



OPCDO PROVINCIAL GOVERNMENT OF CAVITE  
OFFICE OF THE PROVINCIAL COOPERATIVES DEVELOPMENT OFFICER

BIZ iCREATE  
Caviteño Entrepreneur Economic Sustainability

OPCDO PROVINCIAL GOVERNMENT OF CAVITE  
OFFICE OF THE PROVINCIAL COOPERATIVES DEVELOPMENT OFFICER

2025 BIZ iCREATE

GRADUATION CEREMONY

BIZ iCREATE TRAINING PROGRAM  
GRADUATION CEREMONY  
30 JULY 2025 DE LA SALLE STATE UNIVERSITY - DASMARIÑAS

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# Aspiring Caviteño entrepreneurs engaged in the 2025 Biz iCREATE Training Program

The Provincial Government of Cavite, through the Office of the Provincial Cooperatives Development Officer (OPCDO), successfully culminated the 7th Biz iCREATE Training Program on July 30, 2025 at De La Salle State University – Dasmariñas providing 16 aspiring Caviteño entrepreneurs with valuable business insights and skills.

A diverse group of Cavite Micro, Small, and Medium Enterprises (MSMEs) participated in the 5-day training program with sessions featuring talks that covered vital topics including business planning, brand building, and marketing strategies. Additionally, coaching sessions were incorporated for exchange of insights and feedback, and lastly, the one-on-one business plan presentations of the participants. These sessions let the participants acquire necessary knowledge and ideas to channel their creativity and innovative skills for business development.

ASPIRING • 4

## Hakab'Ta 2025: Caviteño mothers unite to celebrate breastfeeding and baby health



More than 50 newly delivered mothers and their infants gathered at the OB Ward of General Emilio Aguinaldo Memorial Hospital in Trece Martires City on August 8, 2025 for Hakab'Ta 2025, a breastfeeding advocacy event spearheaded by the Philippine Pediatric Society - Southern Tagalog Chapter in partnership with the Office of the Provincial Health Officer.

HAKAB'TA 2025 • 4

## Pilipinong Inventors, nag-uwi ng 3 Gold sa prestihiyosong Silicon Valley International Invention Festival! Bandila ng Pilipinas itinanghal sa Global na entablado!

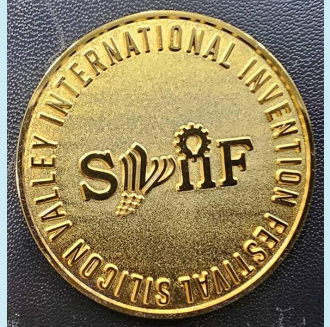


SANTA CLARA, CALIFORNIA — Isang makasaysayang tagumpay ang nakamit ng mga Pilipinong imbentor sa ika-4 na Silicon Valley International Invention Festival (SVIIF) nitong Agosto 8–10, 2025, kung saan nagtriumph ang tatlong groundbreaking na likha mula sa Pilipinas sa harap ng mahigit 50 bansa. Ang kompetisyon, pinangunahan ng International Federation of Inventors' Associations (IFIA), ay itinuturing na "Oscars ng Inobasyon" sa teknolohiya—at ngayon, ang bandila ng Pilipinas ay nangingibabaw sa entablado!

MGA GINTONG TAGUMPAY:

1. "UNSINKABLE PORTABOAT" ni Dr. Ronald Pagsanghan

Isang revolutionary na portable bangka na HINDI lumulubog kahit puno ng pasahero! Gawa sa eco-friendly materials, ang imbensyong PILIPINONG • 4





# NEWS

## ASEZ Launches "Zero Plastic 2040" Campaign in Dasmariñas City, Philippines University Student Volunteers from the Church of God Clean Up Streets to Raise Awareness of Plastic Pollution

Dasmariñas, Cavite, in the CALABARZON region, was transformed into a cleaner, plastic-free environment, thanks to the "Zero Plastic 2040" campaign launched on the 10th of August 2025 by ASEZ, a university student volunteer group from the World Mission Society Church of God (General Pastor Joo-Cheol Kim). In response to the growing global concern over plastic pollution, ASEZ is conducting a variety of initiatives—including campaigns, education, resource recycling, and local cleanups—with the goal of ending plastic pollution by 2040.



The cleanup activity began at 8:00am and continued for 2 hours. Approximately 170 people, including ASEZ members, barangay officials, sangguniang kabataan leaders, students from Kolehiyo ng Lungsod ng Dasmariñas and National College of Science and Technology, members of KDBM (Kababaihan ng Dasmariñas sa Bagong Milenyo), representatives of Dasmariñas CENRO, and the Dasmariñas City police station, joined the cleanup effort which was held along the streets of Malihan and Bautista within the vicinity of Barangay Zone IV. Councilor Fernando Laudato, Barangay Chairman Alexander Geneveo, Ms. Lady Denize Torno of Dasmariñas CENRO, and

PCPT Polly Padios opened the event with encouraging speeches to motivate the volunteers. Councilor Restituto Encabo and Councilor Glenn Wynne Malihan also graced the event with their presence.

The volunteers meticulously picked up single-use plastic straws, cups, food wrappers, and plastic bags along a 2km stretch from Malihan Street to Bautista Street. The area, densely populated with students and workers, has developed into a commercial zone in urgent need of cleanup. That day, approximately 297.83 kg of trash was collected in 75 recycled sacks, and among the collected trash, 156.23 kg are plastic wastes. The Community Environment and

Natural Resources Office (CENRO) of Dasmariñas City Hall supported the campaign by providing a garbage truck for proper waste disposal. Recyclable plastics were sorted and disposed according to the standards.

