

MATATAG: DepEd's new agenda to resolve basic education woes

Vice President and Secretary of Education Sara Z. Duterte on Monday launched MATATAG: Bansang Makabata, Batang Makabansa, to set the new direction of the agency and stakeholders in resolving basic education challenges.

Addressing around 400 education stakeholders, led by no less than President Ferdinand R. Marcos Jr. in attendance, VP-Secretary Duterte laid down the challenges and recent accomplishments of DepEd, before unveiling the new battle cry of the basic education sector.

"We will rally for an improved learning system in the country. Together, we will rally for every Filipino child. Para sa isang MATATAG na Bayan. Para sa ating mahal na Pilipinas," Duterte emphasized in her Basic Education Report (BER) for 2023. According to Duterte, MATATAG will have four critical components:

MATATAG: DEPED • 6

Medical-surgical mission benefits 9,000 Imuseños

More than 9,000 Imuseños availed of free medical-surgical services in the recent Glendale Korean Seventh-Day Adventist (SDA) Church, and SDA Imus Medical-Surgical Mission at Imus Pilot Elementary School, and Ospital ng Imus (ONI) from January 23 – 27, 2023.

The five-day medical mission gave medical attention in chiropractic, dental, ophthalmology, general medicine, OB-Gynecology, oriental medicine, and pediatrics, including free medicine. The medical team also performed free cataract surgery and cleft-lip surgery.

Vice Mayor Homer Saquilayan together with Councilor Enzo-Asistio Ferrer – Committee Chair on Health, Nutrition, Population, and Sanitation, City Administrator Hertito Monzon, Dr. Gabriel G. Gabriel of ONI, Dr. Mary Ann Cruz of the City Health Office (CHO), and Dr. Jun Paredes of the City Tourism and Development Office (CTDO) welcomed the Korean medical team led by Elder Young Lee, Dr. Lamber Lee, and Dr. Joseph Kang.

On behalf of the City Government of Imus, Vice Mayor Saquilayan expressed his gratitude to the SDA church for the services and concern they extended to the city residents in need of health services.

Volunteers from the Samhyook University and Korean Union Conference of SDA, Korea in collaboration with the CHO, ONI, Liga ng mga Barangays, and the CTDO of the City Government of Imus also participated in the activity. (RBF/PIA-Cavite with reports from the City Government of Imus FB page)

DOST-CALABARZON strengthens smart agriculture in the region through SETUP, partners with Bukid Amara Agri Farm to launch fully automated greenhouse

To introduce smart agriculture, specifically for the production of Japanese Musk Melon and other high-value melon varieties, the Bukidamara Agri Farm launched its first fully automated greenhouse on January 30, 2023 in Lucban, Quezon. The technology was funded by the Small Enterprise Technology Upgrading Program (SETUP) of DOST CALABARZON through PSTO-Quezon.



The launching ceremony was graced by the presence of Ms.Emelita P. Bagsit, Regional Director of DOST CALABARZON,

and Mr. Mario Daga, Supervising Tourism OperationsOfficer of the Department of Tourism CALABARZON, who both served as the opening keynote speakers. Bukidamara Agri Farm was hailed by DOT-CALABARZON as Best Farm Tourism Experi-

III Expen-

NEWS



DTI Rizal through Negosyo Center Angono orients Angono MSMEs and Cooperatives

The Department of Trade and Industry Rizal, through Negosyo Center Angono was invited by the Angono LGU Local Cooperative Development Office for the orientation of various programs and services to Angono Micro, Small, Medium Enterprises (MSMEs) and cooperatives last January 27, 2023 at the 2nd Floor Formation Center, Diocesan Shrine and Parish of St. Clement, Angono, Rizal.



Business Counselor Roselle Galcing discussed the DTI programs which include Shared Service Facility (SSF), Kapatid Mentor Me (KMME), One Town One Product Next Generation (OTOP NG), Collaborative Harnessing and Mentoring Programs

CHAMPS) Pangkabuhayan Pagbangon at Ginhawa (PPG) and the Negosyo Center Services like Business Name and Barangay Micro Business Enterprise (BMBE) Registra-

Moreover, Mr. Lan

Doringo of Small Busi-

ness Corporation discussed their financing program for MSMEs, the RISE UP program.

