



PMC
Pulsocaviteño
 ng Makabagong
NEWS PUBLICATION
 PINAGBUBUKLOD ANG MAMAMAYANG CAVITEÑO

VOL. 21 NO. 22 JULY 29 - AUGUST 4, 2024 P 10.00
 Email: pulsocavitenyo@yahoo.com ISSN 1656-7684

Fishermen carry onto a shore an oil-stained wooden boat at a fishing village in Ternate, Cavite province, Philippines, 30 July 2024. Oil spill from the sunken oil tanker 'MT Terranova' has reached the Cavite province. The oil spill from the capsized tanker, which was carrying 1.4 million liters of oil is now affecting the municipal waters of several areas, including Bulacan, Cavite, and Bataan. Environmental organizations are calling on President Marcos Jr. to make oil and gas companies pay for polluting waters and fueling the climate crisis. The 'MT Terranova' tanker ship sank on 25 July off the Manila Bay. EPA-EFE/FRANCIS R. MALASIG

8 Cavite localities in state of calamity

NOVELETA, Cavite — The provincial government of Cavite has declared a state of calamity in at least eight coastal municipalities due to the oil spill that emanated from MT Terranova that sank on July 25 due to Typhoon "Carina."

The oil spill-affected municipalities are Bacoor, Kawit, Noveleta, Rosario, Tanza, Naic, Maragondon and Ternate.

The province has also declared a no-catch zone for all shellfish (mussels, crabs, crabs and halaan) in the vicinity, according to Gov. Jonvic Remulla on his official social media page on Wednesday.

8 CAVITE • 6

MPT South brings "ALERTO KADA KILOMETRO" Road Safety Seminar to Tas Trans Corp



Valuing the importance of road safety, Metro Pacific Tollways South (MPT South), a subsidiary of Metro Pacific Tollways Corporation (MPTC), organized the Drayberks Road Safety Seminar with the theme "ALERTO KADA KILOMETRO" for the employees of TAS Trans Corp. and Erjohn & Almark Transit Corp., who regularly travel across the Manila-Cavite Expressway, or CAVITEX, last July 18, 2024.

During the event, MPT South representatives discussed expressway rules and regulations, focusing on RA 2000: The Limited Access Highway Act. Representatives from the Metro Manila Development Authority (MMDA), including Mr. Eric Vergara, Information Officer and Lecturer from the Traffic MPT SOUTH • 5

Over 150 participants from entire Negros Oriental in attendance

PTFoMS HOLDS SUCCESSFUL MEDIA SUMMIT IN CENTRAL VISAYAS

Dumaguete City – THE Presidential Task Force on Media Security (PTFoMS), successfully concluded last Friday, July 26, 2024, the Visayas Leg of its Regional Media Safety Summit participated in by active members of the press, information officers of various government agencies and the academe.



Under the theme, "Empowering Press Freedom and Media Relations," the summit, held at the Sierra Hotel, was hosted by the local government of Dumaguete City headed by Mayor Felipe 'Ping' Remollo, in partnership with the PTFoMS and the Philippine Information Agency (PIA).

A firm proponent of good governance at the local level, Remollo added the gathering is also part of the city's calendared activities ahead of their 75th anniversary this November.

He opened the summit with the wish not only for its success but also, as a platform for dialogue and collaboration between members of the press and public servants, focusing on enhancing understanding and cooperation in media and communication.

The program started with a message of support from Presidential Communications Office (PCO) Secretary Atty. Cheloy V. Garafil read by PTFoMS Executive Director Usec. Paul M. Gutierrez and a message from PTFOMS • 5

NEWS

DOST helps intensify Twin Lakes Hotel's food safety implementation conducts various seminars

In support of the Twin Lakes Hotel's efforts to enhance its implementation of food safety practices, the Department of Science and Technology (DOST)-Batangas conducted seminars on Halal awareness, basic food hygiene (BFH), food safety hazards (FSH), and Hazard Analysis Critical Control Point (HACCP) in food service operations for its personnel, July 15-16.



The seminars were designed to provide hotel personnel with the necessary knowledge and skills to ensure the highest standards of food safety in their operations. By partnering with DOST, Twin Lakes Hotel hopes to further improve its food safety practices and maintain a competitive edge in the industry by becoming a

Muslim-friendly establishment that prioritizes the well-being of its guests, including those with specific dietary restrictions.

In November 2023, the hotel was invited as one of the tourism establishments to participate in the Halal Training organized by the Department of Tourism in partnership with DOST. As a

continuation of DOST's support, seminars on Halal awareness, BFH, FSH, and HACCP were organized to further enhance the hotel personnel's understanding and implementation of Halal practices in their operations. This is also part of the DOST Research Ecosystem for Development and Innovation (ReDi) Project



titled "Development and Deployment of Halal Tourism Training Module and Halal Assurance Systems (HAS) to Secure Halal Compliance of Tourism Establishments."

Nineteen hotel personnel attended the training session, including food and beverage managers, supervisors, chefs, and representatives from HR, front office, engineering, finance, and security departments. They were engaged in workshop activities focused on

practical skills, such as handwashing techniques and the application of HACCP principles, to underscore the importance of implementing comprehensive food safety standards.

Ms. Maria Teresa A. Pamplona and Ms. Anna Marie M. Marasigan, both members of the DOST-CALABARZON Halal Assurance System Team and Food Safety Team, facilitated the seminars.

Twin Lakes Hotel management thanked DOST for providing the semi-

nars, which they believe will greatly benefit their operations and ensure the maintenance of the highest standards of food safety. Ms. Blessy Bayas, the training manager, mentioned that she now feels more confident in their ability to comply with food safety regulations and standards. "The seminars have significantly boosted our readiness to meet food safety requirements, most importantly in Halal," she added. *(By John Maico Hernandez)*

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Editorial

Building a better world for children

Pope Francis gathered 50,000 children from 100 countries to celebrate the historic first World Children's Day in Rome's Olympic Stadium on Saturday, May 25, and in St. Peter's Square on Sunday, May 26.