According to the 2023 UNEP report "Turning off the Tap," the next 3 to 5 years are critical for transitioning to systems that can end plastic pollution by 2040. The report warns that delaying action could result in 80 million more metric tons of plastic entering the environment. An ASEZ representative stated, "As members of the future generation, university students take the lead in this activity to help create a future free from plastic pollution. More attention and par-

ticipation are needed to build a sustainable planet." The cleanup activity also raised awareness among students and citizens about the importance of environmental protection and the need for action.

Barangay Zone IV Chairman Alexander Geneveo, expressed his gratitude, saying, "I believe that your group has a vision to engrave a positive effect for Mother Earth, and at the same time to help our youth in creating a clean environment for the future."

SPM Fernando Laudato, also acknowledged the volunteers, saying, "Sana ay patuloy ninyong gawin ang mga ganitong programa at

cause this is refreshing and I love cleaning. Thank you ASEZ for inviting me and allowing me to volunteer here."

ASEZ, whose name stands for "Save the Earth from A to Z," is an international university student volunteer group under the Church of God. With the belief that "university students can change the world," they carry out activities such as climate action, disaster relief, crime prevention, and local community service across the globe. Supported by the Church of God established in over 7,800 regions across 175 countries, ASEZ has received about 500 awards, including The UNCCD Executive

In the Philippines, ASEZ regularly carries out environmental initiatives in Calabarzon region (Santa Rosa River, Cavite State University, Malabanan watershed), Metro Manila, Davao, Central Luzon, and Northern Mindanao, including street, park, beach, riverside cleanups, and tree planting. These efforts play an essential role in environmental improvement and climate action. ASEZ also visits orphanages and special education centers to offer encouragement and emotional support to children and youth.

Their efforts have been recognized with citations, letters of appreciation,



malaki ang mga maitutulong nito sa mga siyudad at municipality sa Pilipinas. Sana ay ipagpatuloy ninyong ang inyong adhikain." (I hope that you will continue to carry out these kinds of programs and it will greatly benefit cities and municipalities in the Philippines. I hope you continue your endeavors.)

Georgette Nyssa Pacumio, an NCST student and ASEZ member, shared her thoughts: "Though the life of a university student is very busy, I am very thankful to ASEZ that I can take part in helping the society with my small efforts." Lance Daniel Diwa, also an NCST student, expressed gratitude to ASEZ, "I feel excited be-

Secretary's Award, The President's Volunteer Service Gold Award from the U.S., The Green Apple and The Green World environmental awards, and commendations from the Speaker of the Congress of Peru.

and resolutions from the Undersecretary of the Department of Environment and Natural Resources, the Mayors of Las Piñas, San Pablo, and Digos, and the Chairman of the General Santos City Council.



## Editorial

### A test of Myanmar junta's sincerity

**T**HE military government of Myanmar has announced it was ending the state of emergency that justified its takeover from civilian rule in 2021. It also scheduled new elections by the end of this year.

While these pronouncements bring a fresh wave of optimism, lingering doubts about the junta's motives cannot be glossed over. The cabal led by Gen. Min Aung Hlaing has a record of duplicity that has frustrated efforts to restore democratic rule and end the civil strife that continues to ravage the country.

Following its putsch, the junta shut down the democratic process, imposing an oppressive regime that has brutally cracked down on dissent.

Close to 3,000 civilians have been killed and 17,572 arrested as the dark clouds of civil war spread across Myanmar. The United Nations estimated that more than a million people have been displaced as military forces clashed with pro-democracy and ethnic groups.

International condemnation failed to pressure Hlaing into relaxing his iron-fisted rule. Economic sanctions clamped down by the United States and other Western countries didn't work, either.

Observers believe that the sanctions would be ineffective because China continues to prop up Myanmar, where Beijing has substantial investments.

Hlaing also continued to thumb his nose at the Association of Southeast Asian Nations (Asean), which couldn't get its members to agree on sterner measures against the region's "bad boy."

Proposals to cut off the inflow of goods and services through an Asean-imposed trade embargo, never got off the ground.

The best the bloc could come up with was to exclude Hlaing from its summit 2021, and strip Myanmar of its chairmanship of Asean in 2026.

The general merely shrugged off the snub. And in a show of disdain, the junta clapped back, saying the snub ignores "the Asean's good traditions of fostering unity in diversity and resolving differences through consultations and consensus would greatly affect the unity and centrality of the Asean."

In 2023, the junta reduced the prison sentence of democracy icon Aung San Suu Kyi by six years after pardoning her in five out of her 19 convictions. More than 7,000 prisoners were also pardoned.

Yet, only a day earlier, the military government declared that the state of emergency it imposed two and a half years ago will be extended for another six months



The show of false magnanimity says a lot about the junta's credibility, or the utter lack of it.

In the last two years, however, the situation in Myanmar has started to shift. Anti-government forces have wrested control of key areas, particularly those near the border with China. Myanmarers fleeing the fighting have been streaming across the border in increasing numbers.

China, who doesn't want to be burdened with a refugee crisis, has come down hard on Hlaing to negotiate a truce with the rebel groups.

Last March, a powerful earthquake devastated Myanmar, killing up to 3,500 people and leaving structural damage worth \$11 billion. That's 14 percent of the country's GDP.

Chinese pressure, the heavy economic blow from the earthquake and the battlefield victories by rebel groups may have forced Hlaing to rethink his political options.

One sign that Myanmar's leaders are open to change is the decision to clamp down on human traf-

ficking syndicates and online scam farms that are believed to enjoy covert government backing.

