



**FORGING SYNERGIES FOR INCLUSIVE GROWTH:
CONSULTATIVE MEETING ON MSME PROGRAM
CONVERGENCE WITH THE MICRO, SMALL AND
MEDIUM ENTERPRISES DEVELOPMENT (MSMED) PLAN
2025-2028**
04 DECEMBER 2025 ADMIN FUNCTION HALL, NEW PROVINCIAL
GOVERNMENT CENTER, TRECE MARTIRES CITY, CAVITE

MULA SA BAYAN, PARA SA BAYAN

Forging synergies for inclusive growth: Cavite aligns MSME programs with MSMED Plan 2025-2028

The Office of the Provincial Cooperatives Development Officer (OPCDO), brought key stakeholders to the same room during the event "Forging Synergies for Inclusive Growth: A Consultative Meeting on MSME Program Convergence with the Micro, Small and Medium Enterprise Development (MSMED) Plan 2025-2028," held on December 4, at the New Provincial Government Center in Trece Martires City.

The day-long engagement convened 48 participants representing 32 agencies, composed of local government units (LGUs), provincial offices, national government agencies, and non-government organizations. The broad participation highlighted a shared commitment to strengthening collaboration and aligning programs toward a unified, inclusive, and future-ready MSME development agenda for the province.

FORGING • 4

PGC distributes incentives to BHWs and BNS in Tanza



The Provincial Government of Cavite extended its appreciation to its frontline health and nutrition workers through the Distribution of Incentives for Barangay Health Workers (BHWs) and Barangay Nutrition Scholars (BNS) held on December 10, at the Tanza Convention Center.

A total of 921 BNS received incentives amounting to ₱9,384,000, while 2,400 BHWs were granted ₱24,480,000, recognizing their vital role in delivering basic health and nutrition services to communities across the

MULA SA BAYAN, PARA SA BAYAN

Recto: Human security must be central to national security

Executive Secretary Ralph G. Recto has underscored that human security must be central to the Philippines' national security, saying that real security lies in safeguarding everything that allows Filipino families to live with dignity and hope.



In his speech at National Security Summit 2025, Executive Secretary Recto said national security must be defined by the everyday issues that affect the lives of Filipino families.

"It is food that is affordable. Power that stays on. A job that pays enough. Truth in our newsfeeds. Trust in our institutions," he said. "Because security is more than the absence of a shooting war. It means the presence of opportunity," he added.

In line with this, the Executive Secretary commended the National Security Council (NSC) for aligning the National Security Strategy (NSS) 2024 with the Philippine Development Plan (PDP), which addresses every

RECTO: HUMAN • 5

NEWS

Mga dokumentaryong pelikula ng Bulacan tungkol sa WWII, tampok sa 'Kasaysayan sa MET'



LUNGSOD NG MALOLOS — Bilang paggunita sa ika-80 anibersaryo ng paglaya ng Pilipinas mula sa pananakop ng mga Hapones, itinampok noong Disyembre 9 sa Ermita, Maynila ang mga dokumentaryong pelikula mula sa SINEliksik Bulacan Docu Fest sa "Kasaysayan sa MET" ng National Historical Commission of the Philippines (NHCP) at National Commission for Culture and the Arts (NCCA), isang programa na may layuning itanghal ang iba't ibang anyo ng sining sa Manila Metropolitan Theater.

Nagbigay-diin ang mga dokumentaryong pelikulang nagawa noong 2023 para sa ika-5 SINEliksik Bulacan DocuFest sa mga kuwento ng pakikibaka, sakripisyo, at kabayanihan ng mga beterano ng Ikalawang Digmaang Pandaigdig sa ilalim ng temang "Pagsubok at Pagtindig Noong Ikalawang Digmaang Pandaigdig." Sa kaniyang mensahe,

hinikayat ni May Arlene DG. Torres, nanunungkulang puno ng Provincial History, Arts, Culture and Tourism Office (PHACTO), ang mga manonood na manatiling matatag sa pagharap sa mga hamong kinakaharap ng mga Pilipino sa kasalukuyan. "Tapos na po ang Ikalawang Digmaang Pandaigdig at wala na ang mga dayuhang mananakop, ngunit may

bago tayong kinakaharap na mga hamon at pakikibaka sa ating lipunan. Sa gitna ng mga pagsubok na ito, ang panawagan ay malinaw: tumindig tayo bilang mga makabagong bayani ng ating panahon," ani Torres.

Samantala, sinabi ni NCCA Chairman Victorino Mapa Manalo na ang mga pelikulang itinanghal sa MET ay hindi lamang anyo ng sining, kundi mahalagang piraso ng

ambag sa paghubog ng kinabukasan ng bansa.

