

SC, inilatag 5-taon plano sa mas mahusay na pagkamit ng hustisya

MAS maayos, mabilis, parehas at walang kinikilingang paghatol at lantad sa publikong paggawad ng hustisya.



Chief Justice Alexander G. Gesmundo

Ilan lamang ito sa nilalaman ng inilabas na 5-taong plano ng Korte Suprema sa layuning makapaggawad ng napapanahon, matapat at bukas sa madlang paghatol at pagkakaloob ng katarungan.

Ang plano na pinamagatang "Strategic Plan for Judicial Innovations (SPJI) 2022-2027 ay naglalayong lutasin ang matagal nang problema sa hudikatura sa pamamagitan ng mga bagong gawain sa mas mabuting serbisyo na magbubunga ng mas malawak na pagkakamit ng hustisya sa lahat.

Lulutasin sa SPJI ang mga problema tulad ng matagal na pagkabinbin ng mga kaso, nagtambak na di-naaksiyunang mga kaso, at kakulangan ng iba't-ibang pangangailangan ng hukuman.

Nagdudulot ang mga ito, ayon Korte

Suprema ng dahilan ng mabagal na sistema at gawain sa mga hukuman.

Ayon sa SPJI, problema rin ang malaking kakulangan ng nakatatag na hukuman, mga gabay at alituntunin sa pamamaraan na nagpapahintulot sa mahabang proseso sa pagdinig sa mga kaso, mabagal na galaw at pagtupad, kapabayaan o kaya ay kapos sa kakayahan ng mga kawani ng hukuman.

SC • 6

CALABARZON nutrition month launching held in Cavite

Cavite hosted this year's CALABARZON Regional Nutrition Month Launching which also served as the provincial celebration opening salvo last July 3, 2023 at the Cavite Collaboration Center for Public Health in Trece Martires City. The event facilitated by the Nutrition Cluster of the Office of the Provincial Health Officer was attended by nutrition forerunners from the different provinces of the southern Tagalog region, representatives from the National Nutrition Council-Calabarzon, members of the Provincial Nutrition Committee, City and Municipal Nutrition Action Officers and Barangay Nutrition Scholars of Cavite.

Bearing the theme, Healthy Diet gawing affordable for all, this year's nutrition month program highlighted the need to advocate towards sustainable healthy diets and to in making them more accessible to improve nutrition status and security.

Provincial Administrator for Community Affairs welcomed the attendees and delivered a message on behalf of Governor Jonvic Remulla, re- CALABARZON • 2

Bacoor, Comelec hold confab for merger plebiscite

The Bacoor City government and the Commission on Elections gathered key stakeholders in a joint security command conference ahead of the July 29, 2023 plebiscite that seeks to merge and reduce the number of Bacoor City's barangays.



The conference on July 4 gathered officials, experts, government organizations, and representatives from political parties to address concerns and lay down preparations for the plebiscite.

The plebiscite is pursuant to City Ordinance No. 275-2023, seeking to merge 44 barangays into 18 villages and rename five barangays.

COMELEC Chairman George Erwin Garcia discussed the plebiscite process highlighting the legal framework, voter registration procedures, and voting protocols.

Bacoor Mayor Strike Revilla assured the city government's commitment to a fair and successful plebiscite.

"This plebiscite is important for the city's future," said Revilla.

He urged everyone to cooperate and contribute to the city's future by exercising their right to vote.

During the conference, the Police Regional Office in Calabarzon provided briefings on

safety and security and updates on assessment and threat situations in Bacoor including security

preparations for the upcoming plebiscite.

BGen Carlito Gaces, Calabarzon Police Director, called on stakeholders to embrace the opportunity to demonstrate democracy and the spirit of unity in the

"Together, we must prioritize the safety of our citizens, protect their rights, and ensure a peaceful and successful plebiscite," he added. (Ruel B. Francisco, PIA-Cavite with reports from the City Government of Bacoor)

NEWS



Sipag at Sigasig Farmer's Association participates in Bamboo Propagation Training

Bamboo is a common plant found in all parts of the country. In order to promote its uses, the Department of Science and Technology (DOST)-Laguna, in cooperation with the Department of Environment and Natural Resources-Ecosystems Research and Development Bureau (DENR-ERDB), conducted a training on Bamboo Propagation and its benefits for the members of the Sipag at Sigasig Farmer's Association last July 6, 2023, at Brgy. San Mateo, San Pablo, Laguna.



Mr. Angelito B. Exconde, the resource speaker, works as a Board Director at the

ERDB Multi-purpose Cooperative and a Supervisor at the Los Baños Experiment Station (LBES)

of ERDB. He has various work experiences in the National Greening Program of DENR and is a



Super Kids Park opens at SM City Tanza: Ms. Izzy Trazona-Aragon and her kids, Yana, Zoe and Shekinah enjoy playing and learning at the new kids' attraction installed at the event center of SM City Tanza, the Super Kids Park. Super Kids Park has three sections where kids can learn and have fun at the same time; Soft Play, Sensory Garden and Musical Corner. What are you waiting for? Let your kid enjoy and have fun at our Super Kids Park today. Simply present a Php1,000 single receipt or 3 Cinema receipts to get a free play pass! See poster for more details.



Master of Science in Forestry specializing in economics, agroforestry, and social forestry.

Mr. Exconde discussed the predominant challenges faced by the bamboo industry in the Philippines. One challenge he discussed was the need for more bamboo planting materials and that one-node and branch cuttings are the current methods widely used in the country.

"The one-node cutting is expensive because the whole is cut to obtain one-node propagules and the number of propagules that can be obtained from a pole is rather limited," Mr. Exconde stated. He added that tissue culture is the most efficient method, but our country is still in its pilot testing

As a guide for the bamboo farmers on bamboo's proper growth and development stages, Mr. Exconde then showed a list of indicators to know if the bamboo is growing healthy and the step-bystep process of the onenode cutting method and traditional tools used in bamboo propagation such as chainsaw, handsaw, scythe, and pruning shear.

Mr. Exconde remarked, "May mga bagay tayong hindi pinapansin sa paligid na hindi natin alam ay napakarami palang kagamitan sa ating buhay." He encouraged all participants to explore the different programs DOST offers to help them improve their respective farming business and lives. DOST-Laguna staff then gave the speaker a certificate of appreciation. (By: Jherome L. Lusterio)

CALABARZON

from page 1

iterating the provincial government's support to the nutrition programs. Messages of support were also delivered in absentia, from Ms. Carina Z. Santiago, Regional Nutrition Program Coordinator, and Dr. Ariel I. Valencia, Director of DOH-CHD Calabarzon.

Eye-opening statistics were shared by Ms. Lourdes Orongan, Nutrition Officer III of NNC-Calabarzon during her discussion of the nutrition month talking points revealing how Filipinos tend to misallocate food spending amidst the fact that food is getting more expensive over the years. She emphasized the need to not just settle for energy sufficient diet, but to strive for nutrient adequate diet, and ultimately, achieve healthy diet among families though policies and investments aimed to reduce the cost of nutritious food.

During the program, Cavite Provincial Nutrition Action Officer also shared some nutrition initiatives in the province promoting healthy diets among Caviteños.

Other activities in-

cluded in the program were the awarding of certificates to nutrition focal persons together with the guests and Provincial Epidemiologist, Dr. Nelson Soriano; Nutri Quiz; Pledge of commitment of nutrition stakeholders including NAOPA Cavite President, BNS Federation President, representative of PNC member agencies and organizations including DILG, DOS, RNC Kabisig ng Kalahi and PGC offices, which facilitated by Dr. Carlos Buasen, Regional Director of the National Commission of Indigenous People Region IV-A; and, intermission number by select BNCs. (OPIO)

OPINION

<u>Editorial</u>

Pinoys need more info on the Maharlika Investment Fund

t seems there's no stopping the Maharlika Investment Fund (MIF) bill from becoming law as the President has stated that he will "sign it as soon as (he) gets it." It's not surprising considering that he himself has certified the MIF bill as

It can be recalled that the President reassured the nation that the fund will be "independent," "well-managed," "overseen by finance professionals," etc. He also emphasized that the fund "will not be linked to politics.'

With the President's endorsement, leaders in both the Senate and Congress have signed the bill. Speaker Martin Romualdez's office has confirmed this development, noting that the signed bill has been transmitted to the Senate. On the other hand, Senate President Juan Miguel Zubiri signed the MIF bill on June 21, 2023.

Zubiri has stated that once the measure is signed into law, the implementing rules and regulations will be prepared by the national government's economic managers and a council. This council will recommend to the President the individuals who will manage the MIF.

The Senate President reiterated that the MIF bill "was not rushed or tampered by the Senate," assuring that the provision regarding a 10-year pre-scription of crimes and offenses "was properly discussed in the plenary and can be found in the transcript of records.'