Emergency rule handed over legislative, judicial and executive powers to Hlaing as head of the State Administration Council, the junta's official designation.

That setup will be restructured. The council will be dissolved, and Hlaing steps down as president and prime minister. He becomes acting president until the elections are held six months after the emergency rule is lifted.

If the junta's change of heart is genuine, it must now allow the implementation of the long-dormant five-point Asean Consensus to end the Myanmar crisis.

The plan calls for a ceasefire, a dialogue, the designation of an Asean mediator, providing humanitarian aid, and sending a delegation to Myanmar to meet with all parties involved in the conflict.

The junta must also guarantee that the impending elections are fair and transparent by allowing international observers to monitor the process.

## Tips Para Lumakas at May Energy (Part 1)

**L**ahat tayo ay gustong magkaroon ng dagdag lakas at energy para sa ating mga gawain. Heto ang tips para makakuha ng lakas. Alamin natin ito:

1. Kumain ng almusal na may protina at carbohydrates. Ang carbohydrates ay mula sa tinapay, kanin, at gulay. Hindi ito sapat para mapalakas ka. Kailangan may protina din tulad ng gatas, tapa, bangus o scrambled eggs. Dahil dito, hindi magandang almusal ang donut, muffin, chocolate cake o ensaymada lamang.

2. Kumain ng katamtamang tanghalian. Ang almusal ay napakahalaga. Pero pagdating sa tanghalian ay huwag din sosobra ang kakainin at baka antukin ka. Kung napadami ang kain, maglakad-lakad muna.

3. Mag-ehersisyo ng bahagya. Ang paglalakad ng mabilis ay magandang ehersisyo. Pampagising ito dahil gaganda ang daloy ng dugo sa iyong utak. Ugaliing mag-ehersisyo.

4. Pa-isa-isa lang ang trabaho. Huwag gumawa ng 3 bagay na sabay-sabay. Mauubusan ka ng lakas at pasensya. Planuhin ang araw mo.

5. Pumili ng positibong kaibigan. May mga taong maganda ang personalidad at nagbibigay sa atin ng energy. Umiwas sa mga taong depressed, galit sa mundo at mga laging problemado.

6. Subukang isara ang telebisyon at buksan ang libro. May mga pagkakataon na ang telebisyon ay nagpapatamad sa atin. Kung gustong maglibang, magbasa ng libro. Mas nagbibigay ng energy ang pagbabasa ng libro dahil gumagana ang ating imahinasyon.

7. Pakinggan ang iyong katawan. Napakahalagang payo po ito. May mga cycle (circadian rhythms) ang

## DOKTOR NG MASA

ni Dr. Willie Ong



ating katawan. May oras na malakas tayo at may oras na mahina tayo. Minsan ay masayahin tayo at minsan ay malungkot naman. Normal lang iyan. Kung pagod ka ay magpahinga na. Huwag nang pilitin ang katawan.

8. Uminom ng multivitamins. Para sa taong nagdi-diyeta o hindi kumpleto ang pagkain, makatutulong ang pag-inom ng vitamins. Minsan ay kulang tayo sa prutas at gulay. Mapupunuan ng multivitamins ang kakulangan ng diyeta natin.

9. Ihinto ang paninigarilyo at pag-inom ng alak. Panandalan lang ang sarap na dinudulot ng paninigarilyo. Sa bandang huli ay talo ka pa rin dahil masisira ang iyong baga. Kapag nangyari ito, mahihirapan kang kumuha ng oxygen sa katawan. Ang alak naman ay nakababawas din ng energy. May hang-over ka pa.

10. Magsabi ng "Hindi." Ang mga Pinoy ay nahihiyang tumanggi sa kaibigan. Dahil dito, madalas tayong inaabuso. Kahit hindi na kaya ng ating oras, pondo at katawan ay papayag pa rin tayo sa pinapakiusap sa atin. Mali po ito. Mapupuno ka lang ng gawain at masisira lang ang iyong trabaho. Kapag busy ka, magsabi ng "Hindi na po kaya. Sorry po."

Sa susunod, may mga dagdag payo pa para lumakas.

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# NEWS

## DOST

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Dalawang benepisyo mayroon ito: Panlaban sa water shortage tuwing tagtuyot at flood control sa tag-ulan. Ayon kay Odsey, proyektong ito ay climate change response na inihain noong

2020 at target na gayahin sa ibang lugar.

Nag-ambag ng P1.8 milyong ang lokal na pamahalaan para sa proyektong ito. Giit ni Mayor Awingan, "Maliit man, malaki ang epekto

sa komunidad!" Kasama sa mga katuwang ang La Trinidad Water District, Benguet State University, at iba pang ahensiya. Sisiguruhin ng DOST ang patuloy na information drive para sa tamang paggamit at pag-alaga sa pasilidad. **#OneDOST4U #ProudlyFilipino #papi2025**



## 81 Magsasaka

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Ang programang ito ay bahagi ng adhikain ng DOST na **#WeavingCircularity**—kung saan ang basura ay nagiging oportunidad para sa lahat.

"Hindi lang ito train-

ing—simula ito ng pag-ahon," dagdag ni Mr. Romel Olores, pangulo ng asosasyon. "Ang mga magsasaka ang bagong bayani ng sustainable future ng Pilipinas!"

Sa likod ng proyektong

ito ay ang DOST-PTRI at PSTO-Cavite, na patuloy na naghahabi ng mga solusyon para sa Bagong Pilipinas.

