



ATIN 'TOL AT YOUR SERVICE

CAVITE ENTREPRENEURSHIP STUDENTS CARAVAN  
7 MARCH 2025 | GMATHS, GEN. MARIANO ALVAZ



# Cavite Entrepreneurship Students Caravan inspires future business leaders

The Office of the Provincial Cooperatives Development Officer (OPCDO) successfully spearheaded the Cavite Entrepreneurship Students Caravan, themed "Entrepreneurial Mindset: The First Step Towards Success," at Gen. Mariano Alvarez Technical High School (GMATHS) on March 7, 2025. The educational caravan was attended by Grade 12 Accountancy, Business, and Management (ABM) students, aiming to equip them with fundamental entrepreneurial skills and insights.

The program commenced with an opening remark from Mary Dianne Tan, GMATHS Senior High School Coordinator, who spoke on behalf of Dr. Victorio N. Medrano, the school principal. It was followed by an inspiring message from Ms. Rizalie P. Enero, Officer-in-Charge- OPCDO, emphasizing the significance of cultivating an entrepreneurial mindset among the youth.

CAVITE • 6

## A Dart Tournament thrills PGC employees



As the PGC Inter-Department Sportsfest continues, employees from various offices participated in a Dart Tournament held at the Provincial Gymnasium on March 5, 2025.

The players formed teams to showcase their stability and focus while throwing darts, aiming for the bullseye.

Among the 20 teams that competed, the winners stood out with impressive performances. The Office of the Provincial Administrator, consisting

A DART • 4



MARCH 7, 2025

**OMBUDSMAN: DA, NFA MOST CORRUPT GOVERNMENT AGENCIES**

f Batas PH e batasph26@gmail.com X @Batas\_PH

Ombudsman Samuel Martires on Wednesday tagged the Department of Agriculture (DA) and its attached agency, the National Food Authority (NFA), as the most corrupt government agencies.

"It's the Department of Agriculture [most corrupt]. The National Food Authority, located in the [Quezon Memorial] Circle, that agency," Martires said.

In an exclusive interview with DZRH: Damdaming Bayan, the Ombudsman revealed that amidst the sudden and continued spike in the prices of onions and rice last year, his team conducted an investigation wondering

OMBUDSMAN • 4



# NEWS

## OPPAT taps DOST Quezon, SLSU, for Smart Food Processing

With the interest in using the vacuum frying technology to process organic produce into vacuum fried chips, the Organic Producers and Promoters Association of Tiaong (OPPAT) had a benchmarking visit at the DOST Smart Food Value Chain (SFVC) Facility in Southern Luzon State University (SLSU)-Lucena Campus this February 28, 2025.

OPPAT is an organization focused on organic agriculture which is interested in adding value in their products. Meanwhile the SFVC Facility is focused on smart ways of adding value to agricultural produce.

The SFVC facility features the vacuum frying technology which uses low-pressure and low-temperature frying to retain nutrients in raw food materials. It is currently managed and operated by DOST

CALABARZON in partnership with the Sentrong Pamilihan ng Produktong Agrikultura ng Quezon Foundation Inc. (SPPAQFI) and SLSU-Lucena. **(By John Michael A. Florendo)**



## YOU ARE ALWAYS WELCOME AND SAFE AT SM

The Security and Maintenance workforce of SM Supermalls in Cavite - South 1 participated in the Joint Tactical Inspection held at SM City Bacoor. The event recognized outstanding security guards and janitorial personnel, including those who demonstrated commendable acts such as returning lost personal belongings.



This initiative highlights SM's commitment to creating a safe, secure, and welcoming environment for its community and stakeholders. PCOL DWIGHT E. ALEGRE, Acting Provincial Director, Cavite PPO, along with SM Supermalls Security Affairs Consultant were also present to commend the security force and remind them to ensure the safety of mallgoers, tenants, and employees.

During the event, top-

performing personnel were awarded certificates of recognition for their exemplary service, including those who went above and beyond their responsibilities to assist customers and maintain order within the mall premises. These recognitions reinforce SM Supermalls' dedication to excellence and customer care.