"Ang bawat pelikulang inyong napanood ay hindi lamang obra; ito ay ambag sa patuloy na paghubog ng isang bansang may malalim na pagpapahalaga sa katotohanan at kasaysayan," aniya.

Itinampok sa programa ang lahat ng 21 lahoc mula sa ikalimang edisyon ng paligsahang pampelikula sa buong lalawigan mula sa junior at senior categories, kabilang dito ang Bahawin: Lunas sa Gitna ng Giyera, Ciento Dos, Dapit Hapon: PISARA, Doyen, Impiong, Pionio:

Beteranong Sundalong Doktor, Manong (Hen. Alejo Santos: Pagtakas sa Bataan at Paglaya ng Bulacan), Alaala ni Lolo Pimong, Ang Mamatay Nang Dahil Sa 'Yo, Bulihan: Mga Kwento ng Labanan at Kabayanihan, DuHaWis (Gerilya: Dugong Bayani), Gunita ng Dapit Hapon, Henyo, Kunan, March of Death (Nicanor "Bapa" R. Songco Sr.: Minsan sa Isang Kasaysayan), Mga Bulaklak ng Nakaraan, Padoc, Panaghoy ng Isang Gerilya, Panaghoy: Mga Piping Sigaw sa Bahay na Pula, Sa Dagat at Bundok, at Sa Dulo ng Bayoneta. Bukod dito, pinuri din

ni Manalo ang Pamahalaan ng Panlalawigan ng Bulacan sa pamamagitan ng PHACTO para sa mga inisyatiba at programa nito na patuloy na nagtataguyod at nagpapalawak ng kultura at sining sa lalawigan.

"Actually, very impressed ako sa mga [nakita kong poster] ng mga pelikula. At every impressed ako lalo na ito ay isang project ng Provincial Government ng Bulacan. Talagang [sumasaludo] ako sa inyo sa gawain na ito. Napakaganda nitong project na ito," dagdag niya.

Cavite Career Caravan brings job opportunities to Bacoor during DOLE Anniversary Job Fair

The Cavite Career Caravan organized by the Office of the Provincial Public Employment Service Manager was successfully conducted at SM City Bacoor on December 11, in line with the celebration of the 92nd Anniversary of the Department of Labor and Employment (DOLE). The activity provided a valuable platform for jobseekers to explore employment opportunities and access government services in one convenient venue.



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A total of 116 jobseekers tried their luck during the job fair, where 31 participating companies offered 5,913 job vacancies covering various industries and positions. Notably, 21

applicants were hired on the spot, highlighting the effectiveness of the initiative in directly linking employers with qualified jobseekers.

In addition to the participating companies,

several national government agencies were present to extend on-site assistance and information to applicants. These included Department of Trade and Industry (DTI), Technical Education and



MULA SA BAYAN, PARA SA BAYAN

Skills Development Authority (TESDA), Bureau of Internal Revenue (BIR), the Social Security System (SSS), and the Office of the Provincial Legal Officer (OPLO), ensuring a holistic and supportive job fair experience.

Board Member Chelsea Sarno, SK Federation President also graced the event and expressed her support for initiatives that bring employment opportunities closer to the people. The Cavite Career Caravan continues to serve as a

vital program in strengthening employment generation and reinforcing the Provincial Government of Cavite's commitment to empowering its workforce through accessible and inclusive job facilitation activities. (OPIO)

Editorial

Time to revamp the party-list system

THE party-list system was born of a noble impulse: to open the doors of Congress to the marginalized and under-represented in the Philippines. This includes the laborers, farmers, women, indigenous peoples, the youth, and the senior citizens, among others. In a landmark decision by the Supreme Court in a petition filed by Laddad party-list, the system came to include the lesbian, gay, bisexual and transgender population of the country.

The 1987 Constitution enshrined proportional representation precisely to counterbalance the district politics dominated by wealthy families and entrenched interests. But more than three decades after its creation, the party-list system has drifted far from that purpose.

Today, it is often seen as a backdoor for political dynasties, a vehicle for corporate influence, and a source of legal and ethical distortion that weakens — rather than widens — democratic representation. The system should be revamped, not to scrap proportional representation but to restore the party-list's original moral and practical purpose.

That is why Senate Bill 1559, or the proposed Party-List Reform Act, filed by Sen. Bam Aquino last week, comes at an opportune time. Investigation and election watchdogs show how the system has been hijacked. Reporting by the Philippine Center for Investigative Journalism and others has found that dozens of party-list groups in recent congresses included nominees with family ties to political dynasties.

