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# 100-day countdown for 125th Philippine Independence Anniversary starts

**KAWIT, Cavite (PIA)** — The National Historical Commission of the Philippines (NHCP) on Saturday held a ceremonial “March of Flags” at the NHCP Museum of Emilio Aguinaldo in the historic town of Kawit to start the 100-day countdown to the 125th Anniversary of Philippine Independence and Nationhood.

The parade, carrying the theme “Freedom, Future, History,” features national flags and the Philippine flag that will be used at the Independence Flagpole in Liwasang Rizal Luneta, Manila, on June 12, 2023.

100-DAY • 2

## Pista ng Sining: Cavite gov’t, local artists collaborate for National Arts Month celebration

**AMADEO, Cavite (PIA)** — More than 200 local artists from different parts of the country gathered at the Pilipinas Art Camp here to celebrate Arts Month in an event organized by the Cavite Provincial Tourism Office and the Amadeo town’s art sanctuary Alitaptap Artists Community.



Themed “Building a Better Nation with a Soul Through Creativity,” the celebration immersed artists of different kinds from Cavite, Baguio, Boracay, Bicol, Ilocos Norte, and Kalinga Mountain Province in various activities such as art talks, exhibits, and trade fairs. The art event held from February 21 to 25 also involved painting sessions, a theater acting workshop, and a concert.

Cavite Governor Jonvic Remulla graced the event and stressed the significant role of Philippine Art in the progress of society.

“Sa pamamagitan ng mga okasyon na ganito ay may pag-asa tayo. May pag-asa tayo na mabuhay, mamulat ang mata at puso ng lahat ng mahilig sa sining. A society cannot progress if it forgets the arts. It’s not just about the sciences, not just about the Monday-work everyday,” Remulla said.

PISTA • 2

## Bilibinwang MPC gets ready for Tubig Talino production

**Tubig Talino is soon to become available in Agoncillo, Batangas!**

Bilibinwang Multipurpose Cooperative (MPC) prepared for producing Iodine-rich Drinking Water (Tubig Talino) through a technology transfer training held at their water purification facility, Brgy. Bilibinwang, Agoncillo, Batangas, last March 6 to 7.



The implementation of the Tubig Talino technology for Bilibinwang MPC is part of the Department of Science and Technology (DOST)-Batangas’ Grants-in-Aid Community-based project. The project aims to transfer Tubig Talino technology as the cooperative’s new business venture that will help contribute to the government’s program to control iodine deficiency disorders (IDD) in the country.

Tubig Talino, developed by DOST Food and Nutrition Research Institute (FNRI), is a purified or ordinary potable water mixed with Water Plus Iodine (I2) that may be consumed to improve the iodine intake of Filipinos resulting in better health. According to FNRI, a 5ml of Water Plus I2 can make 20 liters of Tubig Talino, which can meet 33% of the daily iodine requirement of the body.

BILIBINWANG • 4

# NEWS

## 30 FIRMS IN NORTHERN MINDANAO TO BENEFIT FROM DOST'S CONSULTANCY PROGRAM

**CAGAYAN DE ORO CITY** – Thirty firms in Northern Mindanao are expected to benefit from the Department of Science and Technology's implementation of the Manufacturing Productivity Extension (MPEX) Program this year. This consultancy program is designed to unlock the firms' potential and achieve greater levels of productivity.



MPEX provides consultations and assessments to identify areas for improvement, adopt modern technologies, and improve their skills and knowledge in managing their businesses.

Through 27 competent in-house experts of the agency, enrolled MSMEs in the manufacturing sector are expected to increase efficiency and profitability through improved processes, better equipment, and more. MSMEs are assisted in their FDA LTO Application, Certificate of Product Registration, Plant Layout, and food safety trainings such as basic food hygiene and good manufacturing practices. MSMEs are also assisted in their packaging and labels.

For 2023, 6 firms from each province have been initially enrolled in MPEX, most of which are in the

food processing industry.

The completion of each productivity consulting project shall be accomplished in six (6) months. The six-month period comprises the onsite visit and consultation for the data gathering for the technical needs assessment and installation of recommendations and online consultations for monitoring and progress on the implementation of the recommendations. The team will submit a technical report at the end of the consultancy documenting the assessment, analysis, recommendations, and evaluation.

The MPEX technical consultants from the agency have been accredited by the Department of Science and Technology (DOST) through the Subject Matter Specialist Program. Among their lines of ex-

pertise are Food Technology, Chemical Processes, Mechanical Engineering, and Business Management. Through a series of consultations, productivity improvement measures will be recommended for immediate implementation as they gear toward their goals.

MPEX is implemented yearly by DOST throughout the country to continuously develop MSMEs. Upgraded firms are expected to contribute to the overall economic growth of the country, and become globally competitive and sustainable.

Interested MSMEs may signify their interest by writing a letter of intent addressed to the director of the nearest Provincial Science and Technology Offices. **(Raziel Antoniette Bayagna/DOST10)**

pendence, Pangandaman stressed that Filipinos should be proud that the Philippines was the first "Republic" in Asia.

Also launched on Saturday was a new arrangement of "Samot-Saring lisa" by Kent Charcos, sung by Nyoy Volante, Michelle Bradford-Volante, Gian Magdangal, and Lara Maigue.

According to NHCP, the song will be the theme song of the festival that will last until 2026. **(Ruel Francisco, PIA-Cavite)**

## G na sa SM CITY TRECE MARTIRES

And never worry about your e-Vehicle running out of battery as SM expands EV Charging Stations!



Cavite Governor Jonvic Remulla (4th from left), Trece Martires City Mayor Gemma Lubigan (3rd from right) and DOST Cavite Director Gilda De Jesus (Left), together with SM Supermalls' Senior Assistant Vice President for South Luzon Operations Jason Terrenal (2nd from right), Regional Operations Manager South Luzon 2 Minabelle Llanes (right), SM City Trece Martires Mall Manager Wilfredo Fernandez (2nd from left) and SM City Trece Martires Assistant Mall Manager Normita Bongolan (3rd from left), graced the launch of the EV-charging station at the basement parking of SM City Trece Martires on March 2, 2023.

Travel conveniently and worry-free on your e-Vehicle as SM Supermalls brings its EV Charging Station here at SM CITY TRECE MARTIRES

Park, pop, and plug your e-Vehicle at SM CITY TRECE MARTIRES Wallbox Pulsar Plus AC charger. It has a charging power of up to 7.4kW and supports the following e-Vehicle brands: Audi, BMW, Fiat, Ford, GMC, Mercedes-Benz, Porsche, Volkswagen, and Hyundai, among others.

The charging stations are open from 9 am to 9 pm daily. And the good news is, charging your e-Vehicle at SM is FREE!

Just head straight to BASEMENT PARKING NEAR DRIVER'S LOUNGE to get your car battery fully charged. And while you wait, you can shop, dine, and be entertained at your favorite SM mall.

Apart from SM CITY TRECE MARTIRES, SM Supermalls will also be rolling out its free EV Charging Stations in multiple locations, namely:



- SM Center Tuguegarao Downtown
- SM City Clark
- SM City Sta. Rosa
- Sky Ranch Tagaytay
- SM City Naga
- SM City Cebu
- SM Seaside City Cebu
- SM City CDO Uptown
- SM CDO Downtown Premier
- SM Lanang Premier

The list doesn't end here as more EV charging stations are expected to open this year!

