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From the Fields to your local SM Supermall Bringing the Best of Farmers' Harvests to You, at the SM Sunday Market

Now open at 26 malls nationwide, from 7AM to 2PM, the SM Sunday Market has begun to offer fresh produce and fruits in season, flowers and plants grown by local farmers.

The SM Sunday Market is a joint initiative of SM Supermalls, SM Cares, and the SM Foundation Inc. (SMFI) which spotlights its Kabaliklat sa Kabuhayan (KSK) program. This helps hundreds of local food producers by providing them with high-traffic locations at SM malls nationwide to display and market their products to weekend shoppers, employees, and tenants. **BRINGING • 2**

Cavite fisherfolks receive P500-M assistance from SMC



TRECE MARTIRES CITY, Cavite (PIA) – Around 5,000 fisherfolks and their families in Cavite's four coastal towns are set to benefit from the P500-million financial aid under the "Handog Tulong Pinansyal Para sa Mangingisda" program rolled out by the San Miguel Corporation.

These families residing in Rosario, Tanza, Naic, and Ternate towns are affected by the ongoing dredging operations for the construction of the New Manila International Airport (NMIA) project. SMC said the fisherfolks were identified based on third-party surveys and validation by local officials and **CAVITE • 2**

Ligtas kainin ang inihaw na balut

Kapag niluluto ang itlog, nabubuo ang hydrogen sulfide (H2S) ngunit hindi ito sapat upang magdulot ng panganib sa kalusugan. [1,2,4]



Kamakailan lamang ay may kumakalat na Facebook post ukol sa hindi ligtas na pagkonsumo ng inihaw na balut dahil umano sa nakalalasonong kemikal na hydrogen sulfide (H2S) na nagmumula sa pag-iihaw nito.

Bagaman hangad lamang ng naturang post na magbahagi ng

kaalaman patungkol sa panganib na kaugnay rito, naiba ang interpretasyon o nawala sa wastong konteksto ang ipinahayag na siyentipikong eksplanasyon.

Ang puti ng itlog ay mayroong natural na sulfur na kapag naiinit buhat ng pagluto ay nagre-react sa hydrogen na

nagiging dahilan ng pagkabuo ng H2S.[1,2] Tunay ngang nakalalason ang H2S lalo na kung mataas ang lebel nito.[3] Subalit, ang nabubuong H2S tuwing nagluluto ng itlog ay kalimitang kakaunti lamang at hindi makapagdudulot ng negatibong epekto sa

LIGTAS KAININ • 2

NEWS

Sto. Tomas, Batangas LGU benchmarks DOST CALABARZON's HRMIS and TRACE

"Digital transformation is a long process that needs full support of the top management," Engr. Francisco R. Barquilla, III, Assistant Regional Director (ARD) for Technical Operations of Department of Science and Technology (DOST) CALABARZON stated.

DOST-CALABARZON held a benchmarking activity for the local government unit (LGU) of Sto. Tomas, Batangas, to showcase its information and communications technology (ICT) initiatives and best practices, held at the DOST-CALABARZON Regional Office in Los Baños on March 9, 2023.

The event aims to orient the government officials and employees about the information systems of the agency, as part of the "Aksyon Bilis" program by Atty. Arth Jhun Aguilar Marasigan, City Mayor of Sto. Tomas, Batangas. In particular, the local authorities seek to improve their current human resource management system as Sto. Tomas now becomes a city consisting of more than 900 employees.

Driven by quality, productivity, and efficiency, ARD Barquilla spearheaded the discussion, starting with the issues and concerns that prompted the digital transformation of the institution. He said operations, human resource, management, regulations, and technology are some of the areas that experience challenges in government offices.

ARD Barquilla also presented the procedures in adopting an information system. This includes the technological requirements and recommendations that must be considered, such as ensuring full support from top management, establishing internal policies and guidelines, and providing appropriate ICT requirements.

DOST-CALABARZON started its journey to-

wards digitalizing the business operations of the agency through creating, developing, and upgrading ICT infrastructure and facilities. Since 2011, the DOST IV-A Management Information Systems (MIS) unit has successfully implemented and adopted numerous innovative solutions that benefited the government and the community in terms of workforce competency, improved productivity, organizational transparency, work mobility, cost savings, among others.

MIS Head Ms. Bianca Josephine R. Pantoja conducted a live demonstration of the system, and answered inquiries regarding the functions and limitations of the systems. She highlighted the features of the Human Re-

sources Management Information Systems (HRMIS) and the Tracking, Retrieval and Archiving of Communications for Efficiency (TRACE).

The main functions of HRMIS comprise the online filing of document requests and reservations, online biometrics for multiple offices, attendance statistics, and customizable signatories. On the other hand, TRACE allows different offices to digitize and track incoming and outgoing documents, delegate tasks to regional and provincial staff, and measure the unit and employee performance.

DOST-CALABARZON



Regional Director Emelita P. Bagsit expressed her gratitude for the interest and effort of the LGU who traveled all the way from Batangas to initiate the benchmarking event.

Note to editors: DOST-CALABARZON is one of the regional offices of the Department of Science and Technology and is lo-

cated at Jamboree Road, Brgy. Timugan, Los Baños, Laguna. For more information, you may visit us on Facebook

at [facebook.com/dostcalabarzon](https://www.facebook.com/dostcalabarzon) or website www.region4a.dost.gov.ph. You may also reach us at parcu@ro4a.dost.gov.ph. (By: Princess Plebiscite B. Tope, DOST MIS OJT)

DOST Executives

from page 8

The ACT Machineries is one of the local manufacturers in the country that focuses on agricultural machinery. The firm was established on April 22, 1986, founded by Mr. Angel C. Tactay is located at Turayong, Cauayan City, Isabela.

The firm applied for SETUP assistance in 2019. Through SETUP, ACT was able to develop new products such as onion seeder, mushroom bagger, feed mixer, mushroom dryer, 2-in-1 Milling Machine, Carrot Washer, Multipurpose Seeder, Boat Tiller, Cacao Huller, as well as im-

proved versions of existing products. The firm was able to widen its market scope and transactions, improve production, and increase the number of its branches.

Currently, the enterprise uses robotics and automation through Computerized Numerical Control High Precision Plasma Cutting Machine and Automatic Robot Plasma Welding Machine. These machines were acquired by the firm to improve their processes on measuring, cutting, grinding, and drilling.

The corporation re-

ceived the most prestigious DOST Industry Ready Award. The ICON award is given to SETUP-assisted MSME which adopts Industry 4.0 technologies. The selection criteria include the degree and extent of innovation related to Industry 4.0 technologies, value creation to the customer, value creation for the enterprise, and change or transformation process.