In the current 19th Congress, two-thirds of the party-list groups had at least one nominee coming from a political family. More recent coverage of the 2025 midterm elections again flagged party-list groups tied to well-known political clans and personalities. When families that already control mayoralties, governorships and congressional districts place relatives or allied nominees into party-list slots, the system simply becomes another channel of patronage, not a solution to it.

The corporate capture of party-list politics is equally corrosive. Watchdogs have warned that big business and private interests now fund or even field nominees through certain party-list groups. This undermines the promise that these seats would be reserved for sectors without other routes to power. When a party-list functions as a corporate social arm, policy debates are skewed.

Bills that should defend labor or small farmers can be outmaneuvered by interests that stand to



profit. This is not theoretical. Election reporting in 2025 flagged the domination of party-list races by dynasties and big business as a systemic problem that distorts representation and rings alarm bells regarding conflict of interest.

Legal and procedural loopholes have made reform urgent, aside from the screaming headlines of the day calling for massive reforms in politics. The substitution of nominees after ballots are printed, revolving-door nominee lists, and weak vetting by the Commission on Elections create opportunities for abuse.

The Supreme Court has had to step in to void problematic substitutions and to rule on the constitutionality of rules around party-list participation. This signals that the framework is unsettled and ripe for exploitation, which the greedy politicians and their ilk have done without shame.

Meanwhile, the Comelec's own enforcement has shown strain under litigation and political pressure. A system that is legally muddled and administratively porous invites manipulation.

How do we fix the party-list system? We must restore the definition and enforcement of "marginalized" and "sectoral" representation. Party-list groups must meet clear, measurable criteria proving their genuine roots in an underrepresented sector. They must demonstrate constituency work, mem-

bership rosters, community projects, audited financial disclosures, and a sustained record of advocacy. Simply registering as a party under a sectoral name should not be enough.

Moreover, we need to strengthen nominee eligibility rules and vetting. Nominees should be prohibited from holding positions that create a direct conflict with representing marginalized sectors — such as being an incumbent local chief executive, an executive of a major corporation, or a close relative (to a defined degree) of an elected official who holds a position in the same province.

The Constitution already envisages a prohibition on dynasties. Congress must finally pass an enabling anti-dynasty law that would apply consistently, including to party-list nominees. Without such a law, the constitutional promise remains hollow.

We must also end post-election nominee substitution and restrict party-list "seat leasing." The practice of swapping in high-profile names or allies after an election — sometimes used to placate political patrons — undermines the voters' trust. Clearer statutory limits and stricter Comelec procedures are needed.

The choice is stark: keep the party-list system as a true instrument for inclusion, or allow it to be another step on the ladder of entrenched privilege. The country deserves the first option.

Epekto ng Pagpigil ng Ihi

Alam nyo ba na ang pantog ay maaaring magipon ng hanggang 2 tasang ihi. Ngunit hindi ibig sabihin na dapat mong hintayin itong mapuno bago ka magtungo sa banyo para ito ay mailabas lahat. Ayon sa mga eksperto, mas makabubuti para sa inyo na umihi sa sandaling kayo ay makaramdam ng naiihi.

Kung ang pag-ihing pipigilin o ipagpapaliban, narito ang mga posibleng sakit na inyong makuha:

1. Makararamdam ng sakit sa puso o pelvic pain o masakit na pantog sa tuwing pipigilan ang pag-ihing minsan parang puputok na ang pantog o ito ay lalabas na.

2. Nagkakaroon ng hindi mapigilang paglabas ng ihi o incontinence kung madalas na pinipigilan ang pag-ihing dahil posibleng nagkaroon ng pinsala sa pelvic floor muscles, kasi na-overstretched o nabanat ang pantog. Kung madalas mababangat at luluwag ang masel ng pantog, hindi na kayang pigilan ang pagtulo ng ihi kaya wala kang magagawa kung hindi magsuot na lamang ng diaper o lampin.

3. Mawawalan ng kakayahan o mahirap palabasin ang ihi kung madalas na pipigilan ang pag-ihing kahit na sa pakiramdam mo ay puno na ang iyong pantog.

DOKTOR NG MASA

ni Dr. Willie Ong



Ito ay maaaring mangyari kung ang mga kalamnan ng pantog ay napinsala. Sa mga malubhang kaso, maaaring kailanganin ng gumamit ng catheter para lamang ma-alisan ng laman ang iyong pantog.