Present too on the event were Angono Local Cooperative Development Officer Mr. Adonis Calimlim who also gave



the opening message, Health Office Admin Ms. Arlene Reyes, and Municipal Economic Development Office (MEDO) Head and Public Employ-

BDO

ment Service Office (PESO) officer Mr. Angelo San Juan.

DOST

from page 1

ence Award 2022.

Joining them were Hon. Augustin "Ten-Ten" Villaverde, Municipal Mayor of LGU-Lucban, Mr. Mat Maderazo, President/ **CEO of Planters Product** Inc., Mr. Erel Narida, CEO of One Renewable Energy Inc., Dr Herminigilda A. Gaberman, Asst. Director, Bureau of Plant Industry-Los Banos, Dr. Rolando V. Maningas, Regional Director of ATI CALABARZON, Gerardo Marasigan, Provincial Director of TESDA, Engr. Emie Siojo, CEO of Turbulent Drip Sales Inc. and Dr. Kyu Seong Lee, Director of Korean Program for International Agriculture (KOPIA). They all gave message of support to Bukidamara Agri Farm.

Also present were representatives/ staff from the local, provincial and national governmentoffices, as well as other farm owners in the CALABARZON region.

In the opening remarks, Mr. Michael S. Caballes, Chief Farmer/ Owner of Bukidamara AgriFarm showed his gratitude to DOST for making his dream possible and he was looking forward to more project collaborations in terms of smart agriculture. Next was a welcome mesfrom Mayor sage Villaverde. Following this was an overview of the DOST's Small Enterprise Technology Upgrading Program through a short presentation by Ms. Precious R. Monedera, SRS II of DOST-Quezon.

Director Bagsit, on her opening keynote speech, highlighted the expected impacts of the approved DOST SETUP project "Adoption of Automated Greenhouse System for the Production of Japanese Musk Melon and Other High-Value Melon Varieties of Bukidamara

Agri Farm" amounting to Php 3,000,000.00, which include product quality improvement through automatic dosing of nutrient solution and automatic climate sensing, 169% increase in production capacity per production cycle, 15-20% savings of nutrition solutions run off, and 20% savings from production and labor cost.

In addition, Director Bagsit, also underscored that DOST and its at-

tached agencies, in collaboration with other stakeholders, are fully supporting the innovations in agriculture through various projects like the project SARAI, ATLANTIS and SPICE Program, among others. As she said during her speech, "We may not be at the forefront for the agriculture sector, but DOST, together with its attached agencies, are continuously supporting efforts on smart agriculture, as these are keys towards food industry competitiveness, food sustainability and food security. To our fellow farmers, agency heads, and visitors today, let us all work together towards this smarter, more innovative future in agriculture here in Quezon and the rest of the country.

The first part of the program was formally closed by Engr. Siojo, by thanking everyone who assisted Bukidamara Agri Farm and mentioning its future plans, in terms of smart agriculture. Engr. Siojo was looking forward to partnering with other state universities and colleges (SUCs), national government agencies (NGAs), and other government agencies to

DOST • 5

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Carmona

from page 1

PNP Directorate for In- Municipality of Carmona. vestigation and Detective Management, PMGEN Eliseo DC Cruz graced the event together with PRO CALABARZON Regional Director, PBGEN Jose Melencio C Nartatez Jr., and PCOL Christopher Olazo leading the launching and the Signing of Deed of Usufruct between the PNP and the

The deed supports the planned construction of the new Carmona Municipal Police Station which would enable the local police personnel to better serve and protect the residents and preserve the locality's peace and order.

During the activity, the new NPCS commenced

its first operation with the processing of Mayor Dahlia Loyola, and Fifth District Representative Attorney Roy Loyola's National Police Clearance Certificate.

The activity proves the dynamic cooperation and partnership between the PNP and the LGU to better serve the residents, particularly in keeping the peace and order in the locality. (RBF/PIA-Cavite with reports from Carmona LGU)

OPINION

Tomo 19 Blg. 48 January 30 - February 5, 2023

Editorial

Improving quality of basic education becomes a priority national concern

President Ferdinand Marcos, Jr. and Vice President Sara Duterte led the Basic Education Summit held the other day to craft appropriate strategies for achieving desired outcomes for the country's youth. In 2021, the Department of Education (DepED) reported a total enrollment of 27.2 million from Kindergarten to Grade-12 (K to 12). This is roughly equal to almost 25 percent of the country's population.