It was the first and the greatest gathering of children since United Nation established the Universal Children's Day in 1954; the first since the UN's Declaration of the Rights of the Child in 1959; the first since the UN General Assembly adopted the Convention on the Rights of the Child in 1989.

Of course, it did not have anything to do with the UN's initiatives per se. But it had so much to do with advocating, promoting and building a better world for children. It was only in December 2023 when Pope Francis contemplated on celebrating a World Children's Day in order to get the world's attention to the pitiful situation of about 2.3 billion of world's children who are in the thick of poverty, conflict situations, forcible displacement and the worsening effects of environmental degradation.

Since he assumed the Petrine ministry in 2013, Pope Francis had been deeply concerned with the suffering of children worldwide. Addressing to about 30,000 young people at the University of Santo Tomas during his visit to the Philippines in January 2015, he was visibly touched with the question of a 12-year old Glyzelle Palomar, who tearfully recounted a tender life spent to forage for food from the garbage and to sleep on cardboards on the streets, who sobbed "Why did God let this happen to us?"

The Holy Father responded, "Dear young boys and girls, today's world doesn't know how to cry. The emarginated people, those left to one side, are crying. Those who are discarded are crying. But we don't understand much about these people in need. Certain realities of life we only see through eyes cleansed by our tears. I invite each one here to ask yourself: have I learned how to weep? Have I learned how to weep for the emarginated or for a street child who has a drug problem or for an abused child? Unfortunately there are those who cry because they



want something else. This is the first thing I want to say: let us learn how to weep as she has shown us today and let us not forget this lesson. The great question of why so many children suffer, she did this in tears. The response that we can make today is: let us really learn how to weep."

Of late, the Pope has become increasingly disturbed with the plight of children in war, such as the killing and wounding of so many children in the ongoing attack of Russia on Ukraine since October 7, 2023, and the deaths of more than 15,000 Palestinian children in the ongoing conflict in Gaza where more than 47 percent of the population is under the age of 18.

Addressing the children at Rome Olympic Stadium, the Holy Father said, "I know wars make you sad, but I want to ask: are all of you truly saddened about wars? (Children responded) "Yes!". Today I welcomed children who fled from Ukraine and they were in a lot of

pain due to the conflict. Some of them were even wounded. Is war a good thing? (Children responded) "No!". Is peace a beautiful thing? (Children responded) "Yes!". It makes me happy to hear children say this. You are hurting because many of your peers cannot go to school. There are so many girls and boys who cannot go to school. These are realities that I carry in my heart, and I pray for them. We need to pray for children who cannot go to school, for children who suffer because of wars, for children who have no food, and for children who are sick but have no one to take care of them."

The World Children's Day is latest of the three new "World Days" Pope Francis has established—after the World Day for the Poor in 2017 and the World Day of Grandparents and the Elderly in 2021. All these are in pursuit of the exigency of building a future based on peace, hope and dialogue.

PMC PULSO NG MAKABAGONG CAVITEÑO NEWS PUBLICATION, a community newspaper published weekly, every Sunday and circulated throughout the province of Cavite, has its editorial and business office at Blk. 7 Lot 8 & 10 Salinasville I, Bacoor City, Cavite

DTI NO. 1017276 Mobile No.: 09959874383

Publisher/Editor : REBECCA M. VELASQUEZ
Managing Editor : SID SAMANIEGO
Columnist : DR. WILLIE ONG
Contributors : IGE RAMOS
PROF. PEDRO T. DOTILLOS, JR.
PROF. PEDRO ARNELA. LAPARAN
Cartoonist : VICTOR JOHN B. RIBON
Lay-out Artist : DAYA N. MADEJA
Circulation Manager : DIOSDADO M. VELASQUEZ JR.

SUBSCRIPTION RATE

1 Month P 20.00 3 Months P 60.00
6 Months P 120.00 One Year P 240.00

ADVERTISING RATE

Commercial.....P200.00/col. cm. Legal.....P160.00/col. cm.

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Masakit ang Puwit: Solusyon sa Almoranas

Marami ang may almoranas (hemorrhoids). Pagdating ng edad 50, mga 50% ng tao ay may almoranas na.

Ano ang almoranas? Ito'ya mga ugat at laman na luma-la-bas sa puwit. May mga ugat sa loob ng puwit, at sa ka-tagalang pag-iire, puwede itong lumalabas, maipit at dumugo.

Ang sintomas ng almoranas ay ang masakit na pakiramdam habang dumudumi. Parang may humihiwa o napupunit sa puwit. Minsan, may dugo sa dumi o sa puwitan. May pagkakataon na makakapa rin ang almoranas sa puwitan.

Ang sanhi ng almoranas ay ang pagtitibi o pagiging constipated. Kailangan natin mapalambot at mapadali ang pagdumi.

Pagkaing Mataas Sa Fiber (High-fiber foods):
Ang pinaka-solusyon dito ay damihan ang pagkain ng pagkaing mataas sa fiber. Kailangan natin kumain ng 5 tasa ng pagkaing mataas sa fiber tulad ng gulay, patola, okra, kangkong, prutas, brown rice, wheat bread, mani at iba pa.

Kapag maraming fiber tayong kinain, mas magiging malaman (may bulk) ang iyong dumi at madali itong mailabas. Minsan, isang irihan lang at

DOKTOR NG MASA

ni Dr. Willie Ong



lalabas na ang dumi. Dahil dito, mas hindi masusugat ang iyong almoranas o puwit.