The MIF bill, as explained by our economic managers, establishes a "sovereign wealth fund that will be used to invest in a wide range of assets, including foreign currencies, fixed-income instruments, domestic and foreign corporate bonds, commercial real estate and infrastructure projects to help promote economic development.

The bill "seeks the establishment of the Maharlika Investment Corporation (MIC), which will act as the sole vehicle for the purpose of mobilizing and utilizing the MIF for investments in transactions in order to generate optimal returns on investments."

To allay public concerns, it is important to note that the MIF will "not touch the funds of the Social Security System (SSS), Government Service Insurance System (GSIS), Philippine Health Insurance Corporation (PhilHealth), or Home Development Mutual Fund (HDMF)."

Amidst the seemingly unstoppable momentum surrounding the MIF bill, a recent survey released by the Social Weather Stations (SWS) revealed that a majority of adult Filipinos "expect little or no



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Publisher/Editor: Managing Editor: Columnist:

REBECCA M. VELASQUEZ SID SAMANIEGO DR. WILLIE ONG

IGE RAMOS Contributors:

PROF. PEDRO T. DOTILLOS, JR. PROF. PEDRO ARNEL A. LAPARAN Cartoonist: VICTOR JOHN B. RIBON

Circulation Manager: DIOSDADO M. VELASQUEZ JR.

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benefit" from the MIF, while a substantial number "have almost none to no knowledge at all" about the

These numbers are alarming, considering that the MIF is a major program of the administration aimed at propelling the country toward "upper-middle income status by 2025.

The underlying premise behind the MIF is to optimize national funds by generating returns to support the administration's economic goals. However, how can the fund truly benefit those in need when they are not even aware of its existence?

While ignorance cannot be an excuse, it is imperative for the government to recognize the pressing

need for more information. If the government truly believes in the benefits of the fund, it should launch an all-out info campaign, utilizing all media outlets and online platforms to disseminate knowledge about the MIF's benefits. Similar efforts were done before, such as during election campaigns, which have proven effective in reaching a broad audience, particularly the masses.

It is not too late to undertake these massive information initiatives. The proponents must remember that the success of the MIF does not solely rely on the support of the majority of legislators and Cabinet members; it ultimately needs the support of the majority of the Filipino people.

Tamang Ehersisyo Para Sa Lahat

yon sa ginawang Philippine National Guidelines on Physical Activity ng DoH, WHO at UP, kapag lagi tayong nag-e-ehersisyo, mas gaganda ang lagay ng ating puso, baga, utak, bituka, buto, masel at buong katawan. Heto ang tamang page-ehersisyo:

Para sa bata (5-12 years old):

- Maging aktibo ng 1 oras bawat araw. Maglakad, umakyat ng hagdan, maglinis sa bahay at magwalis ng bakuran.
- Puwede ang lahat ng ehersisyo tulad ng pagtakbo, pagtalon, patintero, tumbang preso, agawan, at iba pa.

Para sa teenagers (13-20 years old):

- Maging aktibo ng 1 oras bawat araw. Puwede gawin ang lahat ng ehersisyo kasama na ang mga sports tulad ng basketball, volleyball, swimming, gymnastics at iba pa.
- Sa ganitong edad, puwede na umpisahan ang muscle strengthening at flexibility exercises. Puwede mag-gym, gumamit ng weights at mag-stretching exercises.

Para sa adults (21-45 years old):

- Maging aktibo ng 30 minutos hanggang 1 oras bawat araw. Isama sa iyong aktibidad ang pag-galaw habang nasa opisina o trabaho. Umakyat ng 1 o 2
- · Ituloy ang pagpapalakas ng iyong masel. Magsports at magtrabaho sa bahay. Puwede rin ang pagsasayaw at jogging.

Para sa older adults (46-59 years old):

- Maging aktibo ng 30 minutos bawat araw. Pero mag-hinay-hinay na sa pag-e-ehersisyo. Bawasan o iwasan ang mga matitinding sports tulad ng basketball, football at pagtakbo. Ituloy pa rin ang pagpapalakas ng iyong masel.
- Kasabay nito, umpisahan na ang pag-alaga sa ivong balanse at coordination. Subukan ang yoga, tai-chi, pag-sayaw at swimming.

Para sa young seniors (60-79 years old):

 Maging aktibo ng 30 minutos bawat araw. Ingatan ang iyong balance. Tumayo at maglakad sa bawat 1 oras na nakaupo. Puwede pa rin ang mga ibang



ehersisyo pero bawasan na ang tagal at tindi nito. Maglakad imbes na mag-jogging.

 Maging maingat at ligtas sa iyong pag-eehersisyo.

Para sa may edad (80 years old pataas):

Sa mga senior citizens at sa mga may sakit, itanong muna sa iyong doktor kung anong klaseng ehersisyo ang puwede sa iyo. Habang nag-eehersisyo, kapag ika'y nahilo, nasuka, nahapo o sumakit ang dibdib, itigil na ang ehersisyo at

Tandaan: uminom ng sapat na tubig bago at habang nag-e-ehersisiyo. Good luck.



PAYO NI DOC WILLIE ONG



REPUBLIC OF THE PHILIPPINES FOURTH JUDICIAL REGION **REGIONAL TRIAL COURT** OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY CAVITE

HOME DEVELOPMENT MUTUAL FUND. Mortgagee,

- versus -Foreclosure Case No. F-211-23

EDNA CAMPO REYES,

Mortgagor/s,

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra -Judicial Petition for Sale under Act 3135, as amended by Act. 4118, filed by Mortgagee, HOME **DEVELOPMENT MUTUAL FUND, with business address** at The Petron Mega Plaza Building, No. 358 Sen. Gil. Puyat Avenue, Makati City against the Mortgagor/s, EDNA CAMPO REYES with residence and postal address at: 1) Lot 3 Blk 12, Agoho st., Springville 2 Central, Phase 2, Camella Homes, Molino, Cavite; and 2) Lot 36 Block 8 Section 1, Sunny Brooke II, Brgy Elang, Gen. Trias, Cavite to satisfy the mortgage indebtedness as of 22 March 2023 amounts to THREE HUNDRED TWELVE THOUSAND ONE HUNDRED SEVENTY EIGHT PESOS and 35/100 (P312,178.35), excluding penalties, charges, attorney's fees and expenses of foreclosure the undersigned Sheriff will sell at public auction on 03 AUGUST 2023 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. T-808085

A PARCEL OF LAND (LOT 36 BLOCK 8 SECTION 1 of the cons. Subd. Plan PCS-04-012498, being a portion of BLOCK 61, PSD-042108-076214 & SECTION 15, PSD-04-092056. L.R.C. Record No.), situated In Barangay ELANG, Municipality of GEN. TRIAS, Province of CAVITE, Island of LUZON. Bounded on the SW along line 1-2 by LOT 35 BLOCK 8 SECTION 1; on the NW along line 2-3 by LOT 38 BLOCK 8 SECTION 1; on the NE along 3-4 by ALLEY 12; and on the SE along line 4-1 by LOT 34 BLOCK 8 SECTION 1, all of the cons. subd. Plan. Beginning at a point marked "1" on plan XXX CONTAINING AN AREA OF THIRTY FIVE (35) SQUARE METERS, XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 17 AUGUST 2022 without further notice

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City 27 JUNE 2023.

(Sgd.) RICARDO A. TOLEDO

Sheriff IV

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND c/o RIZALDY F. DE LEON

Attorney-In-Fact, Bernales & Associates Suite 6 Third Floor, A. Francisco Gold Condominium 1 784 EDSA West Kamias District, Quezon City

EDNA CAMPO REYES

Lot 3 Blk 12, Agoho st., Springville 2 Central, Phase 2, Camella Homes, Molino, Cavite

Lot 36 Block 8 Section 1, Sunny Brooke II, Brgy Elang, Gen. Trias, Cavite

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE, OR DESTROYTHIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 3, 10 & 17, 2023

REPUBLIC OF THE PHILIPPINES **REGIONAL TRIAL COURT FOURTH JUDICIAL REGION** OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

HOME DEVELOPMENT MUTUAL FUND, Mortgagee,

- versus - FORECLOSURE CASE NO. F-236-23

ANGELITO RAMIREZ; ANGELITO RAMIREZ IS HEREIN REPRESENTED BY LEONILA RAMIREZ **AS HIS ATTORNEY-IN-FACT**

Mortgagor/s, x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, HOME **DEVELOPMENT MUTUAL FUND, with business address** at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against the Mortgagor/s ANGELITO RAMIREZ; ANGELITO RAMIREZ IS HEREIN REPRESENTED BY LEONILA RAMIREZ AS HIS ATTORNEY-IN-FACT with residence and postal address at 605 Coral St., Tondo, Manila and Lot 15 Blk 28 CH-La Trinidad Phase 1, Bo. Quintana, Trece Martires City, Cavite to satisfy the mortgage indebtedness which as of 10 April 2023 amounts THREE HUNDRED SIXTY THREE THOUSAND FOUR HUNDRED THIRTY SEVEN PESOS AND 19/100 (P363,437.19), excluding penalties, charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will sell at public auction on 03 AUGUST 2023 at 10:00 o'clock in the morning until 12 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-18661-

