



MPT South Donates 900 School Kits for Brigada Eskwela 2025

Demonstrating its steadfast commitment to community development, Metro Pacific Tollways South (MPT South) actively participated in the Department of Education's Brigada Eskwela 2025 "Brigada Eskwela: Sama-sama Para sa Bayang Bumabasa" by donating 900 school supply kits to public schools across Cavite and Parañaque on June 9 to 11, 2025, in preparation for the upcoming 2025-2026 academic year.

The initiative, which aims to support students and ease the financial burden of families in preparation for the incoming school year, reached various schools in the cities and municipalities of Imus, Silang, General Trias, Kawit, Bacoor, and Parañaque: Alapan II-B Barangay Hall, Malagasang II-B Barangay Hall, Hipolito Saquilayan High School, and Alapan II-A Elementary School in **MPT SOUTH • 6**

Cavite town forms multisectoral alliance for child protection



GMA, Cavite (PIA) — The local government of General Mariano Alvarez has entered into a partnership with Save the Children Philippines and the Frere Saint Benilde Romancon Education Foundation of De La Salle University – Dasmariñas to strengthen child protection measures in the municipality.

The partnership aims to implement programs focused on combatting online sexual abuse and exploitation of children (OSAEC), a growing concern in communities nationwide.

The collaboration outlines a multi-sectoral approach involving community stakeholders to implement awareness campaigns, educational initiatives **CAVITE • 6**



DOST officials and Local Government Unit (LGU) of Catbalogan City spearheaded the Regional Smart Communities Exposition and Networking Engagement (rSCENE) with the theme "Kauswagan: Harnessing Technology Towards Sustainable Development" happening today, June 16 until June 18, 2025 at Catbalogan City, Samar.

The said event features the launching of a smart and sustainable communities roadmap of nine LGUs in Samar and the ceremonial turnover of funds to LGU Catbalogan and LGU Borongan. Also, the launching of Project TANAW commences in partnership with Samar State University.

Also, a press conference was held led by Catbalogan City Mayor Dexter M. Uy, DOST Secretary Dr. Renato U. Solidum, Jr., DOST Undersecretary for Regional Operations Engr. Sancho A. Maborang, DOST VIII Regional Director Dr. John Glenn D. Ocaña, and the Provincial Governor of Samar Hon. Sharee Ann Tan - Delos Santos.

In line with this, DOST-PHIVOLCS took part in the event through its exhibit highlighting the information, education, and communication (IEC) materials on HazardHunterPh and GeoAnalyticsPh which will be available on the entire duration of the event. DOST-PHIVOLCS will also conduct a lecture on its latest smart innovations including introduction to GeoRiskPh.

NEWS

TBpeople Philippines Expands "TB in the Workplace" Series to Department of Environment and Natural Resources (DENR) Region 4A. Supported by KBP and PAPI Leadership · Aligned with DOLE Dept. Order No. 73-05

TBpeople Philippines, in partnership with Ayala Malls and with the full support of the Kapisanan ng mga Brodkaster ng Pilipinas (KBP) and the Publishers Association of the Philippines, Inc. (PAPI), is proud to roll out a three-venue "TB in the Workplace" series this June:

- June 17, 2025 | Ayala Malls Feliz, Pasig City | 7:00 AM–9:30 AM
- June 20, 2025 | Ayala Malls Serin, Tagaytay City | 7:00 AM–9:30 AM
- AM
- June 20, 2025 | DENR - Region 4A at Elijah Hotel, Dasmariñas, Cavite | 2:00 PM–5:00 PM
- These events, an-

SSS holds

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sible. This is a huge help, especially for our Filipino workers in the private sector, you need to have social security protection. If you are employed, you must be a member and make sure that your employer is regularly remitting your contributions," Igharas stated.

One innovation that SSS encourages members to utilize is their website or phone application, namely My.SSS Portal and the SSS Mobile Application, where members can easily and conveniently check their personal data and information.

He added: "To our members, don't forget your SSS account, and whenever possible, always use our SSS online services because it is more convenient and bet-

ter than personally queuing at branches, and it also helps you stay aware of your records."

Igharas also urged inactive members of the agency to reactivate their accounts by resuming contributions, emphasizing that doing so will help them secure social security protection, prepare for future needs, and enjoy the fruits of their labor upon retirement.

"Please continue being an active member by regularly paying your SSS contributions until you reach the age when you can claim your retirement benefits. This will help you, especially when you are no longer able to work, as it serves as a form of support from the government," Igharas also emphasized during an interview.

chored in DOLE Department Order No. 73-05, will provide Ayala Malls employees, merchants, and DENR Region 4A personnel with practical

SSS data shows around 1,350,000 members in the South Luzon 1 Division, covering the areas of Cavite, Laguna, and Quezon. While this reflects the value of SSS membership, the agency continues to encourage more Filipinos to register and contribute, especially with the improved social protection services now being offered for every Filipino.

The conduct of B.O.O.S.T. program in Mabitac, Laguna also inspired Igharas to pursue the establishment of a new SSS branch, as part of the agency's commitment to bringing SSS services and programs closer to the people. This initiative aims to spare residents of Mabitac, Siniloan, Nagcarlan, Santa Maria and nearby towns from having to travel to Santa Cruz to access vital SSS services. (CO/PIA4A)

training on TB risk reduction, early detection protocols, and workplace health policies.

Highlights across all sessions include:

- Interactive discussions with TB survivors and health advocates
- Hands-on workshops covering workplace screening guidelines, cough etiquette and referral pathways
- Orientation and linkages to local TB clinics

"This movement is more than a one-off seminar—it's a catalyst for ongoing dialogue,

early detection and community solidarity," said Ms. Eloisa Zepeda-Teng, President of TBpeople Philippines.

"We invite Ayala Malls colleagues and DENR Region 4A staff to join us, learn practical skills, and champion a TB-safe workplace."

For media inquiries or to confirm your participation, please contact:

TBpeople Communications & Media Officers

Mobile: +63 917 108 7641 | +63 943 411 0037
E-mail:

ecast@tbpeoplephilippines.com
Facebook: facebook.com/TBpeoplePhilippines

About TBpeople Philippines

TBpeople Philippines is a non-profit alliance dedicated to ending tuberculosis through advocacy, policy engagement and community-driven education.

Since 2018, we've partnered with national agencies, local government units and private-sector champions to destigmatize TB and strengthen prevention.

niar citizen- and PWD-friendly amenities.

By partnering with the NCSC, the DOT aims to elevate the creation of travel experiences specifically intended for senior citizens by prioritizing the enhancement of digital literacy and access to online tourism platforms with focus on simplifying the access to tourist information and other travel-related services and transactions.

To expand the tourism opportunities for elderly Filipinos, the agencies will also work together to conduct senior artisan workshops and local product markets as well as tourism-linked wellness programs. These will provide meaningful opportunities for senior citizens to immerse in Philippine tourism while gaining access to means of sustainable livelihood.