Uminom din ng 8-12 basong tubig. Kailangan mo ng maraming tubig para hindi tumigas ang iyong dumi.

Huwag umasa sa gamot na pampadumi dahil lalo ka lang magtitibi pagkatapos ng epekto nito.

Isa pang tip: Huwag pigilin o ipitin ang paglabas ng dumi. Kapag pinipigil natin ang paglabas (tinitigas ang masel ng puwit) lalong kikipot ang lalabasan ng dumi at masusugatan lalo ang almoranas.

I-kalma ang sarili ang subukang ilabas ang dumi ng isang pag-iri lang.

Magpatingin sa doktor (surgeon) para masiguro na almoranas ang problema.

LEGAL NOTICES

**REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
CITY OF BACOR, CAVITE
BRANCH 89 (116)**

**Official Contact Number: (0917) 182-4546
Email address: rtc116.89.bacoor@gmail.com**

**RE: ISSUANCE OF ANOTHER OWNER'S
DUPLICATE COPY OF TRANSFER
CERTIFICATE OF TITLE NO. T-105522 OF
THE REGISTRY OF DEEDS OF TRECE
MARTIRES CITY, FOR THE PROVINCE
OF CAVITE IN THE NAMES LEONIDA
GUINTO, VIRGINIA CALINISAN, REYNALDO
GUINTO, BELEN GUINTO AND, LYDIA
GUINTO,**

**ARTURO N. INTERIOR, represented
by his Attorney-In-Fact,
Maricris D. Dagsa,**
Petitioner,

- versus - LRC CASE NO. 8843-2024-15

**THE REGISTRY OF DEEDS OF BACOR CITY,
and all other persons claiming rights in the
said property that may be affected thereby,**
Respondents.

X-----X

SECOND AMENDED ORDER

Raffled before this Court is a Petition, dated February 5, 2024, by the petitioner Arturo N. Interior, through his counsel Atty. Benedict V. Victa and Attorney-in-Fact Maricris D. Dagsa, praying for the issuance of a new owner's duplicate copy of Transfer Certificate of Title No. T-1055219 in lieu of the lost one.

Finding the petition to be sufficient in form and substance, and complaint with A.M No. 19-10-20-SC, let the same be set for initial hearing on August 29, 2024 at 8:30 in the morning.

NOTICE is hereby given to any person claiming an interest to file an opposition stating the grounds thereto why this petition should not be granted, on or before the above-scheduled hearing and to appear on such hearing.

Let copies of this Amended Order be posted by the Process Server of this Court in three conspicuous places in the City of Bacor, Cavite where the property is situated.

Let this Order be published once a week for three (3) consecutive weeks in a newspaper of general circulation in the Province of Cavite.

Let a copy of this Order be sent to the petitioner and counsel, the Office of the Registry of Deeds for the Province of Cavite, Office of the Registry of Deeds for the City of Bacor, the Office of the Bureau of Lands, DENR, Trece Martires City, Cavite; the Land Management Bureau; the adjacent owner/ss and all the person/s named in the petition who appear to have an interest in the petition.

The petitioner and counsel are directed to furnish copies of this petition to the Office of the Registry of Deeds for the Province of Cavite, Office the Registry of Deeds of the City of Bacor, the Office of the Bureau of Lands, DENR, Trece Martires City, Cavite; the Land Management Bureau; the adjacent owner/s and all the person/s named in the petition who appear to have an interest in the petition.

SO ORDERED.

GIVEN IN CHAMBERS, this 6th day of June 2024 in the City of Bacor, Cavite.

(Sgd.) PERSEPHONE MEIR B. BELENA
Assisting Judge

Copy furnished:

Atty. BENEDICT V. VICTA
Isidora Cpd., Kap. Victa St., Tabon II, Kawit, Cavite
atty.victa@gmail.com

ATTY. ANTONIO T. NICOLAS
025 Pagtakhan St. Poblacion, Bacor City, Cavite

**REPUBLIC OF THE PHILIPPINES
OFFICE OF THE CLERK OF COURT
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
CITY OF IMUS, CAVITE**

**HOME DEVELOPMENT MUTUAL FUND
(PAG-IBIG FUND)**

Mortgagee,

**- versus - EXTRA-JUDICIAL FORECLOSURE OF
REAL ESTATE MORTGAGE UNDER
ACT 3135 AS AMENDED BY ACT 4118**

**SALVACION O. BAS married to
BENITO B. BAS herein represented by their
Attorney-In-Fact, CRISTETA B. SARIA,**
Mortgagors.
F.C. Case No. 18385-23

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by **HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)**, mortgagee, with principal office at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against **SALVACION O. BAS married to BENITO B. BAS herein represented by their Attorney-In-Fact, CRISTETA B. SARIA**, mortgagors, with residence and postal addresses at 303 Bucandala II, Imus, Cavite, and Lot 29 and Lot 31, Blk. 5 Ph.-B, The Legian Imus Two Subd., Calsadang Bago, Imus, Cavite, to satisfy the mortgage indebtedness which as of May 16, 2023 amounts to **ONE MILLION THREE HUNDRED TWENTY FIVE THOUSAND TWO HUNDRED NINETEEN PESOS & 02/100 (Php1,325,219.02)** Philippine Currency, including interest but excluding penalties, attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at public auction on **August 13, 2024 at 10:00 a.m.** or soon thereafter at the main Entrance of the Office of the Clerk of Court, RTC-Imus Hall of Justice, Aguinaldo Highway, Imus City, Cavite, to the highest bidder for CASH and in Philippine Currency, the following property with all the improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2014046813

