayer.
- * Greater mental clarity and focus.
- * Emotional peace through freedom from constant stimulation.
- * Improved rest and renewed physical energy.
- * Stronger family and community relationships.
- * Renewed appreciation of creation and real-life encounters.

Final Exhortation

The Lord calls us to fast not with gloomy faces but with joyful hearts seeking renewal. In stepping back from digital excess, we reclaim interior silence, deepen relationships, and rediscover God's presence in daily life.

Building

from
page 1

In her welcome remarks, Belen T. Fernandez, Mayor of Dagupan City, underscored the city's commitment to innovation-driven governance. She emphasized that a smart city is defined not only by digital systems or modern infrastructure, but by how knowledge and innovation generate employment, protect the environment, improve public services, and empower the youth.

Teresita A. Tabaog, DOST Ilocos Regional Director, highlighted that the early celebration of RSTW was made possible through Dagupan City's proactive partnership with DOST. A major highlight of the event was the launch of the first-ever DOST Niche Centers in the Regions (NICER) Salt Research and Development Center in Pangasinan, an initiative designed to strengthen the province's salt industry and research capacity. She stressed that col-

laboration with local governments and communities remains essential in building smart and sustainable communities.

Delivering the inspirational message on behalf of Pangasinan Governor Ramon V. Guico III, Raymundo D. Rovillos, President of Pangasinan Polytechnic College, affirmed that the province's innovation agenda is people-centered. He cited the revitalization of salt-making initiatives and announced the upcoming launch of the PPC-DOST iHub, envisioned as a premier training ground and entrepreneurial incubator for the region's emerging technology leaders.

Ana Carmela Ventura-Remigio, Presidential Assistant Secretary for Northern Luzon, emphasized that science, technology, and innovation (STI) are critical to achieving a future that is resilient, prosperous, and secure. She noted the alignment between national development

goals and DOST's four pillars, stressing that innovation must be purposeful and directed toward meaningful progress.

In his keynote address, Renato U. Solidum Jr., DOST Secretary, highlighted Pangasinan's historical connection to salt production—derived from the word "asin"—as a symbol of how science and innovation are deeply rooted in local knowledge and livelihoods. He encouraged local governments, researchers, educators, and students to continue transforming science into practical solutions and ideas into opportunities for inclusive regional growth.

The program also featured reports from current STI Ambassadors of Region I, the conferment of new STI Ambassadors from academia, government, industry, and the environmental sector, and the awarding of STI assistance to partner institutions, including Universidad de Dagupan, Pangasinan Polytechnic College, and the Dagupan City Government.

Ceremonial highlights included the distribution of STARBOOKS units, the Water Compendium and TOURLISTA platforms, the signing of a Memorandum of Understanding for the institutionalization of

MAGHANDA for KIDS, and the launch of the SOLIDO Knowledge Hub.

During the press conference, Mayor Fernandez expressed gratitude to DOST and its Ilocos Regional Office for hosting RSTW in Dagupan. She emphasized the strengthened partnership in advancing the city as a smart and sustainable community through science- and data-driven solutions tailored to local needs. She cited the establishment of science-focused schools to promote early STI education, the adoption of DOST-developed Disaster Risk Reduction and Management technologies to improve preparedness and mitigation, and the implementation of science-based waste management programs to support environmental sustainability—initiatives fully backed by Secretary Solidum and the DOST community.