For more than two years, grade school and high school students could not attend face-to-face classes and had to be taught through a combination of distance learning methods that were extremely challenging for them, as well as for their teachers and parents.

The Covid-19 pandemic wiped out the painstaking gains in improving the quality of education achieved over the previous decades. In September 2021, the National Economic and Development Authority (NEDA) estimated that one year of shutdown would result in ?11 trillion in productivity losses over an individual's 40-year lifespan as a member of the labor force.

As the Marcos administration endeavors to put the educational system back on track, it must deal with the continuing lack of classrooms and basic facilities. Senator Sherwin Gatchalian, Senate education committee chair, cited the ?430 billion budget allocated for meeting the shortage of 167,901 classrooms nationwide based on the 2019 National School Building Inventory.

An even more basic problem is ensuring universal access to basic education. Thanks to the government's integrated development approach – as exemplified by the Pantawid Pamilyang Pilipino Program – children from the neediest families were able to enroll and sustain school attendance through a combination of nutrition, maternal health and livelihood programs augmented by direct cash grants.

The closing of private schools during the pandemic aggravated the overcrowding problem in public schools. Quality of education also affected the teacher-to-pupil ratio. In



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2017, there were 29 high school students per teacher; the ratio was 26:1 in the primary grades – the highest in the region.

Vice President Duterte, who is also the DepED secretary, deplores that Filipino students are "not academically proficient," emphasizing the need to refocus the curriculum toward raising aptitude levels in reading, writing, and mathematics. Latest surveys show that the Philippines as the tailender among ASEAN countries, behind Vietnam, Cambodian, and Myanmar based on standardized testing scores.

A good place to start would be to increase the country's education spending to approxi-

mate the United Nations' standard of six percent of GDP. From a peak of almost four percent in 2017, it dropped to three percent. From 16 percent of the national budget, it dropped to 14 percent.

Speaking at the summit, President Marcos said: "We have failed our children and let us not keep failing them anymore. Otherwise, we will not allow them to become the great Filipinos that we know they can be." He vowed: "We will build infrastructure that will provide our learners, teachers, and the entire academic sector with a healthy and safe environment that is conducive to learning."

Masakit ang Balikat

ng sakit ay maaaring manggaling sa loob ng mga joints ng balikat at sa paligid ng muscle, ligaments at tendons. Karaniwang lumalala ang sakit kapag ginalaw ang braso at balikat. Ang sobrang pananakit ng balikat ay nakasentro sa itaas na bahagi ng braso, likod at leeg. Ito ay maaaring napakasakit kapag magsusuot ng baro.

Ang Rotator cuff injury ay isang pinsala mula sa paulit-ulit ng sobrang paggalaw ng balikat tulad ng pag-pinta, paglangoy, pagbato ng bola, at aksidente.

Para makaramdam ng ginhawa:

1. Ipahinga ang balikat. Ihinto ang dahilan ng pananakit. Limitahan ang pagbubuhat ng mabibigat o mga gawaing na ginagamitan ng paibabaw o paitaas na galaw ng 4 hanggang 7 araw.

2. Lagyan ng cold pack ng 2-3 araw, pagkatapos ay hot pack naman. Gumamit ng cold pack o towel na mayroong nakabalot na yelo na 15 hanggang 20 minutos kada oras para mabawasan ang pamamaga. Gawin ito kada oras. Pagtapos ng 2 o 3 araw, kung ang sakit at pamamaga ay bumuti, maaari naman mag-apply ng hot packs o heating pad. Maaaring makatulong magpa-relax sa namamagang muscles. Limitahan ang pag-a-apply ng init sa loob ng 20 minutos lamang.

3. Gumamit ng mga over-the-counter na pain medication tulad ng pamahid sa kirot, at tableta tulad ng ibuprofen at paracetamol. Panandalian lang ang paggamit nito.