A parcel of land (Lot 15, Blk. 28 of the cons./subd. Plan, Pcs-04-010640, being a portion of the cons. Of Lots 1-9, Blk. 40; 1 to 22, Blk. 41; 1 to 34, Blk. 42; 1 to 50, Blk. 43; 1 to 46, Blk. 44; 10 to 27, Blk. 49; 1 to 22, Blk. 50; 1-2, Blk. 58; Rd. Lots 24, 25, 26, 27 & 31, (LRC) Psd-45360 & Lots 3366, 3367, 3368 & 3369, Sta. Cruz de Malabon Est; LRC Rec. No.), situated in the Brgy. Of Quintana, Trece Martires City, cavite. Bounded on the NW., along line 1-2 by Rd. Lot 14, Blk. 28; on the NE & SE., along lines 2-3-4-5-6-7 by alley-15; on the SE., along line 7-8 by Lot 13 and on the SW., along line 8-1 by Lot 13, Blk. 28, all of the cons./ subd. Plan. Beginning at a pt. marked "1" on plan xxx containing an area of ONE HUNDRED TWO (102) SQ. **METERS** xxx

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 17 AUGUST 2022 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City 27 JUNE 2023.

(Sgd.) ANDRES B. ESPINA Sheriff IV

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND C/O ATTY. CAESAR S, EUROPA

24KACCOUNTS CONSULTANT INC 3F Fass Inteli College Bldg., No. 11 Pittsburgh St., Brgy. Silangan, Cubao, Quezon City

ANGELITO RAMIREZ; LEONILA RAMIREZ

605 Coral St., Tondo, Manila Lot 15 Blk 28 CH-La Trinidad Phase 1, Bo. Quintana, Trece Martires City. Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

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Sports Life

from page 8

But finding qualified trainers isn't always a piece of cake. We're talking about folks who understand the ins and outs of sports and can pass on their wisdom to the next generation. Investing in coach development programs and promoting sports education can help us train the trainers and take grassroots training to the next level.

The Great Access Divide.

Here's a sad truth: not everyone has the same access to sports facilities and opportunities. Some areas, especially remote ones and economically challenged communities, face infrastructural disparities. We're talking about limited playing fields, inadequate facilities, and lack of transportation options. To truly succeed in grassroots training, we need to bridge these gaps and ensure equal opportunities for ev-

Rally the Parents and the Community.
Teamwork makes the dream work, folks! But sometimes, parents and communities need a little nudge to get in the game. Lack of awareness, limited involvement, and a focus on academics can discourage kids from pursuing sports. We need moms, dads, and the whole community to rally behind our young athletes, cheering them on every step of the way. Let's create a supportive environment where dreams can soar!

Truth is...

It's game time! Grassroots training and development are the building blocks of sports success in the Philippines. They offer amazing benefits like spotting talent, promoting healthy lifestyles, and strengthening our communities. But we also face some challenges - funding shortages, coaching hurdles, access disparities, and the need for parental and community support. By tackling these obstacles headon, we'll unlock the true potential of grassroots programs. So, let's invest in our future champs, bridge the gaps, and create a sporting culture that makes our nation proud. Together, we can achieve great-

For more news and updates from Coach Francis: Follow and Like my FB Page: https:// www.facebook.com/CoachFrancisB

Join My Community: https://www.facebook.com/ groups/sportsandpegroup

Watch and Subscribe to my YT Channel: https:// www.youtube.com/c/CoachFrancis

Sports Life, A Wordpress Blog by Coach FrancisPH: https://buenaventurafa.wordpress.com/

Project

from page 8

It will be advantageous for the students because it will allow them to put theory into practice, support their growth in scientific learning, and foster a more intense interest among students in cultivating a deeper and more profound interest in the Science and Technology field.

"I am hopeful that TCSHS will be able to maximize the benefits that Smart Education can offer so that we can make Tuguegarao City a smart and sustainable city." DOST Secretary Renato U. Solidum emphasized in his message.

DOST Undersecretary for Regional Operations, Sancho Engr. Mabborang, who delivered his welcome message, highlighted the importance of cooperation, collaboration, and complementation among partner agencies in the implementation of the project. "With our joint project, it will demonstrate how our modern technologies make it more possible for students to assimilate knowledge and skills in a more effective, efficient, and convenient manner," Mabborang said.

On behalf of Senator Francis N. Tolentino, former Congressman Francisco Ashley Acedillo delivered an inspirational speech during the event.

"This is a transformative moment for the convergence of science, technology, and education for a new era of learning. This smarter education project is a testament to

PROJECT • 5



Republic of the Philippines **Fourth Judicial Region REGIONAL TRIAL COURT Branch 130, Trece Martires City** rtc1tmt130@judiciary.gov.ph 09198753023

PETITION FOR ISSUANCE OF **OWNER'S DUPLICATE COPY OF** TRANSFER CERTIFICATE OF TITLE NO. T-90168 OF THE REGISTRY OF DEEDS FOR TRECE MARTIRES CITY, IN LIEU OF THE LOST ONE.

MELBERT F. BENITEZ represented by JAMES PATRICK ALBA,

Petitioner,

LRC CASE NO. 6832-074-22 - versus -

THE REGISTRY OF DEEDS FOR TRECE MARTIRES CITY,

Respondent. X-----X

ORDER

In today's Initial Hearing, Petitioner's representative James Patrick Alba appeared in Court. There were no appearances from Petitioner Melbert F. Benitez and Atty. Sweetleen R. Bercasio.

When this case was called, only the Petitioner's representative is present in Court. As such, considering the absence of Atty. Bercasio at 1:45 o'clock in the afternoon, reset the Initial Hearing to September 4, 2023, with an additional setting on October 2, 2023, both at 1:30 o'clock in the afternoon, at which date, hour and place any and all interested persons are required to appear and show cause why the Petition should not be granted.

Let a copy of this Order be published for three (3) consecutive weeks at the expense of the petitioner, in a newspaper of general circulation and posted at the Trece Martires City Public Market, City and Barangay Halls where the property is situated, as well as on the land itself located at Ayala Street, Barangay Inocencio, Trece Martires City, Cavite and other copies be furnished to the Registry of Deeds for the City of Trece Martires, Petitioner, and his

The Sheriff of this Court is hereby directed to post a copy of this Order accordingly. The Petitioner is likewise directed to submit a copy of the Petition with its annexes to the Registry of Deeds for the City of Trece Martires and the Office of the Solicitor General (OSG).

Send a copy of this Order to the RTC-Office of the Clerk of Court (OCC), Trece Martires City, Cavite for raffle of the publication.

SO ORDERED.

GIVEN in OPEN COURT on June 14, 2023 in Trece Martires City, Cavite, Philippines.

> (Sgd.) GAYSOL C. LUNA Presiding Judge

Copy Furnished:

MELBERT F. BENITEZ

Petitioner

San Francisco Del Monte Subd., Almanza, Las Piñas City

JAMES PATRICK ALBA

Petitioner's Representative Brgy. Inocencio, Regina Ville 2000, Trece Martires City, Cavite

ATTY. SWEETLEEN R. BERCASIO

bercasiolawoffice@gmail.com Counsel for the Petitioner Bercasio Law Office

2nd Floor, No. 008 Amor Building, Trece-Indang Road,

REPUBLIC OF THE PHILIPPINES **FOURTH JUDICIAL REGION REGIONAL TRIAL COURT** OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY CAVITE

GOVERNMENT SERVICE INSURANCE SYSTEM (GSIS),

Mortgagee,

- versus -Foreclosure Case No. F -155-23

SPS. NESTOR & AGNES VISARIO.