SETUP is DOST's response to the public's demand for improved access to technologies and breakthroughs developed by the different facilities and institutes of DOST. #OneDOST4U #ScienceForThePeople #DOSTRegion02

naillilipat ang H2S patungo sa pula ng itlog.[1,2] Ito ngayon ay nagre-react sa iron na mula sa pula ng itlog upang mabuo ang iron sulfide na maaring matukoy mula sa dark-green na kulay sa paligid ng pula ng itlog.[7,8,9,11] Ang iron sulfide ay indikasyon ng overcooked na itlog na posibleng sanhi ng kakaibang itsura at lasa ng itlog ngunit kadalasan, hindi ito nagdudulot ng panganib sa kalusugan ng tao.[9,10,11]

Ligtas kainin

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kalusugan.[1,2,4] Sa katunayan, ang pinakamataas na konsentrasyon ng H2S na maaaring makuha sa itlog ay 0.2 ppm na nangyayari lamang kapag ito ay bulok na.[5] Ayon sa mga eksperto, walang nakaambang panganib ang exposure ng tao sa 20 ppm ng H2S at kinakailangan muna nitong makaabot ng 100 ppm bago magdulot ng

direktang panganib sa kalusugan at buhay.[6] Kung susumahin, katumbas nito ang minsanang pagkain ng 500 na bulok na itlog bago magdulot ng panganib sa buhay ang H2S.

Dagdag pa rito, habang tumatagal ang pagluto ng itlog, bumababa ang solubility ng puti ng itlog kaya naman puwersahang

Cavite

from page 1

fishermen groups' local leaders.

An initiative of San Miguel Aerocity Inc. (SMAI), monthly financial assistance of Php 5,000.00 will be given to the identified beneficiaries until the completion of their operations in 2024.

SMAI said it continues to provide livelihood programs in cooperation with the Technical Education Skills and Development Authority (TESDA) for fisherfolk organizations as part of its Social Development Management Program (SDMP) that aims to mitigate the effects of decreasing fish catch.

Together with its partner and leading global marine engineering firm, Royal Boskalis Westminster N.V., SMAI

has also provided fishermen with safety equipment, including radar reflectors, life vests, life buoy rings, foam buoys, led lights, and rechargeable batteries.

"We are well aware of the effects of the ongoing operations of our contractor, Boskalis, in the San Nicolas Shoal, that's why we are taking all necessary measures to mitigate these. We're committed to helping fisherfolk families in the area, and we're very transparent about the project with them. We thank them for their valuable contribution in helping get this priority national project done," said SMC President and CEO Ramon S. Ang.

The company is also tapping a third-party organization that will part-

ner with the Bureau of Fisheries and Aquatic Resources (BFAR) to assess how to improve fishing yields from the shoal. This is to help bring up the volume of catch from the area, even long after Boskalis' activities are completed.

Olivia Bautista, president of the local fisherfolk organization KAMMALIG, expressed gratitude to SMAI for addressing their concerns and continue helping the affected families.

"Nais po naming magpasalamat sa San Miguel sa mga tulong na aming natanggap at sa mga parating pa na tulog na handa nilang ibigay sa amin. Kahit pa lumiit ang lugar na aming pinapangisdaan at tuloy pa rin kami at nasiguro nila na kami ay ligtas," said Bautista. (Ruel Francisco, PIA-Cavite with reports from SMC)

Bringing

from page 1

Since 2020, SM Foundation has helped 28,500 local farmers from different municipalities nationwide by equipping them with modern and sustainable farming skills.

As we approach Holy Week, traditionally a time for meatless meat choices, you can opt to drop by the SM Sunday Market with your family, friends, and furbabies! As you fill your baskets with the best of their harvest, at farmgate prices, you

help local farmers thrive and grow their small businesses.

The SM Sunday Market is currently serving the community at: SM City Cabanatuan, SM City Tarlac, SM City Pampanga, SM City Clark, SM City Baliwag, SM Center Pulilan, SM City Marilao, SM City Taytay, SM City Lucena, SM City Bacoor, SM City Dasmariñas, SM City Trece Martires, SM City Tanza, SM City Santa

Rosa, SM City Calamba, SM City San Pablo, SM City Batangas, SM City Lipa, SM City Naga, SM City Legazpi, SM City Puerto Princesa, SM Center Ormoc, SM City Iloilo, SM City Cebu, SM City Butuan, SM CDO Uptown, and SM Lanang Premier.

Support your local farmers and give your family nutritious farm to table dishes. Stay tuned for more updates about the SM Sunday Market by visiting www.smsupermalls.com or following @smsupermalls on social media.

Editorial

Childhood obesity and the lure of junk food

JUNK food has long been a delectable delight for children the world over. Few kids can resist the temptation of feasting on a bag of potato chips or a chocolate bar flushed down with a can of soft drink. Food experts have for the longest time been cautioning parents to be more mindful of their children's junk food intake.

And there's a compelling reason for it. A United Nations Children's Fund (Unicef) study has detected a worrying shift in the diets of Filipino children: they are eating fewer fruits and vegetables, and are getting hooked on foods that are more sugary, salty and fatty.

Three-quarters of children ages 13 to 15 eat less than three portions of vegetables a day, while more than one-third drink at least one soft drink a day. The diet shift has resulted in more overweight and obese children and adolescents, the Unicef found.

About a third of the country's teenagers could become obese by 2030 if no dramatic intervention is made, the agency warned.

Overweight and obesity are defined by the World Health Organization (WHO) as "abnormal or excessive fat accumulation that presents a risk to health." Being overweight and obese are part of what the WHO describes as the "triple burden of malnutrition" affecting Filipino children, along with being underweight and micronutrient deficiency. Medical experts agree that a child suffering from obesity is prone to noncommunicable diseases, such as diabetes, cancer and heart failure.

There are social and psychological impacts as well. An obese child could be a target for bullying, tends to underperform in school, has low self-esteem or is likely to develop mental health issues.

Curbing a child's craving for junk food is an uphill battle, because it means going up against a huge segment of the food manufacturing industry that caters specifically to nourishing that craving. Because junk foods have a low nutritional value, a typical person could shun them altogether and not miss anything.

What junk food manufacturers do is create an imagined need for their products by investing heavily in advertising. Eighty percent of all food advertising in the United States is for junk foods. Over 30 of the top 100 most heavily advertised food products have absolutely zero food value, according to the Raw Food Explained website.

The website also quotes Michael S. Lasky, author of *The Complete Junk Food Book*: "We are all proselytized at an important age into consuming puppets of the junk food barons. Our parents inadvertently help them by buying their products as a form of 'reward' food. We grow up unaware that



we have slowly acquired a junk food habit by the subtle forces of advertising.

By the time we are capable of making a decision about junk food, we are already hooked from years and years of indulging in what we had been told by TV was good food." The Unicef concurs that television and social media advertising and marketing contribute to extreme weight gain in Filipino children. A 2021 study of digital food marketing in the Philippines found that almost all of the social media posts from the country's top 20 most popular food and beverage brands were deemed unsafe for children.