Running until February 18, the 2026 RSTW features technology exhibits, forums, and partnership-building activities aimed at strengthening agriculture, industry, education, tourism, and disaster resilience. The event reaffirms that in the Ilocos Region, science and innovation remain essential partners in building a smarter and more sustainable future. **(Nelson Santos)**

(1)Purok 1, Rantin-ay, Prosperidad, Agusan del Sur
(2) Block 3, Lot 91, Phase 2, Glenbrook, Brgy. Pasong Camachile, General Trias City, Cavite

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

Publication: PMC Pulso ng Makabagong Caviteño News Publication
Dates: February 9, 16 & 23, 2026

LEGAL NOTICES

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BANK OF THE PHILIPPINE ISLANDS
(SUCCESSOR-IN-INTEREST OF
ROBINSONS BANK CORPORATION,)
Petitioner-Mortgagee-Creditor,

-versus- **FORECLOSURE CASE NO. F-701-25**

MARLON ALOGUIN BELLO,
Respondent/s-Mortgagor/s-Borrower/s-Debtor.
X----- X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Petitioner-Mortgagee-Creditor, **BANK OF THE PHILIPPINE ISLANDS (SUCCESSOR-IN-INTEREST OF ROBINSONS BANK CORPORATION)**, with business address at Bank of the Philippine Islands, 28/F, Ayala Triangle Gardens Tower 2, Paseo de Roxas cor. Makati Avenue, Bel-Air, Makati City, against the Respondent/s-Mortgagor/s-Borrower/s-Debtor/s, **MARLON ALOGUIN BELLO**, with residence and postal addresses at (1) Block 35, Lot 22 Phase 2, Marigold Street, Camella The Island Park, Paliparan II, Dasmariñas, Cavite and (2) Lot 14, Block 07 Kensington 29, Brgy. Navarro, General Trias, Cavite, to satisfy the mortgage indebtedness which as of November 7, 2025 amounts to **ONE MILLION SEVEN HUNDRED EIGHT THOUSAND FIVE HUNDRED THIRTY NINE PESOS and 34/100 (P1,708,539.34)**, Philippine Currency, inclusive of interest, penalties and other charges as of said date but exclusive of other charges incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **MARCH 4, 2026 at 10:00 o'clock in the morning** until 12:00 o'clock noon, at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE 057-2024004152

Lot No. 14 Block No. 7 Plan No. Pcs-04-030834
Portion of: Lot 104, 105 & 106, Block 3, Pcs-04-030034 & Lot 1662, SFDM Estate (FRS-04-005431) Decreed No. 4270, LRC Rec. No. 5964
Location: Barangay of Navarro, City of General Trias, Province of Cavite, Island of Luzon
Boundaries:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SW	Lot 16, Block 7, Pcs-04-030834
2-3	NW	Road Lot 18, Pcs-04-030834
3-4	NE	Lot 12, Block 7, Pcs-04-030834
4-1	SE	Lot 13, Block 7, Pcs-04-030834

Area: FORTY (40) SQUARE METERS, more or less

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said time and date, it shall be held on **MARCH 18, 2026** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, FEBRUARY 4, 2026.

(Sgd.) **ANDRES B. ESPINA**
Sheriff IV

Copy furnished:

BPI LEGAL DIVISION
Counsel for the Petition-Mortgagee
BPI BUENDIA CENTER
27th Floor, BPI Buendia Center Bldg.
372 Sen. Gil Puyat Ave., Brgy. Bel-Air, Makati City

MARLON ALOGUIN BELLO
(1) Block 35, Lot 22 Phase 2, Marigold Street, Camella The Island Park, Paliparan II, Dasmariñas City, Cavite
(2) Lot 14, Block 07 Kensington 29, Brgy. Navarro, General

REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
CITY OF IMUS, CAVITE

UNIONBANK OF THE PHILIPPINES,
Mortgagee,

-versus- EXTRA-JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER
ACT 3135 AS AMENDED BY ACT 4118