"A PARCEL OF LAND (LOT 29 BLOCK 5 OF THE CONS.-SUBD. PLAN PCS-04-026819; BEING A PORTION OF LOTS 1298; 1300 BOTH OF IMUS ESTATE, 1301 (NOW RS-04-005038), 1302 (NOW RS-04-005039), 1304-A-1 AND 1304-A-2 BOTH OF PSD-04-081431 AND LOT 1 BLOCK 13, PCS-04-026053) SITUATED IN CALSADANG BAGO, IMUS, CAVITE, ISLAND OF LUZON. BOUNDED ON THE NE., ALONG LINE 1-2 BY ROAD LOT 5, ON THE SE., ALONG LINE 2-3 BY LOT 31 BLK. 5, ON THE SW., ALONG LINE 3-4 BY LOT 30 BLK. 5, ON THE NW., ALONG LINE 4-1 BY LOT 27 BLK. 5 ALL OF THE CONS.-SUBD. PLAN. X X X CONTAINING AN AREA OF **THIRTY SIX (36) SQUARE METERS. X X X**"

TRANSFER CERTIFICATE OF TITLE NO. 057-2014046814

"A PARCEL OF LAND (LOT 31 BLOCK 5 OF THE CONS.-SUBD. PLAN PCS-04-026819; BEING A PORTION OF LOTS 1298; 1300 BOTH OF IMUS ESTATE, 1301 (NOW RS-04-005038), 1302 (NOW RS-04-005065), 1188 (NOW RS-04-005039), 1304-A-1 AND 1304-A-2 BOTH OF PSD-04-081431 AND LOT 1 BLOCK 13, PCS-04-026053) SITUATED IN CALSADANG BAGO, IMUS, CAVITE, ISLAND OF LUZON. BOUNDED ON THE NE., ALONG LINE 1-2 BY ROAD LOT 5, ON THE SE., ALONG LINE 2-3 BY LOT 33 BLK. 5, ON THE SW., ALONG LINE 3-4 BY LOT 32 BLK. 5, ON THE NW., ALONG LINE 4-1 BY LOT 29 BLK. 5 ALL OF THE CONS.-SUBD. PLAN. X X X CONTAINING AN AREA OF **THIRTY SIX (36) SQUARE METERS. X X X**"

REMEDIOS MADRIAGA
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AND San Nicolas 1, Bacor City

BELEN GUINTO
129 Aniban, Bacor City, Cavite AND Bayanan, Bacor City,
Cavite AND San Nicolas 1, Bacor City

Publication: PMC Pulso ng Makabagong Caviteño News Publication
Dates: July 15, 22 & 29, 2024

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **August 20, 2024** at 10:00 a.m. without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances therein if any there be.

Imus City, Cavite, Philippines, May 8, 2024.

(Sgd.) BENITO A. CARRASCAL
Sheriff IV

APPROVED

(Sgd.) ARMIE A. FRANCISCO
Clerk of Court VI

**Copy Furnished:
HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)**
The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue,
Makati City

SALVACION O. BAS married to BENITO B. BAS
303 Bucandala II, Imus, Cavite,
Lot 29 and Lot 31, Blk. 5 Ph.-B, The Legian Imus Two Subd.,
Calsadang Bago, Imus, Cavite

ATTY. CAESAR S. EUROPA
Attorney-In-Fact
24K Accounts Consultants, Inc.
3F Fass Inteli College Bldg., No. 11, Pittsburgh St., Brgy.
Silangan, Cubao, Quezon City

Publication: PMC Pulso ng Makabagong Caviteño News Publication
Dates: July 29, August 5 & 12, 2024

Marcoleta from page 8

Marcoleta pointed out specific issues, such as the misuse of the Absher App in Saudi Arabia, which allows employers to arbitrarily report workers as "huroob" (absconding), stripping them of their legal rights. He criticized the One Repatriation Command Center as a quick-fix solution that fails to address the fundamental need for legal protection and the vindication of OFW rights.

Furthermore, Marcoleta highlighted the burden of legal and immigration-related penalties on OFWs, stressing the need for DMW to shoulder these costs and provide robust legal representation. He called for the establishment of a witness protection program and an increase in the number of in-house secular lawyers to ensure adequate legal defense for OFWs. Marcoleta emphasized that the solutions presented by Secretary Cacdac must go beyond palliative measures and

offer comprehensive protection to the country's modern-day heroes.

Secretary Cacdac assured the committee of his commitment to enhancing the DMW's regulatory functions, cracking down on exploitative employment agencies, and increasing the number of legal hires. He emphasized the department's ongoing efforts to complement local hires with regular personnel to strengthen the overall support system for OFWs.

Marcoleta's rigorous scrutiny underscores the urgent need for tangible and effective measures to safeguard the rights and well-being of OFWs. As the government continues to navigate the complexities of protecting its migrant workers, these discussions highlight the imperative for comprehensive and robust protection frameworks to support the nation's OFWs, who play a crucial role in the country's development.

**SMALL ACTS,
WHEN MULTIPLIED BY
MILLIONS OF PEOPLE,
CAN TRANSFORM THE WORLD**
- Howard Zinn

PTFOMS

from page 1

Department of Justice (DOJ) Senior Undersecretary Jesse Hermogenes Andres.

For the occasion, the PTFoMS prepared 5 topics that the participants appreciated: safeguarding media from violation of their rights thru the PTFoMS; legal and constitutional basis upholding freedom of opinion and expression in the country; rules on libel and cyber libel; guidelines on the relationship between the police and the media; and, enhancing and improving social media contents.

Gutierrez started the

discussion by explaining the circumstances leading to the creation of the PTFoMS in 2016 under Administrative Order No. 1 (AO1) and its role as the government's official mechanism to address all violations on the right to life, liberty, and security of all members of the media.

Gutierrez also provided an overview of the 11-Point Journalist's Code of Ethics and its real-life applications. He also encouraged local media practitioners in the social media realm to create their own profes-

sional organization with their own code of ethical standards and requirements for membership.