These items have levels of sugar and salt that exceed the WHO nutrient profiling criteria, which bans the advertising of such products to minors. That hasn't stopped junk food manufacturers from packaging

their brands to appeal to children and using celebrities and influencers to promote them. Unicef stresses the need for a "whole-of-society effort" involving families and farmers to schools and supermarkets to think up solutions to fight severe childhood weight problems. It suggests front-of-pack labeling of food products to help identify what food and drinks can be marketed to children.

Legislation creating a national policy on addressing overweight and obesity that will provide guidelines for the marketing of unhealthy foods and beverages is also nearing approval. But the process must start with the parents. It is up to them to encourage their children to develop healthier eating habits, and protect them from the torrent of commercials that extol junk food.

Mga Sakit ng Babae: Solusyon sa Bahay

1 Bukol sa Su-so – Lahat ng babae edad 20 pataas ay kailangan matuto magkapa ng kanilang suso. Gawin ito buwan-buwan bago at pagkatapos magka-regla. Humarap sa salamin at tingnan ang su-so. May pagkakaiba ba ang kanan at kaliwang suso? Habang nakatayo, salatin ang su-so mula sa utong (nipple). Gamitin ang dulo ng dalawang daliri at kapain ng paikot-ikot ang su-so. Mag-umpisa sa nipple at hanggang sa papalabas. Pagkatapos ay humiga naman sa kama at ulitin ang pagkapa ng su-so. Bago matapos, kapain din ang kili-kili para maghanap ng kulani (lymph nodes). Kung may bukol kayong nasasalat, magpatingin sa inyong surgeon o OB-gynecologist.

2. Ulcer o pangangasim ng sikhmura – Huwag magpapagutom. Kumain ng madalas sa isang araw pero kaunti lang. Small, frequent meals. Mag-almusal, meryenda, tanghalian, meryenda at hapunan. Ang pag-inom ng tubig ng pakonti-konti sa buong araw ay makababawas sa asido ng sikhmura. Magbaon din ng saging o tinapay para hindi sumakit ang tiyan. Umiwas sa pagkaing nakaka-ulcer tulad ng sili, orange, pineapple, calamansi, lemon, suka, mga sirsirya at gatas. Oo, nakakangasim ng sikhmura ang gatas. Mas maigi pa ang yogurt.

3. Nerbiyos o hyperventilation syndrome – Maraming babae ang inaatake ng nerbiyos. Sila'y nakararamdam ng hirap sa paghinga, pamamanhid ng kamay, paa at labi. Minsan ay nahihilo sila, at lumalakas ang pintig ng puso. Kung kayo ay nakararanas nito, huwag matakot dahil nerbiyos lang iyan. Ang problema dito ay ang pagbaba ng carbon dioxide sa katawan dahil sa sobrang bilis ng paghinga. Ang solusyon diyan ay ang paggamit ng "brown bag technique." Kumuha ng isang maliit na bag na gawa sa papel. (Huwag ang plastic bag.) Itakip sa bibig at

DOKTOR NG MASA

ni Dr. Willie Ong



ilong at dito huminga ng dahan-dahan. Gawin ito ng 15-30 minutes. Ang gusto natin mangyari ay malanghap mo ulit ang hangin (carbon dioxide) na iyong inilalabas. Sa ganitong paraan, mawawala ang iyong nararamdaman.

4. Masakit ang puson o menstrual cramps - Ang solusyon sa menstrual cramps ay ang pagpapahinga. Itulog mo ang sakit. Umiwas muna sa mga stress, trabaho at meetings. Maligo ng maligamgam na tubig para ma-relax ang iyong puson. Patungan ng medyo mainit na bote ang iyong puson. Sabi ng iba, ang sex daw ay nakatatulong din sa menstrual cramps.



Mga Sakit ng Babae: Solusyon sa Bahay

#DrWillieOngHealthTips

www.facebook.com/AkoCkainfapago

LEGAL NOTICES

REPUBLIC OF THE PHILIPPINES
 FOURTH JUDICIAL REGION
 REGIONAL TRIAL COURT
 OFFICE OF THE CLERK OF COURT
 TRECE MARTIRES CITY

METROPOLITAN BANK & TRUST COMPANY
 Mortgagee,

- versus - **FORECLOSURE CASE NO. F-027-23**

PERLITA M. CERVAS
 Mortgagor/s.

X- - - - - X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **METROPOLITAN BANK & TRUST COMPANY.**, with business address at Metrobank Plaza Building, Sen. Gil J. Puyat Avenue Ext. City of Makati against the Mortgagor/s, **PERLITA M. CERVAS represented by her attorney-in-fact, MYLENE A. CERVAS**, with residence and postal address at 43 Alitaya, Mangaldan, Pangasinan and Lot 11 Block 3, Mallow Street, Somerset 9, Brgy. Navarro, General Trias City, Cavite to satisfy the mortgage indebtedness which as of 31 January 2023 amounts to **EIGHT HUNDRED EIGHTY THOUSAND NINE HUNDRED EIGHTY SIX PESOS AND 95/100 (P880,986.95)**, Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will set at public auction on **13 APRIL 2023 at 10:00 o'clock in the morning** until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2016073624

LOT NO. 11 BLOCK NO. 3 PLAN NO. PCS-04-028600
PORTION OF: LOT 3423, FLS-1133-D (RS-04-005160) & BLOCK 12, PCS-04-028446, DECREED NO. 4270; LRC REC. NO. 5964

LOCATION: BARANGAY OF NAVARRO, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

LINE	DIRECTION	ADJOINING LOT(S)
1-2	SW	LOT 12, BLOCK 3, PCS-04-028600
2-3	NW	ROAD LOT 5, PCS-04-028600
3-4	NE	LOT 10, BLOCK 3, PCS-04-028600
4-1	SE	LOT 13, BLOCK 3, PCS-04-028600

AREA: ONE HUNDRED SQUARE METERS (100), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **27 APRIL 2023** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 14 MARCH 2023

(Sgd.) **JOANNAH AVIGAIL C. TIMKANG**
 Sheriff IV

Copy Furnished:

METROPOLITAN BANK & TRUST COMPANY
 Metrobank Plaza Building, Sen. Gil J. Puyat Avenue Ext. City of Makati

LOCK LAW OFFICE
 No. 88 N. Jacinto Street, BF Classic Homes Village, Parañaque City

PERLITA M. CERVAS
MYLENE A. CERVAS
 43 Alitaya, Mangaldan, Pangasinan

REPUBLIC OF THE PHILIPPINES
 REGIONAL TRIAL COURT
 FOURTH JUDICIAL REGION
 BRANCH 131
 TRECE MARTIRES CITY
 CAVITE

PETITION FOR CANCELLATION OF ENCUMBRANCES (SEC. 4 OF RULE 74 OF THE RULES OF COURT, ARTICLE 567 OF THE CIVIL CODE, AND SECTION 7 OF RA 26) ANNOTATED ON TRANSFER CERTIFICATE OF TITLE NO. 057-2020009905,

ANTEL TANZA INC., REPRESENTED HEREIN UNDER DULY AUTHORIZED REPRESENTATIVE LEONOR R. REYES,
 Petitioner,

- versus - **LRC CASE NO. 6832-057-22**

THE REGISTRY OF DEEDS FOR THE PROVINCE OF CAVITE,
 Respondent.