Mortgagor/s,

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra -Judicial Petition for Sale under Act 3135, as amended by Act. 4118, filed by Mortgagee, GOVERNMENT SERVICE INSURANCE SYSTEM (GSIS), with business address at GSIS Headquarters Building, Financial Center Area, Roxas Boulevard, Pasay City against the Mortgagor/ s, SPS. NESTOR & AGNES VISARIO with residence and postal address at: 1) Block 7 Lot 16, Tierra Nevada Ph4, San Francisco, General Trias, Cavite; and 2) Unit 252 Paoville Delta, Philippine Army Headquarters, Fort Bonifacio, Taguig, 1634, Metro Manila to satisfy the mortgage indebtedness as of 30 April 2023 amounts to FOUR HUNDRED TWENTY TWO THOUSAND SIX HUNDRED FIVE PESOS and 08/100 (P422,605.08), excluding penalties, charges, attorney's fees and expenses of foreclosure the undersigned Sheriff will sell at public auction on 03 AUGUST 2023 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. T-1055591

A parcel of land (Lot 16 Blk. 7 or the cons./subd. Plan Pcs-04-015682, being a portion of Blk. 131; Blk. 132; Blk. 133, Lots 1-51 Blk. 134, Lots 1-14 Bik. 135: Lots 1-18 Blk. 136; Lots 1-39 Blk. 144, Lots 1-24 Bik. 145, BIK. 146 Lots 1-41 Blk. 147; Lots 1-58 Blk. 148, Lots 1-33 Bik. 149, Lots 1-12 Bik, 150; Lots 1-15; Blk. 151; Blk. 152; Lots 1-43 Blk. 153; Lots 1-37 Blk. 154; Lots 1-46 Bik. 155; Bik. 157, Lots 1-34 Blk. 159; Lots 1-24 Blk. 160; Lots 1-29 Blk. 161; Lots 1-39 Blk. 162; Lots 1-37 Blk. 163; Lots 1-32 Blk. 164; Lots 1-32 Blk. 165; Lots 1-52 Blk. 166; Lots 1-14 Blk. 167: Lots 1-33 Bik. 168; Lots 1-12 Blk. 169; Lots 1-15 Bik. 170, Lots 1-19 Bik. 171; Lots 1-43 Bik. 172 Lots 1-12 Rd. Lot 43, Rd. Lot 43A, Rd. lots 45-49, Rd. lot 49A, Rd. lots 50-52 Rd. Lots 52A, Rd. lots 53-54, Rd. lots 55A, Rd. lots 56, Rd. lots 56A-56-B, Rd. lot 61, Alleys 49-50, Alley 50A, Alleys 51-62, Pcs-04-011037, LRC Rec. no.) situated in the Brgy. San Francisco. Mun. of Gen. Trias, Prov. Of Cavite, Is. Of Luzon. Bounded on the N., along line 1-2 by Lot 15 Blk. 7; on the E., along line 2-3-4-5-6 by Rd. lot 15; on the S., along line- 6-7 by Rd. lot 12; on the W. along line 7-1 by Lot 17 blk, 7, all of the cons./ subd. Plan. Beginning at a pt. marked "1" on plan XXX CONTAINING AN AREA OF **NINETY NINE** (99) SQ. M., XXX.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 17 AUGUST 2022 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City 27 JUNE 2023.

Barangay Luciano, Trece Martires City, 4109, Cavite

REGISTRY OF DEEDS FOR TRECE MARTIRES CITY, CAVITE Trece Martires City, Cavite

RTC-OFFICE OF THE CLERK OF COURT (OCC) Trece Martires City, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 3, 10 & 17, 2023

(Sgd.) RICARDO A. TOLEDO Sheriff IV

Copy Furnished:

GOVERNMENT SERVICE INSURANCE SYSTEM (GSIS)

GSIS Headquarters Building, Financial Center Area, Roxas Boulevard, Pasay City

SPS. NESTOR & AGNES VISARO

Block 7 Lot 16, Tierra Nevada Ph4, San Francisco, General Trias, Cavite

Unit 252 Paoville Delta, Philippine Army Headquarters, Fort Bonifacio, Taguig, 1634, Metro Manila

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE, OR DESTROYTHIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 3, 10 & 17, 2023

ERRATUM

This is to correct the error made in the publicaction of Extra-Judicial Foreclosure of Real Estate Mortgage filed by **HOME DEVELOPMENT MUTUAL FUND** (PAG-IBIG FUND), against ADRIAN R. IFURUNG married to FLORDELIZA D. IFURUNG, filed at RTC Imus with FC Case No. 17590-22 has an error on the FC Case No. 17590-23. The right and correct entry should be FC Case No. 17590-22 which was not included on the original notice, dated on June 19, 26 & July 3, 2023. Our apology.

The Publisher

Publication: PMC Pulso ng Makabagong Caviteño News Publication Date: July 10, 2023

ERRATUM

This is to correct the error made in the publicaction of Extra-Judicial Foreclosure of Real Estate Mortgage filed by HOME DEVELOPMENT MUTUAL FUND, against LEONNIE PEARL N. MOSQUERA, filed at RTC Trece Martires with **FORECLOSURE CASE NO**. F-185-23 has an error on the Brgy. San San Francisco, Gen. Trias, Cavite; TWENTY PESOS AND 93/100 & FORTY EIGHT (48) SQUARE METERS. The right and correct entry should be Brgy. San Francisco, Gen. Trias, Cavite; TWENTY PESOS AND 39/100 & FORTY EIGHT (48) SQUARE METERS which was not included on the original notice, dated on July 3, 2023. Our apology.

The Publisher

Publication: PMC Pulso ng Makabagong Caviteño News Publication Date: July 10, 2023

Project

from page 4

the power of partnerships and collaboration among developmental education agent," Acedillo said.

This, in particular, is a highly significant milestone, as smarter education will be a significant step towards creating smart and sustainable development.

DOST, the Philippine Science High School and the Local Government Unit (LGU) of Tuguegarao City will enable this endeavor and assist students in choosing career paths in engineering, medicine, and other health-related subjects when they enroll in college.

Present in the activity were DOSŤ Undersecretary for Scientific and Technical Services USEC. Maridon O. Sahagun, Dr. Lilia Habacon, the Executive Director of Philippine Science High School (PSHS); Dr. Erick John H. Marmol, the Director of PSHS Cagayan Valley; Dr. Virginia G. Bilgera, DOST R02 Regional Director; Dr. Rosechelle Cauilan, the Project Leader and Principal II of TCSHS; 1st Councilor Mark Angelo Dayag, representing Tuguegarao City Mayor Hon. Maila Ting-Que; and Dr. Gina M. Durian, the Chief of SGOD Tuquegarao City.

Republic of the Philippines REGIONAL TRIAL COURT Fourth Judicial Region Branch 109, Carmona, Cavite 2ndFlr., Hall of Justice Bldg., Brgy. Maduya, Carmona, Cavite Email add: rtc2cac109@judiciary.gov.ph; Tel. No. (046) 4828527

BDO UNIBANK, INC.,

Mortgagee,

- versus -

EJF-2023-65

For: EXTRA JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135, AS AMENDED BY ACT 4118

RODERICO M. REYES

Debtor/Mortgagor.

x-----x

NOTICE OF SHERIFF'S SALE

Upon Extra-Judicial petition for sale under Act No. 3135, as amended by Act 4118 filed by the mortgagee, BDO UNIBANK, INC., with postal address at BDO Towers Valero, 8741 Paseo de Roxas, Salcedo Village, Makati City, against the debtor/mortgagor, RODERICO M. REYES, with postal address/es at 1.) 12 Natib St., Barangka Itaas, Mandaluyong City; and 2.) Block 6 Lot 4 Phase 2, Canyon Ranch Subd., Brgy. Lantic, Carmona, Cavite, and for the satisfaction of the mortgaged debt which as of 14 June 2023 amounts to SIX HUNDRED FORTY-FIVE THOUSAND EIGHT HUNDRED SIXTY-EIGHT PESOS AND 83/100 (Php645,868.83), exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned or his duly authorized representative will SELL at public auction on August 11, 2023 at 1:00 o'clock in the afternoon at the Court Room of Branch 109, Regional Trial Court, Hall of Justice Building, Carmona, Cavite to the highest bidder for CASH or MANAGER'S CHECK, in Philippine currency, the mortgaged property/ies with all the improvements thereon to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-1262017

IT IS HEREBY CERTIFIED that certain land situated in the Mun. of Carmona, Province of Cavite bounded and described as follows: "A PARCEL OF LAND (Lot 4 Blk. 6 of the subdivision plan, Psd-04-187357, being a portion of Block 22 (Excluded Area), Psd-04-181473, LRC Record No.), situated in the Brgy. of Lantic, Municipality of Carmona, Province of Cavite, Island of Luzon. Bounded on the SW., along line 1-2 by Lot 3; on the NW., along line 2-3 by Block 6; on the NE., along line 3-4 by Block 6; and on the SE., along line 4-1 by Block 6, all of the subdivision plan. Beginning at a point marked "1" on plan, being S.23 deg. 59'W., 1273.96 m. from BLLM No. 10 CAD-285 Carmona CADASTRE; thence N.21 deg. 37'W., 11.00 m. to pt. 2; thence N.68 deg. 23'E., 7.00 m. to pt. 3; thence S.21 deg. 37'E., 11.00 m. to pt. 4; thence S.68 deg. 23'W., 7.00 m. to the pt. of beginning, containing an area of SEVENTY SEVEN (77) SQUARE METERS. All points referred to are indicated on the plan and are marked on the ground by P.S. cyl. conc. mons. 15 x 40 cm. bearings true; date of orig. survey; August 1940 - May 1941 and that of the subdivision survey, June 21, 2006 and was approved on August

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on August 18, 2023 at the same time and place without further notice.