4. Mag-strecthing. Pagkatapos ng 1 o 2 araw, gumawa ng mga magagaang exercise para mapanatili ang muscle ng balikat na maging malambot. Kung maaari ay palakasin ang iyong balikat. Kung hindi ito igagalaw maaari itong maging dahilan ng paninigas ng mga joints.

5. Maghinay-hinay. Maghintay hanggang sa mawala ang pananakit bago unti-unting bumalik sa



mga gawain na naging dahilan ng pagkapinsala. Minsan, kailangan ng 3 hanggang 6 na linggo para tuluyang gumaling.

6. Suriin ang sports na ginagawa. Kung ang mga gawin gaya ng tennis, baseball, golf o iba pang sports ang dahilan ng pananakit, kinakailangan mong magpalit muna ng sports o magpahinga.

Kumonsulta sa doktor kung:

1. Ang iyong balikat ay hindi pantay, o hindi maiangat ang apektadong kamay.

2. Sobrang panlalambot ng iyong balikat.

3. Mayroong pamumula, pamamaga o lagnat.4. Ang iyong balikat ay hindi bumuti pagkatapos ng mga ilang linggo na pagaalaga sa sarili.

MASAKIT ANG BALIKAT PAYO NI DOC WILLIE ONG



LEGAL NOTICES



REPUBLIC OF THE PHILIPPINES **REGIONAL TRIAL COURT FOURTH JUDICIAL REGION** OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

BDO UNIBANK, INC.,

Mortgagee,

- versus - FORECLOSURE CASE NO. F-782-22

SPS. DANILO PALO MAYUGA, JR. AND VANESSA MARCIAL MAYUGA

Mortgagor/s.

x-----x

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, **BDO UNIBANK**, INC., with business address at BDO Towers Valero (formerly Citibank Tower), 8741 Paseo De Roxas, Makati City against the Mortgagor/s, SPS. DANILO PALO MAYUGA. JR. AND VANESSA MARCIAL MAYUGA with residence and postal address at Lot 72 Block 1, Brgy. Pasong Camachile, General Trias, Cavite and #119 Road 4, Joseph Sitt Street, Bagumbayan, Bicutan, Taguig to satisfy the mortgage indebtedness which as of 28 September 2022 amounts to TWO MILLION THREE HUNDRED FIFTY NINE THOUSAND ONE HUNDRED NINE PESOS AND 31/100 (P2,359,109.31), Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will set at public action on 23 FEBRUARY 2023 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2021004773

LOT NO. 72 BLOCK. NO. 1 PLAN NO. PCS-04-029303

PORTION OF: LOTS 1934; 1935; 1937, SFDM ESTATE, LOT 1938-A; 1938-B; LOT 1938-C; 1938-D. PSD-04-039215 (OLT); LOT 1843-K-1; LOT 1843-K-2, PSD-04-214642; LOT 1843-L, BSD-04-002119 (OLT); LOT 1843-M-1; LOT 1843-M-2, PSD-04-156470 & BLOCK 18, PCS-04-029302, DECREED NO. 4270, LRC RECORD NO. 5964

LOCATION: BARANGAY OF PASONG CAMACHILE. MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE

BOUNDARIES:

<u>LINE</u>	DIRECTIO	N ADJOINING LOT(S)							
1-2	SE	ROAD LOT 4, PCS-04-029303							
2-3	SW	LOT 73, BLOCK 1, PCS-04-029303							
3-4	NW	-, BLOCK 22, PCS-04-029303							
4-1	NE	LOT 71, BLOCK 1, PCS-04-029303							
AREA: S	AREA: SIXTY SQUARE METERS (60), MORE OR LESS								

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 09 MARCH 2023 without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 17 JANUARY 2023

(Sgd.) JOANNAH AVIGAIL C. TIMKANG Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.

RISK MANAGEMENT GROUP-REMEDIAL MANAGEMENT UNIT BDO Towers Valero (formerly Citibank Tower), 8741 Paseo De Roxas, Makati City

SPS.DANILO PALOMAYUGA, JR. AND

REPUBLIC OF THE PHILIPPINES **REGIONAL TRIAL COURT FOURTH JUDICIAL REGION** OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

BDO UNIBANK. INC...

Mortgagee,

- versus - FORECLOSURE CASE NO. F-796-22

SPS. JERRY DELA CRUZ YAMUYAM AND JESSICA G. YAMUYAM

Mortgagor/s.