SM City Bacoor, along with other SM Supermalls in the region, continues to prioritize security measures

through rigorous training programs, inspections, and collaborations with local authorities. The presence of PCOL Dwight E. Alegre and other key officials underscores the strong partnership between SM and law enforcement agencies in upholding safety and security standards.

SM Supermalls remains committed to providing a secure and welcoming environment, ensuring that everyone who visits feels safe and valued.

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## Editorial

### Expanded tertiary education: Empowering lifelong learners

Last week, President Marcos signed into law Republic Act 12124, a significant milestone in the country's commitment to inclusive and accessible education. This new law institutionalizes the Expanded Tertiary Education Equivalency and Accreditation Program (ETEEAP), recognizing the value of non-formal, informal, and indigenous learning systems as viable pathways to higher education. By embracing self-learning, independent study, and community-responsive training programs, RA 12124 paves the way for a more flexible and equitable education system in the Philippines.

For decades, higher education has remained largely structured around formal schooling, making it challenging for working professionals, self-taught individuals, and those with informal training to earn academic credentials. RA 12124 addresses this gap by institutionalizing a system that grants academic equivalency to knowledge and skills acquired outside conventional classrooms.

Under this law, individuals who have gained substantial expertise through work experience, apprenticeships, online courses, community engagement, or indigenous knowledge systems can have their competencies assessed and credited toward degree programs. This recognition is not only an acknowledgment of lifelong learning but also a strategic move to upskill the workforce without requiring them to leave their jobs or undergo redundant training.

Several pioneering initiatives align with the principles of RA 12124, demonstrating how non-traditional education can be effectively integrated into mainstream academic systems:

**Industry-Aligned Competency Certifications** – The Technical Education and Skills Development Authority (TESDA) has been implementing competency-based training programs that allow individuals to obtain National Certificates (NCs) in various trades and industries. These certifications can now serve as building blocks toward tertiary degrees.

**Micro-Credentialing and Modular Learning** – Some Philippine universities have begun offering modular and stackable credential programs,



wherein learners can accumulate credits from short courses, workshops, and specialized training that can be converted into degree units.

**Work-Based Learning Models** – Companies in sectors like IT, healthcare, and engineering have partnered with academic institutions to create dual-training systems, where employees can integrate workplace learning with academic coursework, expediting degree completion.

**Recognition of Indigenous and Community-Based Knowledge** – In the Cordillera and Mindanao regions, programs are being developed to assess and accredit indigenous knowledge holders in agriculture, natural resource management, and traditional medicine, integrating local wisdom into formal education.

Many countries have successfully implemented similar Recognition of Prior Learning (RPL) frameworks, offering insights for the Philippines:

Australia's RPL System allows professionals to convert work experience into formal qualifications, making career advancement more accessible.

Germany's Dual Education System combines

apprenticeships with academic learning, ensuring a seamless transition from training to employment.

Singapore's SkillsFuture Initiative provides financial incentives for citizens to pursue upskilling programs aligned with industry demands.

RA 12124 positions the Philippines alongside these global leaders in education reform, ensuring that no learner is left behind, regardless of how or where they acquire knowledge.

By institutionalizing the Expanded Tertiary Education Equivalency and Accreditation Program, RA 12124 reinforces the principle that education is not confined to four walls of a classroom. It recognizes that learning is dynamic, continuous, and deeply intertwined with real-world experiences.

As we move toward a future shaped by digital transformation and evolving job markets, this law ensures that the Philippine education system remains adaptive, inclusive, and responsive to the diverse needs of learners and industries alike.

## Mga Sakit sa Mata sa Pag-edad

Mapapansin natin ang mga ito sa edad na 40 pataas. Ipa-check-up sa ophthalmologist o doktor sa mata kung makararanas ng mga ganitong sintomas:

1. Katarata o cataract - Ang lente ng mga mata ay parang may ulap o puti sa gitna. Ang kulay ay madilim at mabilis masilaw, hirap sa gabi, madalas magpalit ng salamin sa mata, kupas ang kulay na nakikita o doble ang nakikita. Gamutan: (1) tamang grado ng salamin, (2) mas maliwanag na bahay sa labas, (3) sunglass, (4) huwag magmaneho sa gabi (5) operasyon sa katarata.