21 June 2023 at Carmona, Cavite.

(Sgd.) BON GERARD D. ASCAÑO

Clerk of Court VI & Ex-Officio Sheriff

Prepared by:

(Sgd.) JOSEPH R. DIOKNO

Sheriff In-Charge

SC

from page 1

Tinukoy rin ang malaking perwisyong idinulot ng pandemyang Covid-19 na nagbunga ng mabagal, pagkabinbin at pagkatambak ng mga di-naaksiyunang kaso sa mga hukuman.

Binanggit din ng SPJI ang pakiramdam ng publiko na may nagaganap na kurapsiyon sa mga hukuman, at ito ay tutukang maresolba ng Kataas-taasang Hukuman.

Mga hakbang na ipatutupad ng SC, ayon sa SPJI: Napanahon at parehas na pagkakaloob ng malaya at maayos na pagpapasiya at pagtiyak magaang makapagdudulog ng reklamo at pagkakamit ng hustisya sa tamang pagkakataon; Bukas sa publiko . mapagkakatiwalaang hustisya makapagpapabalik ng paghanga at pagtitiwala ng taumbayan; Pantay at mabilis na serbisyo sa lahat ng lumalapit at humingi ng serbisyo mula sa mga hukuman upang makamit ang episyenteng pamamahala, aangkop at

gagamitin ang mga bagong kaalaman sa digital na teknolohiya.

Ang mga sumusunod ay ilan sa mga dapat malaman ng madla hinggil sa SC's five-year plan.

Upang matamo ang maayos, parehas at malayang paggawad ng hustisya, magsasagawa ang SC ng mga bagong sistema at pagkilos, ng naaayon at angkop sa pangangailangan ng panahon.

Lilikhain, ayon sa SPJI, ang Supreme Court Management Committee at Planning Development Office. Ito ang titingin, magsasanay at gagalaw upang matiyak ang maayos na pagkilos at paggalaw, proseso at pamamahala sa mga hukuman sa bansa.

Aaksiyunan din ng SC ang mga problema, pangangailangan at kabutihan ng mga manggagawa hukuman -- mula sa mga mahistrado, mga huwes at mga opisyal at tauhan ng mga korte sa bansa.

Magpapatupad ang SC ng socialized health insurance system para sa lahat

ng opisyal, mga kawani ng hukuman; pâgtatayo ng Mental Health Unit, taunang pisikal at mental na paggamot nang libre, at ang pagpapalakas ng mga pasilidad para sa pangangalaga ng mga sanggol at bata.

Palakasin at patuloy na pag-aaral ng mga hukom, pagtuturo pagpapatupad ng angkop na disiplina sa mga opisyal at tauhan ng mga korte at iba pang programa upang mapabuti ang bar exams at responsibilidad pananagutan ng mga abogado.

Pagpapalakas sa Judicial Integrity Board at ang pagsasaayos ng Judiciary Marshals Office.

Plano ring gamitin ng SC ang artificial intelligence (AI) para sa malawakang pasasaliksik ukol sa batas at pagpapalawak ng e-library at ng pagpapalakas ng Al-enabled technology.

Sinisimulan na ring itayo ang "eCourt System Version 2.0." na gagamitin para sa mabilis na transaksiyon sa mga hukuman tulad ng pagrerekord ng mga kaso, bayarin, rapol at mga kalendaryo sa mga pagdinig at gawain sa mga

hukuman.

Sa paggamit ng makabagong digital technology, inaasahang mapapabilis ang paghahatid ng mga tagubilin, plano, memorandum at iba pang gawain sa lahat ng korte sa buong bansa.

Bukod sa iba pang bagong sistema sa repormasyon sa mga korte, lilikha rin ang SC ng mga proyektong tutulong sa madlangbayan upang madaling makakuha ng mga impormasyong may kinalaman sa hustisya at reporma sa mga korte.

. Magpapatupad din ang SC, ayon sa SPJI ng tulong legal, data base para sa libreng payong legal at muling pag-aaral sa ipinatutupad na Enhanced Justice on Wheels program.

Palalakasin din ang Shari'ah justice, sabi ng SPJI, at gagawin ito sa pag-oorganisa pagbubuo ng operasyon sa 56 Shari'ah court sa bansa.

Plano ring rebyuhin ang bumubuo ng komite ng Shari'ah at suriin ang sistema ng Shari'ah justice, at dagdag dito, palakasin ang legal Shari'ah legal education system.

SM Cares

from page 8

vices Administration (PAGASA) OIC Administrator Dr. Esperanza O. Cayanan, Philippine Institute of Volcanology and Seismology (PHIVOLCS) Senior Supervising Science Research Specialist Jeffrey S. Perez, and University of the Philippines Resilience Institute Executive Director Dr. Mahar Lagmay shared their insights and observations in a panel discussion on understanding natural hazards, such as earthquakes, floods, and volcanic eruptions, and how to prepare for such situations.

Disaster Management Specialist, Emergency Medical Technician, and Wilderness Search and Rescue Philippines Instructor Gerard "Doki"

Natividad was also invited to share survival tips and tricks tailored to the needs of the attendees.

Participants in the forum were provided an SM Emergency Pack, which consists of an emergency string bag, a 4mm rope, an emergency blanket, a whistle with lanyard, a miniflashlight, and a survival tool card. Earthquake and flood simulators were also prepared by PAGASA and DOST to add to the participants' learning experience.

"In preparing for emergencies and calamities, SM Cares believes that no one should be left behind. That is what inspires us to continue mounting this Emergency

BDO UNIBANK INC.,

BDO Towers Valero, 8741 Paseo de Roxas, Salcedo Village, Makati City

RODERICO M. REYES

1.) 12 Natib St., Barangkaltaas, Mandaluyong City

2.) Block 6 Lot 4 Phase 2, Canyon Ranch Subd., Brgy. Lantic, Carmona, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: June 26, July 3 & 10, 2023



Disaster Management Specialist Doki Natividad teaching a PWD delegate the cardiopulmonary resuscitation (CPR) technique without using mouth-to-mouth breathing

Preparedness Forum," said Mateo. "Our goal is to empower our senior citizen's and PWDs with the essential survival skills and know-how so that they will be ready for any circumstance."

Since the forum first began in 2015, SM Cares has been able to provide training to 7,417 senior citizens and PWDs across the country since the forum's conception, and was awarded Gold in 2020 and Silver in 2023 at the Public Relations Society of the Philippines' annual Anvil Awards.

This initiative shows SM Cares' support for the United Nations' Sustainable Development Goals (SDGs), particularly "SDG 3: Good Health and Well-being", "SDG 10: Reduced Inequalities", and "SDG 11: Sustainable Cities and Communities".

SM Cares is the corporate social responsibilarm of SM Supermalls, supporting initiatives focused on communities and the environment. Its advocacies include Programs for the Environment, Persons with Disabilities, Women & Breastfeeding Mothers, Children & Youth, Senior Citizens, and the SM Bike-friendly initiative.

To learn more about these programs, visit www.smsupermalls.com/ smcares.

Copy furnished:

MAGLIBANG TAYO

KAPALARAN

ARIES (Mar. 21-Apr. 19) - Ito ang araw na inilaan at ginawa para sa iyo. Mag wish at manalangin ka, kung ano ang iyong hilingin, tiyak na matutupad at magkakatotoo. Ito ang mensahe para sa iyo. Masuwerteng kulay-peach. Tips sa lotto- 9-10-23-39-40-42,

TAURUS (Apr. 20-May 20) - Hindi ka dapat panghinaan ng loob. Kung ang iba ay kanilang mga kaibigan at mahal sa buhay ang umaalalay. Ang sa iyo ay kakaiba, dahil ang kamay ng langit mismo ang aalalay sa iyo. Kaya magpatuloy ka. Masuwerteng kulay-red. Tips sa lotto-3-19-29-30-34-41.

GEMINI (May 21-June 20) - Matapos na mawala ang iyong takot sa mga imbentong multo sa buhay mo. Ika'y mahaharap sa bagong mundo na kung saan mas gaganda ang iyong kapalaran. Masuwerteng kulay-silver. Tips sa lotto-7-10-26-38-39-44.

CANCER (June 21-July 22) - Huwag kang papagamit, dahil hindi ka isang kasangkapan. Mas magandang ikaw ang manggamit. Masuwerteng kulay-white. Tips sa lotto-3-18-26-38-40-44.

LEO (July 23-Aug. 22) - Hindi hadlang ang pagsubok. Sa katunayan, ito mismo ang magpapalakas sa iyo na kung saan magkakaroon ka ng pagkakataong makamit ang iyong ambisyon. Masuwerteng kulay-green. Tips sa lotto-3-17-28-36-38-40.