SM Supermalls is the first mall chain to establish in-mall e-Vehicle charging sites in the Philippines, with multiple installed chargers in 27 malls. And by opening more charging stations,

SM has created the PH's biggest chain of e-Vehicle charging stations nationwide.

Since 2022, SM Supermalls has made traveling anywhere in a sustainable and worry-free way possible! Check out this <https://www.smsupermalls.com/electric-vehicle-charging-stations-terms-and-conditions/> to know more about SM Supermalls' EV Charging Stations. And for more news and updates on exciting deals and promos, visit [www.smsupermalls.com](http://www.smsupermalls.com) and follow @smsupermalls on all social media platforms.

### 100-day

from page 1

NHCP Chairman Dr. Emmanuel Franco Calairo said that the event "is very important because this is a public awareness campaign for Filipinos to remember, enjoy, and learn a lesson about the nation's history for the future of our country."

"Importante na makita natin ang kahalagahan ng mga ginawa ng ating mga ninuno," Calairo stressed.

Department of Budget and Management Secretary Amenah F. Pangandaman, who served as the event's guest of honor, emphasized that the 100-day countdown "is an extensive campaign to remind our countrymen and to once again ignite the spirit of nationalism and patriotism in every Filipino."

Citing the historical journey of the country's inde-

### Pista

from page 1

He also expressed optimism for the continued success of the art community, emphasizing that artists will always have a home in Cavite.

Local officials including Amadeo Mayor Red John Dionisio, Vice Governor Athena Bryana Tolentino, and Board

Member Irene Bencito, also joined the Pista ng Sining celebration and expressed their full support for reinvigorating the arts and culture in the province.

Presidential Proclamation No. 683, s. 1991 declared February of every year as National Arts

Month to celebrate artistic excellence and pay tribute to the uniqueness and diversity of Filipino heritage and culture.

This year's theme "Ani ng Sining, Bunga ng Galing," celebrates the bountiful artistic harvest of Filipino artists as the art community recovers from the effects of the Covid-19 pandemic. **(RBF with reports from PICAD)**

## Editorial

### Women's Month: Pushing gender equality in digital space

**M**arch is the month to celebrate women and their social, economic, cultural and political achievements.

It is the month to focus attention on gender equality and empowerment and the progress that has been made for women in the community, the workplace, and in government.

Many countries around the world commemorate March as National Women's month, either through a law or tradition. On March 8, the world marks International Women's Day (IWD) with activities led by the United Nations which officially recognized the day in 1977.

"IWD offers an opportunity to reflect on progress made, to call for change, and to celebrate acts of courage and determination by ordinary women who have played an extraordinary role in the history of their countries and communities, the UN Women, the United Nations entity dedicated to gender equality and the empowerment of women, said.

This year, the gender equality issue focuses on women in digital space, where everything now happens, and where one has to have a strong technological connection to succeed in one's career or chosen field.

However, "37 percent of women do not use the internet and 259 million fewer women have access to the internet than men although they account for nearly half of the world's population," UN Women said.

Thus, this year, the United Nations Observance of IWD is focused on the theme: "DigitALL: Innovation and technology for gender equality."

While the observance of IWD will recognize and celebrate the "women and girls who are championing the advancement of transformative technology and digital education," it will also bring attention to the issues affecting gender equality in digital space.

The most significant is the fact that studies show that by 2050, 75 percent of jobs will be related to science, technology, engineering and mathematics (STEM) related fields.

"If women are unable to access the internet and do not feel safe online, they are unable to develop the necessary digital skills to en-



gage in digital spaces, which diminishes their opportunities to pursue careers in STEM," the UN Women said.

Thirty-eight percent of women in a study of 51 countries had personally experienced online violence, according to the 2022 Gender Snapshot report.

On March 8, the UN will hold a high-level event which aims to provide an opportunity to highlight the role of all stakeholders in improving women's access to digital tools.

In the Philippines, the Philippine Commission for Women (PCW) which leads the celebration of IWD, has launched the theme for 2023-2028 initiatives: "Women and Everyone (WE) for gender equality and inclusive society."

"WE for gender equality and inclusive society" supports the aim of the Philippine Development Plan that highlights "growth must be

inclusive, building an environment that provides equal opportunities to all Filipinos and equipping them with skills to participate fully in an innovative and globally competitive economy," the PCW said.

In the Philippines, a law and two presidential proclamations honor women's role in history and society. Republic Act 6949, signed in 1990, declared March 8 of every year as National Women's Day.

Proclamation 224, signed in 1988, declared March 8 as "Women's Rights and International Peace Day" and the first week of March as Women's Week. Proclamation 227 signed in 1988 declared March as "Women's Role in History Month."

The progress of gender equality and empowerment in all spaces of life need the continued attention of women and everyone.

## Nahihilo o Benign Positional Vertigo

**M**araming dahilan ang pagkahilo. Pero ang isang pangkaraniwang dahilan ay ang Benign Positional Vertigo.

Kadalasan, ang matinding pagkahilo ay nag-uumpisa sa pag-gising sa umaga kung saan bigla kang uupo mula sa kama. Ang biglang paggalaw ng ulo ang siyang dahilan. Nakakatakot ito sa pasyente pero hindi naman ito delikado.

Ang Benign Positional Vertigo ay isang problema sa tainga. Nasa tainga ang vestibular system kung saan nagmumula ang ating balanse at pag-galaw. Kung may dumi o impeksyon sa loob ng tainga (otolith), at puwede ito magdulot ng matinding pagkahilo. Tumatagal itong sakit ng ilang araw.

Heto ang puwedeng gawin:

1. Huwag iginalaw ang ulo. Ipirmi lang na nakatingin sa harap. Huwag tumungo o lumingon muna.
2. Idilat lang ang mata at tumingin sa harap. Huwag muna matulog o ipikit ang mata dahil lalo kang mahihilo. Sa gabi na lang matulog.
3. Manood lang ng TV buong araw para maka-focus ang mata sa TV. Umupo lang buong araw at huwag hihiga.
4. Dahan-dahan lang sa pagtayo at paglakad patungo sa banyo at baka mawalan ka ng balanse. Humawak sa kasama o kapaligiran para hindi matumba.
5. Ang gamot sa Vertigo ay ang Betahistine 8 mg tablet, 3 beses sa maghapon. Inumin ang gamot ng 3 araw.
6. Sa mga nagsusuka o hindi makakain, uminom ng paunti-unti ng Oral Rehydrating Solution para hindi ma-dehydrate.
7. Sa pagkain, panatiliing nakatingin sa harap at

### DOKTOR NG MASA

ni Dr. Willie Ong

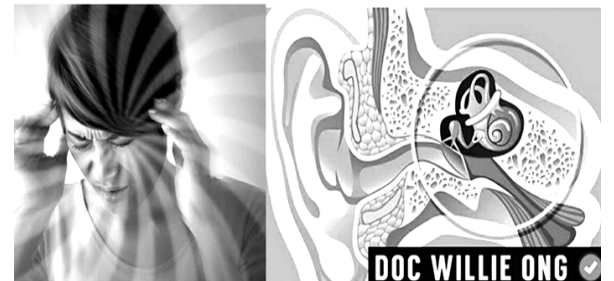


huwag tutungo. Dahan-dahang isubo ang pagkain sa bibig. Puwede ang lugaw, saging at malambot na pagkain. Ganoon din sa pag-inom. Huwag din itungo ang ulo.