SPS. EDUARDO B. MENDOZA and
MADELINE L. MENDOZA,
Respondent-Mortgagor.
FC Case No. 19657-26
X----- X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act No. 3135 as amended by Act No. 4118 filed by **UNIONBANK OF THE PHILIPPINES**, mortgagee, with principal office at UnionBank Plaza Building Meralco Avenue corner Onyx and Sapphire Roads, Ortigas Center, Pasig City, against **SPS. EDUARDO B. MENDOZA and MADELINE L. MENDOZA**, mortgagors, with residence and postal address/es at 1834, D-M, Natividad Street, Sta. Cruz, Manila and/or Lot No. 30, Block No. 4, Camella Bucandala, Phase 3 Expansion, Barangay Bucandala, Imus City, Cavite to satisfy the mortgage indebtedness which as of January 5, 2026 amounted to **ONE MILLION ONE HUNDRED FORTY-ONE THOUSAND TWO HUNDRED FOURTEEN PESOS and 25/100 (P1,141,214.25)**, Philippine Currency, including interest and penalty charges but excluding attorney's fees, sheriff's fees, and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at public auction on **MARCH 24, 2026 at 10:00 a.m.** or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus City, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following properties with all the improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2020038604

IT IS HEREBY CERTIFIED that certain land situated in BRGY. OF BUCANDALA, MUN. OF IMUS, PROVINCE OF CAVITE, bounded and described as follows:
LOT NO: 30, BLOCK NO: 4, PLAN NO: PCS-04-029545
PORTION OF: CONS. OF LOT 5880, IMUS ESTATE & LOT 10, BLK. 7, PSD-04-231799
LOCATION: BRGY. OF BUCANDALA, MUN. OF IMUS, PROVINCE OF CAVITE
is registered in accordance with the provision of the property Registration Decree in the name of:
Owner: SPS. EDUARDO B. MENDOZA and MADELINE L. MENDOZA

Address: 1034 D-M NATIVIDAD ST. STA CRUZ MANILA
BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2-3-4, 8-1	SW, SOUTH	RD. LOT 4, PCS-04-029545
4-5	SW	RD. LOT 7, PCS-04-029545
5-6	NORTH	LOT 1, BLOCK 4, PCS-04-029545
6-7	NORTH	LOT 2, BLOCK 4, PCS-04-029545
7-8	EAST	LOT 29, BLOCK 4, PCS-04-029545

TIE POINT: MON. NO. 110, IMUS ESTATE

LINE	BEARING	DISTANCE
TO CORNER 1	S. 87 ° 21' W	552.51 M.
1-2	N. 75 ° 27' W	1.96 M.
2-3	N. 47 ° 08' W	1.96 M.
3-4	N. 18 ° 49' W	1.96 M.
4-5	N. 04 ° 39' W	7.38 M.
5-6	S. 89 ° 37' E	10.52 M.

Trias City, Cavite

WARNING: It is absolutely prohibited to remove deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

Publication: PMC Pulso ng Makabagong Caviteño News Publication
Dates: February 9, 16 & 23, 2026

6-7 S. 89 ° 37' E 0.23 M.
7-8 S. 00 ° 23' W 11.00 M.
8-1 N. 89 ° 37' W 6.11 M.
AREA: ONE HUNDRED TEN SQUARE METERS (110), MORE OR LESS

All sealed bid must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **March 31, 2026** at 10:00 a.m. without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the titles to the said properties and encumbrances thereon if any there be.

Imus City, Cavite, Philippines, January 27, 2026.

(Sgd.) **BRYAN C. CERVANTES**
Sheriff IV

APPROVED:

(Sgd.) **ARMIE A. FRANCISCO**
Clerk of Court VI

Copy Furnished:

UNIONBANK OF THE PHILIPPINES
UnionBank Plaza Building
Meralco Ave. cor. Onyx and Sapphire Roads
Ortigas Center, Pasig City

SPS. EDUARDO B. MENDOZA and MADELINE L. MENDOZA
1834, D-M, Natividad Street, Sta. Cruz, Manila and/or Lot No. 30, Block No. 4, Camella Bucandala Phase 3, Expansion Barangay Bucandala Imus City, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication
Dates: February 9, 16 & 23, 2026

PGC extends

from
page 1

The activity was graced by 5th District Board Member Aidel Paul G. Belamide and Punong Barangay Eric Sulit, together with dedicated Barangay Health Workers, whose collective efforts ensured the smooth and organized delivery of

services throughout the mission.