VIRGO (Aug. 23-Sept. 22) - Limitahan mo ang iyong pagkilos. Kumilos ka lang ayon sa kagustuhan mong umasenso. Masuwerteng kulay-yellow. Tips sa lotto-4-18-29-35-37-45.

LIBRA (Sept. 23-Oct. 22) - Ito ang araw na inuutusan ka ng langit na magpaganda. Oo, magpaganda, maligo, magpahaba ng buhok, mag-ayos, at magpabango ka, dahil ngayon mo makikita na susuwertehin at kusa na ring gaganda ang iyong kapalaran. Masuwerteng kulay-purple. Tips sa lotto-6-15-20-21-25-35.

SCORPIO (Oct. 23-Nov. 21) - Huwag kang hihinto sa pagpapaganda ng iyong kinabukasan. Ang hindi tumitigil ay mas maagang nakukuha ang kanilang mga pangarap. Masuwerteng kulaypink. Tips sa lotto-1-18-22-25-34-37.

SAGITTARIUS (Nov. 22-Dec. 21) - Pakinggan mo ang mga mungkahi ng mga nasa paligid mo, dahil sa pakikinig sa kanila may makukuha kang magagandang ideya na iyong magagamit. Masuwerteng kulay-beige. Tips sa lotto-6-17-22-25-36-46.

CAPRICORN (Dec. 22-Jan. 19) - Sumunod ka habang wala ka pang kakayahan. Sa huli, ikaw na ang mismong susundin. Masuwerteng kulayblue. Tips sa lotto-16-19-20-25-36-41.

AQUARIUS (Jan. 20-Feb. 18) - Pagbibintangan ka na ikaw ay hindi seryoso. Ang nagbibintang sa iyo ay mananatili pa rin sa buhay mo at siya ay nakakaawang dahil siya pa mismo ang namomroblema sa mga suliraning inyong kinahaharap. Masuwerteng kulay-black. Tips sa lotto-11-15-17-23-26-45.

PISCES (Feb. 19-Mar. 20) - Kailangan mo ng may makakatuwang. Hindi puwede na magisa ka lang sa ang mga hamon ng iyong kapalaran. Muli, kailangan mo ng katuwang sa iyong buhay. Masuwerteng kulay-violet. Tips sa lotto-3-18-20-25-34-38.

S		6			4				
			5	8	1	2		9	
U	1			8 5					
D	3	5				8			
		2			6			4	
O	4			တ					
K		8			9				
		3	1	6			9		
U			2			5		8	

SAGOT: SUDOKU VOL. 20#18										
9	7	8	6	5	3	1	2	4		
3	5	6	2	1	4	8	7	9		
1	4	2	8	7	9	6	3	5		
5	3	7	1	4	8	9	6	2		
4	8	9	7	2	6	3	5	1		
2	6	1	ვ	9	5	7	4	8		
6	9	5	4	8	7	2	1	3		
8	2	3	5	6	1	4	9	7		
7	1	4	9	3	2	5	8	6		

HOW TO PLAY: Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

- Each number can only appear once in every row, column or box.
 - · Every puzzle has only one correct solution!

Did You Know?



DEAD SKIN CELLS ARE A MAIN INGREDIENT IN HOUSEHOLD DUST

Here's an interesting science fact for you: According to researchers at Imperial College London. humans shed around 200 million skin cells each hour—and they have to go somewhere when we're indoors. If the idea of skin dust isn't sitting well with you, you should know that a report from the American Chemical Society found that a skin oil called squalene naturally helps reduce indoor ozone levels by up to 15 percent.

Υ	U	E	E	С	N	E	E	W	0	L	L	Α	Н
E	L	L	I	V	Υ	Т	I	M	Α	L	L	С	С
Ε	Т	N	E	N	I	Т	S	I	R	Н	С	R	Α
S	N	Н	R	Α	D	L	M	L	Т	Н	L	Е	R
I	S	В	E	G	N	R	R	Α	E	M	R	L	R
W	Н	R	L	S	D	0	Α	E	G	W	S	L	I
Υ	0	J	С	N	Н	U	G	С	D	Α	Α	E	E
N	R	Α	L	E	Α	I	E	W	U	L	W	В	N
N	S	S	0	Н	D	J	N	E	R	L	I	Α	I
E	E	0	W	R	R	Α	Υ	I	G	Т	Α	S	E
Р	M	N	N	N	0	E	E	U	N	L	I	S	I
I	Α	Р	I	R	Α	N	Н	Α	E	G	R	Ε	Н
N	N	D	I	N	S	I	D	I	0	U	S	J	I
I	E	Α	Р	0	L	Т	E	R	G	E	I	S	Т

Horror THE SHINING **PIRANHA DRACULA** CHRISTINE **POLTERGEIST JESSABELLE HALLOWEEN AMITYVILLE INSIDIOUS OUIJA JASON CLOWN PENNYWISE** SAW **CARRIE HORSEMAN**

GRUDGE



REPUBLIC OF THE PHILIPPINES REGIONAL TRIAL COURT FOURTH JUDICIAL REGION OFFICE OF THE CLERK OF COURT CITY OF IMUS, CAVITE

HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND),

Mortgagee,

-versus - EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135 AS AMENDED BY ACT 4118

AMBROSIO D. LAGMAY JR., married to MARIATHERESA J. LAGMAY,

Mortgagors.

FC Case No. 17864-23

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **HOME DEVELOPMENT** MUTUAL FUND (otherwise known as PAG-IBIG FUND), mortgagee, with principal place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against AMBROSIO D. LAGMAY JR., married to MARIA THERESA J. LAGMAY, mortgagors, with residential and postal address at Block 79 Lot 7, 12th -25th St., Villamor Air Base, Pasay City AND/OR Lot 20 Block 2 Lancaster Residences, Phase 6, Alapan 2, Imus, Cavite, to satisfy the mortgage indebtedness which as of February 24, 2023 amounts to SIX HUNDRED FORTY THREE THOUSAND SIX HUNDRED NINETY EIGHT PESOS & 14/100 (Php643,698.14) Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on August 1, 2023 at 10:00 o'clock in the morning or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus Hall of Justice, Aguinaldo Highway, Imus City, Cavite to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2013017144

"A parcel of land (Lot 20 Blk. 2 of the subd. Plan PSD-04-208493, being a portion of Lot 1624, Imus Estate, L.R.C. Rec. No. 8843), situated in Brgy. of Alapan 2, Mun. of Imus, Prov. of Cavite, Island of Luzon. Bounded on the SW., along line 1-2 by Lot 19, Blk. 2 of the subd. Plan; on the NW. along line 2-3 by Lot 1627; Imus Estate; on the NE., along line 3-4 by Lot 21, Blk. 2; and on the SE. along line 4-1 by Road Lot 2 both of the subd. Plan. X x x containing an area of FORTY THREE (43) SQ. METERS, MORE OR LESS. X x x

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on August 8, 2023 at 10:00 o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

City of Imus, Cavite, Philippines, May 19, 2023.

(Sgd.) MHINARD SANTOS

Sheriff IV **BRANCH 122**

APPROVED BY

(Sgd.) ARMIE A. FRANCISCO

Clerk of Court VI

COPY FURNISHED:

HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND) The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat

ATTY. MICHAEL YANCY P. YNGSON

RECEIVERS AND LIQUIDATORS INC.

Unit C, 10th Floor, Strata 2000 Bldg., F. Ortigas Jr. Rd., Ortigas Center, Pasig City

AMBROSIO D. LAGMAY JR., married to MARIA THERESA J. LAGMAY

Block 79, Lot 7, 12th -25th St., Villamor Air Base, Pasay City Lot 20 Block 2, Lancaster Residences, Phase 6, Alapan 2, Imus, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 3, 10 & 17, 2023

REPUBLIC OF THE PHILIPPINES **REGIONAL TRIAL COURT FOURTH JUDICIAL REGION** OFFICE OF THE CLERK OF COURT IMUS, CITY, CAVITE

HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG Fund)

Mortgagee,

- versus - EXTRA-JUDICIAL FORECLOSURE OF REAL ESTATE MORTGAGE UNDER ACT 3135 AS AMENDED BY ACT 4118

JOSEPH P. RIVAMONTE,

Mortgagor.