2. Presbyopia - Ang lente ay hindi makafocus kaya hindi mabasa ang malapitan na letra. Magpagawa ng salamin.

3. Eye floaters o iyung may lumulutang na bagay sa paningin – Kung paiba-iba lamang ang nakikita ay hindi naman delikado dahil ito ay dulot ng pag-edad. Ngunit kung dumami ay kailangan ng magpatingin.

4. Panunuyo ng mata (dry eyes) - Sobrang pagluluha at magaspang ang pakiramdam na parang may puwing sa mata. Patakan ng artificial eye drops.

5. Age-related macular degeneration – Kung saan ang macula ng mata ay humihina. Ang sintomas nito ay: (1) ang maliit na letra at malabo ang mata, (2) ang kulay ay nababawasan, (3) hirap maka-aninag ng mukha, (4) nag-iiba at parang alon-alon ang nakikita, at (5) lumalayo ang mga bagay. Kumonsulta sa isang eksperto sa mata gaya ng Retina Specialist. Kumain ng mga pagkaing mayaman sa Vitamin A, C, E, zinc, copper, para hindi lumala.

6. Glaucoma – Tumataas ang presyon sa mata. Madalas ay wala itong babala kaya hindi agad napapansin. Ang sintomas ay: (1) hirap ang paningin sa gabi, (2) tunnel vision, (3) malabo, (4) may "halo"

### DOKTOR NG MASA

ni Dr. Willie Ong



o bilog sa liwanag, (5) namumula ang mga mata, (6) masakit ang ulo o ang mga mata, (7) pakiramdam na parang nasusuka at nahihilo, at (8) cell damage sa optic nerve. Kumonsulta agad sa Eye Specialist para hindi mabulag.

7. Drooping Eyelid (Ptosis) - Humihina ang muscle sa talukap ng mata kaya minsan ang balat ay tumatakip sa mata. Ino-operahan ito kung nakatakip na sa mata.

8. Diabetic Retinopathy – Kapag hindi na-kontrol ang diabetes ay puwede masira ang mata at mabulag. Dapat nasa normal palagi ang iyong blood sugar.

9. Retinal Detachment – Sa pag-edad, ang mga ugat na nagdadala ng dugo, oxygen at nutrisyon sa likod ng mata ay lumalayo. Ang retina ay numinipis, nagkakaroon ng maliliit na butas at nalalagyan ng fluid kaya lumalayo ang retina sa ugat. Gayun din pag may diabetes. Ang sintomas ay may bagong floaters or light flashes, wavy, dark shadow sa paningin, parang nakasisid sa tubig. Kumonsulta agad sa doktor.

Kumonsulta sa Eye doctor kung: biglang lumabo ang mata, may flashes ng liwanag, masakit ang mata, biglaang pagdoble ng nakikita, biglang pamumula o namaga ang talukap ng mata.



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Publisher/Editor : **REBECCA M. VELASQUEZ**  
Managing Editor : **SID SAMANIEGO**  
Columnist : **DR. WILLIE ONG**  
Contributors : **IGE RAMOS**  
**PROF. PEDRO T. DOTILLOS, JR.**  
**PROF. PEDRO ARNELA A. LAPARAN**  
Cartoonist : **VICTOR JOHN B. RIBON**  
Lay-out Artist : **DAYA N. MADEJA**  
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# LEGAL NOTICES

REPUBLIC OF THE PHILIPPINES  
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Regional Trial Court  
Office of The Clerk Of Court  
Imus, Cavite

HOME DEVELOPMENT MUTUAL FUND  
(Pag-IBIG Fund),

Mortgagee/Assignee,

**-versus-** Extra-Judicial Foreclosure of Real  
Estate Mortgage Under Act No. 3135,  
as Amended, Republic Act. 4118

ROBERT P. ALAIN,

Mortgagors.