Ang Caviteño pineapple fiber ay maaaring maging bagong pambansang simbolo ng inobasyon! **#TelangPinoy #OneDOST4U #papi2025**

Coffee To Go PH

5. Mr. John Romano Delos Lado – Francart Corp.

6. Ms. Delia Gambol – Dhelightful Creations Arts and Crafts

7. Ms. Jenilyn Garcia – Joshua Bakery

8. Ms. Nieves Lim – BnA Farm

9. Ms. Ma. Leni Luya – Amabella PH OPC

10. Ms. Jennifer Nuque – Deliclass Corporation

11. Ms. Rosario Peliño – Hidden Tummy Food Products

12. Ms. Merian Penetrante – Krista's Water Refilling Station

13. Ms. Ma. Mimi Posada – Six Avenues Event Catering Services

14. Ms. Rose Angeline Rodriguez – Dam-Dobs Tapsilogan

15. Mr. Bayani Trinanes – Esperanza de Soledad Pizzeria

16. Ms. Jaessa Villa – Klan & Kiel Sweet Tooth

The Biz iCREATE remains one of the active programs of OPCDO designed to provide intensive training for Cavite's Responsible Entrepreneurs Aiming Towards Economic sustainability. **(J. Reyes)**

## Aspiring

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Ms. Liza Gabatan, Head of OPCDO Entrepreneur Division, conveyed that the completion of the training program is the onset of new opportunities for the aspiring entrepreneurs, affirming that it reflects their dedication and determination to pursue their business ventures. Ms. Gabatan also reiterated the continuous effort and assistance of the OPCDO for the advancement of Cavite MSMEs. She concluded her message by congratulating everyone with hopes for brighter entrepreneurial future, stating "Let this event be the beginning of an exciting journey as you turn your dreams into thriving enterprises."

Ms. Rizalie Pinpin-Enero, former OPCDO Officer-in-Charge, expressed their heartfelt appreciation to everyone who contributed to program's success, on behalf of Governor Abeng Remulla. Additionally, she shared the importance of reflecting on and

acknowledging the failures alongside successes, encouraging the participants to have an open mindset. She hoped that the training would provide valuable knowledge and guidance for the growth and sustainability of their businesses.

In the final session of the training, participants strategically presented their innovative business plans to a distinguished panel of judges, composed of Dr. Leo Manansala and Mr. Allan Reclusado for Group 1, and Dr. Zandro Catacutan and Ms. Melody Plaza for Group 2.

During the graduation ceremony, 16 aspiring entrepreneurs were recognized for completing of the training program:

1. Ms. Karen Alejandro – 818 Oceans Harvest

2. Mr. Luisito Ardina – Kaytalang Herb Farm

3. Mr. Christ Mark Bergonio – Kabeete Colofia Honey Products Mfg.

4. Ms. Aurora Casim –

## Hakab'Ta 2025

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Hakab 'Ta is part of the National Breastfeeding Awareness Month activities and follows a long-running tradition of simultaneous breastfeeding events and community promotions that encourage exclusive breastfeeding, strengthen mother-baby bonding, and raise public awareness about the health and nutritional benefits of breastmilk. These gatherings aim to create visible community support for

breastfeeding and to remind the public that breastfeeding is the best start for infants.

The activity featured a lecture on breastfeeding by Dr. Jindra Tetangco of the Philippine Pediatric Society - Southern Tagalog Chapter. She delivered an informative and encouraging lecture covering breastfeeding techniques, proper latch, common concerns (sore nipples, low milk supply), and how family members can support a

breastfeeding mother. Participating mothers took part in demonstrations and had the opportunity for one-on-one consultations with health staff. The event emphasized both the science and the everyday realities of breastfeeding, helping mothers gain confidence and practical skills.

To close the program, Dr. Laura Maria Soledad A. Aguinaldo, GEAMH Breastfeeding Coordinator, delivered an inspiring message, commending the mothers for their commitment to giving their children the best start in life and encouraging them to continue breastfeeding with the support of their families and community. She also encouraged attendees to continue accessing local maternal and child health services and to join peer-support activities to sustain breastfeeding beyond the hospital stay. **(JDP)**



## Pilipinong

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ito ay solusyon sa pagbaha at sakuna, partikular para sa mga komunidad sa coastal areas. "Ito po ay para sa mga kababayan nating laging nakikipagbuno sa

nakalaya mula sa chronic kidney disease at maging sa pagdialysis.

3. "SULTANA DIGITAL RICE VENDO MACHINE" ni Jefferson Ong

Isang automated ma-

## PAGDALAW NG KONSULADO: LAKAS NGPUSONGPILIPINO

Dinalaw ni Philippine Consul Rowena Daquipin ang team Pilipinas para palakasin ang loob ng mga imbentor. "Kayó ang patunay na ang talino at puso ng Pilipino ay world-class. Ipagmamalaki namin kayó sa buong mundo," giit ni Consul Daquipin sa kanyang talumpati.

### BAKIT MAHALAGA ITO?

Ang SVIIF ay isa sa pinakamalaking invention festivals sa buong mundo, kung saan 80% ng mga nagwagi ay nagiging commercial success. Ang tagumpay ng Pilipinas ay hindi lamang tungkol sa mga medalya—kundi patunay na ang "Filipinnovation" ay kayang makipagsabayan sa global market.

"Ang ginto ay simula pa lamang. Ang tunay na laban ay ang maibenta ang mga ito sa masa para sa ikauunlad ng bayan," ayon kay Dr. Pagsanghan. Sa ngayon, abala na ang mga imbentor sa paghahanap ng partners para mass produce ang kanilang mga inbensyon. **PAGBATI SA INYONG TAGUMPAY!!! #ProudlyFilipino #Filipinnovation #GoldForPH #papi2025**



baha," dagdag ni Dr. Pagsanghan.