FC Case No. 17926-23

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG Fund), mortgagee, with principal office at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against JOSEPH P. RIVAMONTE, with residence and postal address at Lot 4 Blk. 3, Camella Homes 2D, Putatan, Muntinlupa City and/or Lot 55, Blk. 15, The Istana Subd., Malagasang, Imus, Cavite to satisfy the mortgage indebtedness which as of March 13, 2023 amounts to FIVE HUNDRED EIGHT THOUSAND TWO HUNDRED TWENTY FIVE PESOS and 17/100 (P508,225.17) Philippine Currency, including interest and penalty charges but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at public auction on August 1, 2023 at 10:00 a.m. or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus, Cavite, to the highest bidder, for CASH and in Philippine Currency, the following property with all the improvements therein, to

TRANSFER CERTIFICATE OF TITLE NO. 057-2012022050

"A PARCEL OF LAND (LOT 55 BLOCK 15 OF THE CONS.-SUBD. PLAN PCS-04-024408, BEING A PORTION OF LOT 2382-F, (LRC) PSD-207775, LOT 2384-A, PSD-04-198262 AND LOT 5896, IMUS ESTATE (RS-04-004664) SITUATED IN MALAGASANG, IMUS, CAVITE, ISLAND OF LUZON. BOUNDED ON THE NE., ALONG LINE 1-2 BY ROAD LOT 22; ON THE SE., ALONG LINE 2-3 BY LOT 57 BLOCK 15, ON THE SW., ALONG LINE 3-4 BY LOT 56 BLOCK 15; ON THE NW., ALONG LINE 4-1 BY LOT 53 BLOCK 15, ALL OF THE CONS.-SUBD. PLAN. XxxCONTAINING ANAREA OF THIRTY SIX (36) SQUARE METERS. X x X"

All sealed bid must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on August 8, 2023 without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon if any there be.

Imus, Cavite, Philippines, May 16, 2023.

(Sgd.) ISRAEL S. MEDINA Sheriff IV

APPROVED:

(Sgd.) ARMIE A. FRANCISCO Clerk of Court VI

Copy Furnished: HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-Ibig Fund)

The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue Makati City

ATTY, RIZALDY F. DE LEON

Attorney-In-Fact, Bernales & Associates Suite 6 Third Floor, A. Francisco Gold Condominium 1, 784 EDSA West Kamias District, Quezon City

JOSEPH P. RIVAMONTE

Lot 4 Blk. 3, Camella Homes 2D, Putatan, Muntinlupa City and/or Lot 55, Blk. 15, The Istana Subd., Malagasang, Imus,

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 3, 10 & 17, 2023

REPUBLIC OF THE PHILIPPINES FOURTH JUDICIAL REGION REGIONAL TRIAL COURT BRANCH 15, NAIC, CAVITE rtc1na015@judiciary.gov.ph rtcbranch15naiccavite@gmail.com 09171146230

HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND),

Mortgagee/Petitioner,

- versus -

FNC - 2023-273

For: Extra-Judicial Foreclosure of Real Estate Mortgage under Act 3135, as Amended by Act 4118

NORMAN A. SANTOS, JR. MARRIED TO ANALYN V. SANTOS,

Mortgagor/Respondent.

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial petition for sale under Act 3135, as amended by Act 4118 filed by ${\bf HOME\ DEVELOPMENT}$ MUTUAL FUND (PAG-IBIG FUND), mortgagee/petitioner, with principal office address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City against NORMAN A. SANTOS, JR. MARRIED TO ANALYN V. SANTOS with postal address at Relocation Site, Zone 6, Brgy. San Antonio, Pedro, Laguna to satisfy the mortgage indebtedness which as of March 3, 2023 amounts to FOUR HUNDRED THIRTY-SEVEN THOUSAND SIX HUNDRED FORTY-SEVEN PESOS AND 37/100 (P 437,647.37) Philippine currency, inclusive of interest, penalties and other charges, the undersigned Sheriff will sell at public auction on July 25, 2023 at 10:00 o'clock in the morning or soon thereafter at the main entrance of the Office of the Ex-Officio Sheriff at the Hall of Justice formerly Mayor Macario B. Pena Memorial Hall, Naic, Cavite, to the highest bidder, for cash and in Philippine currency, the following described property with all the improvements existing thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2019004673

A certain land situated in Barangay of Timalan, Municipality of Naic, Province of Cavite, Island of Luzon, bounded and described as follows:

Lot No: 19, Block No: 14, Plan No: PCS-04-031172

Portion of: Cons-Subd. Of Lots 2977 & 2978, FLS-986-D, Naic Estate (VS-04- 000597)

Location: Barangay of Timalan, Municipality of Naic, Province of Cavite, Island of Luzon, bounded and described **Boundaries:**

LINE DIRECTION ADJOINING LOT(S) Lot 12, Block 14, PCS-04-031172 1-2 2-3 Lot 18, Block 14, PCS-04-031172 3-4 Road Lot 5 PCS-04-031172 Lot 20, Block 14, PCS-04-031172

Area: TWENTY-EIGHT SQUARE METERS (28), more or less Description of Corners: All points are referred to on the plan by P.S. Cyl. Conc. Mons. 15?40 cms.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

Prospective bidders or buyers are hereby enjoined to investigate for themselves, the title herein above-described and the encumbrances thereon, if any there be.

In case of the absence of any participating bidder on the above-scheduled date, said auction sale will be reset and finally held on August 01, 2023 at the same place and time above-mentioned.

Naic, Cavite, June 24, 2023

(Sgd.) MA. CAROLINA M. POTENTE

Sheriff IV

Home Development Mutual Fund (PAG-IBIG FUND) The Petron Mega Plaza BuildingbNo. 358 Sen. Gil Puyat

NORMAN A. SANTOS, JR. MARRIED TO ANALYN V. SANTOS

Relocation Site, Zone 6, Brgy. San Antonio, San Pedro, Laguna/ Timalan, Naic, Cavite

Maria Victoria D, Capiral c/o Atty, Michael Yancy P. Yngson Attorney-In-Fact, Receivers and Liquidators, Inc. Unit C, 10th Floor, Strata 2000 Bldg. F. Ortigas Jr. Rd., Ortigas Center, Pasig City

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: June 26, July 3 & 10, 2023



REPUBLIC OF THE PHILIPPINES **FOURTH JUDICIAL REGION REGIONAL TRIAL COURT** OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

HOME DEVELOPMENT MUTUAL FUND, Mortgagee,

- versus - FORECLOSURE CASE NO. F-185-23

LEONNIE PEARL N. MOSQUERA,

Mortgagor/s, x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, HOME **DEVELOPMENT MUTUAL FUND, with business address** at The Petron Mega Plaza Bldg., No. 358 Sen. Gil Puyat Avenue, Makati City, against the Mortgagor/s, LEONNIE PEARL N. MOSQUERA, with residence and postal addresses at (1) Lot 5 Blk 6 Section C, Tropical Vill. Brgy. San Francisco, Gen. Trias, Cavite, and (2) Lot 13 Blk 8, Pamayanang Maliksi, Phase 5, Brgy. San Paloocan, Gen. Trias, Cavite, to satisfy the mortgage indebtedness which as of 22 March 2023 amounts to TWO HUNDRED EIGHTEEN THOUSAND THREE HUNDRED TWENTY PESOS AND 39/ 100 (Php218,320.39) excluding penalties, charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on 03 AUGUST 2023 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 077-2015005985

A PARCEL OF LAND (LOT 13 BLOCK 8, OF THE SUBDIVISION PLAN PSD-04-208794, BEING A PORTION OF LOT 3305-A-5, PSD-04-208216), SITUATED IN THE BARANGAY OF SAN PALOOCAN, MUNICIPALITY OF GENERAL TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE SW, ALONG LINE 1-2 BY ROAD LOT 9; ON THE NW., ALONG LINE 2-3 BY LOT 12; ON THE NE, ALONG LINE 3-4 BY LOT 39; AND ON SE., ALONG LINE 4-1 BY LOT 14, ALL OF BLOCK 8, ALL OF THE SUBDIVISION PLAN. BEGINNING AT A POINT MARKED "1" ON PLAN xxx CONTAINING AN AREA OF FORTY EIGHT (48) SQUARE METERS MORE OR LESS. X XX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 17 AUGUST 2022 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 27 JUNE 2023

(Sgd.) REYNALDO L. SALOMA Sheriff IV

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND c/o ATTY. RIZALDY F. DE LEON

Attorney-In-Fact, Bernales & Associates Suite 6 Third Floor, A. Francisco Gold Condominium I 784 EDSA West Kamias District, Quezon City

LEONNIE PEARL N. MOSQUERA

Lot 5 Blk 6 Section C, Tropical Vill. Brgy. San San Francisco, Gen. Trias. Cavite

Lot 13 Blk 8. Pamayanang Maliksi. Phase 5. Brgv. San Paloocan, Gen. Trias, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 3, 10 & 17, 2023

REPUBLIC OF THE PHILIPPINES FOURTH JUDICIAL REGION REGIONAL TRIAL COURT OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY **CAVITE**