The provincial government remains steadfast in its commitment to implementing programs that promote healthier, stronger, and more resilient communities across Cavite. — **R. Dones**



Farmer

from
page 8

Dr. Rolando Maningas, Center Director for ATI CALABARZON, in a statement, emphasized the importance of similar learning sessions in bridging the gap between traditional farming and technological innovations to promote environmentally responsible agricultural communities.

“Through concrete examples and grounded discussions, the session underscored the importance of resilience, environmental responsibility, and sustainability, strengthening the

Center's role as a vital bridge between innovation and the field, and supporting the development of climate-smart and environmentally responsible agricultural communities.”

The farmer-scientists also renewed their oath to reiterate their commitment to applying the knowledge and innovation provided by the DA-ATI in shaping their farming and fishing communities to become more productive and resilient. **(PB-PIA CALABARZON, ATI CALABARZON)**

NEWS

LGU-Angono eyes data-driven growth through iSTART

The Municipality of Angono hosted the Innovation, Science, and Technology for Accelerating Regional Technology-based Development (iSTART) workshops of the Department of Science and Technology (DOST) - CALABARZON, held from January 13-15, 2026, at the Mayor's Conference Hall, Angono Municipal Hall.

The activity brought together Angono LGU's department heads, barangay representatives, and key local stakeholders. The iSTART workshop aims to capacitate the LGU-Angono by equipping local decision-makers and planners with practical tools in futures thinking, problem identification, and science, technology, and innovation (STI)-driven development strategies.

A central highlight of the workshop was the formal signing of the Memorandum of Agreement between the LGU-Angono and DOST-

CALABARZON on the second day, led by DOST-CALABARZON Regional Director Ms. Emelita P. Bagsit and Mayor Hon. Gerardo V. Calderon. The MOA serves as the institutional foundation for sustained collaboration, ensuring that iSTART initiatives translate into concrete policies, programs, and development actions at the local level.

Arch. Jaime R. Salazar EnP., Municipal Planning and Development Officer, emphasized the value of the initiative, "Data-driven initiatives could play a pivotal role to achieve smart & sustainable cities to es-



tablish Angono as a smart community," he

continued, "We value the strategic collaboration of DOST-CALABARZON &

LGU Angono as a crucial move to attain timely & sensible programs that

can be aligned through STI." **(By Vence Ralf D. Llorente)**

DOST, PSU

from
page 8

toward revitalizing and strengthening the Philippine salt industry.

Binmaley Municipal Mayor Hon. Pedro Herrera III, represented by Municipal Administrator Atty. Franco Francisco, expressed appreciation to DOST and highlighted that PSU serves as the showcase of the project, which is expected to open more opportunities for the municipality and the region. He also noted its potential contribution to clean and potable water solutions.

Pangasinan Governor Hon. Ramon Guico III, represented by Assistant Provincial Agriculturist Mr. Nestor P. Batalla, emphasized that salt holds a special place in the province's identity, noting that Pangasinan literally means place where salt is made. The provincial government affirmed its full support for the initiative and its role as a member of the ASIN Center Steering Committee.

DOST Undersecretary for Regional Operations Engr. Sancho A. Mabborang highlighted the importance of accelerating technology transfer to ensure scalability and enhance local livelihoods.

Philippine Coconut Authority Administrator Dr. Dexter R. Buted ex-

plained that the agency relies on locally sourced salt, including supply from Pangasinan, particularly for agricultural-grade salt needed in coconut fertilization projects. He stressed the need for stronger integration, synergy, and convergence among agencies to revive the salt industry, which also supports the coconut sector as one of the country's leading agricultural exports.