Atty. Hue Jyro U. Go, PTFoMS Chief of Staff, focused on the "Fundamentals of Democracy: Freedom of Opinion and Expression," which laid down the governing constitutional provisions and international agreements that the Philippines is obligated to uphold in relation to freedom of opinion and expression.

He also reported that of the three recorded killings of journalists in Dumaguete—Edmund Sestoso, April 2018; Dindo Generoso, November 2019; and, Cornelio 'Rex Cornelio' Pepino, May 2020—two of them, those of Sestoso and



Cornelio, have been deemed 'resolved' while that of Generoso is pending before the local court. The PTFoMS, stressed however, that nothing stops the government from revisiting any case upon discovery of any new evidence.

For his part, Atty. Claudio 'Dio' Remollo, former chief political affairs officer at the Office of the Speaker of the House of Representatives, enlightened the participants on the rules on libel and cyber libel under the subject, "Navigating Online Responsibility: News in Social Media and Cyber Libel."

Remollo offered valuable insights on the legal and ethical responsibilities of media practitioners in the digital age, addressing issues such as fake news, the complexities of online content, and how to avoid cyber libel.

Remollo urged the au-

dience to be cautious and discerning, especially in posting on social media, stating, "You can sway public opinion to a certain point, that's why it's a powerful tool that should be used with caution."

PLT Stephen L. Polinar, Public Information Officer/Spokesperson of the Negros Oriental Provincial Police Office (NOPPO), presented on "An Effective Collaboration: Media-PNP Relations 101." His session emphasized the importance of building strong partnerships between the media and law enforcement agencies to enhance community safety and ensure accurate information dissemination.

Polinar also reminded the participants of the approved policies and guidelines from the national police headquarters in Camp Crame pertaining to the relationship

between the media and the police.

Ms. Aleli V. Dorado-Suguitan, Overseer, Digital Media and Interactive Services at People's Television Network (PTV), for her part, delivered a presentation on "The Digital Sphere: Understanding & Enhancing Social Media Discourse."

Her talk explored the role of social media, its appropriate use, and relevant issues in today's open information age. She also imparted strategies to increase engagement, as well as practices to avoid in managing public pages.

The final count of the participants numbered over 150, coming from the three congressional districts of Negros Oriental, which is more than the initial number of nearly 100 pre-event registrants.

The attendees were all given a certificate of participation afterwards.

DOST 2

from page 8

viduals. The main objective was to diversify the product offerings of tubho tea by introducing a convenient, ready-to-drink version, which could appeal to a broader market.

The training covered the entire process of making RTD Tubho Tea, from selecting quality tubho leaves to brewing and bottling.

Participants learned the importance of maintaining cleanliness and hygiene throughout the production process to ensure the final product's safety and quality.

Engr. Horlina also discussed the application of

citric acid as a natural preservative. This segment focused on its benefits in extending the shelf life of RTD Tubho Tea without compromising its taste and nutritional value. The discussion included the appropriate quantities to use and the proper incorporation methods to ensure product safety.

The introduction of RTD Tubho Tea adds value to the current lineup of tubho products. This variety can help local producers meet different consumer preferences and potentially expand their market reach. In addition to this, utiliz-

ing local resources such as tubho leaves supports sustainable agricultural practices. Producing value-added products like RTD Tubho Tea can lead to better utilization of agricultural produce, reducing waste and increasing income for local farmers.

The training on Ready-To-Drink (RTD) Tubho Tea is one of the initiatives of DOST PSTO Batanes as part of the Nutrition Month Celebration, which aligns with broader efforts to promote healthy living. Tubho tea is known for its health benefits, and offering it in a ready-to-drink format makes it more accessible to consumers who are seeking convenient yet nutritious beverage options.



MPT South

from page 1

Education Division, and Mr. Asnawi Disomimba, Assistant Head of the Deputation Program Unit, Traffic Discipline Office, shared substantial information on traffic rules in Metro Manila.

Drayberks participants pledged to prioritize road safety as their primary mission while traversing different expressways and public road networks, ensuring the commuting public's safety and well-being. "The 'ALERTO KADA KILOMETRO' Drayberks Road Safety Seminar organized by MPT South was an invaluable initiative that has equipped our drivers with crucial safety knowledge. We

are deeply grateful for their commitment to improving consciousness on road safety in our transport community," said Mr. John Benedict Santiaguel, General Manager of Tas Group of Companies.

Arlette V. Capistrano, Vice President for Communications and Stakeholder Management of MPT South, stated, "MPT South will continue to partner with different organizations to ensure that road safety is well communicated. As our

top priority, we shall relentlessly advocate and educate on the vital role that each driver plays in ensuring overall safety for themselves and others on the road."

MPT South, in its mission to lead in providing a safe and convenient mobility experience for all travelers, is dedicated to ensuring that expressway drivers are conscious of road safety. The "ALERTO KADA KILOMETRO" road safety seminar will continue throughout the year with CAVITEX and CALAX communities, transport groups, and allied services.



NEWS

Sangay ng Salin ng KWF, Patuloy na Nagbibigay ng De-kalidad na Serbisyon Pampagsasalin

Maynila, Pilipinas - Ang Sangay ng Salin ng Komisyon sa Wikang Filipino (KWF) ay patuloy na nagbibigay ng de-kalidad na serbisyon pampagsasalin sa publiko.

Ang serbisyon pampagsasalin ay bukas at libre sa lahat.

Para sa mga ahensiya at lokal na yunit ng pamahalaan, ang ipinagkakaloob na serbisyo ay pagsasalin at balidasyon ng salin ng mga dokumentong pampamahalaan.