These programs will be complemented by the establishment of a homestay program for tourists where trained senior citizens serve as hosts alongside the development of retirement villages and other age-appropriate tourism services, among others.

A Technical Working Group (TWG) and a Project Steering Committee will jointly oversee the implementation of the outlined initiatives that promote active aging and inclusive tourism nationwide. (JMP/PIA-NCR)

Guarantee

from page 8

kidney transplant patient, the letter offers much-needed relief.

"Unlike the usual cash aid, which is often limited, the guarantee letter covers a much larger amount. We can now avail of his post-transplant medicines without worrying about how to pay. We are very thankful to the DSWD and Mercury Drug for making this possible," she said.

Another client, Rowena Espiritu, a

mother of four, thanked the government for the initiative, stressing that the provision of GLs is a big help for someone like her who needs maintenance medicine for hypertension.

"It eases my worries since I no longer have to think about where to get money to buy medicine. Thanks to the DSWD and Mercury Drug for this initiative," Rowena shared.

Oliver Alub, store manager of the Mercury Drug-

Pedro Guevarra branch in Sta. Cruz, Laguna shared that customer visits have increased since the program's announcement.

"Many customers are coming in for quotations, typically for anti-hypertension, anti-angina, and diabetes medications. These quotations are then submitted to the DSWD, which determines the amount to be covered by the guarantee letter," he explained.

He also assured the public that their staff are trained and ready to assist all customers with GL-related transactions.

The DSWD encourages the public to visit their nearest field office to learn more about the program and how to avail of GLs for medical assistance. (CM, PIA4A)

DOT-NCSC

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also serves as an important step towards empowering senior citizens to actively engage in tourism-related activities and industries.

"There are boundless opportunities for our senior citizens not only to enjoy the tourism products that we have in our country, but rather to be meaningful contributors to a tourism industry that thrives and continues to provide gainful livelihood to our fellow Filipinos," said Frasco.

NCSC OIC-Chairperson Mary Jean P. Loreche, for her part, welcomed this partnership as an opportunity to realize the vision of a nation where aging is not feared but rather embraced and celebrated as a period for creating meaningful experiences through accessible tourism.

"Gusto po natin na, pag tuing meron tayong mga bisita—hindi lang sa local o sa domestic market, kundi sa ibang galing sa ibang international areas—makita po nila kung paano pinagpapala ang mga nakatanda (sa Pilipinas)," said Loreche.

(What we want is for our visitors from both domestic and international areas to witness firsthand how the Philippines truly cares for its senior citizens.)

A vision for senior-

Ephesians 6:4: "Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord."

Editorial

How to end the minimum wage fight

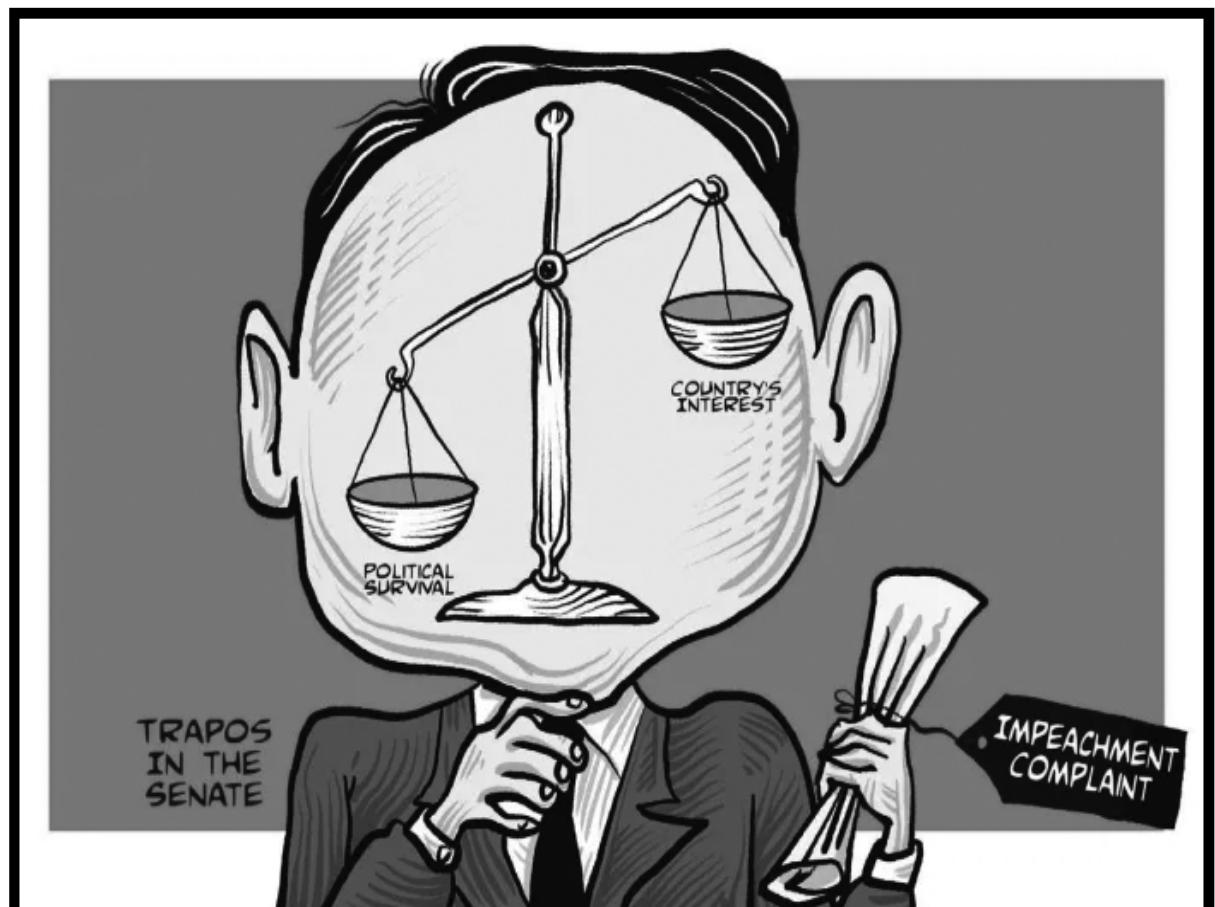
ONCE again, the Philippines is mired in a battle over mandated minimum wages, a battle that we can count on flaring up at least once or twice during every legislative session. No one is ever satisfied with the results, and they will not be satisfied with the results of the debate over the latest proposals from the House of Representatives and Senate. Unless the forces of labor, employers and the government can agree to take a different approach, no one will ever be satisfied, no matter how many times they engage in this struggle.

The House has just passed its latest version of a minimum wage increase, which mandates an across-the-board increase of P200 a day. The Senate last year passed a similar version, but calling only for a P100-a-day increase, and so now a conference committee will have to meet to produce a compromise version of the House and Senate bills to send to the President's desk.