DOST Undersecretary for Research and Development Usec. Leah J. Buendia said the initiative goes beyond boosting salt production and focuses on empowering communities. She aligned the project with DOST's three-horizon strategy, which seeks to expand salt farms, meet growing demand, drive economic growth, and safeguard the environment. PSU is expected to lead in disseminating salt technologies to stakeholders.

Department of Agrarian Reform Secretary Conrado M. Estrella III, represented by Hon. Gilbert Estrella, conveyed full support for the project and recognized the renewed appreciation for the potential of the salt industry.

In his keynote message, DOST Secretary Dr. Renato U. Solidum Jr.

emphasized that revitalizing the Philippine salt industry remains a national priority. He cited the challenge that the country imports around 93 percent of its salt requirements while producing only about 7 percent locally. He stressed the need to scale up production, encourage technology adopters, and develop new technologies for salt processing, including innovations that integrate salt production with potable water solutions.

The ASIN R&D Center will serve as a modern hub for salt science and technology, supporting research and development, technology deployment, and innovation-driven solutions to strengthen local salt industries and empower salt-making communities.

The inauguration also featured the signing of a Memorandum of Understanding between DOST and PSU, further solidifying their partnership in advancing salt research and development in the Philippines.

With strong collaboration among national agencies, the provincial government, and the academe, the launch of the ASIN R&D Center positions Pangasinan at the forefront of efforts to revitalize the salt industry, promote food security, and drive sustainable economic growth. **(Nelson Santos)**

Anti-dynasty

from
page 8

nanunugulan. Pero hindi namin alam ang direksyon ng aming bayan. Hindi po ito usapin ng political dynasty, hindi ang batas na ito ang magtatanggal sa political dynasty, kundi ang taumbayan."

Beth Biohon echoed this sentiment, arguing that political dynasties are not the sole cause of corruption.

"Ang tao, alam namin kung sino ang dapat iboto. Kahit hindi nagmula sa political dynasty and pulitiko, kung gusto 'nyang gumawa ng kurapsyon ay gagawa 'yan. Kami ay may sariling pag-iisip para pumili ng mga lider."

The youth, however, maintain that a politician's skills are not automatically inherited by their children.

For students Hannah Mae Lamutan and Chester Baybay, the anti-political dynasty legislations allow competent individuals to become leaders even without the machinery of political lineages.

"Kung hanggang ngayon ay walang malinaw na pagpapakahulugan sa political dynasty na isinasaad sa Konstitusyon ay mananatiling malabo ang sistema ng bansa. Competencies are not inherited."

Meanwhile, Baybay emphasized that an anti-political dynasty bill opens electoral seats to citizens with aspirations of public service even without the backing of a popular family name.

"It's fair na bigyan natin ng chance na mamuno ang mga kandidato na mas qualified. It's unfair to leave a position to one family when we can give those who don't have a well-known last name a chance."

Lanao del Sur Rep Zia Alonto Adiong of the House Committee on Suffrage and Electoral Reforms noted that public opinion on political dynasties is frequently linked to a family's track record in driving local development.

"Discussion on political dynasties is very nuanced in every area. That's why we need to go down to the communities para maintindihan natin lalo kung paano tumatakbo ang pulitika sa bawat bayan."

"Kaya kanina, marami ang ayaw rin [sa Anti-Political Dynasty law] kasi sa kanila, ang lived reality ay maayos ang kanilang pamumuhay at pagpapakabaw ng lokal na gobyerno."

Adiong emphasized the importance of public opinion in guiding legis-

lation on political dynasties.

"Malaking basis ng kumite ang kanilang posisyon. It's not something the members of the House can decide kung dapat itong ipasa kasi ang Konstitusyon ang nagsasabi na dapat i-define ng kongreso,"

The lawmaker also recognized the uneven playing field in election campaigns, highlighting machineries such as influence and financing by political families—resources that may be inaccessible to new and independent candidates.