4. Maaring nakukuha ang impeksyon sa urinary tract o UTI sa kababaihan sa pagpupunas ng ihi ay simula sa puwitan papunta sa harapan, may katabaan, may diabetes, o gumagamit ng diaphragm sa pagplano ng pamilya o pagpigil sa pag-ihing. Kapag matagal naiipon ang ihi sa pantog ay maaaring dumami o mag-multiply ang bacteria.

5. Ang pagkakaroon ng kidney stone o bato sa bato o bladder stone o bato sa pantog kung ang ihi ay nagtatagal sa bato o pantog, o naglalaman ng mga mineral, o kulang sa iniinom na tubig.

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Kalibo Town

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we collectively manage the affairs of the municipality."

Prior to this, Kalibo was runner-up winner in The Manila Times 'Model Cities' competition held in

November 2025 and later garnered the Seal of Good Local Governance (SGLG) for efficient and effective management of the municipality.

Earlier, the DILG West-

ern Visayas honored its partners during the 'CapDev ACE Awards' held on December 12 after the Local Government Regional Resource Center (LGRRC) VI was toasted as the best in the entire archipelago.

Additionally, it was honored in the

SubayBAYANI Awards for infrastructure excellence, the EXCELL Awards, and the Child Friendly Local Governance Audit (LFLGA).

Both the regional hon-

ors and municipal awards underscored the robust regional and municipal performances in terms of integrity, infrastructure, and child welfare.

In sum, mayor Sucro

said that the recognitions received by Kalibo will be strong suit in the municipality's bid to become the first city of Aklan Province. **(by Jing Cawaling)**

DOST Ilocos

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dren. Her guidance reflects the Department's belief that building safer communities goes hand in hand with promoting science, technology, and innovation.

During the activity, DOST Ilocos Region participated in the Bougainvillea Planting—a simple yet powerful symbol of resilience, hope, and the shared vision for a violence-free community. The event also featured the

lighting of orange icons around the monument, serving as a reminder that awareness and collective action are essential in ending gender-based violence.

Assistant Regional Director Raquel M. Espiritu, who represented Dr. Tabaog, delivered the Department's message of support. She emphasized that the 18-Day Campaign is not just a yearly observance but a year-round, day-to-day commitment

that everyone must take part in.

She shared that DOST Ilocos Region remains dedicated to promoting safety, equality, and empowerment—values that continue to guide the Department in its community engagements and advocacy efforts.

Through consistent action, strong partnerships, and genuine compassion, DOST Ilocos Region stands firm in helping build a Region 1 where women and children are empowered.

(Aryan Joy M. Soliman)



Recto: Human

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thread of Filipino life—from farmers facing climate uncertainty, to soldiers guarding frontiers, to teachers shaping young minds against disinformation.

To secure the Filipino people's future, the Executive Secretary highlighted that the Marcos Jr. administration is strengthening food security, expanding universal healthcare, and investing in quality education and workforce development.

"For our greatest asset—our greatest defense—is the empowered, enlightened, engaged and educated Filipino people," he said.

Restoring Public Trust

Executive Secretary Recto also stressed that

weak governance and institutional challenges—including corruption, misuse of public funds, and lack of transparency—pose serious risks to national security.

"This is why we are pushing for good governance reforms—finally pursuing an anti-political dynasty bill, reforming the party list system, and giving public access to government expenditures," he said.

"For building stronger and more transparent institutions is the nation's sturdiest security defense," he added.

He also highlighted the administration's commitment to fiscal discipline and maintaining a disciplined national budget focused on quality spend-

ing to ensure that public funds are directed to programs that genuinely benefit the Filipino people.

To address multiple challenges the country is facing today, the Executive Secretary emphasized the need for strategic synergy across all sectors, including the uniformed forces, policy leaders, academics, civil society, industry, and local communities. He said that true national security requires "a government that moves as one, an economy that is strong and felt by every household, and a future defended by all." In closing, he urged all stakeholders to view the Summit as a renewed commitment—not just to protect the State, but to safeguard the hopes and dreams of every Filipino family.

Libreng Puto

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Bukod sa Katedral ng Imus, nakinabang din sa nasabing programa ang mga nagsisimbang gabi sa iba pang mga parokya sa lungsod, kabilang ang Saint Martha Parish Church sa Barangay Malagasang 2-A, St. James the Greater Parish sa Barangay Buhay Na Tubig, Immaculate Heart of Mary Parish sa Barangay Bucandala 3, at Parish of the Holy Family sa Alapan Lancaster.