President Ferdinand Marcos Jr., for his part, has been careful not to make any promises as to whether he would sign the bill into law or veto it. Through his spokesman on Thursday, Marcos said the measure — in whatever form it reaches him — would have to be studied very carefully for its potential impacts on workers, businesses and consumers.

Labor has, as expected, strongly supported the House bill, although in the same breath also criticizes it for not being a large enough increase. The side of workers, of course, will always want higher wages. Business groups strongly oppose the minimum wage increase, as they always do, as they really have no choice; businesses will always try to pay the least wages necessary, just as they will pay the least costs necessary for any inputs that are needed to produce their goods or services. That is how business works.

Government has the least clearly defined role and objectives in all of this, being, on the one hand, responsible for ensuring that workers are not exploited; and on the other, responsible for facilitating an economic environment, which maximizes business activity and employment opportunities. Thus, it is forced into a thankless position in which it



must try to do math using politics. With all due respect to President Marcos, we are quite certain the latter will have more weight than the former in the "careful study" to be applied when the wage bill arrives at his office.

We have a suggestion that may end the fight over minimum wages once and for all.

First, one of the difficulties in mandating minimum wage increases at the national level is that there is no national minimum wage; minimum wages are set by the Regional Tripartite Wage and Productivity Boards (RTWB) according to the conditions of their respective regions. The first step would be to create a national minimum wage to serve as a baseline, and this can be done by taking the average of all prevailing minimum wage rates across the country, and making some adjustments to compensate for differences in population and economic output among the regions.

This would, of course, mean that the minimum wage in some places would instantly become much higher, and much lower in other regions, such as the National Capital Region. Those entitled to a higher wage should be paid

accordingly, while a proviso should be added that no one's wage should be reduced as a result of this change.

Next, to avoid perennial nitpicking over minimum wage increases, a provision should be created to make this an automatic process. The basic minimum wage, in every subsequent year, should be given a cost-of-living adjustment equal to the inflation percentage of the previous year. So, for example, if a minimum wage of P500 had been established in 2024 according to the above formula, then for 2025 it would have increased by 3.21 percent — the full-year inflation rate for 2024 — to P516.

That establishes a national minimum, so that in the future, if it is determined that minimum wages again should be given the attention of Congress, there is a baseline that justifies legislative intervention. From that minimum, the RTWBs can then adjust minimum wages upward as they deem appropriate in their regions. Workers will still want more pay and employers will still want to pay less, but they can take that argument to the RTWBs, where it really belongs.

Snoring o Paghilik: Anong Dahilan

Halos 50% sa atin ay humihilik paminsan-minsan. Ang paghilik ay nangyayari kapag ang hangin na iyong hininga habang natutulog ay naharang sa iyong lalamunan. Ito ang dahilan para ang iyong lalamunan ay mag-vibrate o gumawa ng malakas na tunog.

Mga Dahilan ng Paghilik:

1. Mouth Anatomy.

Habang natutulog ka, ang mga muscles sa iyong bibig (palate), dila at lalamunan ay naka-relax, at maaaring bahagyang makaabala sa daanan ng iyong hininga. Ang pagkakaroon ng mababa at makapal na palate o lumaking tonsils o laman sa likod ng iyong lalamunan ay maaaring makapagpa-kitid sa daanan ng hangin. Ang sobra sa timbang ay nakadaragdag para maging ma-kitid ang daanan ng hangin.

2. Problema sa Ilong.

Ang malalang pagbabara ng ilong o ang baluktot na pagkakahati sa butas sa ilong (deviated nasal septum) ay maaaring dahilan ng paghilik.

3. Sleep Apnea.

Ang paghilik ay maaaring nauugnay sa obstructive sleep apnea. Inilalarawan ito sa pamamagitan ng malakas na hilik na sinusundan ng katahimikan

**DOKTOR
NG MASA**

ni Dr. Willie Ong



na maaaring tumagal ng 10 segundo o higit pa. Sa ganitong seryosong kondisyon ang daanan ng iyong hininga ay napipigil o lumiliit na ang hangin na iyong nalalanghap ay hindi na sapat para sa iyong kailangan. Kumonsulta sa doktor na pulmonologist.

4. Pag-inom ng Alak.

Ang pahilik ay maaaring dala ng sobrang pag-inom ng alak bago matulog. Ang alak ay nagpapa-relax ng muscle ng lalamunan at binabawasan ang iyong likas na panlaban sa pagharang ng mga daanan ng hangin.

Kumonsulta sa doktor kung ang iyong paghilik ay magdulot ng hirap na paghinga sa gabi, pananakit ng ulo sa umaga, sobrang antok sa umaga, pamamaga ng lalamunan, high blood, at irregular na pagtibok ng puso.

LEGAL NOTICES

Republic of the Philippines
Fourth Judicial Region
Regional Trial Court of Cavite
Office of the Clerk of Court & Ex-Officio Sheriff
New Justice Hall, J.P. Rizal Avenue, Kaybagal South, Tagaytay City

PROSAMARITAN LENDING CORPORATION,
 Mortgagee / Creditor,

-versus- **EJF NO. TG-25-040**
 FOR: EXTRA JUDICIAL FORECLOSURE OF MORTGAGE UNDER ACT

IMELDA P. OCAMPO,
 Mortgagor,
 X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by Petitioner-Mortgagee, **PROSAMARITAN LENDING CORPORATION**, an entity duly registered and existing under the Philippine Law, with office address at Block 278, Lot 12, ELF Building Level Unit 2-C AFP Housing, Brgy. Bulihan, Silang, Cavite, pursuant to the terms and conditions of the Real Estate Mortgage ("MORTGAGE") executed and notarized on August 21, 2024 by Borrower-Mortgagor, **IMELDA P. OCAMPO**, single, of legal age, Filipino citizen, with residence and postal addresses at (1) 2133 G. G. Cruz St., Baclaran, Parañaque, Metro Manila and (2) Block 3, Lot 15 and Lot 16, Mag-asawang Ilat Filipinas Farm Subdivision, Tagaytay City; and (3) Purok 3 Buna Cerca, Indang, Cavite represented by **GLORIA L. MAGBANUA**, as per Special Power of Attorney executed and notarized on May 10, 2024, in favor of the Petitioner/Mortgagee, over a real estate properties including improvements thereon, described in and covered by **TRANSFER CERTIFICATES OF TITLE NOS. (T-24941) 076-2024005698 and (T-24942) 076-2024005699** of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the Borrower-Mortgagor in the amount of **FIVE MILLION FIVE HUNDRED EIGHTY-FOUR THOUSAND ONE HUNDRED TWENTY-EIGHT PESOS (Php5,584,128.00)** exclusive of all legal fees, charges and expenses, as of March 11, 2025, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Alex E. Martinez, will sell at public auction on **July 2, 2025 at 10:00 o'clock in the morning** or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following property with all its improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. (T-24941) 076-2024005698

Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that certain land situated in CITY OF TAGAYTAY, bounded and describes as follows: A PARCEL OF LAND (LOT 15, BLOCK 3 OF THE CONSOLIDATION AND SUBDIVISION PLAN PCS-6049, SHEET 2, BEING A PORTION OF THE CONSOLIDATION OF LOT 1, BLOCK 5 (LRC) PSD-107240 AND LOT 4, PSU-119558, L.R.C. RECORD NO. N-29302), SITUATED IN THE CITY OF TAGAYTAY. BOUNDED ON THE NE., ALONG LINE 1-2 BY LOT 19, BLOCK 3; ON THE SE., ALONG LINE 2-3 BY LOT 20, BLOCK 3; ON THE SW., ALONG LINE 3-4 BY LOT 14, BLOCK 3 ALL OF THE CONSOLIDATION AND SUBDIVISION PLAN; ON THE NW., ALONG LINE 4-5-6-7-8 BY ROAD LOT 3 (10.00 M. WIDE) AND ON THE NE., ALONG LINE 8-1 BY LOT 16, BLOCK 3, BOTH OF THE CONSOLIDATION AND SUBDIVISION PLAN. BEGINNING AT A POINT MARKED "1" ON PLAN, BEING N. 5 DEG. 51'E., 1626.52 M. FROM BLLM 4, CITY OF TAGAYTAY; THENCE S. 15 DEG. 08'E., 5.00 M. TO POINT 2; THENCE S. 15 DEG. 08'E., 3.96 M. TO POINT 3; THENCE N. 16 DEG. 22'W., 20.04 M. TO POINT 4; THENCE N. 71 DEG. 37'E., 3.96 M. TO POINT 5; THENCE N. 65 DEG. 23'E., 3.96 M. TO THE POINT 6; THENCE N. 58 DEG. 55'E., 3.97 M. TO POINT 7; THENCE N. 52 DEG. 30'E., 3.96 M. TO POINT 8; THENCE S. 12 DEG. 18'E., 18.54 M. TO THE POINT OF THE BEGINNING, CONTAINING AN AREA OF **THREE HUNDRED AND EIGHT (308) SQUARE METERS**. ALL POINTS REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY P.S. CYL. CONC. MONS., BEARINGS TRUE; DATE OF ORIGINAL SURVEY, MAY 7, 1948 AND THAT OF THE CONSOLIDATION AND SUBDIVISION SURVEY, SEPTEMBER 26-28, 1970 AND APRIL 12-16, 1971, APPROVED AUGUST 27, 1971. is

registered in accordance with the provision of the Property Registration Decree in the name of **Owner: IMELDA P. OCAMPO, FILIPINO, OF LEGAL AGE, SINGLE Address: 2133 G.G. CRUZ ST., BACLARAN, PARAÑAQUE, METRO MANILA**"

TRANSFER CERTIFICATE OF TITLE NO. (T-24942) 076-2024005699

Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that certain land situated in CITY OF TAGAYTAY, bounded and describes as follows: A PARCEL OF LAND (LOT 16, BLOCK 3 OF THE CONSOLIDATION AND SUBDIVISION PLAN PCS-6049, SHEET 2, BEING A PORTION OF THE CONSOLIDATION OF LOT 1, BLOCK 5 (LRC) PSD-107240 AND LOT 4, PSU-119558, L.R.C. RECORD NO. N-29302), SITUATED IN THE CITY OF TAGAYTAY. BOUNDED ON THE SW., ALONG LINE 1-2 BY LOT 15, BLOCK 3; ON THE NW., ALONG LINE 2-3-4-5-6-7 BY ROAD LOT 3 (10.00 M. WIDE) BOTH OF THE CONSOLIDATION AND SUBDIVISION PLAN; ON THE NE., ALONG LINE 7-8 BY LOT 17, BLOCK 3; ON THE NE., ALONG LINE 8-9 BY LOT 18, BLOCK 3 AND ON THE SE., ALONG LINE 9-10 BY LOT 19, BLOCK 3, ALL OF THE CONSOLIDATION AND SUBDIVISION PLAN. BEGINNING AT A POINT MARKED "1" ON PLAN, BEING N. 5 DEG. 51'E., 1626.52 M. FROM BLLM 4, CITY OF TAGAYTAY; THENCE N. 12 DEG. 18'W., 18.54 M. TO POINT 2; THENCE N. 11 DEG. 46'E., 3.96 M. TO POINT 3; THENCE N. 39 DEG. 47'E., 3.97 M. TO POINT 4; THENCE N. 33 DEG. 22'E., 3.96 M. TO POINT 5; THENCE N. 27 DEG. 01'E., 3.96 M. TO POINT 6; THENCE N. 27 DEG. 23'E., 2.80 M. TO POINT 7; THENCE S. 15 DEG. 08'E., 5.00 M. TO POINT 8; THENCE S. 12 DEG. 29'E., 25.35 M. TO POINT 9; THENCE S. 74 DEG. 52'W., 14.00 M. TO POINT 10 OF THE BEGINNING; CONTAINING AN AREA OF **THREE HUNDRED TWENTY NINE (329) SQUARE METERS**. ALL POINTS REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY P.S. CYL. CONC. MONS., BEARINGS TRUE; DATE OF ORIGINAL SURVEY, MAY 7, 1948 AND THAT OF THE CONSOLIDATION AND SUBDIVISION SURVEY, SEPTEMBER 26-28, 1970 AND APRIL 12-16, 1971, APPROVED AUGUST 27, 1971. is registered in accordance with the provision of the Property Registration Decree in the name of **Owner: IMELDA P. OCAMPO, FILIPINO, OF LEGAL AGE, SINGLE Address: 2133 G.G. CRUZ ST., BACLARAN, PARAÑAQUE, METRO MANILA**"

In the event the public auction should not take place on the said date, it shall be held on **July 9, 2025** without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the **TRANSFER CERTIFICATES OF TITLE NOS. (T-24941) 076-2024005698 and (T-24942) 076-2024005699** the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, May 19, 2025.

(Sgd.) ATTY. VARBRA ANN A. VARIAS-DIMAYUGA
 Clerk of Court VI & Ex-Officio Sheriff

(Sgd.) ALEX E. MARTINEZ
 Sheriff-in-Charge

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Copy Furnished:

PROSAMARITAN LENDING CORPORATION
 Petitioner/Mortgagee
 Block 278, Lot 12, ELF Building Level Unit 2-C AFP Housing, Brgy. Bulihan, Silang, Cavite

IMELDA P. OCAMPO
 Borrower-Mortgagor
 (1) 2133 G. G. Cruz St., Baclaran, Parañaque, Metro Manila
 (2) Block 3, Lot 15 and Lot 16, Mag-asawang Ilat Filipinas Farm Subdivision, Tagaytay City
 (3) Purok 3 Buna Cerca, Indang, Cavite represented by **GLORIA L. MAGBANUA**

GLORIA L. MAGBANUA
 Attorney-in-Fact
 (1) Purok 3, Buna Cerca, Indang, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication
 Dates: June 2, 9 & 16, 2025

Republic of the Philippines
Fourth Judicial Region
REGIONAL TRIAL COURT
Branch 130, Trece Martires City
rtc1tmt130@judiciary.gov.ph
09198753023

IN RE: PETITION FOR ISSUANCE OF OWNER'S DUPLICATE OF TRANSFER CERTIFICATE OF TITLE NO. 077-2017000358 OF THE OFFICE OF THE REGISTER OF DEEDS OF TRECE MARTIRES CITY

LRC CASE NO. 6832-027-24

JOSEPH JOVITO N. PERIDO,
 REPRESENTED BY HIS ATTORNEY-IN-FACT **GOLDSTAR REALTY AND DEVELOPMENT CORPORATION**,

Petitioner.