"Hindi lang nila binanggit 'yung kanilang position on political dynasties per se. We also talked about wider access for others to participate in the electoral process. Campaign financing is also an issue, kasi feeling nila may advantage ang politicians against those who are running na hindi kilala. This concerns campaign financing and not the anti-political dynasty laws."

Adiong added that the proposed measure should echo the voters' lived experiences.

"Laws should be a reflection of the current situation, legislation should go hand in hand with the experience of the people. It should not only be legalistic, but also practical and acceptable to the people." **(PB-PIA CALABARZON)**

MAGLIBANG TAYO

KAPALARAN

ARIES (Mar. 21-Apr. 19) - Makakaasa ka na bibigyan ka ng kaluwagan ng iyong kapalaran. Kaya puwedeng-puwede mong ipagpatuloy ang mga gusto mo. Masuwerteng kulay-peach. Tips sa lotto-6-18-20-28-39-43.

TAURUS (Apr. 20-May 20) - Magbubunga ng maganda ang bawat pagkilos mo. Kaya kumilos ka na at huwag mo munang pansinin ang mga nakaraang araw na parang hindi umuusad ang iyong buhay. Masuwerteng kulay-red. Tips sa lotto-3-14-25-28-36-40.

GEMINI (May 21-June 20) - Huwag kang mag-alala at alisin mo rin ang iyong pangamba. Ang araw na ito at ang ilang mga araw pang darating ay nakalaan para sa iyo. Masuwerteng kulay-gray. Tips sa lotto-5-11-19-24-34-41.

CANCER (June 21-July 22) - Makakabahagi ka sa mga suwerteng ihuhulog ng langit. Sa katunayan, malalaking suwerte ang mapapasaiyo ngayon. Masuwerteng kulay-white. Tips sa lotto-7-10-13-21-33-45.

LEO (July 23-Aug. 22) - Iyung-iyong ang araw na ito. Hilingin mo na sa langit kung ano ang gusto mo sa buhay. Makakaasa ka, gagawa Siya ng paraan upang maisakatuparan mo ito. Masuwerteng kulay-green. Tips sa lotto-1-15-22-36-38-43.

VIRGO (Aug. 23-Sept. 22) - Pumanig ka sa kung ano ang mabuti. Huwag kang mag-alala, dahil mauunawaan ka rin naman nila. Masuwerteng kulay-yellow. Tips sa lotto-2-17-25-32-37-41.

LIBRA (Sept. 23-Oct. 22) - Kambal na suwerte ang mapapasaiyo at ang matagal mo nang kahilingan sa langit ay makukuha mo na. Masuwerteng kulay-purple. Tips sa lotto-9-18-20-31-35-40.

SCORPIO (Oct. 23-Nov. 21) - Huwag kang magmadali. Ang nagmamadali ay kadalasang nadadapa at nasasaktan. Masuwerteng kulay-pink. Tips sa lotto-7-16-24-32-39-45.

SAGITTARIUS (Nov. 22-Dec. 21) - Tumawa ka lang nang palihim sa magsasabi sa iyo na ikaw ay ambisyoso, dahil ayon sa iyong kapalaran, kahit napakalaki ng iyong ambisyon, makakamit mo pa rin ito. Masuwerteng kulay-beige. Tips sa lotto-6-13-23-30-35-42.

CAPRICORN (Dec. 22-Jan. 19) - Huwag kang malungkot kapag nawalan ka dahil ang kondisyon bago ka dapuan ng malalaking suwerte ay bawasan ang nasa iyo. Ito ang mensahe at hiwaga na rin ng buhay para sa iyo. Masuwerteng kulay-blue. Tips sa lotto-4-18-21-27-38-44.

AQUARIUS (Jan. 20-Feb. 18) - Hindi mo makukuha ang gusto mo, pero mas maganda ang mapapasaiyo. Kaya magpasalamat ka lagi sa Itaas. Ito ang mensahe para sa iyo. Masuwerteng kulay-black. Tips sa lotto-2-10-15-25-32-43.