Ayon sa Pamahalaang Lungsod ng Imus, ikatlong taon na ngayong isinasagawa ang pamimigay ng libreng puto bumbong at bibingka bilang bahagi ng kanilang taunang

programa tuwing Kapaskuhan. Layunin nitong mapanatili ang tradisyon ng Simbang Gabi at maipadama sa mga mamamayan ang malasakit at suporta ng lokal na pamahalaan sa mga gawaing panrelihiyon.

Sa bawat simbahan, makikitang taimtim na dumalo ang mga mananampalataya sa Misa de Gallo bilang bahagi ng kanilang panata at debosyon. Matapos ang misa, mainit na tinanggap ng mga nagsimba ang tradisyunal na kakanin na nagsilbing pampainit at dagdag-saya sa madaling-araw na

pagdiriwang.

Marami sa mga dumalo ang nagpahayag ng kanilang pasasalamat sa lokal na pamahalaan sa pagpapatuloy ng programang ito sa loob ng tatlong magkakasunod na taon. Para sa kanila, ang simpleng handog na puto bumbong at bibingka ay nagiging simbolo ng pagkakaisa, bayanihan, at diwa ng Pasko.

Sa kabuuan, ang sabayang pagdiriwang ng Misa de Gallo sa iba't ibang simbahan sa Imus ay patunay na ang Kapaskuhan sa lungsod ay hindi lamang selebrasyon, kundi isang buhay na tradisyong pinagyayaman ng pananampalataya, kultura, at malasakit sa kapwa.



PGC Distributes

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province.

The initiative underscores the province's continuing commitment to strengthening grassroots health programs and supporting the welfare of its dedicated workers.

Gracing the distribution were 7th District

Representative Ping Remulla, 7th District Board Members Aldrin Anacan and Camille Del Rosario, and Tanza Mayor Archangelo "SM" Matro, who all expressed their gratitude and commendation to the BHWs and BNS for their unwavering service, especially

in advancing public health at the barangay level.

The activity highlighted the Provincial Government's steadfast support for its health workforce, reaffirming that the dedication and sacrifices of BHWs and BNS remain a cornerstone of effective and responsive community healthcare in Cavite. **(PIO)**



DISTRIBUTION OF INCENTIVES FOR BHW AND BNS
10 DECEMBER 2025 | TANZA CONVENTION CENTER

MULA SA BAYAN, PARA SA BAYAN

NEWS

Cavite Empowers 525 Student Innovators at the 2025 Entrepreneurship Students Conference

A total of 525 student participants from 30 schools across Cavite gathered for the 2025 Cavite Entrepreneurship Students Conference themed "Empowering Future Entrepreneurs through Digitalization, Sustainability, and Innovation" held recently, at the City of Imus Sports Complex. The event aimed to empower the next generation of Caviteño entrepreneurs through discussions on digitalization, sustainability, and innovation.

Spearheaded by the Office of the Provincial Cooperative Development Officer (OPCDO), the conference opened with messages from provincial and local leaders, highlighting the important role of youth in shaping the future of business and community development.

One of the event's key highlights was the key-

note speech delivered by Hon. Paolo Benigno "Bam" Aquino IV, Senator and Chairperson of the Committee on Science and Technology. His address inspired the students to embrace creativity, social responsibility, and innovation in pursuing entrepreneurial ventures.

Throughout the day, participants engaged in learning sessions featur-



ing industry professionals, including discussions on the Start-Up Mindset by Dr. Leo Manansala,

each tasked to produce a two- to three-minute video in different genres, incorporating the videography fundamentals discussed during the workshop.

The final outputs demonstrated improved application of framing, sequencing, storytelling, and ethical documentation.

The groups presented their videos, showcasing enhanced competencies in visual sequencing, explanation, and narrative flow.

The workshop forms part of DOST Region 02's ongoing efforts to standardize documentation practices and strengthen visual storytelling for programs such as SETUP, CEST, Smart and Sustainable Communities, and other STI initiatives.

Vice Dean, College of Professional and Graduate Studies of DLSU-D, Sustainable entrepreneurship led by Mr. Julius Tibayan, Owner of Cocidado con el Corazon, and Digital transformation in Entrepreneurship: Harnessing Technology for Growth by Prof. Ronilo M. Balbieran, Vice President of Research and Institutional Development (REID) Foundation.

The event culminated with the awarding ceremony for the Search for the Most Innovative and Sustainable Products, showcasing student-led business concepts that reflected creativity, eco-consciousness, and market viability.

Swizzle Sparks of the City College of Tagaytay secured the first place; Peelicious of De La Salle University-Dasmariñas ranked second; and

Tamies Brites of Cavite State University Imus Campus completed the roster as third place.