X-----X

ORDER

On April 23, 2025, the initial hearing was reset considering that the undersigned was on official leave and a Constancia was issued setting the hearing of this case on May 21, 2025 and July 30, 2025.

Considering that this case requires publication, the previous settings on May 21, 2025 and **July 30, 2025** are hereby cancelled. Set the initial hearing on **July 30, 2025** and **August 20, 2025**, both at 8:30 o'clock in the morning, at which date, hour, and place, any and all interested persons are required to appear and show cause why the Petition should not be granted.

Let a copy of this Order be published for three (3) consecutive weeks, at the expense of the petitioner, in a newspaper of general circulation and be posted at the Trece Martires City Public Market, the City and Barangay Halls where the property is situated, as well as on the land itself located at Greenforbes City, Barangay Hugo Perez, Trece Martires City, Cavite, and other copies be furnished to the Registry of Deeds for the City of Trece Martires, Office of the Solicitor General, petitioner and its counsel.

The Sheriff of this Court is hereby directed to post copies of this Order accordingly.

Send a copy of this Order to the Office of the Clerk of Court (OCC), Regional Trial Court, Trece Martires City, Cavite for raffle of the publication.

SO ORDERED.

DONE IN CHAMBER on April 28, 2025 in Trece Martires City, Cavite, Philippines.

(Sgd.) GAYSOL C. LUNA
 Presiding Judge

Copy Furnished:

SALVE LAW OFFICES
ATTY. ALLAN O. SALVE
 Counsel for the Petitioner
 asalve1978@gmail.com

OFFICE OF THE SOLICITOR GENERAL (OSG)
 efile@osg.gov.ph

REGISTRY OF DEEDS FOR THE CITY OF TRECE MARTIRES
 Trece Martires City, Cavite

ATTY. MARICEL LILLED ASUNCION-ROXAS
 Clerk of Court
 Office of the Clerk of Court (OCC),
 Regional Trial Court, Trece Martires City, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication
 Dates: June 2, 9 & 16, 2025

LEGAL NOTICES

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

-versus- FORECLOSURE CASE NO. F-320-25

SPS. EDWIN F. LOZARES AND
CHERRYLYN B. LOZARES,
Debtor/Mortgagor.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at 33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City, against the Debtor/Mortgagor, **SPS. EDWIN F. LOZARES AND CHERRYLYN B. LOZARES**, of legal age, Filipino and with postal address at (1) #5-F Gen. Luna Street, Manuyo, Las Piñas City (status: occupied by 3rd party); and (2) Lot 27, Blk. 09, Phase 22, Kensington, Brgy. Bacao I, Gen. Trias, Cavite (status: occupied by addressee), to satisfy the mortgage indebtedness as of February 28, 2025 amounts to **THREE MILLION ONE HUNDRED ONE THOUSAND SEVEN HUNDRED SIXTY-EIGHT PESOS and 36/100 (Php3,101,768.36)** inclusive of interest and other charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on **July 1, 2025 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2022030118

LOT NO: 27, BLOCK NO: 9, PLAN NO: PCS-04-028977
PORTION OF: THE CONS/SUBD OF LOTS 1632-A; 1632-B, 1632-C, PSD-04-134487; LOT 1631, (FRS-04-005440) & LOT 1642, (RS-04-002863) SAN FRANCISCO DE MALABON ESTATE, DECREED NO. 4270; LRC REC. NO. 5964

LOCATION: BARANGAY OF BACAO I, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NW	LOT 26, BLOCK 9, PCS-04-028977
2-3	NE	LOT 29, BLOCK 9, PCS-04-028977
3-4	SE	ROAD LOT 20, PCS-04-028977
4-1	SW	LOT 25, BLOCK 9, PCS-04-028977

AREA: FIFTY (50) SQUARE METERS (50), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **July 15, 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, June 3, 2025.

(Sgd.) ANDRES B. ESPINA
Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.
CONSUMER BANKING GROUP – CONSUMER REMEDIAL MANAGEMENT
33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City

SPS. EDWIN F. LOZARES AND CHERRYLYN B. LOZARES
(1) #5-F Gen. Luna Street, Manuyo, Las Piñas City (status: occupied by 3rd party); and
(2) Lot 27, Blk. 09, Phase 22, Kensington, Brgy. Bacao I, Gen. Trias, Cavite (status: occupied by addressee)

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: PMC Pulsong Makabagong Caviteño News Publication
Dates: June 9, 16 & 23, 2025

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

-versus- FORECLOSURE CASE NO. F-330-25

ANALYN P. OQUIA,
Debtor/Mortgagor.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at 33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City, against the Debtor/Mortgagor, **ANALYN P. OQUIA**, of legal age, Filipino and with postal address at (1) Block 08 Lot 13 Phase 6 Micara Estates-Tanza, Brgy. Sahud Ulan, Tanza, Cavite (abandoned property); and (2) Block 43 Lot 3 Brunei Street, Ligtong 3, Rosario, Cavite (occupied by third party), to satisfy the mortgage indebtedness as of February 28, 2025 amounts to **TWO MILLION TWO HUNDRED NINETY-SEVEN THOUSAND EIGHTY PESOS AND 23/100 (Php2,297,080.23)** inclusive of interest and other charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on **July 1, 2025 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2023027771

LOT NO: 13, BLOCK NO: 8, PLAN NO: PCS-04-031423
PORTION OF: BLOCK 15, PCS-04-030998, LOT 1620-A, PSD-04-034571, LOT 1616 & LOT 1619 STA. CRUZ DE MALABON ESTATE, DECREE NO. 10111, LRC NO. 6832

LOCATION: BARANGAY OF SAHUD ULAN, MUNICIPALITY OF TANZA, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SW	LOT 15, BLOCK 8, PCS-04-031423
2-3	NW	ROAD LOT 1, PCS-04-031423
3-4	NE	LOT 11, BLOCK 8, PCS-04-031423
4-1	SE	LOT 14, BLOCK 8, PCS-04-031423

AREA: FIFTY (50) SQUARE METERS, MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **July 15, 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, June 3, 2025.