2. "SAMBACUR PLUS" nina Richard Nixon Gomez at Rigel Gomez

Ang SAMBACUR PLUS ay kilalang nagpapalakas ng kidneys. Sa tulong nito, libo- libo na ang

chine na nagdi-distribute ng bigas nang contactless at may AI-powered na sistema para matrack ang food supply chain. Layon nitong wakasan ang artificial shortage at pabagu-bagong presyo ng bigas!

# DOST-CAR hosts back-to-back events in Baguio City to champion resilience and innovation in Luzon



**Baguio City - The Department of Science and Technology – Cordillera Administrative Region (DOST-CAR) have successfully hosted two major science-led events, the HANDA Pilipinas Luzon Leg 2025 and the 2025 Regional Science, Technology, and Innovation Week (RSTW) from August 7 to 9 at the Newtown Plaza Hotel, Baguio City.**

The twin events gathered leaders from the national government agencies and local government units, researchers, innovators, educators, and disaster risk reduction practitioners during the three-day celebration which highlighted how science, technology, and innovation (STI) can empower and transform communities.

With the theme “Bida ang HANDA: STI for a Smart and Resilient Luzon,” the HANDA Pilipinas Luzon Leg 2025 underscored the growing importance of proactive and science-based approaches to disaster preparedness.

As the host region, DOST-CAR spearheaded the convergence of key stakeholders to demonstrate how STI can equip communities not only to respond but to anticipate, mitigate, adapt to, and even thrive amid challenges posed by climate change and natural disasters.

Baguio City Vice Mayor

Faustino Olowan, speaking on behalf of Mayor Benjamin Magalong, formally welcomed the participants and extended the city's gratitude to DOST-CAR for choosing Baguio as the host city. He emphasized the event's relevance to local resilience efforts and expressed his support with the words, “Mabuhay ang siyensya at inobasyon para sa Bagong Pilipinas.”

DOST-CAR Regional Director Dr. Nancy A. Bantog focused on the role of collaboration in achieving shared resilience goals, noting that the event brings together national agencies, scientists, innovators, disaster risk reduction experts, local planners, and the academe. In her message, she framed the event as a platform for exchanging tools, ideas, and solutions that strengthen regional and local capacities for disaster preparedness and smart development.

Keynote speaker and DOST Secretary Dr.

Renato U. Solidum Jr. echoed the event's central message as he emphasized the vital role of STI in equipping communities with the capacity to prevent, reduce, and respond to disaster risks. He highlighted DOST-led programs such as GeoRiskPH, Project SARAI, DANAS Project, MOCCOV, GRIND, and Innovation Hubs as vital components of the country's broader resilience agenda.

“Let us take action. Let us be prepared. Let us be HANDA,” he said, rallying participants to champion science as a tool for survival and progress.

Presidential Assistant for Northern Luzon Assistant Secretary Ana Carmela V. Remigio also graced the occasion and expressed her support for DOST's continuing initiatives. She recognized that these efforts align with President Ferdinand R. Marcos Jr.'s administration and with the strategic priorities outlined in the Philippine Development



ment Plan.

In the afternoon of the same day, the 2025 Regional Science, Technology, and Innovation Week (RSTW) in CAR was formally launched, also under the leadership of DOST-CAR. The regional celebration carried the theme “Building Smart and Sustainable Communities” and focused on the application of STI in improving local livelihoods, education, public services, and environmental management.

Dr. Bantog once again emphasized the importance of making science accessible, responsive, and empowering for all Filipinos, particularly those in geographically isolated and disadvantaged areas.

Among the highlights of the RSTW opening was the launch of DOST-

CAR's official mascot, “CURIOSTI,” which symbolizes curiosity and the enthusiasm to explore science among learners and the general public. The mascot is expected to be a visual icon of DOST-CAR's continuing commitment to promote science culture in the region.

Secretary Solidum returned to spotlight DOST's four core pillars: human well-being, wealth creation, wealth protection, and sustainability, and reaffirmed the agency's role in building stronger, innovation-driven local economies.

As part of DOST's support for the Cordilleras, a ceremonial turnover of mountain engineering technologies was also conducted. These included slope stability

analysis and engineering interventions for rice terraces and roads in terrain areas, as well as an artificial groundwater recharge facility designed to help mitigate droughts and flooding in vulnerable upland communities.

Throughout the three-day celebration, participants are expected to engage in various forums, technical sessions, and exhibits showcasing ready-for-adoption technologies from DOST agencies, partner SUCs, LGUs, and private sector collaborators. From tools for disaster risk reduction to smart solutions for agriculture, health, and infrastructure, the events aim to bridge the gap between science and the communities that need it most. **(Nelson Santos)**

## Sports Life

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- \* Christian Jhovic Mateo Durante, 14 – General Trias, Cavite
- \* Derron Alfonso Dimaunahan Pacilan, 15 – San Pascual, Batangas
- \* Clint Steven Gerero Ravina, 15 – Dasmariñas, Cavite
- \* Zeth Adrian Aro Lanting, 14 – Sto. Tomas, Batangas
- \* Allain Micquel Escobar Dinglasan, 15 – Gen. Aguinaldo, Cavite
- \* Vien Alfred Argonza Alotencio, 15 – Cabuyao City, Laguna
- \* Andrei Lawrence Manabat Casajeros, 15 – Sta.