X- - - - - X

AMENDED ORDER

This motu proprio amends the Order dated 17 November 2022, to afford Petitioner the sufficient time to cause the publication of the initial order.

Filed before this Court is a verified petition for the **PETITION FOR CANCELLATION OF ENCUMBRANCES (ART. 567 OF THE OLD CIVIL CODE, SEC. 4 OF RULE 74, SEC. 7 OF RA 26, AND SPECIAL POWERS OF ATTORNEY) ANNOTATED ON TRANSFER CERTIFICATE OF TITLE NO. T-857568.**

Finding the aforementioned petitions to be sufficient in form and substance the same is hereby set for initial hearing on **16 AUGUST 2023 at 8:30 o'clock in the morning / 1:30 o'clock in the afternoon**, where any and/or all parties interested may oppose the said petition.

Let copy of this Order be posted at the Bulletin Board of Government Center Building and at the entrance of the Cavite Provincial Capitol Building, Trece Martires City, Public Market, City and Barangay Hall where the property/ies is/ are situated as well as on the land/s itself and all located at MUNICIPALITY OF TANZA, CAVITE and other copies be furnished to the Register of Deeds for the Province of Cavite, Office of the Solicitor General (OSG), possible oppositors and their counsels. For this purpose, the petitioner or his/ her duly authorized representative is hereby directed

To immediately coordinate with the sheriff of this Court as regards the posting of this Order on the land which is the subject of this Petition, within five (5) days from receipt hereof.

Let the same order be published in a newspaper of general circulation once a week for three (3) consecutive issues at the expense of the petitioner. For this purpose, Petitioner is directed to coordinate only with the Office of the Clerk of Court, this jurisdiction.

Let Compliance be submitted by the Petitioner to the Court within five (5) days after duly observing the aforementioned procedures.

SO ORDERED.

Trece Martires City, FEBRUARY 14, 2023.

(Sgd.) **JEAN DESUASIDO-GILL**
 Presiding Judge

Copy furnished:

Lot 11 Block 3, Mallow Street, Somerset 9, Brgy. Navarro, General Trias City, Cavite

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial on or before the date of sale.

Publication: PMC Pulso ng Makabagong Caviteño News Publication
 Dates: March 20, 27 & April 3, 2023

ANTEL TANZA INC., LEONOR R. REYES
 Unit 2502, Antel Corporate Center, 121 Valero Street, Salcedo Village, Makati City 1227

ATTY. EARL ALFRED B. REYES
 Unit 2502, Antel Corporate Center, 121 Valero Street, Salcedo Village, Makati City 1227
 earlreyes@antel.com.ph

THE REGISTER OF DEEDS
 Trece Martires City, Cavite 4109

REYNALDO SALOMA
 Sheriff IV
 RTC Br. 131- Trece Martires City, Cavite 4109

RTC – OFFICE OF THE CLERK OF COURT
 Br. 131- Trece Martires City, Cavite 4109

OFFICE OF THE SOLICITOR GENERAL
 134 Amorsolo St., Legaspi Village, Makati City 1229

Publication: PMC Pulso ng Makabagong Caviteño News Publication
 Dates: March 20, 27 & April 3, 2023

REPUBLIC OF THE PHILIPPINES
 REGIONAL TRIAL COURT
 FOURTH JUDICIAL REGION
 BRANCH 113
 BACoor CITY
 Hotline: 0927 895 8973
 E-mail address: rtc1bcr113@judiciary.gov.ph

RE: IN THE MATTER OF ISSUANCE OF ANOTHER OWNER'S DUPLICATE OF COPY OF TRANSFER CERTIFICATE OF TITLE NO. T-210530 OF EFREN R. LOPEZ MARRIED TO LOLITA T. LOPEZ

ALEXANDER T. LOPEZ and ADRIAN T. LOPEZ, represented by SUGAR L. LAWAS as their Attorney-in-Fact,
 Petitioners,

- versus - **LRC Case No. 8843-2022-145**

THE OFFICE OF THE REGISTRY OF DEEDS FOR THE PROVINCE OF CAVITE, and all person or entities who/which may be affected thereby,
 Respondent.

X- - - - - X

NOTICE OF HEARING

A Petition for the Issuance of **Owner's Duplicate Copy of Transfer Certificate of Title No. T-210530** in the name of **Efren Lopez married to Lolita T. Lopez** was filed in this Court.

NOTICE IS HEREBY GIVEN THAT said petition has been set for hearing on **April 18, 2023 at 8:30 in the morning** in this Court, on which date, hour, and place, any person interested is cited to appear and show cause why the same should not be granted.

Let this Notice be published once a week for three (3) consecutive weeks in a newspaper of general circulation in the cities and province of Cavite, to be determine by raffle.

Let a copy of this Notice and that of the Petition be furnished the Register of Deeds of the Province of Cavite, and be posted by the Sheriff of this Court in three (3) conspicuous places in Bacoor City where the property is located.

WITNESS THE HONORABLE JUDGE MARICAR S.A. PRUDON-SISON, Presiding Judge of this Court, this 24th day of October, 2022 at Bacoor City, Cavite.

(Sgd.) **ATTY. ROXANNE DAPHNE O. LAPAAN**
 Clerk of Court V

Publication: PMC Pulso ng Makabagong Caviteño News Publication
 Dates: March 13, 20 & 27, 2023

LEGAL NOTICES

REPUBLIC OF THE PHILIPPINES
 REGIONAL TRIAL COURT
 FOURTH JUDICIAL REGION
 BRANCH 4-FC
 CITY OF IMUS, CAVITE

HOME DEVELOPMENT MUTUAL FUND
 (PAG-IBIG FUND),
 Mortgagee,

- versus - EXTRA-JUDICIAL FORECLOSURE OF
 REAL ESTATE MORTGAGE UNDER
 ACT 3135 AS AMENDED BY ACT 4118

ROLANDO V. OBAR married to
ESTER JENNIFER F. OBAR,
 Mortgagors.
FC Case No. 17745-23

X----- X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)**, mortgagee, with principal place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against **ROLANDO V. OBAR** married to **ESTER JENNIFER F. OBAR**, mortgagors, with residential and postal address at 2133 Rd 15 Fabie Estate, Sta. Ana, Manila 1009 and/or Lot 2, Block 2, Sunset Meadow Marulas, Kawit, Cavite, to satisfy the mortgage indebtedness which as of November 11, 2022 amounts to **SIX HUNDRED TWENTY THREE THOUSAND FIVE HUNDRED ELEVEN PESOS AND 60/100 (Php623,511.60)**, Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on **April 25, 2023 at 10:00 o'clock in the morning** or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus Hall of Justice, Aguinaldo Highway, Imus City, Cavite to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2011002084