(Sgd.) ANDRES B. ESPINA
Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.
CONSUMER BANKING GROUP – CONSUMER REMEDIAL MANAGEMENT
33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City

ANALYN P. OQUIA

(1) Block 08 Lot 13 Phase 6 Micara Estates-Tanza, Brgy. Sahud Ulan, Tanza, Cavite (abandoned property); and
(2) Block 43 Lot 3 Brunei Street, Ligtong 3, Rosario, Cavite (occupied by third party)

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: PMC Pulsong Makabagong Caviteño News Publication
Dates: June 9, 16 & 23, 2025

REPUBLIC OF THE PHILIPPINES
REGIONAL TRIAL COURT
FOURTH JUDICIAL REGION
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,
Mortgagee,

-versus- FORECLOSURE CASE NO. F-305-25

AL TIGARONITA TORRES,
Debtor/Mortgagor.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK, INC.**, with business address at 33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City, against the Debtor/Mortgagor, **AL TIGARONITA TORRES**, of legal age, Filipino and with postal address at (1) No. 90 Jose Abad Santos Street, Brgy. Sta. Lucia, Novaliches Town Porper, Quezon City (occupied by third party); and (2) Lot 6 Block 15 Camella Tanza, Brgy. Bagtas, Tanza, Cavite (abandoned), to satisfy the mortgage indebtedness as of February 28, 2025 amounts to **ONE MILLION SIX HUNDRED NINETY-TWO THOUSAND FIVE HUNDRED EIGHTY-SEVEN PESOS AND 22/100 (Php1,692,587.22)** inclusive of interest and other charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on **July 1, 2025 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2021054547

LOT NO: 6, BLOCK NO: 15, PLAN NO: PSD-04-225971

PORTION OF: LOT 2051-F, PSD-04-166835 ; LRC RECORD NO. 6832

LOCATION: BARANGAY OF BAGTAS, MUNICIPALITY OF TANZA, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	NE	ROAD LOT 13, PSD-04-225971
2-3	SE	LOT 7, BLOCK 15, PSD-04-225971
3-4	SW	LOT 22, BLOCK 15, PSD-04-225971
4-5		LOT 23, BLOCK 15, PSD-04-225971
5-1	NW	LOT 5, BLOCK 15, PSD-04-225971

AREA: FIFTY FOUR (54) SQ.M.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **July 15, 2025** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, June 3, 2025.

(Sgd.) JOANNAH AVIGAIL C. TIMKANG
Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.
CONSUMER BANKING GROUP – CONSUMER REMEDIAL MANAGEMENT
33/F BDO Corporate Center Ortigas, #12 ADB Avenue, Mandaluyong City

AL TIGARONITA TORRES

(1) No. 90 Jose Abad Santos Street, Brgy. Sta. Lucia, Novaliches Town Porper, Quezon City (occupied by third party); and
(2) Lot 6 Block 15 Camella Tanza, Brgy. Bagtas, Tanza, Cavite (abandoned)

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE, DEFACE OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: PMC Pulsong Makabagong Caviteño News Publication
Dates: June 9, 16 & 23, 2025

LEGAL NOTICES

**REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
CITY OF IMUS, CAVITE**

SECURITY BANK CORPORATION,
Mortgagee,

**-versus- EXTRA-JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER
ACT 3135 AS AMENDED BY ACT 4118**

**DIN RICHARD PERE DELA PEÑA
AND DIN L G MAI PERE DELA PEÑA,**
Mortgagors.

FC No. 19392-25

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **SECURITY BANK CORPORATION**, mortgagee, with principal office at Security Bank Centre, 6776 Ayala Avenue, Makati City against **DIN RICHARD PERE DELA PEÑA and DIN L G MAI PERE DELA PEÑA**, mortgagors, with residence and postal address at Lot 11 Block 1 Acacia Street, Verville Subdivision, Brgy. Bayan Luma VIII, Imus City, Cavite and/or 27 Sebastian, Mataas na Kahoy, Batangas to satisfy the mortgage indebtedness which as of March 20, 2025 amounts to **ONE MILLION EIGHT HUNDRED SIXTY THOUSAND FIVE HUNDRED FIFTY-FIVE PESOS and 20/100 (P1,860,555.20)** Philippine Currency, including interest and penalty charges, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at public auction on **July 8, 2025 at 10:00 a.m.** or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus City, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following properties with all the improvements therein, to wit:

**TRANSFER CERTIFICATE OF TITLE NO. 057-
2022000334**

IT IS HEREBY CERTIFIED that certain land situated in BARANGAY OF BAYAN LUMA, MUNICIPALITY OF IMUS, PROVINCE OF CAVITE, ISLAND OF LUZON, bounded and described as follows:

**LOT NO: 11 BLOCK NO: 1 PLAN NO: PSD-04-218716
PORTION OF: LOT 259-B-1, (LRA) PSD-347818; LRC REC. NO. 8843**

LOCATION: BARANGAY OF BAYAN LUMA, MUNICIPALITY OF IMUS, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE DIRECTION ADJOINING LOT(S)
1-2 NORTH ROAD LOT 3, PSD-04-218716
2-3 EAST LOT 10, BLOCK 1, PSD-04-218716
3-4 SOUTH LOT 90 IMUS ESTATE
4-1 WEST LOT 12, BLOCK 1, PSD-04-218716

TIE POINT: MON. NO. 109, IMUS ESTATE

LINE BEARING DISTANCE
TO CORNER 1 N. 83° 24' E 1310.42 M.
1-2 N. 88° 35' E 4.00 M.
2-3 S. 01° 25' E 10.23 M.
3-4 S. 87° 37' W 4.00 M.
4-1 S. 01° 25' W 10.30 M.

AREA: FORTY ONE (41)

**Owner: DIN L.G. MAI P DELA PEÑA, OF LEGAL AGE,
FILIPINO CITIZEN, SINGLE**

**Address: #27 SAN SEBASTIAN, MATAAS NA KAHOY,
BATANGAS 4223, PHILIPPINES**

All sealed bid must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **July 15, 2025** at 10:00 a.m. without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said properties and encumbrances thereon if any there be.

Imus City, Cavite, Philippines, May 27, 2025.

**(Sgd.) MARIA CHONA D. TANGUANCO
Sheriff IV**

Approved:

**(Sgd.) ARMIE A. FRANCISCO
Clerk of Court VI**

MPT South

from
page 1

Imus; Tibig Elementary School in Silang; Cecilio M. Saliba Elementary School, Governor Ferrer Memorial Integrated National High School, and General Trias Memorial Elementary School in General Trias; Florante Ilano Elementary School and Binakayan National High School in Kawit; Perville Daycare Center Moonwalk, Sto. Niño Elementary School, and San Dionisio Elementary School in Parañaque; and Salinas Elementary School and Longos Elementary School in Bacoor.

Each student received a thoughtfully assembled school kit containing ballpens, notebooks, pad

paper, and crayons—basic yet essential items intended to help the students start the school year equipped and motivated to learn.

One of the highlights of the donation drive was the turnover at Salinas Elementary School, which coincided with Bacoor City's official opening of Brigada Eskwela 2025. The event was attended by Cavite 2nd District Representative, Congresswoman Lani Mercado Revilla, where she noted, "Taospuso akong nagpapasalamat sa CAVITEX para sa kanilang aktibong pakikilahok sa Brigada Eskwela dito sa Bacoor.