Rosa, Laguna

\* Danilo Seastres Gagawanan, 15 – Cabuyao City, Laguna

\* Shawn Israel Lualhati Palomo, 13 – Cabuyao City, Laguna

From Imus to Cabuyao, from San Pascual to Batangas City, these young athletes are carrying their hometown pride into the next stage. For them, this isn't just a tournament—it's a proving ground.

South Luzon fans can expect grit, teamwork, and relentless hustle as these players face their toughest tests yet. And if the passion they've shown so far is any indication, Japan will soon see what Cavite, Batangas, and Laguna basketball is all about.

Guiding these young athletes every step of the way are your Pocari Sweat Youth Development Coaches: Francis A. Buenaventura of Cavite, Alex

Angeles of Laguna, and JC Nuyles of Batangas—committed to helping these players sweat it out, show up, and live their dream.

Join me. Support the Movement

As the founder of Scholastic Sports Camp, I invite you to be of my work. Be part of this growing community of passionate, doers and believers. Help me continue building this movement. Like. Share. Subscribe. Support. Let's shape the future of youth sports—together.

Like and follow my Facebook Page: FB@CoachFrancisPH/  
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Sports Life – A WordPress Blog by Coach FrancisPH [https://buenaventurafa.wordpress.com/] ]

# NEWS

## PM CJ on ADB Energy Policy Review 2025: A true energy transition requires fossil fuel phaseout; facilitates genuine consultation processes; stops false solutions

**Quezon City, Philippines —** Still reeling from the series of monsoon-intensified storms and typhoons that marched across the country, the Philippines appears to experience yet another blow to its climate future. The Asian Development Bank's (ADB) 2025 Energy Policy Review features a rushed timeline, a lack of transparency in the review process, and the focus on regressive climate policy in energy investment that will cause rippling damage to the already climate-crisis-burdened communities in the country.

"The urgency of our repeated calls for the ADB to do better is not being heard," Elle Bartolome, Senior Executive Officer for Policy and Communications of the Philippine Movement for Climate Justice (PM CJ), said.

She notes that the Energy Policy Review this year appears rushed, with only a short amount of time for CSOs to talk with the bank on its policies, especially after its actions, or lack thereof, have been prolonging the unwanted existence of the coal industry in the country. The ADB also appears to be supporting other forms of fossil fuel power generation, all of this while claiming to be a champion for the climate and sustainability.

"Besides its continued support of coal under the guise of 'early' retirement, the ADB has expanded its Energy Transition Mechanism (ETM) to include fossil fuels like oil and gas, the latter of which is being wrongfully framed as a transition

fuel," Bartolome said.

The communities surrounding coal plants in Misamis Oriental, Lanao Del Norte, Sarangani, Calaca in Batangas, Quezon Province, Bataan, Zambales, and Cebu have suffered as a result of the ADB's funding of numerous coal projects and expansions in the Philippines. According to its ETM, which lacks accountability-seeking from coal polluters, there are serious gaps and misdirections in its policies, despite its claims to support a clean energy transition and expedite the phaseout of coal. PM CJ explained that this benefits them while causing populations that are the subject of their programs to endure protracted agony.

PM CJ National Coordinator Ian Rivera said that fossil fuels, whether coal, gas, or oil, are among the most significant contributors to global warming and the climate crisis. He explained, "Oil accounts for a third of the world's total carbon

emissions, and natural gas accounts for 20 percent of the total emissions. In total, fossil fuels drive nearly 90 percent of carbon dioxide emissions in the world. To fund the creation or even expansion of these energy sources is to fund the death of entire families, communities, animal species, and the planet itself."

Rivera stressed that International Financial Institutions (IFIs) like the ADB are funding the destruction of the climate and the planet each time they back yet another coal plant expansion, approve a fossil fuel plant, and delay the true energy transition to clean sources of energy.

Aside from greenwashing and its continued support for fossil fuels, ADB's decarbonization plans also include a seeming removal of the prohibition on nuclear energy investments, the extractive mining of critical minerals, and support for false energy solutions like am-

monia, hydrogen, biofuels co-firing, and carbon capture technology.

"This is a distraction from the ADB's wanton push for planet-killing energy sources. These false solutions require a significant investment of time and resources, which only seems beneficial to them because it prolongs the worldwide dependence on fossil fuels and the large profits that come along with it. They willingly choose this path despite knowing that these solutions ultimately leave the world worse off," Bartolome stressed.

"They would sooner waste resources on technologies that ultimately don't contribute to alleviating the rising global temperatures than to actually support proven and working solutions that do not endanger people's lives and plunge them into poverty. We could have a people-centered energy system that does not rely on dirty sources and is much cheaper than

these fuels that pose existential threats," Rivera ended.

**ClimateCrisis #ADB #EnergyPolicyReview #EndFossilFuels #StopFundingThe**



**Bebang's Famous Halo-Halo is Coming to Cavite!** The much-loved and best-selling Halo-Halo from Metro Manila is finally arriving in Cavite! Don't miss the grand opening of Bebang Halo-Halo at SM City Tanza on August 16 — with fun activities, games, and surprises in store for our KaBabangyans. See you there!



**SM City Dasmariñas Celebrates National Disability Rights Week 2025:** SM City Dasmariñas proudly celebrated National Disability Rights Week 2025 on August 8 at the Main Event Center — a day filled with inspiration, empowerment, and a strong sense of community. The event brought together advocates, partners, and participants in support of inclusivity and equal opportunities for all.