F.C. Case No. 19296-25

X----- X

## NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **HOME DEVELOPMENT MUTUAL FUND (Pag-IBIG Fund)**, mortgagee, with office address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against **ROBERT P. ALAIN**, with residence address at Blk 3 Lot 7 Annex 43 Better Living Subd., Parañaque City and/or Lot 20 Blk. 1 Tierra Vista Homes, Brgy. Malagasang II, Imus, Cavite 4103, to satisfy the mortgage indebtedness which as of January 6, 2025 amounts to **EIGHT HUNDRED TWO THOUSAND SIX HUNDRED FORTY FOUR PESOS & 93/100 (P 802,644.93)** Philippine Currency, including interest and penalty charges but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at public auction on **April 8, 2025 at 10:00 a.m.** or soon thereafter at the main entrance of the Office of the Clerk of Court, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following property with all the improvements therein, to wit:

### TRANSFER CERTIFICATE OF TITLE NO. T-1354801

A parcel of land (Lot 20 Blk. 1 of the subd. plan Psd-04-181248, being a portion of Lot 1544-C Psd-04-041871 (LRC) Rec. No. 8843 ), situated in Brgy. Malagasang II, Mun. of Imus, Prov. of Cavite, Island of Luzon. Bounded on the N., along line 1-2 by Rd. Lot 1 (5.00 m. wide); on the E., along line 2-3 by Lot 19 Blk. 1 both of the subd. plan; on the S., along line 3-4 by Lot 1544-B Psd-04041871, and on the W., along line 4-1 by Lot 21, Blk. 1, of the subd. plan. x x x containing an area of **FIFTY (50) SQ. METERS**, x x x"

All sealed bid must be submitted to the undersigned on the stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **April 15, 2025** at 10:00 a.m. without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon if any there be.

Imus, Cavite, Philippines, February 24, 2025.

(Sgd.) **ANSELMO P. PAGUNSAN, JR.**  
Sheriff IV

APPROVED BY:

(Sgd.) **ARMIE A. FRANCISCO**  
Clerk of Court VI

COPY FURNISHED:

HOME DEVELOPMENT MUTUAL FUND  
(otherwise known as **PAG-IBIG Fund**)

The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

ATTY. **JULIUS VOLTAIRE ROMMEL C. CUBELO**

Atty-in-Fact 24KACCOUNTS CONSULTANT, INC  
3F Fass Inteli College Bldg. No. 11 Pittsburgh St., Brgy. Silangan, Cubao, Quezon City

ROBERT P. ALAIN

Blk 3 Lot 7 Annex 43 Better Living Subd., Parañaque City  
Lot 20 Blk. 1 Tierra Vista Homes, Brgy. Malagasang II, Imus, Cavite

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## Batangas Mega Job Fair Applicants Get their Postal ID

A total of 436 job applicants and students applied for their postal IDs from the Philippine Postal Corporation (PHLPost) during the Mega Job Fair 2025 organized by the Local Government Units in District 1 Central Azucarera Don Pedro Inc. (Cadpi) in Nasugbu, Batangas last March 07.



Assisted by PHLPost Area IV Southern Luzon, the Postal ID has been very useful as a primary form of identification for various documentary requirements, as it is widely accepted by government agencies and financial institutions in the Philippines, particularly for verifying address and identity when applying for services like passports or opening bank accounts.

Job Applicants at the One Stop Local and Overseas Job Fair were given priority to avail of the PHLPost Mobile Capturing Service of the Postal ID that aims to bring the Postal ID services closer to the people.

According to Postmaster General Luis D. Carlos, the project is PHLPost's contribution to the government's effort to reach out to the community especially those

living in far-flung areas and to those who wish to secure the Postal ID but do not have the time to go to the post office, especially those who are currently employed."

He added that private companies, organizations, and government agencies will be given priority to avail of the Mobile Data Capturing Service. They will simply PHLPost that they need the said service to be conducted in their locality.

It is expected that this project will augment regular data-capturing stations located at post offices nationwide and also in response to the clamor of thousands of Filipinos who wish to acquire the new Postal ID.

PHLPost aims to comply with Republic Act 11032 also known as the Ease of Doing Business and Efficient Government

Service Delivery Act of 2018 mandating all government offices and agencies including local government units (LGUs), Government-Owned or -Controlled Corporations (GOCCs), and other government instrumentalities to provide services covering business and non-business related transactions, which adopts simplified procedures that will reduce red tape and expedite transactions in government.