"A parcel of land (Lot 2 Block 2 of the consolidation-subdivision plan Pcs-04024461, being a portion of Lot 470 cad-203, Kawit Cadastre & Lot 3-C, Psd-68831, LRC Record No.), situated in Barangay of Marulas, Municipality of Kawit, Province of Cavite, Island of Luzon. Bounded on the SW., along line 1-2 by Lot 3-B, Psd-68831; on the NW., along line 2-3 by Lot 3, Block 2; on the NE., along line 3-4 by Road Lot 2 and on the SE., along line 4-1 by Lot 1, Block 2 all of the cons. - subd. plan. x x x containing an area of **THIRTY SIX (36) SQUARE METERS, MORE OR LESS. x x x.**"

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **May 2, 2023** at 10:00 o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

City of Imus, Cavite, Philippines, January 31, 2023

(Sgd.) **EMMANUELLE H. FRANCISCO**
 Sheriff IV

APPROVED

(Sgd.) **ARMIE A. FRANCISCO**
 Clerk of Court VI

COPY FURNISHED:
HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)
 The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

ATTY. MAYBELLE JOY E. BERNALES
 Anchor Collection Services Inc.
 Bldg. #2 Malakas cor. Mapagmahal St., Brgy. Pinyahan, Quezon City

ROLANDO V. OBAR married to **ESTER JENNIFER F. OBAR**
 2133 Rd 15 Fabie Estate, Sta. Ana, Manila
 Lot 2, Block 2, Sunset Meadow Marulas, Kawit, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication
 Dates: March 20, 27 & April 3, 2023

REPUBLIC OF THE PHILIPPINES
 Regional Trial Court
 Fourth Judicial Region
 Branch 20
 City of Imus, Cavite

NATIONAL HOME MORTGAGE FINANCE
 CORPORATION,
 Mortgagee/Assignee,

- versus - Extra-Judicial Foreclosure of Real
 Estate Mortgage Under Act No 3135,
 as Amended, Republic Act. No. 4118

ROSS G. PAGUINTO,
 Mortgagor.
FC CASE NO. 17680-22

X----- X

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 file by **NATIONAL HOME MORTGAGE FINANCE CORPORATION**, mortgagee, with principal office at 104 Amorsolo St., Legaspi Village, Makati City, against **ROSS G. PAGUINTO**, mortgagors, with residence address at A.R.G. Bahayang Pag-Asa Lot 29, Block 12, Pasong Buaya, Imus, Cavite/86 Jasmin St., Caloocan City, to satisfy the mortgage indebtedness which as of October 31, 2022 amounts to **EIGHT HUNDRED EIGHTY THOUSAND FOUR HUNDRED TWENTY TWO PESOS & 20/100 (Php880,422.20)** Philippine Currency, excluding interest and penalty charges, attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at Public Auction on **May 2, 2023 at 10:00 a.m.**, or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus, Cavite, to the highest bidder for cash and in Philippine Currency, the following property with all the improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE No. T- 403771

"A parcel of land (Lot 29, Blk. 12 of the cons. - subd. Plan, Pcs-042109-007183, being a portion of the cons. Of Lots 5612 & 5613, Imus Estate, LRC Rec. No.), situated in the Brgy. Pasong Buaya, Mun. of Imus, Prov. Of Cavite, Is. Of Luzon. Bounded on the SE., along line 1-2 by Lot 31, Blk. 12; on the SE., along line 2-3 by Road Lot 11; on the NW., along line 3-4 by Lot 26; & on the NE., along line 4-1 by Lot 28, both Blk. 12, all of the cons. - subd. Plan. x x x containing an area of **SIXTY (60) SQ. METERS. X x x**"

All sealed bid must be submitted to the undersigned on the stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **May 9, 2023** at 10:00 a.m without prior notice.

Prospective bidders/buyers are hereby enjoyed to investigate for themselves the title to the said property and encumbrances thereon if any there be.

Imus, Cavite, Philippines, March 13, 2023

(Sgd.) **ANSELMO F. PAGUNSAN, JR**
 Sheriff IV

Approved:

(Sgd.) **ARMIE A. FRANCISCO**
 Clerk of Court VI

Copy Furnished:

NATIONAL HOME MORTGAGE FINANCE CORP.
 104 Amorsolo St., Legaspi Village, Makati City

ROSS G. PAGUINTO
 A.R.G. Bahayang Pag-Asa Lot 29, Block 12, Pasong Buaya, Imus, Cavite 86 Jasmin St., Caloocan City

Publication: PMC Pulso ng Makabagong Caviteño News Publication
 Dates: March 20, 27 & April 3, 2023

REPUBLIC OF THE PHILIPPINES
 REGIONAL TRIAL COURT
 FOURTH JUDICIAL REGION
 NAIC CAVITE
 OFFICE OF THE CLERK OF COURT
 AND EX-OFFICIO SHERIFF

HOME DEVELOPMENT MUTUAL FUND
 Petitioner-Mortgagee,

- versus - **FNC 2023-211**

MARICEL E. HATAP,
 Respondent-Mortgagor.

X----- X

NOTICE OF EXTRA-JUDICIAL SALE

WHEREAS, upon Extra-Judicial Petition for Sale under Act No. 3135 as amended by the Act No. 4118, filed by **HOME DEVELOPMENT MUTUAL FUND**, Mortgagee, with postal address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City against **MARICEL E. HATAP**, Mortgagor, with postal address at Lot 18, Blk. 16, Landmass Park Subd., Biga, Tanza, Cavite and/or Lot 12, Blk. 19, Pasinaya Homes North Phase 1, Timalan, Naic, Cavite, to satisfy the mortgage indebtedness which as of October 20, 2022, amounted to **FOUR HUNDRED FORTY FIVE THOUSAND THREE HUNDRED SIXTY ONE PESOS and 12/100 (Php.445,361.12)** Philippine Currency, excluding penalties, Attorney's Fees and expenses of the foreclosure, the undersigned authorized Sheriff IV, will sell at public auction on **April 18, 2023 at 9:00 in the morning** or soon thereafter at the Regional Trial Court, Naic Cavite, to the highest bidder in CASH or MANAGER'S CHECK and in Philippine Currency the property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE No. 057-2019004613

IT IS HEREBY CERTIFIED that a certain land situated in BARANGAY OF TIMALAN, MUNICIPALITY OF NAIC, PROVINCE OF CAVITE, ISLAND OF LUZON, bounded and described as follows: LOT 12, BLOCK 19, PLAN NO: PCS-04-031172, PORTION OF: CONS-SUBD. OF LOTS 2977 & 2978, FLS-986-D, NAIC ESTATE (VS-04-000597, LOCATION: BARANGAY OF TIMALAN, MUNICIPALITY OF NAIC, PROVINCE OF CAVITE, ISLAND OF LUZON, x x x AREA: **TWENTY EIGHT (28) SQUARE METERS. x x x**

Prospective bidders are hereby enjoined to investigate for themselves the title of the above-described property and to the encumbrance existing thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **April 25, 2023** at same time and at the same place mentioned above without further notice.