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, BDO UNIBANK, INC., with business address at BDO Towers Valero (formerly Citibank Tower), 8741 Paseo De Roxas, Makati City against the Mortgagor/s, JESSICA G. YAMUYAM FOR HERSELF AND AS ATTORNEY-IN- FACT OF JERRY DELA CRUZ YAMUYAM with residence and postal address at Unit 1102 Emar Suites Condominium, 409 Brgy. Addition Hills, Shaw Boulevard, Mandaluyong City and Block 14 Lot 34 Kensington 16, Brgy. Navarro, Gen. Trias, Cavite to satisfy the mortgage indebtedness which as of 28 September 2022 amounts to TWO MILLION NINETY FIVE THOUSAND FOUR **HUNDRED TWENTY TWO PESOS AND 76/100** (P2.095.422.76). Philippine Currency, including interest. penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will set at public auction on 23 FEBRUARY 2023 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2018035780

LOT NO. 34 BLOCK. NO. 14 PLAN NO. PCS-04-029826

PORTION OF: THE CONS/SUBD OF LOTS 78 & 80 BLOCK 2, PCS-04-028598; BLOCK 11, PCS-04-028596 & LOT 1716 & 1717, SAN FRANCISCO DE MALABON ESTATE, DECREED NO. 4270; LRC REC.NO. 5964

LOCATION: BARANGAY OF NAVARRO, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE

BOUNDARIES:

LINE	DIRECT	ION ADJOINING LOT(S)
1-2	NW	LOT 33, BLOCK 14, PCS-04-029826
2-3	NE	ROAD LOT 21, PCS-04-029826
3-4-5	SE	ROAD LOT 18, PCS-04-029826
5-1	SW	LOT 32, BLOCK 14, PCS-04-029826

AREA: NINETY SIX SQUARE METERS (96), MORE OR **LESS**

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on 09 MARCH 2023 without further notice.

Prospective bidders/buvers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 17 JANUARY 2023

VANESSA MARCIAL MAYUGA

Lot 72 Block 1, Brgy. Pasong Camachile, General Trias, Cavite #119 Road 4, Joseph Sitt Street, Bagumbayan, Bicutan, Taguig

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: January 23, 30 & February 6, 2022

(Sgd.) JOANNAH AVIGAIL C. TIMKANG Sheriff IV

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BDO UNIBANK, INC.

RISK MANAGEMENT GROUP-REMEDIAL MANAGEMENT UNIT BDO Towers Valero (formerly Citibank Tower), 8741 Paseo De Roxas, Makati City

JESSICA G. YAMUYAM **JERRY DELA CRUZ YAMUYAM**

Unit 1102 Emar Suites Condominium, 409 Brgy. Addition Hills, Shaw Boulevard, Mandaluyong City

Block 14 Lot 34 Kensington 16, Brgy. Navarro, Gen. Trias,

WARNING: It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date

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Sports Life

from page 8

something that could be done nationwide. Chess has this tremendous power to take and use time productively of the players - beginners and masters alike.

Also, the Chess Education for Age Group and Scholastic Chess Camp are in talks for a Cavite-wide program for the youth. This is a great opportunity for both camps to share a global and international training methods to the ches players of the province. Watch out for further announcement in this space.

The Remulla Football Academy, also known as Cavite Football Academy, is up and running. Coach Saluria of the PCU-Dasmarinas has posted several announcements for try-outs.

If you or anyone you know is in search of a football club, look no more, visit and connect with Coach Saluria and learn more about their schedule and tournaments.

And this weekend, February 4 and 5, the Samahang Basketbol ng Pilipinas - Coaches Academy will be at the ANIMO Center of DLSU-HSI. The Coaches Commission will give a two-day workshop and licensing test. If you have time, attend this one. Got my license 2.0 last 2019 and I plan to join this

Our friends from Tanauan-BASIC will be there and so are the coaches from Cavite – barring any DEPED Cluster Meet games on the said days.

And to end this rather wordy and lengthy post, the Juniors divisions of the UAAP and NCAA has began. I can't help but imagine there's around 40 percent of Cavitenyos in both leagues. Either as student-atheletes, coaches and staff. I wonder what the figure is regarding the population of Cavitenyos in these sports leagues?