Overseas Filipino Workers or OFWs can also apply for a Postal ID, which is considered a valid government-issued ID in the Philippines, by simply going to a post office and submitting the required documents, including their valid passport, to obtain one; this allows them to use their Postal ID for various transactions even while

abroad, especially when dealing with financial services connected to the Philippine Postal Corporation (PHLPost) like receiving remittances through Visa or other payment methods.

Requirements to avail of the Postal ID are duly-accomplished application forms, a proof of identity, and a proof of address. The application fee for the Postal ID is P550.00 which is inclusive of tax and delivery fee for regular issuance and P650 for Rush ID fee.

The Postal ID is embedded with security features to protect the identity of the cardholder and combat fraudulent transactions or scams. The selected capturing stations and post offices nationwide can be seen on the official PHLPost website and social media pages.

# NEWS

## COMELEC taps DOST and DICT for secure and transparent 2025 midterm poll

The Commission on Elections (COMELEC) wants to ensure a secure, transparent, and reliable midterm election in May 2025 by seeking the expertise of the Department of Science and Technology (DOST) and the Department of Information and Communications Technology (DICT).



DOST secretary Renato U. Solidum Jr. (R) with DICT secretary Ivan John Uy during the signing of a tripartite MOA that seeks secure and transparent midterm election. (Photo courtesy of DOST-NCR)

On March 4, 2025, at COMELEC's Palacio del Gobernador office in Intramuros, Manila, COMELEC Chairperson George Erwin Garcia, DOST Secretary Renato U. Solidum Jr., and DICT Secretary Ivan John Uy signed a tripartite Memorandum of Agreement (MoA) to achieve what they called a technological, efficient, and credible electoral process this May.

In his speech, COMELEC Chair Garcia acknowledged the vital role of DOST in the conduct of the automated election. He explained that DOST is responsible for conducting various tests on Automated Counting Machines (ACM)—including stress tests, electrical tests, and others—to ensure that equipment is reliable and in good working condition.

"Ang DOST ang nagsagawa ng iba't ibang pagsusuri sa ating mga makina—mula sa stress test, electrical test, at iba pa—upang matiyak na maayos at maaasahan ang ating mga gamit," said Chair Garcia.

(Even our ballot boxes underwent their assessment, including a water-proofing test to ensure they would not leak. With the guidance of the DOST, we were able to select the best equipment for our elections)

Chair Garcia believes that the law requires an international certifying body for the machines. However, they observed that the findings of the international certifying body were the same as

those of the DOST.

"Ibig sabihin, ang ating sariling institusyon ay may kakayahang magsagawa ng parehong antas ng sertipikasyon. Kaya't naniniwala kaming maaari nating isulong ang pagbabago sa batas upang kilalanin ang DOST bilang pangunahing certifying body sa bansa, hindi lamang para sa ating automated election system, kundi maging sa iba pang teknolohiyang ginagamit sa rehiyon," said Chair Garcia.

(This proves that our institution can conduct certification at the same level, which is why I believe the law can be amended to recognize DOST as the primary certifying body in the country, not just for the automated election system but also for other technologies used in the region)

Meanwhile, DOST Secretary Solidum shared that under Republic Act 9369, the science department ensures Electoral Board Members are trained to operate ACM. This year's election process will use ACMs with upgraded features, replacing the Vote Counting Machines (VCM) used in previous years.

"As we anticipate these significant enhancements in the voting process, particularly with the introduction of new Automated Counting Machines, we are gearing up for more comprehensive training programs, the enhancement of our certification materials, and closer coordination with COMELEC and our Regional Offices," said

DOST Secretary Solidum.

Sec. Solidum shared that DOST's main task is certifying Electoral Board Members to ensure they can confidently operate ACMs. Through its EB Certification Program, the department ensures at least one member of each board has the necessary expertise. In previous elections, DOST mobilized its resources to certify board members nationwide.