Municipality of Naic, Province of Cavite, February 14, 2023

(Sgd.) **JANELLE V. LAGADON, MBA**
 Sheriff IV

Copy furnished:

HOME DEVELOPMENT MUTUAL FUND
 The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

MARICEL E. HATAP
 Lot 18, Blk. 16, Landmass Park Subd., Biga, Tanza, Cavite and Lot 12, Blk. 19, Pasinaya Homes North Phase 1, Timalan, Naic, Cavite

Atty. Simeon P. Madrid
 S.P. Madrid & Associates
 Unit 2010 20/F Herrera Tower V.A. Rufino cor. Valero Streets, Makati City

Publication: PMC Pulso ng Makabagong Caviteño News Publication
 Dates: March 13, 20 & 27, 2023

NEWS

Groundbreaking

from page 8

With cutting-edge facilities and a thriving ecosystem of academic and business partners, the KIST will serve as a regional hub for research, technology transfer, and enterprise growth.

KIST will not only revolutionize the field of science and technology in the region but also create new opportunities for research, innovation, and entrepreneurship.

"Throughout the years, you have seen how you progress through science, technology and innovation. It has grown into a very strong relationship and what a solid testament that the embrace is now sealed with a kiss. See what partnership can do for economic development?" Solidum said.

The groundbreaking

ceremony will be part of DOST's platform for technology transfer and commercialization of technologies in Cagayan Valley.

This will also nurture and spur the Cagayan Valley's growth of new high-tech firms, facilitate the transfer of university know-how to locator companies, encourage the development of faculty or student-based spin-offs and stimulate the development of innovative products and processes.

KIST Park is a project of the university in partnership with the Philippine Economic Zone Authority (PEZA).

PEZA said that the innovation park is one of its premier initiatives and aims to create sustainable economic zones for

the growth of the corporate and retail sectors based on the idea of rural community development.

In a previous meeting, ISU and PEZA discussed the long-term masterplan that will establish an innovation site at ISU Echague Main Campus, ISU Roxas Campus, ISU Ilagan Campus and ISU Cabagan Campus.

"It has been the dream of Isabela State University to establish this KIST Special Economic Zone. ISU is an ideal place for the establishment of the KIST Park because we have a lot of experts who are innovators and technology generators. There will be a merging of academe and industry that will help the entire province of Isabela, the entire region as well, develop their economies," Aquino had then said. **(Nelson Santos-PAPI)**

DISC-TBI

from page 8

The DISC-TBI program embarked on its official launch with a ribbon cutting, blessing of facility tour by Fr. Patrick Pua, and unveiling of the edifice spearheaded by DOST Secretary Renato Solidum Jr., Hon. Caesar "Jaycee" Dy Jr., Ms. Russell Pili, Dr. Virginia Belgera, Dr. Ricmar Aquino, and Dr. Precila Delima, together with the industry partners, DOST Usec/Asec/ Executive Directors, Regional Line Agency Directors, and ISU Officials, as well as the LGU Cauayan City Officials, are also present.

"In almost a week of engaging the first iSCENE 2023, we could have said that we ripened the fruits of our collaboration," said Dr. Ricmar Aquino, University President of Isabela State University, as he delivered his welcoming address. He also stated that the program is not just about assisting individual start-ups to succeed but also about fostering innovation and entrepreneurship as more robust and sustainable, creating needed jobs, and attracting talent in the regions by promoting greater economic project creation. The program aimed to develop students not only as technology generators but also as successful entrepreneurs.

The lead of the project and Business Intelligence Research and Development Center (BIRD-C) Director, Dr. Betchie Aguinaldo, comprehensively introduced the DOST-ISU Smart City TBI framework together with its ups and downs. And to recognize the role played by the industry partners in being able to build and plan for incubators, she quoted Kareem Abdul-Jabbar: "One man can be a crucial ingredient on a team, but one man cannot make a team."

It all started with the BIRD-C project by DOST, ISU, and Cauayan City during the prior pandemic in 2020. Typically, the projects were generated by DOST funding over a span of two years with the aim to achieve the University Innovation Platform, which can capture ideas from start-ups, undergraduates, and other potential sources. However, with the collaborative effort and support from the regional line agencies as well as the trainings provided by RITTD-DOST PCIEERD Chief, Ms. Russell Pili, ISU is now equipped for TBI operations and a trained incubator for the Cagayan Valley Region. Together with its mission to be an enabler of start-up

economies and to generate technology-based companies through smart city technologies that will strengthen industry, innovation, and infrastructure in the Cagayan Valley by the year 2025, the DOST-ISU Smart City TBI and DISC-TBI incubators are deemed to be self-sustaining.

"We want to see our start-ups build their own companies in the Cagayan Valley Region. We believe that if we have our start-up here, we will not see our graduates anymore in the department store as clerks, because they don't have any choice. We want them to have a platform," said Pili on her behalf.

Executive Officer of ISU-CCC, Dr. Precila Delima, heartedly expressed her messages of commitment during the program's launch for groundbreaking business incubation that forges collaboration and composes ideas that would be appropriate for benchmarking to provide for start-up companies.

She recognized and pledged to ensure ISU's commitment and power to organize the decisions of all partners and stakeholders to act on supporting and strengthening industry, innovation, and infrastructure so that it can work in synergy with government and non-government agen-

DOST

from page 8

This initiative is one of the focused endeavors of DOST Secretary Dr. Renato U. Solidum Jr. It is a collaboration between the city of

Cauayan, the DOST and Isabela State University with the hope of advancing science technology and innovation (STI) in other cities and munic-

palities around the Philippines.

The theme for the 3-day event or up to March 25 was "Building Smarter and Sustainable Cities and Communities in the Philippines." **(Nelson Santos-PAPI)**



During the occasion, a Memorandum of Understanding (MOU) was signed by DOST, Dept. of the Interior and Local Government (DILG), Dept. of Information, Communications and Technology (DICT) and the Development Academy of the Philippines (DAP), for the development of smart and sustainable communities. The MOU is one of the keys to achieving long-term solutions to a comprehensive and synergistic research-driven framework and roadmap. This will spur dynamic collaboration among government institutions, academe, the commercial sector, civil society and other instrumentalities for smart and sustainable communities. The activity is one of the effective platforms of the agency to promote a holistic and collaborative regional and national development that will further recognize the efforts and commitments of communities in their transformation to becoming smart and sustainable communities based on the roadmap and defined milestone indicators. On top of speakers Solidum and Mabborang, others who delivered their speeches on the first day were Cauayan City Mayor Caesar S. Dy Jr., Philippine Ambassador to Switzerland, Bernard Faustino M. Dy; Dr. Enrico C. Paringit of DOST-PCIEERD; Dominic Wilhelm, executive director, United Cities in South Africa. Delivering her speech virtually was Sen. Pia S. Cayetano who spoke on legislation on smart and sustainable communities. Dr. Ricmar P. Aquino, president of the Isabela State University introduced Dr. Solidum Jr.

cies in sharing the same vision of empowered start-ups utilizing Smart City technology in the Cagayan Valley region.