And as my pahabol-sulat or P.S. My Sunday basketball school, Scholastic Basketball Camp, I am looking for tune-up games for my 14 Under, 12 Under and 10 Under teams.

Please send me a message if your up to it. Check out my social media accounts, it's so easy to connect with anyone now. Will wait for you

Until then! Semper Ad Meliora!

Support Creators like me!

Follow and Like my FB Page: https:// www.facebook.com/CoachFrancisB

Join My Community: https://www.facebook.com/ groups/sportsandpegroup

Watch and Subscribe to my YT Channel: https:// www.youtube.com/c/CoachFrancis

Sports Life, A Wordpress Blog by Coach FrancisPH: https://buenaventurafa.wordpress.com/



LEGAL NOTICES

Republic of the Philippines REGIONAL TRIAL COURT **Fourth Judicial Region Branch 109, Carmona, Cavite** 2nd Flr., Hall of Justice Bldg., Brgy. Maduya, Carmona, Cavite Email add: rtc2cac109@judiciary.gov.ph; Tel. No. (046) 4828527

HOME DEVELOPMENT MUTUAL FUND, (otherwise known as Pag-IBIG Fund), Mortgagee,

-versus-

EJF-2023-03

For: EXTRA JUDICIAL FORECLOSURE OF REALESTATE MORTGAGE UNDER ACT 3135, AS AMENDED BY ACT 4118

GEMMA MARIE D. DIZON, married to REY AZUL EZZARD A. DIZON

x-----x

Mortgagors/Debtors.

NOTICE OF SHERIFF'S SALE

Upon Extra-Judicial petition for sale under Act No. 3135, as amended by Act 4118 filed by the mortgagee, HOME DEVELOPMENT MUTUAL FUND (otherwise known as PAG-IBIG Fund), with postal address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against the mortgagors/debtors, GEMMA MARIE D. DIZON, married to REY AZUL EZZARD A. DIZON, with postal address/es at 1.) 3851 F Nazario St., Singkamas, Makati City 1204; and 2.) Lot 11 Block 34, Alta Tierra Homes, Brgy. Olaes, Gen. Mariano Alvarez, Cavite 4117, and for the satisfaction of the mortgaged debt which as of 20 December, 2022 amounts to FOUR HUNDRED FORTY SEVEN THOUSAND FOUR HUNDRED SIX PESOS AND SIXTY CENTAVOS (PHP447,406.60), exclusive of all legal fees and expenses incidental to this foreclosure and sale, the undersigned or his duly authorized representative will SELL at public auction on March 02,2023 at 1:00 o'clock in the afternoon at the Court Room of Branch 109, Regional Trial Court, Hall of Justice Building, Carmona, Cavite to the highest bidder for CASH or MANAGER'S CHECK, in Philippine currency, the mortgaged property/ies with all the improvements thereon to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2012024379

IT IS HEREBY CERTIFIED that certain land situated in BRGY. OF OLAES, MUN. OF GEN. MARIANO ALVAREZ, PROV. OF CAVITE, ISLAND OF LUZON, bounded and described as follows: "A PARCEL OF LAND (LOT 11 BLK 34 OF THE CONS./SUBD. PLAN PCS-04-024562 BEING A PORTION OF THE CONS. OF BLK 2 PSD-04-185184 & RESERVED LOT 4 PSD-04-197135 LRC REC. NOS. 2166 & 55349), SITUATED IN THE BRGY. OF OLAES, MUN. OF GEN. MARIANO ALVAREZ, PROV. OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE SE., ALONG LINE 1-2 BY RD. LOT 27 (10.00 M. WIDE); ON THE SW., ALONG LINE 2-3 BY LOT 10; ON THE NW., ALONG LINE 3-4 BY LOT 83 (OPEN SPACE) (W/LEGAL EASEMENT 3.00 M. WIDE); AND ON THE NE., ALONG LINE 4-1 BY LOT 12 ALL OF BLK 34; ALL OF THE CONS./SUBD. PLAN. BEGINNING AT A PT. MARKED "1" ON PLAN BEING N., 87 DEG. 23'W., 2483.74 M. FROM BLLM NO. 14 CARMONA CADASTRE. THENCE S., 30 DEG. 54'W., 4.00 M. TO PT. 2; THENCE N., 59 DEG. 06'W., 11.00 M. TO PT. 3; THENCE N., 30 DEG. 54'E., 4.00 M. TO PT. 4; THENCE S., 59 DEG. 06'E., 11.00 M. TO THE PT. OF BEGINNING, CONTAINING AN AREA OF FORTY FOUR (44) SQ. METERS. ALL PTS. REFERRED TO ARE INDICATED ON THE PLAN AND ARE MARKED ON THE GROUND BY PS. CYL. CONC. MONS. 15X40 CM.; BEARING TRUE; DATE OF ORIGINAL SURVEY AUG. 6, 1940-JULY 31, 1941 AND THAT OF THE CONS./SUBD. SURVEY JUNE 9-14, 2008 AND WAS APPROVED ON SEPT. 3, 2008."