Sec. Solidum shared that in 2016, 182,790 Electoral Board Members were certified with a 90.7% passing rate. In 2019, 171,144 members were certified, achieving a 94.1% passing rate. The 2022 elections saw 205,413 members certified with a 94.23% passing rate. For the 2025 elections, DOST has established a pool of over 600 certifiers across all 18 regions. These certifiers underwent a Training of Trainers (TOT) program from February 4 to 21, with additional support for local and overseas voting Special Board of Election Inspectors.

Sec. Solidum also said that DOST's role in the 2025 midterm election extends beyond local and overseas EB certification. As a non-voting special member of the COMELEC Advisory Council, we provide technical advice and submit position papers to improve the electoral process. Additionally, we are preparing to deploy personnel to staff the COMELEC Technical Hubs in collaboration with DICT.

"DOST's involvement in the 2025 NLE does not end with local and overseas EB certification. As a non-voting special member of the COMELEC Advisory Council (CAC), we also provide technical advisory services and submit position papers to further enhance the electoral process," said Sec. Solidum. **(With information from Karen Vivien Conducto, Office of the DOST Secretary)**

### Larger

from page 8

Overseas Filipino Workers (OFWs) play a significant role in boosting the country's economy, according to Dr. Chie Umandap, AKO-OFW chairman and former OFW. Therefore, they deserve government benefits such as the OFW-Pension plan, OFW-Discount, OFW-

Pabahay, and more.

Dr. Umandap stressed that merely labeling OFWs as "new heroes" is insufficient. Instead, the government should demonstrate genuine concern for their welfare, not just when they die or when their cases go viral.

The BSP reported that gross inflows grew by 6.8%

to \$1.31 billion in January, up from \$1.24 billion in the same month in 2024. This represents a 25% increase from the \$1.06 billion in December 2024.

Meanwhile, remittances from January to November 2024 reached \$34.61 billion, equivalent to P1.83 trillion, showing a 3.0% increase compared to the \$33.59 billion, equivalent to P1.79 trillion, recorded during the same period in 2023."

### Cavite

from page 1

A key highlight of the event was the presentation of OPCDO programs and services by Ms. Liza C. Gabatan, OPCDO - Entrepreneurial Division Head, showcasing the various initiatives and support mechanisms available for aspiring entrepreneurs in Cavite. This pro-

vided students with valuable information on how they can access resources and guidance for their future business endeavors.

The lecture proper was facilitated by Dr. Leo D. Manansala, who delivered an engaging discussion on the Entrepreneurial Mindset. His talk

covered essential topics such as innovation, resilience, and strategic thinking, encouraging students to adopt a proactive approach toward entrepreneurship. After the lecture, students were given the opportunity to ask questions, allowing them to gain further insights and clarify their concerns about the entrepreneurial journey. **(OPIO)**



### DOST

from page 8

Usec. Mabborang emphasized his vision of raising the standards for NSTW, making it not just a celebration but an immersive experience that sets Region 1 apart. He encouraged the team to curate unique elements that will make the 2025 NSTW distinct from previous hostings in Regions 6 and 10. Furthermore, he underscored the importance of sustaining

initiatives beyond the event, ensuring that NSTW serves as a platform for long-term regional development rather than just a one-time gathering.

DOST-Ilocos Sur Provincial Director and DOST Region 1 NSTW Focal Person, Engr. Jordan L. Abad, presented the current plans and strategies, along with proposals from various DOST regional

offices and attached agencies. The meeting also facilitated discussions and brainstorming sessions to streamline execution, enhance coordination, and incorporate innovative ideas.

With these preparations underway, DOST Region 1 aims to deliver an exceptional and impactful NSTW 2025, showcasing science, technology, and innovation as drivers of progress in the region and beyond. **(Christian Dominic Casimoro)**



# MAGLIBANG TAYO

## KAPALARAN

**ARIES (Mar. 21-Apr. 19)** - Kumuha ka ng lakas sa iyong mga inspirasyon, dahil kung sarili mo lang ang iyong aasahan, maaaring talunin ka ng mga negatibong pananaw. Ito ang mensahe para sa iyo. Masuwerteng kulay-violet; Tips sa lotto-8-10-14-28-30-36.