Moreover, as they delivered their messages of support, Dr. Virginia Bilgera, Regional Director of DOST-Region II, hoped that the incubatees would grow into industries in the future.

In addition, United Cities Representatives Ms. Seok Mei Goh of Singapore, Mr. Dominic Wilhelm of South Africa, and Dr. Bert Grobden of Budding Innovation/National University; GCORE representative Jasper Nicolas, however, says they want to help Cauayan City be the first city in the entire country that has (1) one card that integrates all purchases into one, and enable citizens to earn points from all their transactions with the help of other industrial partners and all other technology providers who are willing to help in this endeavor. They also promised to provide computers as well as free cloud services.

Additionally, the keynote speaker, Dr. Renata

Solidum Jr., Secretary of the Department of Science and Technology, stated that "when you embark on applying smart technologies to develop smart cities, you need to start small; aside from starting small, you must begin in the dark." He also ensured that they will fulfill their missions as the DOST-ISU Smart City TBI, which is to be a retriever of start-up economies to generate technology-based companies for smart city technologies that will strengthen industry, innovation, and infrastructure in the region.

The 8-Point Socioeconomic Agenda of President Ferdinand Marcos Jr. permitted them to create jobs, and most importantly, quality jobs, through science and technology innovation. On top of that, to give impact to his speech, he says, "Lagi po nating tandaan, sa siyensiya at teknolohiya, negosyo niyo ay tiyak kikita. Sa siyensiya at teknolohiya, industriya aarangkada. Sa siyensiya at teknolohiya, mukha ng mga Pilipino ay may pag-asa." He ended the state-

ment with the phrase, "We don't only work hard. We work smart."

Hon. Caesar "Jaycee" Dy, Mayor of Cauayan City, expressed his full support for the project and shared the similarities between ISU and the characteristic of a "kawayan," or bamboo, amidst pandemic operations; it bends when a strong wind comes, and stands firm again when the sun comes out. Additionally, he said that the project will help ISU-CCC develop new entrepreneurs in the city by incorporating students' engagement in making solutions to the city's problems.

The event was attended by the representatives of Huawei Technologies Inc., Multisys, GCORE, SN Aboitiz-Magat, SINAG Cagayan Valley TBI Consortium, and the Philippine Chamber of Commerce, along with the Regional Line Agencies, particularly NEDA, DTI, DA, DOLE, CHED, DICT, CEZA, and PCCI, and more dignitaries. **(Article by: Joice Danao and Nathaniel Puwok Photo by: Sharlyn Joi Guillermo)**

MAGLIBANG TAYO

KAPALARAN

ARIES (Mar. 21-Apr. 19) - Kakaibang pandama ang mapasasaiyo dahil madarama mo kung sino ang may malinis at baluktot na motibo. Lumapit ka sa may malinis na motibo. Ito ang masuwerteng balita para sa iyo. Masuwerteng kulay-violet. Tips sa lotto-11-18-20-21-24-32.

TAURUS (Apr. 20-May. 20) - Ngayon pa lang ay kumikilos na ang iyong kapalaran upang mapasaiyo ang pinapangarap mong kasaganaan. Ito ang mensahe para sa iyo. Masuwerteng kulay-peach. Tips sa lotto-12-21-27-29-32-35.

GEMINI (May. 21-June. 20) - Nagmamadali na parang malakas na bagyo ang mga suwerte na gustong dumapo sa buhay mo. Marami sa mga ito ay malaki ang maidaragdag sa kaban-yaman mo. Masuwerteng kulay-red. Tips sa lotto-14-22-25-28-31-32.

CANCER (June. 21-July. 22) - Maraming suwerte ang darating sa pag-ibig o materyal na bagay, ngunit ingatan mo ang iyong kalusugan para mapakinabangan mo ang mga ito. Masuwerteng kulay-orange. Tips sa lotto-15-23-24-34-37-40.

LEO (July. 23-Aug. 22) - Ito ang araw na babagal ang mga kilos mo dahil sa labis na pag-aalala para sa iyong hinaharap. Pero ang langit ay laging nakamasid sa iyo at ito ang kikilos para sumaya ka. Masuwerteng kulay-white. Tips sa lotto-4-13-25-37-39-42.

VIRGO (Aug. 23-Sept. 22) - Pumapasok sa isip mo ang mga negatibong pananaw, hindi ka dapat matalo ng mga ito. Ang payo ay nagsasabing magsaya ka tulad ng mga nakaraang araw. Masuwerteng kulay-green. Tips sa lotto-2-8-24-25-35-36.

LIBRA (Sept. 23-Oct. 22) - Ingatan mong hindi magastos dahil sa pagsasaya ang mga naipundar mo. Hindi naman talaga masaya ang alam mong nababawasan ng malaki ang nasa iyo na. Masuwerteng kulay-yellow. Tips sa lotto-12-26-28-30-32-34.

SCORPIO (Oct. 23-Nov. 21) - Paramihin mo pa ang nasa iyo na upang makapag-isip ka ng mga bagong pagkakakitaan, lakasan mo ang iyong loob at makipagsapalaran ka. Ito ang mensahe para sa iyo. Masuwerteng kulay-purple. Tips sa lotto-7-11-14-25-38-40.

SAGITTARIUS (Nov. 22-Dec. 21) - Hindi ka puwedeng tumigil dahil maganda na ang iyong kalagayan. Ang totoo, hindi mo pa talaga naabot ang iyong mga pangarap. Ito ang paalala para sa iyo. Masuwerteng kulay-pink. Tips sa lotto-2-19-20-26-38-41.

CAPRICORN (Dec. 22-Jan. 19) - Huwag kang makumpiyansa sa mga hindi mo talaga kilala. May mga papasok sa buhay mo na ang gusto lang ay maisahan ka, kaya mag-ingat ka. Masuwerteng kulay-beige. Tips sa lotto-14-25-27-30-31-38.

AQUARIUS (Jan. 20-Feb. 18) - Nasa isip mo lang na mahirap makuha ang gusto mo, pero kapag kumilos ka, mabilis na mapasasaiyo ang anumang gustuhin mo. Ito ang sikreto ng kapalaran mo. Masuwerteng kulay-blue. Tips sa lotto-13-28-29-38-40-42.