PISCES (Feb. 19-Mar. 20) - Dinaragdagan ng langit ang kapos at kulang. Sa ngayon, kung may kulang sa buhay mo, ipagkakaloob ito sa iyo ng langit para ikaw ay lubusang lumigaya. Masuwerteng kulay-violet. Tips sa lotto-3-8-14-28-33-41.

SUDOKU

3		6			9	7		
7		2		6	1		9	
					5		1	
	6	9		2	7	3		
			8			4		
5						8		
		1	6					
			3				4	

SAGOT: SUDOKU VOL. 22 #50

7	9	2	8	6	3	5	1	4
6	3	4	2	1	5	7	8	9
5	8	1	9	7	4	2	3	6
9	4	7	6	2	1	8	5	3
1	2	8	3	5	9	4	6	7
3	5	6	4	8	7	9	2	1
2	7	9	5	3	6	1	4	8
8	1	3	7	4	2	6	9	5
4	6	5	1	9	8	3	7	2

HOW TO PLAY: Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

Did You Know?



IT TAKES A DROP OF WATER 90 DAYS TO TRAVEL THE ENTIRE MISSISSIPPI RIVER

Flowing approximately 2,340 miles, the Mississippi River is the fourth largest in the world, behind the Yangtze, Amazon and Nile rivers (when combined with its tributary, the Missouri River). That's one long stretch of water. With speeds varying from 1.2 mph to 3 mph, one drop of water takes approximately 90 days to travel its entire length, as estimated by the National Park Service.

WORD HUNT

Justice League

A	L	A	T	O	M	S	U	P	E	R	M	A	N
D	O	C	T	O	R	L	I	G	H	T	A	C	S
H	N	B	L	A	C	K	C	A	N	A	R	Y	H
L	E	V	R	A	M	N	I	A	T	P	A	C	A
R	X	M	L	W	R	A	Q	U	A	M	A	N	Z
E	I	R	R	O	Z	A	T	A	N	N	A	L	A
M	V	O	I	R	H	A	W	K	M	A	N	E	M
R	A	T	G	R	L	K	R	Y	M	A	A	E	W
N	R	S	R	A	H	S	A	L	F	E	H	T	E
G	R	E	E	N	L	A	N	T	E	R	N	S	O
E	T	R	P	E	T	A	F	R	O	T	C	O	D
O	L	I	U	E	B	A	T	M	A	N	A	E	N
N	S	F	S	R	E	D	T	O	R	N	A	D	O
H	A	W	K	G	I	R	L	T	I	O	H	A	E

SHAZAM
DOCTOR LIGHT
GREEN ARROW
VIXEN
HAWKMAN
RED TORNADO
BLACK CANARY
HAWKGIRL
SUPERMAN
SUPERGIRL
CAPTAIN MARVEL
ZATANNA
THE FLASH
STEEL
AQUAMAN
GREEN LANTERN
BATMAN
DOCTOR FATE
FIRESTORM
ATOM

DOST, PSU launch country's first ASIN R&D Center in Binmaley

BINMALEY, Pangasinan — The country's first ASIN (Salt) Research and Development Center was formally launched on February 17, 2026 at the Pangasinan State University (PSU) Binmaley Campus, marking one of the key highlights of the 2026 Regional Science, Technology, and Innovation Week (RSTW) in the Ilocos Region.