8. Sa pagtulog sa gabi, gumamit ng 3 unan para mataas ang iyong ulo sa katawan. Kapag humiga ka ng flat, doon mag-uumpisa muli ang pagkahilo.

9. Kapag gumaling ka na, dahan-dahan pa rin ang iyong paggalaw ng ulo para hindi bumalik ang vertigo. Good luck po.

### NAHIHILO O BENIGN POSITIONAL VERTIGO PAYO NI DOC WILLIE ONG



DOC WILLIE ONG



# LEGAL NOTICES

REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
TRECE MARTIRES CITY

SECURITY BANK CORPORATION,  
Mortgagee,

- versus - FORECLOSURE CASE NO. F-011-23

MA. ANGELICA DOMIGINA DACAYANA AND  
MARK JOSEPH GUARINO RITUAL,  
Mortgagors.

X----- X

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **SECURITY BANK CORPORATION**, with business address at Security Bank Centre Building, 6776 Ayala Avenue, Makati City, against the Mortgagors, **Ma. Angelica Domigina Dacayana and Mark Joseph Guarino Ritual** with residence and postal address at 1.) No. 522-B Kalaw Street, 16th ISU Village, Barangay Southside, Makati City and 2.) Block 3 Lot 37, Glenbrook Phase 2, Barangay Pasong Camachile, General Trias, Cavite to satisfy the mortgage indebtedness which as of 29 December 2022 amounts to **TWO MILLION FOUR HUNDRED FORTY ONE THOUSAND THREE HUNDRED SEVENTY FIVE PESOS AND 69/100 (P2,441,375.69)**, Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will set at public auction on **MARCH 23, 2023 at 10:00 o'clock in the morning** to 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE NO. 057-2020048891**

**LOT NO: 37, BLOCK NO: 3, PLAN NO: PCS-04-030060**  
**PORTION OF:** LOT 1837-C, (LRC) PSD-105017, LOTS 1943-A & 1943-B, (LRC) PSD-155964, LOT 1836-NEW (FRS-04-005697) LOTS 1950 (FRS-04-005717) & 3421, ALL OF SAN FRANCISCO DE MALABON ESTATE DECREED NO. 4270, LRC REC. NO 5964

**LOCATION:** BARANGAY OF PASONG CAMACHILE, CITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON

**BOUNDARIES:**

| LINE | DIRECTION | ADJOINING LOT(S)               |
|------|-----------|--------------------------------|
| 1-2  | SW        | LOT 36, BLOCK 3, PCS-04-030060 |
| 2-3  | NW        | ROAD LOT 13, PCS-04-030060     |
| 3-4  | NE        | LOT 38, BLOCK 3, PCS-04-030060 |
| 4-1  | SE        | LOT 58, BLOCK 3, PCS-04-030060 |

**Area: ONE HUNDRED (100) SQUARE METERS, MORE OR LESS**

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **APRIL 3, 2023** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, FEBRUARY 21, 2023.

(Sgd.) **RICARDO A. TOLEDO**  
Sheriff IV

**Copy Furnished:**

**SECURITY BANK CORPORATION**  
LARIBA PEREZ MANGROBANG MIRALLES DUMRIQUE  
FULGENCIO REGONDALA RODRIGUEZ and AYENTO  
Counsel for the Mortgagee  
4th Floor Security Bank Centre Building 6776 Ayala Avenue, Makati City

**Ma. Angelica Domigina Dacayana and**

REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
DASMARIÑAS CITY, CAVITE

HOME DEVELOPMENT MUTUAL FUND  
(Otherwise known as Pag-IBIG Fund),  
Petitioner/Mortgagee,

- versus - **File No. FC-DC-0549-22**  
EXTRA JUDICIAL FORECLOSURE OF  
REAL ESTATE MORTGAGE UNDER  
ACT 3135, AS AMENDED BY ACT 4118

**ROLANDO R. VILLARAMA married to  
CARMEN L. VILLARAMA,**  
Respondents/Mortgagors.

X----- X

**NOTICE OF SHERIFF'S SALE**

Upon extra-judicial petition for sale under Act 3135, as amended by Act 4118 filed by the petitioner/mortgagee, **HOME DEVELOPMENT MUTUAL FUND (Otherwise known as Pag-IBIG Fund)**, a government financial institution duly organized and existing under and by virtue of Republic Act No. 9679, with postal address at c/o **Atty. Simeon P. Madrid, S.P. Madrid & Associates** Unit 2010 20/F Herrera Tower, V. A. Rufino cor. Valero Streets, Makati City against respondents/mortgagors, **ROLANDO R. VILLARAMA married to CARMEN L. VILLARAMA** with postal address at 3061 Int., 29 A, Condelena St., Sta. Mesa, Manila and Lot 62, Blk 4, Village Park Subd., Brgy. Langkaan, Dasmariñas City, Cavite and for the satisfaction of the mortgaged debt which as of December 26, 2022 amounts to **ONE HUNDRED EIGHTY NINE THOUSAND FOUR HUNDRED EIGHT PESOS & 46/100 (Php189,408.46)**, exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on **APRIL 13, 2023 at 10:00 o'clock in the morning** or soon thereafter in the Court Room of Branch 90, Regional Trial Court, Ground Floor, Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Buro I, Dasmariñas City, Province of Cavite to the highest bidder and for CASH or CERTIFIED CHECK, in Philippine Currency, the following described real property together with all the buildings and other improvements existing thereon, to wit:

**Transfer Certificate of Title No. T-644578-**

IT IS HEREBY CERTIFIED that certain land situated in the Municipality of Dasmariñas, Province of Cavite bounded and described as follows: A parcel of land (Lot 62, Blk. 4 of the cons.-subd. plan, Pcs-04-010634, being a portion of the cons. of Lots 6919, Imus Estate & Lot 6918-I (LRC) Psd-296038, L.R.C. Rec. No. ), situated in the Bo. of Langkaan, Mun. of Dasmariñas, Province of Cavite. Bounded on the E., along line 1-2 by Lot 64, Blk. 4; on the N., along line 2-3 by Road Lot 4; on the W., along line 3-4 by Lot 60; and on the N., along line 4-1 by Lot 61, both of Blk. 4, all of the cons.-subd. plan. Beginning at a pt. marked "1" on plan, being N. 01° deg. 56'E., 3824.35 m. from Mon. 99, Imus, Estate; thence S. 00 deg. 21'W., 9.50 m. to pt. 2; thence N. 89 deg. 39' W., 4.00 m. to pt. 3; thence N. 00 deg. 21'E., 9.50 m. to pt. 4; thence S. 89 deg. 39'E., 4.00 m. to the pt. of beginning; containing an area of **THIRTY EIGHT (38) SQUARE METERS**. All pts. referred to are indicated on the plan and are marked on the ground by P.S. cyl. conc. mons. 15x40 cms.; bearings true; date of the original survey, July 27, 1905-June 11, 1908 and that of the

**Mark Joseph Guarino Ritual**

- 1.) No. 522-B Kalaw Street, 16th ISU Village, Barangay Southside, Makati City
- 2.) Block 3 Lot 37, Glenbrook Phase 2, Barangay Pasong Camachile, General Trias, Cavite

**WARNING:** It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial on or before the date of sale.

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Dates: February 27, March 6 & 13, 2023

cons.-subd. survey, Jan. 4-31, 1995 and was approved on July 28, 1995.