Malaking tulong ang inyong suporta at volunteer work sa paghahanda ng ating mga paaralan para sa ligtas at maayos na pagbabalik ng ating mga mag-aaral.

Maraming salamat, CAVITEX! Sama-sama, tulong-tulong, para sa mga paaralan ng Bacoor!"

Arlette V. Capistrano, Vice President for Communication and Stakeholder Management at MPT South said, "We believe that our role in nation-building goes beyond the roads and expressways we build. It also means supporting the communities we operate in—especially the students who represent the future of those communities. Brigada Eskwela has always been

a meaningful way for us to give back."

The donation drive is a part of MPT South's wider Corporate Social Responsibility (CSR) program, which extends beyond toll road operations to community-based initiatives that promote education, environment, safety, and livelihood.

About MPT South
MPT South is a subsidiary of Metro Pacific Tollways Corporation (MPTC). Aside from CALAX and CAVITEX networks of toll roads, MPTC's domestic portfolio includes concessions for the North Luzon Expressway (NLEX), the NLEX Connector Road, the Subic-Clark-Tarlac Expressway (SCTEX), and the Cebu-Cordova Link Expressway (CCLEX) in Cebu.



Alapan II-A Elementary School receives school kits from MPT South

Cavite

from
page 1

for parents and children, training for local authorities, and the development of victim support systems.

Mayor Maricel Echevarria-Torres said the partnership marks the beginning of meaningful programs aimed at protecting the youth.

"Through this collaboration, our barangays,

schools, service providers, and parents will be trained to help create a safer, more dignified future for our children," she said.

She expressed optimism that the initiative will serve as a model for other municipalities seeking to address the rising threat of online child exploitation through community-

based solutions and sustained collaboration.

For Save the Children Philippines, the partnership is a "crucial step" in its Protect Children Philippines project, which aims to safeguard children of all ages and genders in the province.

General Mariano Alvarez is among the municipalities covered by the project, alongside the City of Trece Martires, Naic, Tanza, and Silang.

The DLSU-D also

lauded the initiative saying that the partnership will reinforce local government and stakeholders' commitment to creating a safer online environment for children and serving as a model for other communities.

This initiative aligns with Republic Act No. 11930, the "Anti-Online Sexual Abuse or Exploitation of Children (OSAEC) and Anti-Child Sexual Abuse or Exploitation Materials (CSAEM) Act." (RBF, PIA Cavite)

ERRATUM

This is to correct the error made in the publication of Extra-Judicial Foreclosure of Real Estate Mortgage filed by **HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)** against **ALLAN C. AVANCENA**, single, filed at RTC Naic, with **FNC 2023-203** has an error on the **Along line 2-3 by Lot 33 and (Road Widening); on the**. The right and correct entry should be **Along line 2-3 by Road Lot 33 and (Road Widening); and on the**, which was not included on the original notice, dated on **February 13, 20 & 27, 2023**. Our apology.

The Publisher

Copy Furnished:

SECURITY BANK CORPORATION,
Security Bank Centre, 6776 Ayala Avenue, Makati City

DIN RICHARD PERE DELA PEÑA and DIN L G MAI PERE DELA PEÑA
Lot 11 Block 1 Acacia Street, Verville Subdivision, Brgy. Bayan Luma VIII, Imus City, Cavite and/or 27 Sebastian, Mataas na Kahoy, Batangas

ANDREMAR S. MANGROBANG
LARIBA MANGROBANG MIRALLES DUMBRIQUE FULGENCIO REGONDOLA RODRIGUEZ AYENTO & SALAMAT
Security Bank Centre Building, 6776 Ayala Avenue, Makati City

Publication: PMC Pulso ng Makabagong Caviteño News Publication
Dates: June 2, 9 & 16, 2025

MAGLIBANG TAYO

KAPALARAN

ARIES (Mar. 21-Apr. 19) - Hindi na mahalaga kung ano ang mga pananaw mo, dahil noon pa nagpasya ang langit na ibigay sa iyo ang lahat ng magpapasaya sa puso mo. Masuwarteng kulay-white. Tips sa lotto-9-10-13-29-35-44.

TAURUS (Apr. 20-May 20) - Ito ang araw na mapapasaiyo ang pinakagusto mo. Hindi ka bibiguin ng iyong kapalaran dahil ang mga pangayari ay kusang aayon sa mga plano mo. Masuwarteng kulay-green. Tips sa lotto-3-19-28-31-33-45.

GEMINI (May 21-June 20) - Kusang aalis ang mga kaganapan na hindi mo gustong mangyari. Langit mismo ang gagawa nito, kaya hindi ka na dapat mamroblema pa. Masuwarteng kulay-yellow. Tips sa lotto-1-20-23-29-34-41.

CANCER (June 21-July 22) - Ito ang araw na ang panalo ay mapapasaiyo. Ibig sabihin, hindi ka matatalo sa kahit anong klase ng pakikipagsapalaran. Masuwarteng kulay-purple. Tips sa lotto-7-16-27-32-39-42.

LEO (July 23-Aug. 22) - Iwasan mo ang labis na pagtitiwala sa sarili. Ito ang babala ng iyong kapalaran. Masuwarteng kulay-pink. Tips sa lotto-3-19-23-25-30-44.

VIRGO (Aug. 23-Sept. 22) - Madalas ikaw lang din naman ang dahilan kung bakit hindi gumaganda ang takbo ng iyong kapalaran dahil sobra ka kung mag-alinlangan. Masuwarteng kulay-beige. Tips sa lotto-4-14-22-28-34-42.

LIBRA (Sept. 23-Oct. 22) - Iyung-ayo ang araw na ito. Gawin mo na anumang gusto mong gawin. Sinumang humadlang sa iyo, langit mismo ang makakasagupa at makakalaban. Masuwarteng kulay-blue. Tips sa lotto-7-16-21-27-33-43.

SCORPIO (Oct. 23-Nov. 21) - Makakalimutan mo ang sama ng loob mo sa isang taong akala mo ay hindi ka pinapahalagahan. Dahil sa ngayon, papakitaan ka niya ng kakaibang pagtingin. Masuwarteng kulay-black. Tips sa lotto-3-11-20-24-35-40.

SAGITTARIUS (Nov. 22-Dec. 21) - Gaganda ang takbo ng pangayari kapag ang relasyon ay maayos at may pagkakaunawaan. Kalimutan n'yo muna ang mga problema. Masuwarteng kulay-violet. Tips sa lotto-1-18-29-32-36-45.

CAPRICORN (Dec. 22-Jan. 19) - Nasa harap mo ang magagandang oportunidad, kaya wala ka nang dapat gawin kundi ang sunggaban ito. Masuwarteng kulay-peach. Tips sa lotto-8-13-19-26-32-38.