**Push Bike Clinic Rolls On at SM City Tanza:** SM City Tanza kicked off an exciting and heartwarming ride during the Push Bike Clinic held on August 1 in partnership with Tangway Brave Riders. The event brought together young champions, returning riders, and new participants for a fun-filled day of learning, confidence-building, and biking adventures.



# MAGLIBANG TAYO

## KAPALARAN

**ARIES (Mar. 21-Apr. 19)** - Maghanda ka! Iba ang nakahanda kesa sa nasosorpresa. Siguraduhin mong ika'y positibo, dahil ang araw na ito ay para sa mga bagong oportunidad. Masuwerteng kulay-lilac. Tips sa lotto-9-18-20-23-37-42.

**TAURUS (Apr. 20-May 20)** - Huwag mong kaligtaan ang mga aral sa buhay na iyong natututunan. Magagamit mo ang mga ito habang nagdarating ang iyong magagandang kapalaran. Masuwerteng kulay-beige. Tips sa lotto-1-17-24-30-33-45.

**GEMINI (May 21-June 20)** - Magsasawa ka sa masasayang pangyayari na guguhit sa kapalaran mo ngayong taon. Ingatan mo ito, dahil kapag nagsawa ka, posible kang mapunta sa mga maling tao. Masuwerteng kulay-blue. Tips sa lotto-5-12-28-31-34-41.

**CANCER (June 21-July 22)** - Huwag kang magtaka sa mga bagong pakikipagsapalaran na lalagay sa iyong harapan. 'Wag mong kalimutan na rito sa mundo, mas maganda ang nakikipagsapalaran. Masuwerteng kulay-black. Tips sa lotto-3-11-15-27-34-40.

**LEO (July 23-Aug. 22)** - Magmatiyag ka! Ngayong malapit na ang ber months, mas papalarin ka, pero kung hindi ka mag-iingat, maraming tao ang mananamantala sa iyo. Masuwerteng kulay-violet. Tips sa lotto-1-18-19-25-37-45.

**VIRGO (Aug. 23-Sept. 22)** - Ang isang pagkakamali ay may malaking epekto sa buhay ng isang tao. Hindi ito mangyayari sa iyo, kung hindi ka makikinig sa mga payo na mula sa maling tao. Masuwerteng kulay-peach. Tips sa lotto-2-16-22-28-35-41.

**LIBRA (Sept. 23-Oct. 22)** - Magbalik-tanaw ka sa nakaraan upang makita mo na marami ka ring naging kabiguan, pero sa kabuuan ay mas magiging masaya at maganda ang hinaharap mo. Masuwerteng kulay-red. Tips sa lotto-1-15-24-31-38-41.

**SCORPIO (Oct. 23-Nov. 21)** - Maamo at mabait ang tupa. Pero masamang magalit ang mabait at maamo. Ikaw ay tupa, hindi ka puwedeng magalit nang husto dahil tiyak na maraming buhay ang masisira. Masuwerteng kulay-burgundy. Tips sa lotto-14-18-21-23-39-42.

**SAGITTARIUS (Nov. 22-Dec. 21)** - Maraming bituin ang mahuhulog mula sa itaas. Sila ang mga taong nalasing sa kasikatan. Ito ay iyong masasaksihan sa panahon ng eleksyon at sa panahon ng tag-araw. Kumuha ka ng aral sa kanilang naging karanasan. Masuwerteng kulay-white. Tips sa lotto-12-20-24-28-30-43.

**CAPRICORN (Dec. 22-Jan. 19)** - Magdaratingan sa buhay mo ang marami at malalaking pagsubok sa taong ito. Pero nakatala sa Aklat ng Kapalaran mo na hindi ka matitinag at mas lalo ka pang titibay at bubuwenasin. Masuwerteng kulay-green. Tips sa lotto-6-13-23-37-40-44.

**AQUARIUS (Jan. 20-Feb. 18)** - Nakikita ng mata ang panlabas na anyo, ang puso nama'y nadarama ang nakatagong ganda. Ang payo para sa iyo ay 'wag ka basta-bastang maniniwala sa iyong mga nakikita. Masuwerteng kulay-yellow. Tips sa lotto-4-19-22-27-35-41.

**PISCES (Feb. 19-Mar. 20)** - Hindi tama na maging bahagi ka ng buhay ng isang tao na may nakaraan at pangit na kaganapan. Maaawa ka, pero umiwas ka, dahil nakakahawa ang kamalasan niyang dala-dala. Masuwerteng kulay-purple. Tips sa lotto-7-14-17-24-37-45.

## SUDOKU

		9		6				1
	5							3
		4	1			5		
							1	4
2								
					7			2
		5	3		2	9		
		6	4				5	
3								

SAGOT: SUDOKU VOL. 22 #23

6	8	2	7	9	3	5	1	4
3	9	7	4	1	5	2	6	8
5	1	4	6	8	2	7	3	9
7	6	3	5	2	4	8	9	1
8	4	5	9	7	1	6	2	3
9	2	1	3	6	8	4	7	5
4	7	6	8	3	9	1	5	2
1	5	9	2	4	6	3	8	7
2	3	8	1	5	7	9	4	6