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said real property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the publication auction should not take place on the said date and time, it shall be held on **APRIL 27, 2023** at the same time and place without further notice.

13 February 2023, Dasmariñas City, Province of Cavite.

(Sgd.) **RODRIGO C. ESTOGERO, JR.**  
Sheriff IV

(Sgd.) **ATTY. MARCELA L. BAYBAY**  
Clerk of Court VI & Ex-Officio Sheriff

**Copy furnished:**

**HOME DEVELOPMENT MUTUAL FUND (Otherwise known as Pag-IBIG Fund), c/o Atty. Simeon P. Madrid, S.P. Madrid & Associates** Unit 2010 20/F Herrera Tower, V. A. Rufino cor. Valero Streets, Makati City

**ROLANDO R. VILLARAMA married to CARMEN L. VILLARAMA**

3061 Int., 29 A, Condelena St., Sta. Mesa, Manila and Lot 62, Blk 4, Village Park Subd., Brgy. Langkaan, Dasmariñas City, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication  
Dates: February 27, March 6 & 13, 2023

## Bilibinwang from page 1

Like ordinary water, Tubig Talino has no adverse taste and a stable shelf life of six months and two weeks. According to DOST-FNRI, sufficient consumption of iodine from water helps absorb essential micro-nutrients, speeding up brain development among children and preventing iodine deficiency orders in adults. The body's thyroid gland also uses iodine to produce thyroid hormones that help control growth, repair damaged cells, and support a healthy metabolism. Tubig Talino's efficacy study conducted by DOST-FNRI demonstrated that it could help improve students' academic performance.

During the technology transfer training, production workers of Bilibinwang MPC were trained on the iodine premix preparation and the chemical analysis titration method to determine the amount of iodine required for an iodine premix. The amount of premix needed for preparing the iodine-rich drinking water was also discussed with the production workers involved.

Mr. John Lester G. Ramirez, Ms. Czarlyn Mendoza, and Ms.

Filipiniana Baes-Bragas, of DOST-FNRI served as resource speakers during the training. A licensing agreement between DOST-FNRI and Bilibinwang MPC was also pursued to formalize the Tubig Talino adoption.

Meanwhile, an inauguration and forum on Tubig Talino technology will be conducted for school principals and students in Agoncillo, Batangas, and its neighboring towns this year. The forum will be used as a platform to raise awareness about the relevance of Tubig Talino in addressing IDD in the country and shall also serve as the promotional strategy of the cooperative in marketing their Tubig Talino product.

Note to editors: DOST-CALABARZON is one of the regional offices of the Department of Science and Technology and is located at Jamboree Road, Brgy. Timugan, Los Baños, Laguna. For more information, you may visit us on Facebook at facebook.com/dostcalabarzon or website www.region4a.dost.gov.ph. You may also reach us at parcu@ro4a.dost.gov.ph. **(By: John Maico Hernandez)**

# LEGAL NOTICES

**REPUBLIC OF THE PHILIPPINES  
REGIONAL TRIAL COURT  
FOURTH JUDICIAL REGION  
NAIC CAVITE  
OFFICE OF THE CLERK OF COURT  
AND EX-OFFICIO SHERIFF**

**HOME DEVELOPMENT MUTUAL FUND**  
Petitioner-Mortgagee,

- versus - **FNC 2023-211**

**MARICEL E. HATAP,**  
Respondent-Mortgagor.

X-----X

**NOTICE OF EXTRA-JUDICIAL SALE**

WHEREAS, upon Extra-Judicial Petition for Sale under Act No. 3135 as amended by the Act No. 4118, filed by **HOME DEVELOPMENT MUTUAL FUND**, Mortgagee, with postal address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City against **MARICEL E. HATAP**, Mortgagor, with postal address at Lot 18, Blk. 16, Landmass Park Subd., Biga, Tanza, Cavite and/or Lot 12, Blk. 19, Pasinaya Homes North Phase 1, Timalan, Naic, Cavite, to satisfy the mortgage indebtedness which as of October 20, 2022, amounted to **FOUR HUNDRED FORTY FIVE THOUSAND THREE HUNDRED SIXTY ONE PESOS and 12/100 (Php.445,361.12)** Philippine Currency, excluding penalties, Attorney's Fees and expenses of the foreclosure, the undersigned authorized Sheriff IV, will sell at public auction on **March 21, 2023 at 9:00 in the morning** or soon thereafter at the Regional Trial Court, Naic Cavite, to the highest bidder in CASH or MANAGER'S CHECK and in Philippine Currency the property with all the improvements thereon, to wit:

**TRANSFER CERTIFICATE OF TITLE NO. 057-  
2019004613**

IT IS HEREBY CERTIFIED that a certain land situated in BARANGAY OF TIMALAN, MUNICIPALITY OF NAIC, PROVINCE OF CAVITE, ISLAND OF LUZON, bounded and described as follows: LOT 12, BLOCK 19, PLAN NO: PCS-04-031172, PORTION OF: CONS-SUBD. OF LOTS 2977 & 2978, FLS-986-D, NAIC ESTATE (VS-04-000597, LOCATION: BARANGAY OF TIMALAN, MUNICIPALITY OF NAIC, PROVINCE OF CAVITE, ISLAND OF LUZON, x x x AREA: **TWENTY EIGHT (28) SQUARE METERS.** x x x

Prospective bidders are hereby enjoined to investigate for themselves the title of the above-described property and to the encumbrance existing thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **March 28, 2023** at same time and at the same place mentioned above without further notice.

Municipality of Naic, Province of Cavite, February 14, 2023

(Sgd.) **JANELLE V. LAGADON, MBA**  
Sheriff IV

Copy furnished:

**HOME DEVELOPMENT MUTUAL FUND**  
The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

**MARICEL E. HATAP**  
Lot 18, Blk. 16, Landmass Park Subd., Biga, Tanza, Cavite and Lot 12, Blk. 19, Pasinaya Homes North Phase 1, Timalan, Naic, Cavite

**Atty. Simeon P. Madrid**  
S.P. Madrid & Associates  
Unit 2010 20/F Herrera Tower V.A. Rufino cor. Valero Streets, Makati City

Publication: PMC Pulso ng Makabagong Caviteño News Publication  
Dates: February 20, 27 & March 6, 2023

## Filipino

from  
page 8

business and cater to clients based in the United States. In Araez's company, 75 percent of employees are single mothers or women who are family breadwinners.