The 2025 Cavite Entrepreneurship Students Conference successfully strengthened the province's commitment to nurturing young innovators and building a community of future-ready entrepreneurs dedicated to sustainable development. (R. Tanael)

DOST Region 02

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videography, including framing, camera angles, shot types, camera movement, and visual continuity.

Reyes emphasized that videography plays a critical role in science communication by effectively capturing processes, transformations, and sequences that static images alone cannot fully convey, particularly in documenting scientific interventions and community-based projects.

He also highlighted ethical considerations in filming activities and community beneficiaries, stressing the importance of accuracy, consent, and proper representation in science, technol-

ogy, and innovation (STI) documentation.

A storyboarding session guided participants in structuring their visual narratives prior to filming. Participants identified key messages, organized sequences, selected appropriate angles, and developed shot lists for their planned videos.

This was followed by an editing workshop where participants assembled video clips, refined pacing, and incorporated narration and graphics to enhance clarity and narrative cohesion.

As the culminating activity, participants were grouped into four teams,



YAKAP Clinic Transfer Guidelines

PhilHealth reminds all YAKAP beneficiaries that transfer requests depend on your First Patient Encounter (FPE) status.

1. If you have NOT yet availed your FPE – You may request a transfer anytime of the year. Once approved, the transfer will take effect immediately.
2. If you have already availed your FPE – You may request a transfer only during the Fourth Quarter (October to December). If approved, the transfer will take effect on January 1 of the following year.

Since it is now the Fourth Quarter, all beneficiaries, whether they have had their FPE or not, may file a transfer request.

How to Request a Transfer

1. Visit any PhilHealth Local Health Insurance Office (LHIO).
2. Undergo member verification and liveness check through the PhilHealth Check Utility (PCU).
3. If PCU verification cannot be completed (e.g., PhilSys registration is not yet finalized), you may present:
 - One valid government-issued ID or acceptable alternative documents, and
 - A duly accomplished PhilHealth Konsulta Registration Form (PKRF).

If someone must request for transfer on your behalf, they must bring:

- An authorization letter from the beneficiary, and
- The proof of identity mentioned above.

You will receive an email notification confirming your assignment to your new YAKAP Clinic. For more information, please contact the PhilHealth Action Center at (02) 8662-2588, or visit any PhilHealth Regional Office or Local Health Insurance Office near you.

(Sgd.) **EDWIN M. MERCADO, MD, MHA, MMSc**
President and Chief Executive Officer
Date signed: December 2, 2025

MAGLIBANG TAYO

KAPALARAN

ARIES (Mar. 21-Apr. 19) - Kumapit ka lang. Mabibigat na pagsubok ang nasa iyong harapan, pero ang mga ito ay hindi kasing lakas ng mga pagsubok na iyong pinagdaanan. Masuwerteng kulay-white. Tips sa lotto-3-10-23-29-35-42.

TAURUS (Apr. 20-May 20) - Inuutusan ka ng langit na ipakita ang iyong kakaibang ganda. Kapag sinikap mong pagandahin ang iyong pisikal na katangian, gayundin ang iyong panloob, kasunod nito ay sunud-sunod na suwerte na ang matatanggap mo. Masuwerteng kulay-green. Tips sa lotto-9-15-26-31-34-44.

GEMINI (May 21-June 20) - Lumaban at huwag kang umiwas sa mga hamon ng iyong kapalaran. Nakamasid sa iyo ang langit na kapag nagpakita ka ng tapang, ang pinakagusto mo sa buhay ay tiyak na ipagkakaloob sa iyo. Masuwerteng kulay-yellow. Tips sa lotto-2-19-21-30-36-43.

CANCER (June 21-July 22) - Yumuko ka kung kinakailangan. Ibig sabihin, ang pagmamalaki ay dapat mong iwasan. Masuwerteng kulay-purple. Tips sa lotto-2-11-16-22-33-42.

LEO (July 23-Aug. 22) - Ngayon mo gawin ang iyong pangungulit. Makakaasa ka na makukuha mo ang gusto mo. Masuwerteng kulay-pink. Tips sa lotto-1-14-20-23-34-41.

VIRGO (Aug. 23-Sept. 22) - Maging matatag ka ngayon. Magagawa mo ito kapag binalikan mo ang mga nakaraang panalo. Masuwerteng kulay-beige. Tips sa lotto-9-17-24-28-38-45.

LIBRA (Sept. 23-Oct. 22) - Sukatin mo muna ang kakayahan ng mga taong dikit nang dikit sa iyo. Sa ganitong paraan, makakaiwas ka sa mga hindi bagay sa iyo. Masuwerteng kulay-blue. Tips sa lotto-2-13-18-29-36-40.