NATIONAL HOME MORTGAGE FINANCE **CORPORATION (NHMFC),**

Mortgagee,

Foreclosure Case No. F-129-23 - versus -

DANILO G. SEVILLA,

Mortgagor/s, x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra -Judicial Petition for Sale under Act 3135, as amended by Act. 4118, filed by Mortgagee, NATIONAL HOME MORTGAGE FINANCE CORPORATION (NHMFC), with business address at 104 Amorsolo St., Legaspi Village, Makati City, against the Mortgagor, DANILO G. SEVILLA, with residence and postal addresses at (1) Capitol Hills Exec. Subd. Lot 1-B Blk 17 Sunflower St ., Trece Martires, and (2) #2 Marian Rd. II East Service Rd., Parañaque, Metro Manila, to satisfy the mortgage indebtedness as of 31 March 2023 amounts to THREE MILLIONTWO HUNDRED FIVE THOUSAND THREE HUNDREDELEVEN PESOS & 45/100 (Php3,205,311.45), excluding penalties, charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will set at public auction on 03 AUGUST 2023 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. T-1502

A parcel of land (Lot 1-B of the subd. plan, Psd-042122-064485, being a portion of Lot 1, Blk. 17, Pcs-04-003816, L.R.C. Rec. No.), situated in the Brgy. of Lapidario, City of Trece Martires. Bounded on the SE, along line 1-2 by Lot 2-A; on the SW., along line 2-3 by Lot 3-A, both of the subd. plan; on the NW., along line 3-4 by Road Lot 16, Pcs-04-003816 on the NE., along line 4-1 by Lot 1-A, of the subd. plan. Beginning at a pt .marked "1" on plan xxx CONTAINING AN AREA OF SEVENTY FIVE (75) SQ. METERS. XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 17 AUGUST 2022 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 27 JUNE 2023

(Sgd.) REYNALDO L. SALOMA

Sheriff IV

Copy Furnished:

NATIONAL HOME MORTGAGE FINANCE **CORPORATION (NHMFC)**

104 Amorsolo St., Legaspi Village, Makati City

DANILO G. SEVILLA

Capitol Hills Exec. Subd. Lot 1-B Blk 17 Sunflower St., Trece

#2 Marian Rd. II East Service Rd., Parañaque, Metro Manila

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 3, 10 & 17, 2023

REPUBLIC OF THE PHILIPPINES REGIONAL TRIAL COURT FOURTH JUDICIAL REGION OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

HOME DEVELOPMENT MUTUAL FUND, Mortgagee,

- versus - FORECLOSURE CASE NO. F-168-23

DONALD C. REMO MARRIED TO JUDITH M. REMO

Mortgagor/s,

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, HOME **DEVELOPMENT MUTUAL FUND, with business address** at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against the Mortgagor/s DONALD C. REMO MARRIED TO JUDITH M. REMO with residence and postal address at No. 57 St. Francis St., Maricaban, Pasay City, Metro, Manila and Lot 22 Blk. 67, Metro South Subd., Buenavista, Gen. Trias, Cavite to satisfy the mortgage indebtedness which as of 22 March 2023 amounts ONE MILLION THREE HUNDRED EIGHTY ONE THOUSAND FOUR HUNDRED NINETY TWO PESOS AND 21/100 (P1,381,492.21), excluding penalties, charges, attorney's fees and expenses of foreclosure, the undersigned Sheriff will sell at public auction on 03 AUGUST 2023 at 10:00 o'clock in the morning until 12 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. T-1045747

A parcel of land (Lot 22, Blk. 67 of the cons.-subd. plan Pcs-042108-006991, being a portion of the cons. Of Lots 2837-B, (LRA) Psd-349640, Lots 2843-C (LRA) Psd-351029 & 3205, San Francisco de malabon Estate, L.R.C. Rec. No.), situated in the Bo. Of Buenavista, Mun. of Gen. Trias, Province of Cavite. Bounded on the E., along line 1-2 by lot 24, Blk. 67, of the cons.-subd. Plan; on the S., along line 2-3 by Road Lot 113; on the W., along line 3-4 by Lot 20, and on the N., along line 4-1 by Lot 21, both of Blk. 67, of the cons.-subd. Plan. Beginning at a pt. marked "1" on plan xxx containing an area of ONE HUNDRED (100) SQ. METERS XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 17 AUGUST 2022 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City 27 JUNE 2023.

(Sgd.) ANDRES B. ESPINA

Sheriff IV

Copy Furnished:

HOME DEVELOPMENT MUTUAL FUND C/O ATTY. RIZALDY F, DE LEON

BERNALES & ASSOCIATES

Suite 6 Third Floor, A. Francisco Gold Condominium I, 784 EDSA West Kamias District, Quezon City

DONALD C. REMO MARRIED TO JUDITH M. REMO

No. 57 St. Francis St., Maricaban, Pasay City, Metro, Manila Lot 22 Blk. 67, Metro South Subd., Buenavista, Gen. Trias,

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 3, 10 & 17, 2023

Project ACCELERATES, paving the way for a smarter education



THE Department of Science and Technology (DOST) undoubtedly made great strides towards promotion of smart and sustainable initiatives with the grant of the "Smart Education: Advancing Classroom-Based Collaboration and Enhancing Laboratory Equipment through the Provision of Robotics and Technological Equipment to Science-oriented Students" (AC-CELERATES) project to Tuguegarao City Science High School (TCSHS).

Project ACCELERATES is an innovative program that equips TCSHS laboratories with robotic kits and other equipment required to address various learning abilities in science and enhance their students' academic performance.

The provision of the additional modern science equipment, experiments and other hands-on activities will be deepened, and classroom collaboration will be increased.

SM Cares launched Emergency Preparedness Forum, making PWDs, Seniors disaster-ready

In celebration of National Disaster Resilience Month, SM Cares recently launched this year's Emergency Preparedness Forum for senior citizens and persons with disabilities (PWDs). The first of eight forums was held last July 5, Wednesday, at the SM Mall of Asia Music Hall in Pasay City.



Photo highlights during the Emergency Preparedness Forum on July 5, 2023



Delegates from Tahanang Walang Hagdan, Inc.

pledge of commitment signing was held between SM Supermalls and its partner organizations. Present at the signing were SM Supermalls Senior Vice President Engr. Bien C. Mateo, Office of Civil Defense (OCD) Administra-Usec. Ariel Nepomuceno, MetropoliAuthority (MMDA) Acting Asst. General Manager Atty. Victor Trinidad, National Commission of Senior Citizens Chairperson Atty. Franklin M. Quijano, and National Council on Disability Affairs Executive Director Joniro F. Fredejas.

Meanwhile, Senators Risa Hontiveros and

Prior to the forum, a tan Manila Development Loren Legarda, as well as Department of Science and Technology (DOST) Secretary Renato Solidum, gave special video messages addressed to the forum's attendees.

> Aside from being signatories. Philippine Atmospheric, Geophysical and Astronomical Ser-

SM CARES • 6





The Power of Grassroots Training and Development in the Philippines: Overcoming Challenges for Sports Success ey there, sports enthusiasts! We all know that every champion starts

somewhere, right? Well, in the Philippines, grassroots training and development play a crucial role in shaping the future of sports. It's where we spot young talents, sharpen their skills, and ignite a passion for sports. But, hey, let's be real - it's not all smooth sailing. We face some hurdles along the way that we need to tackle head-on. So, let's dive into the benefits, problems, and issues of grassroots training in our beloved nation.



Benefits of Grassroots Training and Development: Spotting Stars in the Making.

Guess what? Our grassroots programs are like treasure hunts for sporting gems. They help us find young talents with raw potential. By making sports accessible to all, we're able to uncover talented individuals from various backgrounds and nurture them into future stars. Talk about building a solid lineup of athletes ready to represent our country with pride!

Cultivating a Healthy Lifestyle.

Sports are not just about winning trophies; they're about building character and living a healthy life. When we engage kids and teens in sports from an early age, we're teaching them discipline, teamwork, and determination. Plus, we're getting them off the couch and away from those darn screens. By promoting an active lifestyle, we're helping them grow up healthy and strong, both physically and mentally.

Strengthening Our Communities.

Picture this: kids and adults from all walks of life coming together through sports. That's the magic of grassroots programs, my friend! They bring communities together, breaking down barriers and creating a sense of belonging. It's all about building strong bonds, fostering camaraderie, and developing a united front. Through sports, we can inspire positive change and create tightknit communities.

Problems and Issues in Grassroots Training and Development. Show Us the Money.

Okay, folks, let's face it - money makes the sports world go 'round. Sadly, our grassroots programs often suffer from a lack of funding and resources. Without enough financial support, it's tough to provide proper training facilities, top-notch equipment, and qualified coaches. We need the moolah to expand our reach, offer more opportunities, and make dreams come true.

Coaching Conundrum.

Now, here's the deal: we need coaches who know their stuff. SPORTS LIFE • 4