PISCES (Feb. 19-Mar. 20) - Huwag kang magpapatalo sa pananamlay. Magpahinga ka, pero kailangan mong ipagpatuloy ang mga ginagawa mo, papalapit ka na sa iyong mga pangarap. Masuwerteng kulay-black. Tips sa lotto-7-15-17-25-27-33.

SUDOKU

2								
			2		6			3
6		3	7		5			4
	8			2	4			9
9	4			6		2		7
5					8			6
				5				
4						9		
7	3		4					

SAGOT: SUDOKU VOL. 20 #2

5	8	1	4	2	7	9	3	6
4	3	9	8	6	5	2	1	7
6	7	2	1	3	9	4	8	5
9	2	5	3	7	1	8	6	4
8	4	7	6	5	2	3	9	1
3	1	6	9	4	8	5	7	2
7	9	4	5	1	3	6	2	8
1	5	8	2	9	6	7	4	3
2	6	3	7	8	4	1	5	9

HOW TO PLAY: Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

Did You Know?



IN SWEDEN, YOU CAN ORDER MACS ON SKIS

In Sweden, you don't need a car to order from the drive-thru. But, you'll need a pair of skis.

Everyone gets the Macadee munchies, especially in negative degrees with boards on your feet.

That's why Sweden has blessed skiers with McSki since 1996 — the only ski-thru McDonald's in the world! Nothing warms you up more than a box of nuggies after a tough day on the slopes.

WORD HUNT

Super Mario

C	O	I	N	O	E	G	E	B	H	T	O	O	L
H	G	F	O	O	O	C	A	S	T	L	E	A	I
M	F	M	U	S	H	R	O	O	M	O	E	N	O
S	M	V	T	A	O	H	P	C	O	I	R	A	M
T	S	C	O	F	D	A	O	T	A	Y	L	G	H
O	F	O	A	K	T	R	E	S	W	O	B	G	C
K	O	O	O	P	A	T	R	O	O	O	P	A	A
G	H	R	O	F	P	S	T	A	R	M	I	P	E
H	O	M	I	E	X	T	R	A	L	I	F	E	P
A	E	P	M	O	H	C	N	I	A	H	C	S	H
H	S	P	E	E	T	I	H	S	O	Y	P	O	E
F	L	A	G	P	O	L	E	O	B	A	M	K	A
M	E	H	E	A	R	G	A	M	E	O	V	E	R
T	L	G	O	O	M	B	A	E	M	O	I	X	O

- TOAD
- MARIO
- KOOOPA
- TROOOPA
- STAR
- CHAIN CHOMP
- BOWSER
- FLAG POLE
- CASTLE
- MUSHROOM
- PEACH
- YOSHI
- GOOMBA
- EXTRA LIFE
- COIN
- GAME OVER

DOST successfully launches iSCENE in Cauayan City



THE Department of Science and Technology (DOST) successfully launched the first ever International Smart City Exposition and Networking Engagement 2023 (iSCENE 2023) in Cauayan City, Isabela on March 23 at the Isabela Convention Center.

iSCENE was organized in the Philippines with the aim to serve as a platform to bring local chief executives, government leaders, industries and business players together for knowledge-sharing, connection and network-building for the promotion and implementation of innovative solutions that would be instrumental for the creation of smarter and sustainable communities in the country.

Cauayan City is the first Smart and Sustainable community in the country established by then DOST Region 2 Director, Engr. Sancho A. Maborang, who is now the agency's undersecretary for regional operations. **DOST • 6**

GROUNDBREAKING FOR CAUAYAN CITY'S 'KIST' PARK



THE head of the Department of Science and Technology (DOST) and other government officials, led the groundbreaking ceremony for the Knowledge, Innovation, and Science and Technology (KIST) Park in San Pablo, Cauayan City in Isabela on March 24.

DOST Secretary Dr. Renato U. Solidum Jr. along with Isabela State University (ISU) president Ricmar P. Aquino, Cauayan City Mayor Caesar Dy Jr., DOST Undersecretary for Regional Operations, Engr. Sancho A. Maborang and DOST Region 2 Regional Director Virginia G. Bilgera were all present for the ceremony.

The KIST Park is a pioneering initiative of the City of Cauayan that aims to establish a center of excellence for research, innovation, and entrepreneurship in the field of science and technology. **GROUND BREAKING • 6**



Material Recovery Facility Contract Signing between the FISPC, DOST and Cauayan City, Isabela- LGU. Held during the International Smart City Exposition & Network Engagement (iScene) at the Isabela Convention Center (ICON) Hall, Cauayan City. With DOST Secretary Renato U. Solidum, Jr., Usec. Sancho A. Maborang, Cauayan City Mayor Caesar "Jaycee" S. Dy, Jr., FISPC Chairman Francisco "Popoy" O. Pagayon, FISPC Director & Suki Trading Corp. CEO Victoriano Ocon, FISPC officials, Papi Publisher Pres. Nelson Santos, BauerTek Corporation CEO Richard Nixon Gomez and Probaton Inventor Davis Pagayon.



DISC-TBI: An S&T Breakthrough



On March 24, marked the event for Isabela State University for the launch of the DOST-ISU Smart City Technology Business Incubation (DISC-TBI) with its guests and partners, in hopes of generating jobs for students and researchers, cultivating aspiring entrepreneurs, and fostering innovative regional partnerships in the future for start-ups. The program was launched at the 2nd Floor Gymnasium, Isabela State University-Cauayan City Campus, from 2:30 to 5:00 pm. **DISC-TBI • 6**

DOST Executives conduct project visit at ACT Machineries



DOST Secretary Dr. Renato Solidum Jr together with Usec. Sancho A. Maborang, Dir. Virginia Bilgera and Director Cesar Pedraza dropped by for a short visit at ACT Machineries today, March 24, 2023.

In the visit, Secretary Solidum mentioned the importance of collaboration among MSMEs in the supply chain. He also encouraged their firm staff to maximize the other DOST programs and projects to further assist them and focus on the employee development. **DOST EXECUTIVES • 2**



SMARTALK: March 23, 2023 - The Department of Science and Technology (DOST) Secretary Renato U. Solidum Jr. was joined by DOST Undersecretary for Regional Operations Engr. Sancho A. Maborang, Ambassador Bernard Dy, Mayor Caesar Dy Jr., ISU President Ricmar p. Aquino and DOST R02 Regional Director Virginia G. Bilgera in a Smart Talk with the press. The event streamlined the successful collaboration and implementation of DOST, ISU and the City Government on the smart and sustainable community program. This activity is one of the effective platforms of the agency to promote a holistic and collaborative regional and national development. This will also further recognize the efforts and commitments of communities in their transformation to becoming smart and sustainable communities based on the roadmap and defined milestone indicators. With the media personalities present in the event, this will accelerate the promotion of S & T Products and Services in the country and become more visible in the STI Ecosystem. **#OneDOST4U #DOSTRegion02 #ScienceForThePeople**