Para sa mga nasa pribadong sektor, ang ipinagkakaloob na serbisyo ay balidasyon ng salin lamang. I-click ang <http://tinyurl.com/KWFSS2024> para sa mga detalye.

Bukod sa mga serbisyon pagsasalin, patuloy rin ang Sangay ng Salin sa pagbibigay ng pagsasanay at seminar ukol sa pagsasalin sa pamamagitan ng proyektong Salinayan 2024: Pagsasanay sa

Batayang Pagsasalin. Layunin nitong hubugin ang mga kasanayan ng mga kawani ng pamahalaan at hikayatin ang mas malawak na partisipasyon sa larangan ng pagsasalin.

Saklaw ng programang ito ang pagbibigay ng seminar-training ng mga kawani ng Sangay ng Salin tungkol sa Ribyu sa mga Tuntunin ng Ortograpiyang Pambansa (FAQs sa Ortograpiyang Pambansa), Batayang Pagsasalin, Pagsasalin para sa mga Kawani ng Pamahalaan, at Oryentasyon sa Pagsasalin ng Gabay ng Mamamayan ng mga ahensiya ng pamahalaan. Inaasahan na makabubuo ng mga pauna at iiral na mga

salin sa Filipino ng mga Gabay ng Mamamayan (Citizen's Charter) ang mga piling ahensiya ng pamahalaan na opisyal na naging kalahok sa pagsasanay.

Sa pamamagitan ng mga proyektong ito, umaasa ang Sangay ng Salin ng KWF na maipamalas ang kahalagahan ng wikang Filipino at mga wikang katutubo sa komunikasyon, edukasyon, at pag-unlad ng bansa.

Para sa karagdagang impormasyon, puntahan ang KWF Website na www.kwf.gov.ph o mag-email sa komfil@kwf.gov.ph o kwf.salin@kwf.gov.ph.

Tungkol sa Komisyon sa Wikang Filipino: Ang Komisyon sa Wikang Fili-



pino (KWF) ay isang ahensiya ng gobyerno ng Pilipinas na may layuning paunlarin, palaganapin, at pangalagaan ang wikang Filipino at iba

pang mga wika sa Pilipinas. Ang Sangay ng Salin ay isang bahagi ng KWF na nakatuon sa pagsasalin ng mahahalagang akda,

pagbibigay ng mga serbisyon pampagsasalin, at pagdaraos ng mga pagsasanay sa pagsasalin.



SM City Dasmariñas and SM Marketmall employees, along with agency personnel, participate in Brigada Eskwela 2024 at Paaralang Sentral ng Dasmariñas II under the theme "Bayanihan para sa matatag na paaralan." They contribute by painting, cleaning, and repairing classrooms, as well as donating books to support the children.

8 Cavite

from page 1

The Cavite government is currently meeting for the immediate distribution of relief goods for the around 25,000 affected fishermen from the eight localities of the province.

On Monday, the provincial government conducted a Marine Science Investigatory Force from Marine Environment Protection Command of water samplings to identify if the coastal waters of

the said towns are contaminated with oil spills.

Various agencies, including the Philippine Coast Guard (PCG) and the Bureau of Fisheries and Aquatic Resources, have been in constant coordination with the provincial government of Cavite regarding the serious ill effects of the disaster to the livelihood and the economy.

The Philippine Coast Guard Auxiliary, the Philip-

pine National Police Maritime Group and the PCG deployed an improvised oil spill boom with the goal of protecting marine resources in the marine zone in the town of Ternate.

According to Mayor Dino Chua, Noveleta is ready to provide livelihood assistance to affected fishermen.

For everyone's safety, the public is advised, especially the beachside residents, to be careful in consuming fish and seafood until the tests done on seawater come out.

(By Dennis Abrina)

SM Prime

from page 8

Prime," said Elodie Renaud, Managing Director of TotalEnergies Renewables Distributed Generation Asia.

For the past few years, SM Prime continues to grow its partnerships with key clean energy players, leveraging its relationships and earned experiences to drive its environmental stewardship campaign. Capitalizing on these partnerships has provided for SM Prime huge economic, environmental, and social dividends.

In 2022, SM Prime secured a long-term deal with AboitizPower for its clean energy supply. Under the agreement, AboitizPower will provide reliable and responsibly-

sourced energy from Tiwi-MakBan Geothermal Power Plants, and PV Sinag's Power Plants, operated and managed by AboitizPower subsidiary, Aboitiz Renewables, Inc. (ARI).

The following year, SM Prime signed a memorandum of agreement with Citicore Renewable Energy Company (CREC), wherein SM Prime will source 90 megawatts (MWac) from CREC's upcoming Lumbangan Solar Power Plant in Tuy, Batangas.

Apart from contributing to the DOE's 35% renewable energy goal by 2030, all these partnerships are aligned with the energy department and Energy Regulatory

Commission's (ERC) policy of expanding the adoption of Retail Competition and Open Access (RCOA) in the energy industry.

To date, SM Prime currently sources at least 50% of its electricity utilization from clean, renewable energy.

SM Prime supports the Philippine government's aim to increase the country's renewable energy supply component to 50% by the year 2040. It remains committed to its role as a catalyst for economic growth, delivering innovative and sustainable lifestyle cities, thereby enriching the quality of life of millions of people. SM Prime is pursuing the next horizon on integrated property development and onward to building sustainable cities of the future.

MAGLIBANG TAYO

KAPALARAN

ARIES (Mar. 21-Apr. 19) - Mahihirapan kang ipaglaban ang mga plano mo sa buhay, dahil panay ang kontra ng mga taong nakapaligid sa iyo. Kung hindi mo sila papansinin, mas madadalian ka at gagaan ang takbo ng iyong buhay. Masuwerteng kulay-yellow. Tips sa lotto-5-17-22-28-31-35.