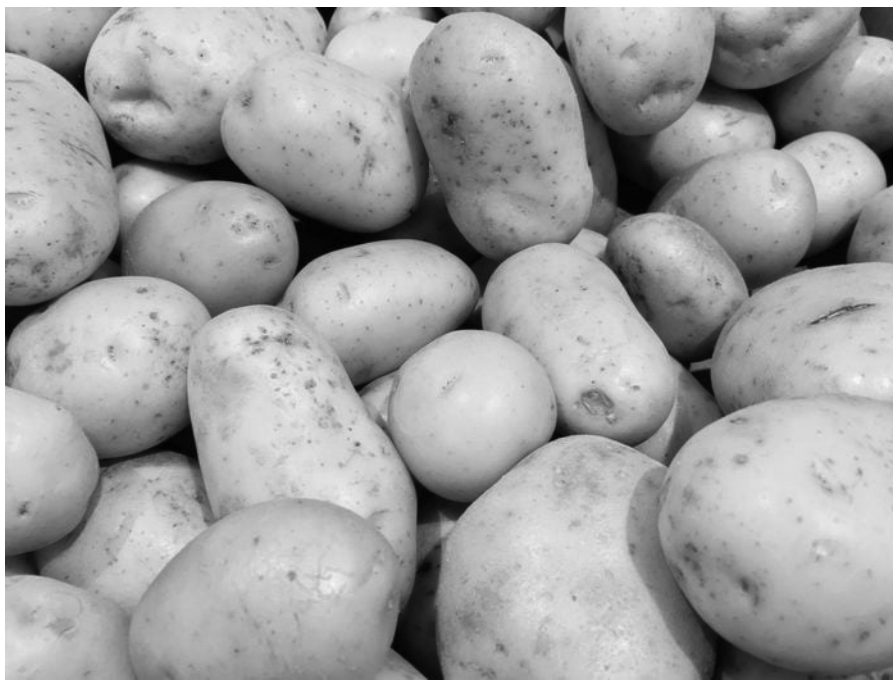
**HOW TO PLAY:** Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

## Did You Know?



## DID YOU KNOW CARBS MAKE YOU SLEEPY?

Ever wonder why everyone in your family passes out after a huge meal? Most comfort foods include carbohydrates, and carbs contain an amino acid called tryptophan that can cause sleepiness. These 12 fast food "facts" are actually false.

## WORD HUNT

William Shakespeare

R	E	N	G	L	I	S	H	S	R	O	M	E	O
O	T	E	O	P	L	N	W	I	L	L	I	A	M
B	A	L	O	N	D	O	N	P	M	V	L	A	V
E	R	A	E	P	S	E	K	A	H	S	B	E	N
N	R	N	T	S	I	T	A	M	A	R	D	O	N
R	I	T	R	M	A	C	B	E	T	H	V	M	T
S	A	E	O	O	T	E	L	P	T	A	R	H	E
S	U	N	M	L	H	D	T	E	R	E	E	T	K
R	J	N	A	L	E	S	E	E	C	A	D	E	W
O	U	O	N	E	B	E	V	O	T	S	O	B	E
T	L	S	C	H	A	I	L	R	O	Y	O	O	E
C	I	S	E	T	R	R	E	B	R	A	L	L	O
A	E	M	S	O	D	C	E	E	I	L	G	G	N
S	T	R	A	T	F	O	R	D	T	P	N	S	H

ACTORS  
RIVER AVON  
OTHELLO  
STRATFORD  
LONDON  
SHAKESPEARE  
THE BARD  
SONNET  
THEATRE  
PLAYS  
ENGLISH  
WILLIAM  
POET  
ROMEO  
GLOBE  
DRAMATIST  
ROMANCES  
MACBETH  
JULIET



**LA TRINIDAD BENGUET-** Tinanggap ni Mayor Roderick Awingan ang Artificial Groundwater Recharge Facility (AGRF) mula sa Department of Science and Technology (DOST), sa pangunguna ni Sec. Renato Solidum Jr. at ERDB-WWRDCE Center Head Minda Odsey, sa seremonya sa Strawberry Farm, Barangay Betaq.

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1. Sa BAPTC, sasala at kokolektahin ang tubig-ulan mula sa bubong;
2. Ilalagak ito sa tangke at dadaan sa filtration system;
3. Itutulak sa subsurface aquifers (mga natural na imbakan ng tubig sa ilalim ng lupa) gamit ang deep wells.

**SILANG, CAVITE - Isang makasaysayang hakbang ang ginawa ng mga magsasaka ng Cavite! Sa pangunguna ng DOST-PTRI, 81 miyembro ng Silang Pineapple Growers Association ang naging bihasa sa pagbabagong-anyo ng mga tirang dahon ng pinya tungo sa dekalidad na tela—isang rebolusyonaryong teknolohiya na magpapalago ng kita at magpasikat sa Pilipinas sa global sustainable fashion!**



handaan, at gamit-pambahay!  
Binigyang-diin ni Cong. Lani Mercado Revilla ang potensyal na weaving center sa Silang, habang inihayag ni Ms. Rhona

Vera Cruz ng PhilExport  
Cavite: "Magiging  
proudly Caviteño ang  
produktong ito sa  
pandaigdigang  
merkado!"

By Coach Francis A.  
Buenaventura



**Basketball dreams are burning brighter than ever for twelve standout young athletes from Cavite, Batangas, and Laguna, who earned their spots in the Pocari Sweat Live Your Dreams Season 2 – Basketball Edition South Luzon Finals.**



These finalists rose above fierce competition, showcasing skill, heart, and the discipline that marks true champions. And their journey is far from over—on November 22, 2025, they will step onto the court for the National Selection in the NCR, facing equally determined finalists from Pampanga and Bulacan. From that battle, the Best 8 Players will be chosen to represent the Philippines in Japan by April 2026.

## Meet the South Luzon Finalists:

- \* Zyre Joward Villar, 15 – Imus, Cavite  
\* Jairus Adrian De Los Santos Campos, 14 – Nasugbu, Batangas  
\* Deandre James Zaraspe Perez, 15 – Batangas City **SPORTS**