The establishment of the ASIN Center cements PSU's recognition as a national hub for salt research and development, in partnership with the Department of Science and Technology (DOST). PSU President Dr. Elbert M. Galas underscored that the initiative is firmly grounded in a strong legal and policy framework, particularly Republic Act No. 8172 or the ASIN Law, which mandates the iodization of salt to eliminate iodine

deficiency disorders and safeguard public health. He emphasized that salt is not only a public health imperative but also an economic resource with vast potential for local industries. DOST Ilocos Regional Director Dr. Teresita A. Tabaog recalled the region's efforts to revitalize the salt industry through consultations and strategic implementation of DOST programs. Through the ONEasin Program of

DOST Ilocos, salt producers in Pangasinan were strengthened, paving the way for the province to host the first ASIN R&D Center in the Philippines. Representing the Office of the Executive Director of the DOST-Philippine Council for Industry, Energy and Emerging Technology Research and Development (DOST-PCIEERD), Engr. Niñaliza H. Escorial described the center as a strategic step

DOST, PSU • 6

Anti-dynasty bill draws mixed views in Cavite

CARMONA CITY, Cavite (PIA) -- The proposed anti-political dynasty bill drew mixed reactions from attendees in Cavite province, with the youth clearly favoring the bill while their elders voiced their support to political families belonging to a dynasty for having brought local development.



The House Committee on Suffrage and Electoral Reforms kicked off its public consultation in Carmona City on February 12 to listen to the people before crafting the final version of the bill. For John Dela Cruz, political families provide stable local development programs. In a democracy where the people elect and choose their leader, dynasties provide a clear path for local development.

"Walang political dynasty sa aming bayan, paiba-iba ang

ANTI-DYNASTY • 6

PMC

pulsocavitenyo
ng Makabagong
NEWS PUBLICATION
PINAGBUBUKLOD ANG MAMAMAYANG CAVITEÑO

VOL. 22 NO. 51

FEBRUARY 16 - 22, 2026

P 10.00

Email: pulsocavitenyo@yahoo.com

ISSN 1656-7684

Max Out Your Valentine's Day at SM City Dasmariñas

Valentine's Day is all about love, and there's no better place to max out the experience than SM City Dasmariñas. Whether you're planning a romantic date, a fun barkada gala, or a well-deserved self-love treat, SM City Dasmariñas is the perfect destination to gala to the max this Valentine's season.

VALENTINE GIFT BUNDLE
UP TO 15% OFF

Valentine Blooms

Craft the perfect bundle for your sweetheart and enjoy up to **15% OFF** on your custom love-filled set from February 1-12, 2026

SM CITY DASMARIÑAS

DESIGNS BY TINA
ECO-FRIENDLY GIFTS

DESIGNS BY TINA
ECO-FRIENDLY GIFTS

SM CITY DASMARIÑAS

JUST FOR 2
SAVE P196

JUST FOR TWO

Bestfellas

SM CITY DASMARIÑAS

GOOD FOR 2
SAVE P130

CHIKIN DOSIRAK

TWO MEALS FOR ONLY **P420**

SM CITY DASMARIÑAS

From thoughtfully curated Valentine's Day gift ideas—sweet treats, stylish fashion finds, and beauty must-haves—to dining options perfect for intimate dates or casual celebrations, shoppers can enjoy everything they need in one convenient location.

Adding to the celebration are charming Valentine-themed displays and activities that make every visit memorable and Instagram-worthy. With exciting deals, delightful dining experiences, and a wide selection of gifts, SM City Dasmariñas makes it easy to celebrate love in all its forms.

This Valentine's Day, gala to the max, max out the experience, and create unforgettable moments at SM City Dasmariñas.

Farmer-scientists push for climate-smart agri communities

TRECE MARTIRES CITY, Cavite (PIA) — The country's farmer-scientists, or those who combine traditional farming experience with modern technology, have renewed their commitment in helping shape the agriculture industry by promoting sustainable and resource-efficient practices.

The Agriculture Training Institute (ATI) in CALABARZON reminded the farmers of their role during a seminar on Circular Economy for Magsasaka Siyentista marking ATI's 39th anniversary celebration. The session underscored the importance of farmers in the country's food production chain as active partners in shaping practical and innovative agriculture solutions. It also highlighted



that combining field experience to research and technology can be applied in farming communities, reinforcing that

farmers are active partners in shaping the country's agriculture practices.

FARMER • 5