TAURUS (Apr. 20-May 20) - Talasan mo ang pakiramdam mo. May mga taong hindi maganda ang motibo laban sa iyo na kapag naisahan ka, mawawala at hindi na sila muling magpapakita pa. Masuwerteng kulay-purple. Tips sa lotto-6-15-18-21-27-33.

GEMINI (May 21-June 20) - Magdahan-dahan ka. Hindi nakukuha ang mga bagay sa mabilisang paraan. Kung hindi sinasadyang makuha ng mabilis, mabilis ding mawawala sa mga kamay mo ang mga bagay na inaasam-asam mo. Masuwerteng kulay-pink. Tips sa lotto-5-14-23-31-37-44.

CANCER (June 21-July 22) - Makakaramdam ka ng sama ng loob, wala kang magagawa kundi ang sarilihin na lang ito. Masuwerteng kulay-beige. Tips sa lotto-9-17-19-26-34-40.

LEO (July 23-Aug. 22) - Bumaba ka para muli kang tumaas. Ito ang isang batas na kung saan ay nagsasabing kapag umabot ka sa mataas, dapat kang bumaba na parang namamahinga. Masuwerteng kulay-blue. Tips sa lotto-1-23-27-37-42-44.

VIRGO (Aug. 23-Sept. 22) - Hinay-hinay lang. Mas maganda kung hindi ka masyadong gigil sa pag-abot mo ng iyong pangarap. Masuwerteng kulay-black. Tips sa lotto-5-17-28-31-40-45.

LIBRA (Sept. 23-Oct. 22) - Makakakita ka ng mali sa mga pangyayari. Huwag mong hayaan na manaig ang kasamaan. Ilihim mo ang iyong mga plano, at gumawa ka ng paraan upang maisulong mo ang kabutihan at kapakanan ng mas nakakarami. Huwag mong hayaan na mangibabaw ang pansariling kapakanan ng iba. Masuwerteng kulay-violet. Tips sa lotto-3-12-24-29-34-41.

SCORPIO (Oct. 23-Nov. 21) - Ilista mo ngayon ang mga taong nagpakita sa iyo ng kagandahang loob at pagmamahal. Sila ang mga taong dapat mong balatuhan kapag nakatanggap ka ng malaking biyaya mula sa langit. Planuhin mo nang mabuti kung ano'ng klaseng negosyo ang iyong itatayo dahil tutuparin ito ng langit para sa iyo. Masuwerteng kulay-peach. Tips sa lotto-9-15-25-34-37-40.

SAGITTARIUS (Nov. 22-Dec. 21) - Maganda ang mas kaunti, kaysa sa marami nga pero magulo at hindi naman nagkakaisa. Ito ang gawin mong batayan sa susunod mong bagong plano sa buhay. Masuwerteng kulay-red. Tips sa lotto-3-12-18-24-33-42.

CAPRICORN (Dec. 22-Jan. 19) - Huwag mong ilantad ang lahat ng iyong baraha upang patuloy na kabahan ang mga kaaway mo. Panoorin mo lang silang magulantang sa iyong mga plano. Ito ang mensahe ng iyong kapalaran. Masuwerteng kulay-aquamarine. Tips sa lotto-8-13-19-22-31-40.

AQUARIUS (Jan. 20-Feb. 18) - Huwag kang magpapadala sa iyong emosyon. Kung patungkol naman sa pag-ibig, mas magandang matangay ka ng iyong emosyon, para sa walang humpay na ligaya at maginhawang buhay. Masuwerteng kulay-white. Tips sa lotto-2-07-17-26-37-44

PISCES (Feb. 19-Mar. 20) - Kahit naiinis ka, huwag mong layuan ang kinaiinisan mo. Patuloy mong pairalin ang hiwaga ng iyong kapalaran. Masuwerteng kulay-green. Tips sa lotto-4-18-20-27-39-45.

SUDOKU

	8		2	7		3		
2		7		3		4		6
	3		6	4	9		8	
7		5		8		1		4
	4	6	9		1	8	5	
8		9		5		7		3
	5		7	9	3		4	
4		3		6		9		5
	6		5	4		7		

SAGOT: SUDOKU VOL. 21 #21

6	8	4	2	1	7	5	3	9
2	9	7	8	3	5	4	1	6
5	3	1	6	4	9	2	8	7
7	2	5	3	8	6	1	9	4
3	4	6	9	7	1	8	5	2
8	1	9	4	5	2	7	6	3
1	5	2	7	9	3	6	4	8
4	7	3	1	6	8	9	2	5
9	6	8	5	2	4	3	7	1

HOW TO PLAY: Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

Did You Know?



DID YOU KNOW THE LONGEST HUMAN NECK IS OVER SEVEN INCHES?

The longest human necks extend to 7.7 inches, belonging to women in the Padaung tribe in the highlands of northwestern Thailand. This is about twice the length of an average human neck. As a cultural practice, the tribe fashions heavy brass rings on a female's neck from the ages of five to nine and add more as she ages. If you're into these "did you know" facts, try some of these random trivia facts you'll wish you knew sooner.