"I am humbled to receive this Outstanding

Achievement Award. AWE made it possible for me to develop a sound business plan that resulted in engagements with local, national, and now, international corporate accounts," Araez said.

Launched by the U.S.

### ERRATUM

This is to correct the error made in the publication of Extra-Judicial Foreclosure of Real Estate Mortgage filed by **SECURITY BANK CORPORATION**, against **MA. ANGELICA DOMIGINA DACAYANA AND MARK JOSEPH GUARINO RITUAL**, filed at RTC Trece Martires with **FORECLOSURE CASE NO. F-011-23** has an error on the publication date **January 23, 30 & February 6, 2023**. The right and correct entry should be **February 27, March 6 & 13, 2023**, which was not included on the original notice, dated on February 27, 2023. Our apology.

The Publisher

Publication: PMC Pulso ng Makabagong Caviteño News Publication  
Date: March 6, 2023

**Republic of the Philippines  
REGIONAL TRIAL COURT  
Fourth Judicial Region  
Branch 109, Carmona, Cavite  
2nd Flr., Hall of Justice Bldg., Brgy. Maduya,  
Carmona, Cavite  
Email add: rtc2cac109@judiciary.gov.ph; Tel.  
No. (046) 4828527**

**HOME DEVELOPMENT MUTUAL FUND,  
(otherwise known as Pag-IBIG Fund)**  
Mortgagee,

- versus - **EJF-2023-11**

For: EXTRA JUDICIAL FORECLOSURE  
OF REAL ESTATE MORTGAGE UNDER  
ACT. 3135, AS AMENDED BY ACT. 4118

**MARY JANE A. CELLS married to  
BERNARD C. CELLS,**  
Mortgagors.

X-----X

**NOTICE OF SHERIFF'S SALE**

Upon Extra-Judicial petition for sale under Act No. 3135, as amended by Act 4118 filed by the mortgagee, **HOME DEVELOPMENT MUTUAL FUND (otherwise known as Pag-IBIG FUND)**, with postal address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against the mortgagors/debtors, **MARY JANE A. CELLS married to BERNARD C. CELLS**, with postal address at Lot 56 Block 1 The Cedar Village, Brgy. Lantic, Carmona, Cavite, and for the satisfaction of the mortgaged debt which as of 23 January 2023 amounts to **FOUR HUNDRED THIRTY FIVE THOUSAND TWO HUNDRED NINETY SIX PESOS & 89/100 (PHP435,296.89)**, exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned or his duly authorized representative will SELL at public auction on **April 13, 2023 at 1:00 o'clock in the afternoon** at the Court Room of Branch 109, Regional Trial Court, Hall of Justice Building, Carmona, Cavite to the highest bidder for CASH or MANAGER'S CHECK, in Philippine currency, the mortgaged property/ies with all the improvements thereon to wit:

**TRANSFER CERTIFICATE OF TITLE NO. T-1332458**

IT IS HEREBY CERTIFIED that certain land situated in the Mun. of Carmona, Prov. of Cavite, bounded and described as follows: "A parcel of land (Lot 56, Block 1

State Department's Bureau of Educational and Cultural Affairs in 2019, AWE is a hybrid program that combines the use of DreamBuilder—an online business training curriculum developed by Arizona State University's Thunderbird School of Global Management—with in-class mentoring and facilitation. Globally, the program has trained more than 25,000 women entrepreneurs in 100 countries.

In the Philippines, AWE has trained more than 180 women beneficiaries since its launch in October 2020. Araez is actively involved in establishing a new AWE cohort in Puerto Princesa City that is expected to provide professional training for 30 women working in the local fishing industry.

"When we opened

AWE Philippines in 2020, our vision was to provide Filipinas with the confidence and technical skills needed to start sustainable businesses. Now three years later, we are excited to see these entrepreneurs expand their business ideas and their networks of entrepreneur partners," said U.S. Embassy Assistant Cultural Affairs Officer Pauline Anderson.

AWE Philippines is implemented by non-profit organization Samahan ng mga Pilipina para sa Reporma at Kaunlaran (SPARK!) and the U.S. Embassy's American Spaces network in Bacolod City, Cebu City, Manila, Marawi City, and Puerto Princesa City. In December 2022, two new AWE cohorts led by SPARK! were established in Bohol and Zambaonga del Sur.

of the cons.-subd. plan, Pcs-04-023766, being a portion of Lots 864-A, Swo-46785, & Lot 4-B, Psd-11916, L.R.C. Rec. No. 25852 & 43575), situated in Bo. of Lantic, Mun. of Carmona, Prov. of Cavite, Island of Luzon. Bounded on the SW., along line 1-2 by Road Lot 3; on the NW., along line 2-3 by Lot 53, Blk. 1; on the NE., along line 3-4 by Lot 1, Blk. 12; and on the SE., along line 4-1 by Lot 57 Blk. 1, all of the consd.-subd. plan. Beginning at a pt. marked "1" on plan, being S. 23 deg. 48'W., 3115.60 m. from BLLM No. 2, Cad. 285 Carmona Cadastre; thence N. 08 deg. 18'W., 4.50 m. to pt. 2; thence N. 81 deg. 42'E., 8.89 m. to pt. 3; thence S. 08 deg. 18'E., 4.50 m. to pt. 4; thence S. 81 deg. 42'W., 8.89 m. to the pt. of beginning, containing an area of **FORTY (40) SQ. METERS, more or less**. All pts. referred to are indicated on the plan and are marked on the ground by P.S., cyl. conc. mons. 15x40 cms; bearings true; date of original survey; July 28-30, 1917, and that of the cons.-subd. survey; March 7-15, 2007 and was approved on July 30, 2007."

Prospective buyers and/or bidders are hereby enjoined to investigate for themselves the title of the said property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **April 20, 2023**, at the same time and place without further notice.

28 February 2023 at Carmona, Cavite.

(Sgd.) **BON GERARD D. ASCAÑO**  
Clerk of Court VI  
& Ex-Officio Sheriff

Prepared by:

(Sgd.) **JOSEPH R. DIOKNO**  
Sheriff In-Charge

Copy furnished:

**HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)**  
The Petron Mega Plaza Bldg. No. 358 Sen. Gil Puyat Avenue, Makati City

**MARIA VICTORIA D. CAPIRAL c/o PAULINO E. CASES, JR.**  
c/o Cases Chun & Associates Law Offices  
Unit 408 Cityland Condominium 10 Tower II  
154 H.V. Dela Costa St., Salcedo Village, Makati City

**MARY JANE A. CELLS m/to BERNARD C. CELLS**  
Lot 56 Block 1 The Cedar Village Brgy. Lantic, Carmona, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication  
Dates: March 6, 13 & 20, 2023