AQUARIUS (Jan. 20-Feb. 18) - Hindi puwedeng manatili ka sa loob ng bahay ng maraming araw. Mas maganda kung mamamasyal at maglilibang ka. Masuwarteng kulay-red. Tips sa lotto-7-12-25-28-38-45.

PISCES (Feb. 19-Mar. 20) - Hawakan mo ang sarili mo, dahil sa lugar na pupuntahan mo, tiyak na maraming tukso. Masuwarteng kulay-brown. Tips sa lotto-2-10-20-30-34-44.

SUDOKU

	7		8		6	9		
2	3	4			8			
	5							
3	4		9					
				1				
2					4	6		
5	3				1			
1						4	8	
				7		3		

SAGOT: SUDOKU VOL. 22 #15

5	7	2	8	6	3	4	1	9
1	6	9	7	5	4	8	3	2
8	4	3	2	1	9	6	5	7
3	5	6	9	2	1	7	8	4
7	9	4	3	8	6	5	2	1
2	8	1	4	7	5	9	6	3
9	3	8	5	4	2	1	7	6
4	1	7	6	3	8	2	9	5
6	2	5	1	9	7	3	4	8

HOW TO PLAY: Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are:

- Every row, column and box must contain all the digits 1 to 9.

- Each number can only appear once in every row, column or box.

- Every puzzle has only one correct solution!

DID YOU
KNOW
MATCHA
CONTAINS
EIGHT TIMES
MORE
CAFFEINE
THAN GREEN
TEA?

If you need an extra boost in the morning, we suggest reaching for green tea's mighty cousin: matcha. One cup of matcha, a type of green tea, packs in 280 mg of caffeine, while traditional green tea contains a meek 35mg. This is eight times the regular amount.



WORD HUNT

Physical Activity and Nutrition

N	I	B	I	F	R	O	S	T	B	I	T	E	I
O	S	S	E	S	R	U	R	E	B	I	F	M	I
I	E	M	I	N	E	R	A	L	S	E	O	K	H
T	T	S	N	U	O	E	O	O	I	X	I	S	H
I	I	N	I	T	N	I	A	R	P	S	O	C	Y
R	T	I	A	R	S	N	T	B	S	S	H	Y	P
T	E	M	R	I	N	T	R	R	R	O	I	R	O
U	P	A	T	E	C	A	L	O	R	I	E	S	T
N	P	T	S	N	W	O	R	K	O	U	T	I	H
O	A	I	O	T	A	R	H	U	N	G	E	R	E
E	G	V	R	S	E	T	D	I	P	I	L	E	R
O	H	Y	D	R	A	T	I	O	N	S	F	I	M
R	S	I	S	O	R	O	P	O	E	T	S	O	I
U	E	X	E	R	C	I	S	E	T	T	E	T	A

NUTRIENTS

STRAIN

CALORIES

EXERCISE

FIBER

HYPOTHERMIA

APPETITE

HYDRATION

NUTRITION

WORKOUT

MINERALS

FROSTBITE

OSTEOPOROSIS

VITAMINS

HUNGER

LIPID

SPRAIN

SSS holds campaign to reach new contributors, urges inactive members to restart payments

MABITAC, Laguna (PIA) – The Social Security System (SSS) continues to urge all qualified Filipinos to become their regular members to experience wide range of benefits and advantages.



Engineer Edwin Igharas, Vice President of SSS South Luzon 1 Division stated during the Barangay and Other Offsite E-Centers Online Services Training (B.O.O.S.T.) program held in Mabitac, Laguna that being a member allows contributors to re-

ceive guaranteed benefits.

This include sickness benefit for members unable to work due to illness or injury; maternity benefit for female members unable to work due to childbirth, miscarriage, or emergency termination of pregnancy;

disability benefit for those who are permanently or temporarily disabled; as well as retirement benefit, death, funeral benefit, and unemployment benefits.

"I am encouraging you now, become an SSS member as early as possible."

SSS HOLDS • 2

DOT-NCSC partnership unlocks hassle-free travels for senior citizens

QUEZON CITY, (PIA) — For many senior citizens like Elizabeth Doroteo, 71, travelling could probably be more exhausting rather than relaxing, especially with the lack of senior-friendly facilities and services that are tailored-fit to their specific needs for comfort, convenience, and accessibility.



She particularly pointed out the lack of accessible restrooms and rest areas in public tourist areas, which often forces her to shorten her travels or limit the places where she can comfortably go.

"Sometimes, I'll just choose not to travel at all," Doroteo lamented, highlighting the impact

of these accessibility and mobility concerns on the lives of elderly Filipinos.

But the landmark partnership between the Department of Tourism (DOT) and the National Commission of Senior Citizens (NCSC) could likely transform the tourism experience of elderly Filipinos into a more seamless and inclusive

journey, free from the common hassles that deter them from exploring the country's travel destinations with ease.

Tourism Secretary Cristina Garcia Frasco underscored that this collaboration would not only pave the way for the expansion of citizen-friendly programs. It

DOT-NCSC • 2



The DOST Regional Office VIII formally inaugurated the new Samar Provincial Science and Technology Office Building and Satellite Calibration Laboratory at Samar State University Main Campus on Monday, June 16, 2025.

DOST Secretary Dr. Renato Solidum Jr. graced the event. As he led the inauguration, he emphasized the new facilities' key role in advancing science and technology and urged attendees to utilize these resources efficiently to promote the common good.

"This building will be your platform to further serve our kababayans here in Samar, with even greater zeal, efficiency, and excellent public service. I further encourage the people in the province to fully utilize these resources to engage with our experts and harness the power of science, technology, and innovation in transforming the lives of the communities we serve," he said.

DOST Undersecretary for Regional Operations Sancho Mabborang, Rep. Michael Tan of the Second District of Samar, DOST Provincial Director Evelyn Bacarra-Tablante, Catbalogan City Mayor Dexter Uy, and other dignitaries attended the event.

Guarantee letters for medicines now accepted in select Mercury Drug stores in Calabarzon

CALAMBA CITY, Laguna (PIA) — Clients of the Department of Social Welfare and Development's (DSWD) Assistance to Individuals in Crisis Situation (AICS) and Ayuda para sa Kapos ang Kita (AKAP) can now access medicines in select outlets of the leading drugstore chain Mercury Drug around the Calabarzon region using guarantee letters (GLs).



The DSWD said that the GL serves as an assurance that the government will cover the cost of products and services including medicines given by partner service providers to DSWD beneficiaries.

In Calabarzon, participating Mercury Drug

branches accepting GLs are Bayanan in Bacoor City, Sta. Cruz P. Guevarra in Laguna, and Antipolo Cathedral in Antipolo City, Rizal. Other Mercury Drug outlets that accept GLs are in the National Capital Region, Central Luzon, Mimaropa, Central

Visayas, Western Visayas, Eastern Visayas, Zamboanga Peninsula, Northern Mindanao, Davao Region, SOCSKSARGEN, and Caraga.

For Victoria, Laguna resident Donna Talucod, 43, whose husband is a

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