**TAURUS (Apr. 20-May 20)** - Balikan mo ang iyong mga nakaraang tagumpay. Makikita mong ang kinakaharap mong pagsubok ay hindi naman kasing laki at bigat ng mga nalampasan mo na. Masuwerteng kulay-peach. Tips sa lotto-6-11-18-23-39-41.

**GEMINI (May 21-June 20)** - Huwag mong pansinin ang mga taong kumontra sa iyo. Tulad dati, wala naman silang magagawa kundi ang mamangha sa mga magagandang kapalaran mo. Masuwerteng kulay-red. Tips sa lotto-9-14-27-29-37-45.

**CANCER (June 21-July 22)** - Sukatin mo ang pagkatao ng mga nagpapakita sa iyo ng pagtingin. Hindi na dapat pang maulit ang nakaraan. Masuwerteng kulay-brown. Tips sa lotto-2-15-20-25-36-40.

**LEO (July 23-Aug. 22)** - Malaking hamon para sa iyo na bigyang katuparan ang pangarap mong mag-abroad. Ibinabalita rin ng iyong kapalaran na malalaking tagumpay ang mapapasaiyo sa oras na nakapangibang-bansa ka. Masuwerteng kulay-white. Tips sa lotto-4-18-24-33-39-41.

**VIRGO (Aug. 23-Sept. 22)** - Muli kang papahiramin ng lakas ng isang tagapayo mo na kahit pamamali-mali ka ay hindi ka iniwan. Siya rin ang magsisilbi mong pampasuwerte. Masuwerteng kulay-green. Tips sa lotto-5-14-26-34-38-42.

**LIBRA (Sept. 23-Oct. 22)** - Huwag mong pahirapan ang sarili mo. Kung ano ang magaan at madaling gawin, 'yun ang piliin mo. Muli, huwag mo nang pahirapan pa ang iyong sarili. Masuwerteng kulay-yellow. Tips sa lotto-3-16-22-29-33-42.

**SCORPIO (Oct. 23-Nov. 21)** - Habang hinahamon ka, mas lumalabas ang galing at husay mo. Kaya wala kang dapat ipag-alala. Masuwerteng kulay-purple. Tips sa lotto-1-15-18-23-39-45.

**SAGITTARIUS (Nov. 22-Dec. 21)** - Paramihin mo ang maliliit na suwerteng dumadapo sa iyo. Ito ang magsisilbing binhi ng iyong kapalaran. Masuwerteng kulay-pink. Tips sa lotto-9-11-16-20-34-40.

**CAPRICORN (Dec. 22-Jan. 19)** - Kahit maliit na bagay ay pinapalaki mo. Iwasan mo ito ngayon. Masuwerteng kulay-beige. Tips sa lotto-5-13-17-26-32-42.

**AQUARIUS (Jan. 20-Feb. 18)** - Labanan mo ang sarili mong kahinaan. Magagawa mo ito sa pamamagitan ng paglalabas mo ng magagandang katangian. Ito ang mensahe ng iyong kapalaran sa ngayon. Masuwerteng kulay-blue. Tips sa lotto-4-10-19-24-39-44.

**PISCES (Feb. 19-Mar. 20)** - Maaari kang mag-alinlangan sa araw na ito. Gayunpaman, ngayon naman darating ang mga suwerte mo sa buhay. Masuwerteng kulay-black. Tips sa lotto-6-11-14-22-30-39.

## SUDOKU

						3		
	2	3	9		8		6	
6		1	3				9	8
	9	8						
						2	3	5
7								
		6	7	2				1
				3		8	7	2
2		9						

### SAGOT: SUDOKU VOL. 22 #1

2	5	8	3	6	9	4	7	1
3	7	9	1	4	8	2	5	6
1	4	6	2	5	7	3	8	9
7	1	2	4	8	6	5	9	3
6	8	3	5	9	2	7	1	4
4	9	5	7	3	1	8	6	2
5	2	1	6	7	4	9	3	8
8	3	4	9	1	5	6	2	7
9	6	7	8	2	3	1	4	5

**HOW TO PLAY:** Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

## Did You Know?



**DID YOU KNOW HOGWARTS WOULD LOOK LIKE AN ABANDONED BUILDING TO MUGGLES?**

Hailing all Harry Potter fans! If Muggles came across Hogwarts, it would only appear to look like an abandoned building with a "Keep Out: Dangerous" sign on it. Check out these other hidden messages in Harry Potter books you never noticed.