SCORPIO (Oct. 23-Nov. 21) - Kumakapit ang suwerte sa taong positibo ang pananaw sa buhay. Kaya maging positibo ka. Masuwerteng kulay-black. Tips sa lotto-4-10-23-30-32-43.

SAGITTARIUS (Nov. 22-Dec. 21) - Ngayon na ang mga araw kung kailan kailangan mong sumugod, dahil ang iyong mga karibal ay nahihirapan na. Masuwerteng kulay-violet. Tips sa lotto-1-12-24-29-31-42.

CAPRICORN (Dec. 22-Jan. 19) - Dumarami ang isa at gayundin ang iba. Kaya paramihin mo rin ang hawak mo ngayon upang 'di ka mabigo. Masuwerteng kulay-peach. Tips sa lotto-8-16-21-30-36-40.

AQUARIUS (Jan. 20-Feb. 18) - Sapat na ang iyong talino at karisma upang maabot mo ang dulo ng iyong mga pangarap. Kaya lakasan mo ang loob mo. Masuwerteng kulay-red. Tips sa lotto-2-19-23-25-39-43.

PISCES (Feb. 19-Mar. 20) - Huwag kang kukurap. Ibig sabihin, ang pag-aalinlangan ay hindi dapat maghari sa iyong puso. Masuwerteng kulay-orange. Tips sa lotto-7-10-15-26-34-39.

SUDOKU

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SAGOT: SUDOKU VOL. 22 #41

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9	7	8	3	6	1	4	2	5
5	3	1	9	4	2	7	8	6
6	9	5	4	1	3	8	7	2
7	1	3	5	2	8	6	9	4
8	4	2	7	9	6	3	5	1

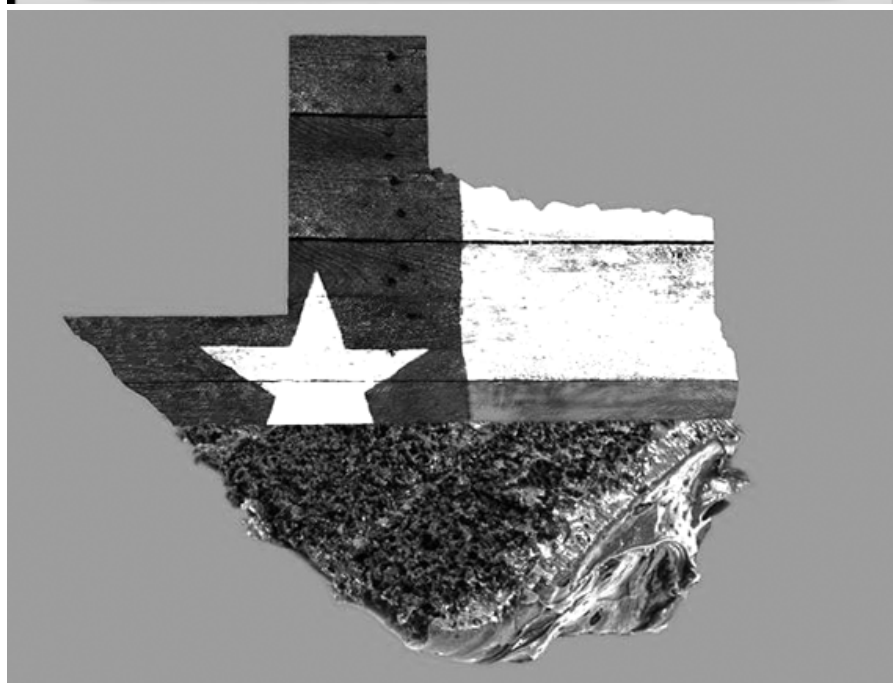
HOW TO PLAY: Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

Did You Know?



GERMAN CHOCOLATE CAKE WAS INVENTED IN TEXAS

The "German" part of German chocolate cake comes from a person's name—and that person wasn't even from Germany. Specifically, it's named after Samuel German, who, in 1852, created the formula for a sweet baking chocolate bar for Baker's Chocolate Company in Massachusetts, which subsequently (and confusingly!) named the product Baker's German's Sweet Chocolate. Fast-forward to June 13, 1957. The Dallas Morning Star published a recipe for a cake, invented and submitted by a reader identified as Mrs. George Clay, which used the chocolate. Over the years as the recipe made its way around the country, people lost the original reference for the name and thought German chocolate cake came from the country of Germany.