WORD HUNT

Titles for Jesus

A	C	T	R	U	T	H	S	A	U	E	E	I	M
P	S	H	L	F	I	A	M	B	E	T	K	M	E
R	E	A	I	A	S	O	M	E	G	A	D	L	D
I	N	I	F	D	C	A	E	Y	A	R	N	G	I
N	I	S	E	P	L	O	A	R	E	L	T	N	A
C	C	S	Y	A	W	O	E	H	T	R	E	I	T
E	O	E	C	A	G	T	P	V	T	M	T	K	O
I	U	M	T	C	T	E	I	S	M	T	E	Y	R
A	N	B	R	O	H	I	I	A	M	E	A	T	E
L	S	P	P	S	I	R	N	E	E	W	C	I	R
P	E	K	D	K	C	U	I	K	H	O	H	N	R
H	L	O	C	M	E	A	R	S	H	O	E	I	P
A	O	O	L	L	R	A	A	A	T	E	R	R	N
G	R	I	S	R	D	R	O	I	V	A	S	T	M

- CHRIST
- SAVIOR
- POTTER
- EMMANUEL
- OMEGA
- ROCK
- LIFE
- GOOD SHEPHERD
- LAMB
- TRUTH
- MEDIATOR
- KING
- COUNSELOR
- ALPHA
- I AM
- PRINCE
- TRINITY
- TEACHER
- MESSIAH
- WAY

Marcoleta Demands Strong Legal Protections for OFWs from DMW

In a session of interpellation, Hon. Rodante D. Marcoleta, Representative of the House, rigorously questioned the Department of Migrant Workers (DMW) Secretary Hans Leo Cacdac regarding the department's plans to ensure the safety and welfare of Overseas Filipino Workers (OFWs). Marcoleta's probing centered on operationalizing Secretary Cacdac's advocacies, including providing legal, medical, and humanitarian assistance through the P1.2 billion AKSYON fund and establishing equitable bilateral arrangements with host countries.



Marcoleta pressed for detailed explanations on how these advocacies would translate into concrete actions, particularly focusing on legal protection for OFWs. He highlighted the severe vulnerabilities faced by OFWs, such as household service workers and semi-skilled laborers, who often endure various forms of abuse in host countries like Saudi Arabia. Marcoleta emphasized the need for robust legal frameworks to protect these workers effectively.

Secretary Cacdac responded by outlining the role of Migrant Workers Offices (MWOs), staffed with Labor Attachés and supported by 94 local hires knowledgeable in the language and culture of host countries. However, Marcoleta expressed concerns about the adequacy of these measures, particularly the reliance on legal retainers, which he argued, is insufficient to address the volume and complexity of cases faced by OFWs. He advocated for employing in-house secular lawyers to provide continuous and dedicated legal support.

MARCOLETA • 4

SM Prime Widens the Landscape In Renewable Energy

As part of its net-zero commitment by 2040, one of Asia's leading real estate and property developers, SM Prime Holdings, Inc. (SM Prime), partnered with global integrated energy company TotalEnergies for the installation of a 2 Megawatt-peak (MWp) Solar Photovoltaic (PV) System Rooftop project in Pasay City.



More than 3,600 solar panels were installed on the roof of MOA Square in the Mall of Asia Complex.

The partnership venture aligns with SM Prime's efforts in expanding its renewable energy portfolio and affirms TotalEnergies' commitment to advancing renewable energy solutions in various urban settings.

Designed with a power yield of 3,000 Megawatt-hour (MWh) of electricity annually, the solar partnership project has over 3,672 PV panels installed and is expected to provide huge cost savings for SM Prime. Located at the MOA Square in the Mall of Asia Complex, the solar installations are expected to reduce the building's carbon footprint by about 1,430 tons of carbon dioxide (CO2) emissions annually.

"SM Prime is proud to work alongside TotalEnergies on this project. This partnership is our commitment to sustainability and achieving Net Zero by 2040. We are also taking a proactive stance in supporting the Department of Energy's (DOE) target of reaching 35% renewable energy by 2030. Together, we're driving meaningful change towards a more environmentally conscious future," said John Nai Peng Ong, SM Prime Chief Finance Officer.

"We are thrilled to announce the successful deployment of solar rooftop installations at the Mall of Asia in the Philippines, marking a significant achievement in both environmental and economic sustainability for SM

SM PRIME • 6

PMC **PulsO** ng Makabagong **CAVITENO**
NEWS PUBLICATION
PINAGBUBUKLOD ANG MAMAMAYANG CAVITENO
VOL. 21 NO. 22 JULY 29 - AUGUST 4, 2024 P 10.00
Email: pulsocavitenyo@yahoo.com ISSN 1656-7684

DOST 2 PSTO Batanes Expands Tubho Tea Offerings with RTD Training



DOST PSTO BATANES UPDATE

PSTO BATANES EXPANDS TUBHO TEA OFFERINGS WITH RTD TRAINING

Sabtang, Batanes

July 18, 2024



/DOSTPSTOBatanes

dost.pstc.batanes@gmail.com

The Department of Science and Technology - Provincial Science and Technology Office (DOST PSTO) Batanes, represented by Science Research Specialist Joy Ann Mina-Horlina, conducted a specialized training session on Ready-To-Drink (RTD) Tubho Tea in Sabtang, Batanes.

The training was attended by members of the Tubho Processors Association, the Sabtang Food Processors Association, and other interested individuals.

DOST 2 • 5

SM CITY BACOR SM CITY BACOR

Operation Tulong Express #CarinaPH | July 2024

SM CITY BACOR SM CITY BACOR

Operation Tulong Express #CarinaPH | July 2024

SM CITY BACOR LEADS SM FOUNDATION'S OPERATION TULONG EXPRESS FOR TYPHOON CARINA AFFECTED COMMUNITIES: SM Foundation's Operation Tulong Express, in coordination with SM City Bacoor, turned over a total of 3,000 Kalinga Packs to residents affected by Typhoon Carina in Brgy. BARS and Silangan, Habay 1 and Brgy. Habay 2. This initiative is part of SM Foundation's ongoing commitment to provide timely aid to communities devastated by natural disasters. Each Kalinga Pack contained essential items such as rice, canned goods, noodles, and bottled water, aimed at helping families meet their immediate needs as they recover from the typhoon's aftermath. Volunteer employees once again lead the distribution in the spirit of Bayanihan, promoting community solidarity in times of crisis.