# LEGAL NOTICES

**REPUBLIC OF THE PHILIPPINES  
REGIONAL TRIAL COURT  
FOURTH JUDICIAL REGION  
BRANCH 4-FC  
CITY OF IMUS, CAVITE**

**HOME DEVELOPMENT MUTUAL FUND  
(PAG-IBIG FUND),**  
Mortgagee,

**- versus -** EXTRA-JUDICIAL FORECLOSURE  
OF REAL ESTATE MORTGAGE UNDER  
ACT 3135 AS AMENDED BY ACT 4118

**JOSE JIJI C. MENDOZA,**  
Mortgagor.  
**FC Case No. 17611-22**

X----- X

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)**, mortgagee, with principal place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against **JOSE JIJI C. MENDOZA**, mortgagor, with residential and postal address at 104 J. Maliksi II, Bacoor, Cavite and/or Block 10, Lot 70, Phase 1 Ext. Greengate Homes, Malagasang 2A, Imus, Cavite, to satisfy the mortgage indebtedness which as of August 29, 2022 amounts to **FIVE HUNDRED FORTY ONE THOUSAND SIX HUNDRED FORTY ONE PESOS AND 35/100 (Php541,641.35)**, Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on **April 11, 2023 at 10:00 o'clock in the morning** or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus Hall of Justice, Aguinaldo Highway, Imus City, Cavite to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

**TRANSFER CERTIFICATE OF TITLE No. 057-2013022699**

"A parcel of land (Lot 70, Blk. 10 of the subd. plan Psd-04-199624, being a portion of Lot 1872, Imus Estate, L.R.C. Rec. No. 8843), situated in Brgy. of Malagasang-2, Mun. of Imus, Prov. of Cavite, Island of Luzon. Bounded on the SW., along line 1-2 by Lot 72, Blk. 10; on the NW., along line 2-3 by Rd. Lot 4; on the NE., along line 3-4 by Lot 68, Blk. 68 and on the SE., along line 4-1 by Lot 69, Blk. 10 all of the subd. plan. x x x containing an area of **THIRTY SIX (36) SQ. METERS, MORE OR LESS.xxx.**"

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **April 18, 2023** at 10:00 o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

City of Imus, Cavite, Philippines, December 5, 2022

**(Sgd.) EMMANUELLE H. FRANCISCO**  
Sheriff IV

APPROVED

**(Sgd.) ARMIE A. FRANCISCO**  
Clerk of Court VI

**COPY FURNISHED:**

**HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND),**  
The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

**ANTONIO E. ESCOBER**  
Attorney-In-Fact, CONSORTIUM (Tagayuna Panopio Escobar Law Firm, ESP Collection Agency, Panopio Escobar Law Offices)  
2/F AZPHI Bldg., Ma. Aurora St., cor. E. Zobel St., Brgy. Poblacion, Makati City

**JOSE JIJI C. MENDOZA**  
104 J. Maliksi II, Bacoor, Cavite  
Block 10, Lot 70, Phase 1 Ext. Greengate Homes, Malagasang 2A, Imus, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication  
Dates: March 6, 13 & 20, 2023

**REPUBLIC OF THE PHILIPPINES  
FOURTH JUDICIAL REGION  
REGIONAL TRIAL COURT  
OFFICE OF THE CLERK OF COURT  
CITY OF IMUS, CAVITE**

**HOME DEVELOPMENT MUTUAL FUND  
(PAG-IBIG FUND),**  
Mortgagee,

**- versus -** EXTRA-JUDICIAL FORECLOSURE  
OF REAL ESTATE MORTGAGE UNDER  
ACT 3135 AS AMENDED BY ACT 4118

**JOSE S. VERANO married to  
EVANGELINE S. VERANO,**  
Mortgagors.  
**FC Case No. 17721-22**

X----- X

**NOTICE OF EXTRA-JUDICIAL SALE**

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG FUND)**, mortgagee, with principal place of business at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against **JOSE S. VERANO married to EVANGELINE S. VERANO**, mortgagors, with residential and postal address at 168-B Capt. B. Paredes St., Pob I-A, Imus, Cavite AND/OR Lot 32 Blk. 17, The Legian Imus Two Subd., Ph-A, Carsadang Bago, Imus, Cavite to satisfy the mortgage indebtedness which as of November 29, 2022 amounts to **FIVE HUNDRED NINETY FIVE THOUSAND NINE HUNDRED SIX PESOS AND 09/100 (Php595,906.09)**, Philippine Currency, including interest and penalties, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned will sell at public auction on **April 11, 2023 at 10:00 o'clock in the morning** or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus Hall of Justice, Aguinaldo Highway, Imus City, Cavite to the highest bidder, for CASH and in Philippine Currency, the following property with all improvements therein, to wit:

**TRANSFER CERTIFICATE OF TITLE No. 057-2013002558**

"A parcel of land (Lot 32 Block 17 of the consolidation subdivision plan PCS-04-026053, being a portion of Lot 1299-A & 1299-B, (LRC) PSD-304635) situated in Carsadang Bago, Imus, Cavite, Island of Luzon. Bounded on the SE., along line 1-2 by Road Lot 14, on the SW., along line 2-3 by Lot 30 Blk. 17, on the NW., along line 3-4 by Lot 31 Blk. 17 on the NE., along line 4-1 by Lot 34 Blk. 17 all of the cons. - subd. plan. x x x containing an area of **THIRTY SIX (36) SQUARE METERS. xxx.**"

All sealed bids must be submitted to the undersigned on the above stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **April 18, 2023** at 10:00 o'clock in the morning without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrance therein if any there be.

City of Imus, Cavite, Philippines, December 14, 2022.

**(Sgd.) MHINARD SANTOS**  
Sheriff IV

APPROVED BY

**(Sgd.) ARMIE A. FRANCISCO**  
Clerk of Court VI

**COPY FURNISHED:**

**HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)**  
The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

**POMPEYOP P. MAYNIGO**  
Vision Credit & Collection Services Incorporated  
JRDC Building 117 Sen. Gil. J Puyat Ave., Pasay City

**JOSE S. VERANO married to EVANGELINE S. VERANO**  
168-B, Capt. B. Paredes St., Pob I-A, Imus, Cavite  
Lot 32 Blk. 17 The Legian Imus Two Subd., Ph-A, Carsadang Bago, Imus, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication  
Dates: March 6, 13 & 20, 2023

**REPUBLIC OF THE PHILIPPINES  
Regional Trial Court  
Fourth Judicial Region  
Branch 120  
City of Imus, Cavite**

**HOME DEVELOPMENT MUTUAL FUND  
(PAG-IBIG FUND),**  
Mortgagee,

**- versus -** Extra-judicial Foreclosure of Real  
Estate Mortgage Under Act No. 3135,  
as Amended, Republic Act No. 4118

**JOSE ROMAN N. IDOSORA  
married to ARMIDA T. IDOSORA,**  
Mortgagors.  
**FC CASE NO. 17555-22**

X----- X

**AMENDED NOTICE OF EXTRA-JUDICIAL SALE**

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by **HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)**, mortgagee, with principal office at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against **JOSE ROMAN N. IDOSORA married to ARMIDA T. IDOSORA**, mortgagors, with residence and postal addresses at Lot 9 Block 13, United Bayanihan, San Pedro, Laguna and Lot 83 Block 2, The Istana, Malagasang, Imus, Cavite, to satisfy the mortgage indebtedness which as of August 31, 2022 amounts to **FIVE HUNDRED NINE THOUSAND FORTY THREE PESOS AND 29/100 (P509,043.29)** Philippine Currency, including interest and penalties but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at Public Auction on **March 21, 2023 at 10:00 a.m.**, or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus, Cavite, to the highest bidder for cash and in Philippine Currency, the following property with all the improvements therein, to wit:

**TRANSFER CERTIFICATE OF TITLE No. 057-2012034829**

"A PARCEL OF LAND (LOT 83 BLOCK 2 OF THE CONS-SUBD. PLAN PCS-04-024408, BEING A PORTION OF LOT 2382-F, (LRC) PSD-207775, LOT 2384-A, PSD-04-198262 AND LOT 5896, IMUS ESTATE (RS-04-004664) SITUATED IN MALAGASANG, IMUS, CAVITE, ISLAND OF LUZON. BOUNDED ON THE NE., ALONG LINE 1-2 BY ROAD LOT 4; ON THE SE., ALONG LINE 2-3 BY LOT 84 BLOCK 2, ON THE SW., ALONG LINE 3-4 BY LOT 115 BLOCK 2, ON THE NW., ALONG LINE 4-1 BY LOT 82 BLOCK 2 ALL OF THE CONS.- SUBD. PLAN. X X X CONTAINING AN AREA OF **THIRTY SIX (36) SQUARE METERS. X X X"**

All sealed bid must be submitted to the undersigned on the stated time and date.

In the event the public auction should not take place on the said date, it shall be held on **March 28, 2023** at 10:00 a.m. without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon if any there be.

Imus City, Cavite, January 24, 2023.

**(Sgd.) BENITO A. CARRASCAL**  
Sheriff IV

Approved:

**(Sgd.) ARMIE A. FRANCISCO**  
Clerk of Court VI

**Copy Furnished:**  
**HOME DEVELOPMENT MUTUAL FUND (PAG-IBIG FUND)**  
The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City

**SPS. JOSE ROMAN N. IDOSORA AND ARMIDA T. IDOSORA**  
Lot 9 Block 13, United Bayanihan, San Pedro, Laguna  
Lot 83 Block 2, The Istana, Malagasang, Imus, Cavite;/

**ATTY. MAYBELLE JOY E. BERNALES**  
ANCHOR COLLECTION SERVICES, INC.  
Bldg. #2 Malakas cor. Mapagmahal St. Brgy. Pinyahan, Quezon City

Publication: PMC Pulso ng Makabagong Caviteño News Publication  
Dates: February 27, March 6 & 13, 2023

# MAGLIBANG TAYO

## KAPALARAN

**ARIES (Mar. 21-Apr. 19)** - Iyong-iyong ang araw na ito. Anuman ang naisin mo ay tiyak na aayunan ng kapalaran. Gayunman, mas magandang gustuhin mo na dumami ang iyong kabuhayan. Masuwerteng kulay-blue. Tips sa lotto-9-17-20-21-24-33.

**TAURUS (Apr. 20-May 20)** - Biglang lalakas ang loob mo. Kapag naramdaman mong nangyayari, gawin mo na ang mga unang hakbang para sa iyong mga pangarap. Ang mga kilos mo ay magkakatotoo. Masuwerteng kulay-black. Tips sa lotto-8-10-16-17-23-33.

**GEMINI (May 21-June 20)** - Nagbababala ang araw na ito na sobrang bibilis ang mga kilos mo. Kapag mabilis ang kilos, hindi na napapansin ang damdamin, kaya balewala na ang nararamdaman ng iba. Masuwerteng kulay-violet. Tips sa lotto-17-18-20-21-24-26.

**CANCER (June 21-July 22)** - Muling mangyayari sa buhay mo na kung sino ang nagpapakita sa iyo ng kakaibang galit ay siya pa ang tunay na magmamahal sa iyo. Ito ang mensahe ng kapalaran mo. Masuwerteng kulay-peach. Tips sa lotto-14-15-23-24-39-40.

**LEO (July 23-Aug. 22)** - Pabor sa iyo ang araw na ito. Para sa mga kontrabida, masikip ang mundo nila. Ngayon ay puwedeng maiwanan mo sila nang milya-milya. Ito ang mensahe para sa iyo. Masuwerteng kulay-red. Tips sa lotto-19-20-23-25-32-37.

**VIRGO (Aug. 23-Sept. 22)** - Mabilis na iinit ang ulo mo sa walang kuwentang bagay. Kaya lang, para sa iyo, iniisip at inaakala mo na may kuwenta ang mga ito, na sa totoo lang ay hindi naman dapat pansinin. Masuwerteng kulay-aquamarine. Tips sa lotto-15-27-28-30-32-41.

**LIBRA (Sept. 23-Oct. 22)** - Sarili mo ang iyong kalaban. Hindi ito madaling talunin tulad ng mga nakaaway mo. Pero sa simpleng pagbibigay ng saya sa iyong sarili, mawawala ang paglalaban n'yo. Masuwerteng kulay-white. Tips sa lotto-2-10-15-18-29-38.

**SCORPIO (Oct. 23-Nov. 21)** - Patuloy na pinagaganda ng langit ang kapalaran mo. Hayaan mo lang ang mga nangyayari sa iyong harapan. Sa huli, ang tunay na kaligayahan ay iyong matitikman. Masuwerteng kulay-green. Tips sa lotto-11-15-16-26-28-35.

**SAGITTARIUS (Nov. 22-Dec. 21)** - Makakadama ka ng lungkot ngayon, pero panandalian lang dahil matatabunan ito ng magagandang bagay mula sa isang bagong kakilala. Masuwerteng kulay-yellow. Tips sa lotto-5-14-17-25-26-34.

**CAPRICORN (Dec. 22-Jan. 19)** - Wala nang basehan ang iyong kaduwagan. Naaalala mo ba na minsan ay natakot ka, pero nang kumilos ka, ang mga ito ay nawala na parang bula? Masuwerteng kulay-purple. Tips sa lotto-2-20-25-31-39-42.

**AQUARIUS (Jan. 20-Feb. 18)** - Nakakatawa ang nangyayari sa iyo ngayon. Hindi ka mawawala sa isip ng tao na galit na galit sa iyo. Kung sino ang agrabiyado, siya ang galit sa iyo. Masuwerteng kulay-pink. Tips sa lotto-18-22-28-30-31-38.

**PISCES (Feb. 19-Mar. 20)** - Nakakaapekto sa trabaho ang sobrang nagmamahal. Bawasan mo ang iyong nadarama dahil maganda ang may trabaho kaysa sa wala. Ito ang mensahe ng kapalaran mo. Masuwerteng kulay-beige. Tips sa lotto-19-25-27-30-39-41.

## SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   |   | 9 | 4 | 1 |   | 7 |   |
| 7 |   | 6 | 2 |   |   |   | 3 |   |
|   | 2 |   | 3 |   |   |   |   |   |
| 4 |   |   |   |   | 9 | 3 |   |   |
| 2 |   |   |   |   | 7 |   | 8 |   |
|   |   |   |   | 1 |   |   |   |   |
| 6 | 1 |   |   | 8 |   |   | 2 |   |
|   | 3 |   |   |   | 2 |   | 1 | 4 |
|   | 4 |   |   | 9 |   | 6 |   |   |

## SAGOT: SUDOKU VOL. 19 #52

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 3 | 8 | 6 | 4 | 5 | 9 | 1 | 7 | 2 |
| 4 | 2 | 9 | 8 | 7 | 1 | 6 | 3 | 5 |
| 7 | 1 | 5 | 6 | 3 | 2 | 9 | 8 | 4 |
| 8 | 6 | 7 | 3 | 4 | 5 | 2 | 9 | 1 |
| 1 | 5 | 3 | 9 | 2 | 6 | 7 | 4 | 8 |
| 9 | 4 | 2 | 7 | 1 | 8 | 3 | 5 | 6 |
| 5 | 9 | 4 | 2 | 6 | 3 | 8 | 1 | 7 |
| 6 | 7 | 8 | 1 | 9 | 4 | 5 | 2 | 3 |
| 2 | 3 | 1 | 5 | 8 | 7 | 4 | 6 | 9 |

**HOW TO PLAY:** Sudoku puzzle is made up of a 9-by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

• Each number can only appear once in every row, column or box.

• Every puzzle has only one correct solution!

## Did You Know?



**FRANCE IS THE MOST VISITED COUNTRY WITH 89 MILLION ANNUAL TOURISTS**

Based on Singapore's popular travel destinations, I'd think either Japan or Thailand to be the most visited country.

Surprisingly, before COVID-19 made travel take a backseat, France was the most visited country in the world. Apart from exploring the city of love, many travelers also pass through it on their way to Italy and Spain.

Is France one of the places you plan to visit once borders reopen?

## WORD HUNT

### Fashion

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| Y | T | T | P | E | G | O | I | E | L | Y | T | S | T |
| I | S | Y | E | R | R | D | D | N | N | E | E | B | H |
| T | H | H | R | T | M | Y | S | D | L | E | D | O | M |
| E | O | O | F | E | A | E | H | P | H | E | H | G | I |
| M | P | E | U | S | G | S | G | T | E | C | E | O | I |
| S | P | L | M | H | A | F | A | I | L | D | Y | T | N |
| D | I | H | E | O | Z | P | A | O | M | S | A | M | D |
| E | N | I | C | E | I | E | T | S | B | R | H | A | U |
| S | G | S | A | S | N | H | E | S | H | H | O | A | S |
| I | E | T | T | S | E | D | E | P | E | I | H | N | T |
| G | H | O | W | S | H | N | S | E | L | H | O | G | R |
| N | A | R | A | I | I | E | G | Y | A | A | D | N | Y |
| E | E | Y | L | I | H | R | A | E | P | T | T | E | S |
| R | G | T | K | T | I | T | B | Z | S | S | A | E | E |

- MAGAZINE
- STYLE
- SHOPPING
- CLOTHES
- TREND
- INDUSTRY
- PERFUME
- MODEL
- BAGS
- HISTORY
- FASHION
- ITEMS
- DESIGNER
- HATS
- SHOES
- CATWALK

## Filipino Business Owner Receives Award at U.S. Summit for Women Entrepreneurs

Manila, March 9, 2023—On International Women's Day March 8, Filipino entrepreneur Senith Araez received the Academy for Women Entrepreneurs (AWE) Outstanding Achievement Award from the United States government for her exemplary leadership in business and contributions to the empowerment of women in her community.

The award was presented during the first regional AWE Summit organized by the U.S. government from March 6 to 9 in Kuala Lumpur, Malaysia. More than 200 businesswomen and AWE graduates from Brunei, Fiji, New Zealand, Papua New Guinea, the Philippines, Singapore, Taiwan, Thailand, and Vietnam attended the event.

Araez founded Whistler Travel and Tours in Puerto Princesa City, Palawan in 2019. Through the business mentorship and training provided by AWE, she was able to expand her

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Left: Academy for Women Entrepreneurs (AWE) Outstanding Achievement Awardee Senith Araez Right: U.S. Embassy Assistant Cultural Affairs Officer Pauline Anderson (fifth from right) and AWE beneficiaries from the Philippines showcase Filipino products at the first ever AWE Summit held from March 6 to 9 in Kuala Lumpur, Malaysia.



SANDWICH CORNER, NOW OPEN AT SM CITY BACOOR FOODCOURT! SM CITY BACOOR, CAVITE - Craving to taste the Authentic and Premium Korean flavor of the famous Korean Eggdrop Sandwich? Catch Sandwich Corner at SM City Bacoor Foodcourt and grab their best-selling sandwiches with 9 different flavors. They offer wide variety of premium flavors - Spam Nori, Supreme Special, Bulgogi and Spicy Sausage. These are also perfect to match with the 5 variants of fruit soda drinks they offer. Sandwich Corner also sets to launch exciting line of coffee flavors as an alternative beverage too. Hurry! See you at SM City Bacoor Foodcourt. Kumain KNB?

# Sports Life



By Francis Buenaventura

## March Madness in Cavite 2023 Part 2

Here is our continuation on our sports updates in Cavite for the month of March.

We have our national champions from the Vice Gov. Athena Tolentino



National Age Group Chess Championships in Tagaytay City over the weekend. Christian Gian Karlo Arca and Franchesca Largo wins in the open and girls' Under-18 section. Sounds ordinary right? These two champs, Arca from Davao and Largo from Laguna, are aged 14 and 16 respectively. Both age groupers are now given the National Master title by the National Chess Federation of the Philippines.

In the U-16 section, John Cyrus Borce and Jersey Marticio wins the championship with scores of six and 5.5 points, respectively. And to close this chess news, the following players claimed the championships in their respective sections: Keith Adriane Ilar and Kaye Lalaine Regidor for U-14, Mar Aviel Carredo and Zhaoyu Capilitan in the U-12, and Steve Zacky Bolico and Mary Janelle Tan for the U-10.

In the volleyball scene, Imus RCD-AJAA Spikers are the champions in the Cavite Ballers League Inter-Town Volleyball Tournament. They won via a 2-game sweep of Dasmariñas Green Spikers held last Sunday, March 5 at the DLSU-Dasmariñas Gymnasium (Ugnayang La Salle).

In the baseball-softball community, we have the 1ST AJAA Cup Inter-Mother Barangay Softball Tournament. Organized by the Local Government of the City of Imus, the tournament will begin on March 25, 2023 to be held at the Imus Grandstand and Track Oval. It is also good to note about the ongoing Imus City Sports Development Unit's Baseball and Softball grassroots training program in the same venue.

By providing Imuseno's a access to baseball and softball, it won't be long before we send to major scholastic sports leagues, giving them athletic scholarships – allowing them to have a better opportunity for their future.

Hats off to the LGU of Imus City!

In the cycling circuit, the month of March has opened the registration for the Sun Life Cycle PH. Have a chance to ride with Sun Life endorsers on April 23, 2023 at Verrosa Sports Hub, Cavite.

The Scholastic Sports Camp is running a series of workshops for their coaches this March.

Topics included:

Coaches Webinar: First Aid to Minor Sports Injury [March 11]

Coaches Webinar: Scholastic Basketball Camp: Beliefs, Culture and Practices 1. [March 11]

Coaches Workshop: Scholastic Basketball Camp: Beliefs, Culture and Practices 2. [March 12]

On to March Madness, I don't see this ending soon. Good for Cavite Sports, perfect for summer work for all!

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