WORD HUNT

Garden Tools

E	W	L	H	H	R	K	T	R	O	W	E	L	O
D	A	H	O	S	P	A	S	L	N	R	S	H	A
G	T	E	S	P	R	I	N	K	L	E	R	P	L
E	E	D	E	L	S	W	P	I	L	E	A	R	W
R	R	G	R	P	S	T	R	I	M	M	E	R	O
E	I	E	E	R	E	E	L	E	V	O	H	S	R
R	N	C	E	H	N	I	N	T	H	E	S	S	R
A	G	L	L	U	W	T	H	H	E	R	A	B	A
K	C	I	R	E	R	K	F	O	R	K	E	E	B
E	A	P	R	E	W	O	L	B	F	A	E	L	L
E	N	P	L	K	B	R	U	S	H	L	E	R	E
H	O	E	U	H	P	W	S	E	V	O	L	G	E
E	O	R	W	A	S	N	I	A	H	C	S	B	H
E	G	S	C	R	E	W	O	M	N	W	A	L	W

TROWEL
PRUNER
RAKE
SHOVEL
WATERING CAN
WHEELBARROW
GLOVES
EDGER
SHEARS
HEDGE CLIPPERS
SPRINKLER
LAWN MOWER
FORK
LEAF BLOWER
CHAINSAW
BRUSH
HOSE REEL
STRIMMER

Kalibo town closes 2025 with more recognitions

The town of Kalibo, Aklan, closed the year with more honorable credits to its name, foremost of which was the recognition given during the 2025 Local Legislative Awards, held recently.



Signed by Juan Jovian E. Ingeniero, regional director of the local governments department of Region VI, the Plaque of Recognition was personally received by Kalibo mayor Juris B. Sucro during appropriate rites conducted in Iloilo City.

Sucro, in a statement, dedicated the new honor bestowed on the municipality to the people of Kalibo, saying “the shared efforts of constituents, with support from the municipal government, have always provided affirmative results,” adding “there will be more if community participation in activities is committed in the way

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DOST Ilocos Region Deepens its Advocacy for a VAW-Free Philippines Through “Orange your Icon” Event

Moving the region closer to a truly VAW-free community, the Department of Science and Technology Ilocos Region (DOST Ilocos Region) once again showed its strong and continued support for the nationwide advocacy to End Violence Against Women (VAW) as it joined the Department of Tourism Region 1 for this year’s “Orange Your Icon” activity under the 18-Day Campaign to End VAW.



Held at the Tomb of the Unknown Soldier in Barangay Madayegdeg, City of San Fernando, La Union, the gathering brought together regional agencies and community leaders united by one message ‘every woman deserves safety, respect, and a life free from violence.’

Under the leadership of Regional Director Teresita A. Tabaog, who also serves as Chairperson of the Regional Gender and Development Committee (RGADC) Region 1, DOST Ilocos Region continues to push forward programs and initiatives that empower and protect women and chil-

DOST ILOCOS • 5



LIBRENG PUTO BUMBONG AT BIBINGKA, HANDOG NG LGU NG IMUS SA MGA MAGSISIMBANG GABI

IMUS CITY, CAVITE — Mas lalong naging makabuluhan at masaya ang pagdiriwang ng Simbang Gabi para sa mga debotong Imuseño matapos maghandog ng libreng puto bumbong at bibingka ang Pamahalaang Lungsod ng



Imus sa mga nagsisimba sa Misa de Gallo sa iba’t ibang simbahan sa lungsod. Isa sa mga pangunahing lugar ng pagdiriwang ay ang Diocesan Shrine and Parish of Our Lady of the Pillar, mas kilala bilang Katedral ng Imus, na matatagpuan sa Barangay Poblacion 3-A. Ang banal na misa rito ay pinangunahan ni Bishop Reynaldo Evangelista, na nagbigay ng mensaheng nagbibigay-diin sa pananampalataya, pag-asa, at pagkakaisa ng sambayanan bilang paghahanda sa pagsilang ni Hesukristo.

LIBRENG PUTO • 5

DOST Region 02 Upskills S&T Pen Videography to Boost Scicomm

The Department of Science and Technology (DOST) Region 02 strengthened its science communication initiatives as it conducted Science That Sees: A Workshop on Videography for SciTech Storytelling.



The workshop was held from December 11-12, 2025, at NGN Hotel focused on elevating the quality and consistency of visual outputs used in field documentation, project reporting, and public information materials, emphasizing the growing role of videography in evidence-based science communication.

Participants took part in the session facilitated by videography resource speaker Sir John Lewie Reyes, an Information Officer from the Cagayan State University (CSU) who discussed the fundamental elements of

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