## WORD HUNT

### Super Heroes

A	N	N	T	H	X	R	R	A	I	R	S	N	K
N	R	A	B	I	R	O	N	M	A	N	U	A	W
H	V	T	T	P	H	I	T	W	H	A	P	M	O
O	T	F	C	A	S	W	T	A	M	X	E	O	N
R	M	O	E	E	A	U	H	E	P	R	R	W	D
U	R	R	T	S	L	A	E	N	L	O	M	T	E
W	W	A	L	P	F	E	H	I	I	S	A	A	R
E	T	H	O	I	E	E	U	R	V	S	N	C	W
M	N	T	R	D	H	I	L	E	E	E	O	A	O
H	B	O	A	E	T	N	K	V	D	F	L	R	M
B	H	A	E	R	R	N	L	L	E	O	E	H	A
T	B	A	T	M	A	N	M	O	R	R	R	M	N
S	O	L	E	A	T	F	A	W	A	P	H	M	E
T	N	W	I	N	E	M	T	A	D	H	T	W	M

ELECTRA

SPIDERMAN

IRONMAN

DAREDEVIL

WONDER WOMAN

CATWOMAN

SUPERMAN

WOLVERINE

BATMAN

THOR

THE HULK

PROFESSOR X

THE FLASH



# DOST Region 1 Gears Up for 2025 NSTW With Curation Meeting

To ensure a well-executed and standout 2025 National Science, Technology and Innovation Week (NSTW) celebration, the Department of Science and Technology Region 1 (DOST Region 1) hosted a Curation Meeting on March 3, 2025, at Fort Ilocandia Hotel Resort. The meeting, initiated by DOST Undersecretary for Regional Operations, Engr. Sancho A. Mabborang, aimed to refine the planning and execution of the event, emphasizing innovation and regional impact.



DOST Region 1 Regional Director Dr. Teresita A. Tabaog highlighted that the meeting stemmed from discussions with Usec. Mabborang about the importance of defining roles and responsibilities in hosting the NSTW. As the first NSTW in Region 1, she stressed the need for guidance from the teams of Usec. Mabborang and Usec. Maridon Sahagun to ensure a smooth and successful event. **DOST • 6**

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## Larger OFW Remittances needed to offset foreign investors' Withdrawals - AKO-OFW

The AKO-OFW partylist emphasized that the country needs larger OFW remittances to compensate for the withdrawal of foreign investors' funds.



According to the Bangko Sentral ng Pilipinas (BSP), foreign capital outflows have continued since January, reaching \$283.69 million. Therefore, AKO-OFW Partylist 1st nominee Dr. Chie Umandap sees the importance of growing OFW remittances to match the outflow of dollars from foreign investors. **LARGER • 6**

## SM Malls in Cavite Enhance Safety Preparedness with Coordinated Fire Drills

In a concerted effort to bolster safety measures and emergency readiness especially in celebration of the National Disaster Preparedness Month, SM City Bacoor, SM City Molino, and SM Center Imus recently conducted simultaneous fire drills along with other SM Supermalls across the country. These exercises underscore SM Supermalls' dedication to ensuring the well-being of both patrons and staff across its establishments.



The drills were meticulously planned in collaboration with the Bureau of Fire Protection (BFP) and local emergency response teams. Key components of the exercises included the activation of fire alarms, systematic evacuation procedures, first-aid scenarios, and practical firefighting demonstrations. Such comprehensive drills are integral to assessing and enhancing the efficiency of mall personnel, tenants, and security teams in real-life emergency scenarios.



Active participation from shoppers and employees was a pivotal aspect of the drills. By engaging in the evacuation processes, participants became more acquainted with designated exit routes and emergency proto- **SM MALLS • 4**