Prospective buyers and/or bidders are hereby enjoined

REPUBLIC OF THE PHILIPPINES Regional Trial Court **Fourth Judicial Region** Branch 120 City of Imus, Cavite

BDO UNIBANK, INC.,

Mortgagee,

- versus -

Extra-judicial Foreclosure of Real Estate Mortgage Under Act 3135, as Amended by Republic Act No. 4118

SPS. RHEATING AND SANDY C. FRANCISCO, AS REPRESENTED BY THEIR ATTORNEY-IN-FACT, FERNANDITA C. TING,

Mortgagors.

FC CASE NO. 17576-22

NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial petition for sale under Act 3135 as amended by Act 4118 filed by BDO UNIBANK, INC., mortgagee, with office address at 11th Floor, BDO Towers Valero (formerly Citibank Tower), 8741 Paseo de Roxas, Makati City, against RHEATING AND SANDY C. FRANCISCO, AS REPRESENTED BY THEIR ATTORNEY-IN-FACT, FERNANDITA C. TING, mortgagors, with residence and postal addresses at Lot 6 Blk. 1, Pabahay 2000, Section 1, Brgy. Bagtas, Tanza, Cavite; and Lot 3 Blk. 10, Phase 2, Camella Bucandala, Brgy. Bucandala, Imus, Cavite, to satisfy the mortgage indebtedness which as of October 14, 2022 amounts to TWO MILLION SEVEN HUNDRED TWENTY THREE THOUSAND THREE HUNDRED FORTY SEVEN PESOS & 34/100 (Php2,723,347.34) Philippine Currency, including interest and penalty charges, but excluding attorney's fees, sheriff's fees and all other charges incidental to this foreclosure and sale, the undersigned Sheriff IV will sell at Public Auction on February 14, 2023 at 10:00 a.m., or soon thereafter at the main entrance of the Office of the Clerk of Court, RTC-Imus, Bulwagan Ng Katarungan, Aguinaldo Highway, Imus, Cavite, to the highest bidder for cash and in Philippine Currency, the following property with all the improvements therein, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2019000546

LOT NO: 3 BLOCK NO: 10 PLAN NO: PCS-04-028716

PORTION OF: LOTS 1941, IMUS ESTATE AND 5883, IMUS

LOCATION: BARANGAY OF BUCANDALA, MUNICIPALITY OF IMUS, PROVINCE OF CAVITE, ISLAND OF LUZON **BOUNDARIES:**

<u>LINE</u>	DIRECTIO	N ADJOINING LOT (S)
1-2	EAST	ROAD LOT 9, PCS-04-028716
2-3	SOUTH	LOT 4, BLOCK 10, PCS-04-028716
3-4	WEST	LOT 16, BLOCK 10, PCS-04-028716
4-5	LOT 17,	BLOCK 10, PCS-04-028716
5-1	NORTH	LOT 2, BLOCK 10, PCS-04-028716
AREA: F	IFTY FOL	JR SQUARE METERS (54) , MORE OR

All sealed bid must be submitted to the undersigned on the stated time and date.

In the event the public auction should not take place on the said date, it shall be held on February 21, 2023 at 10:00 a.m. without prior notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon if any there be.

City of Imus, Cavite, November 29, 2022.

(Sgd.) BENITO A CARRASCAL Sheriff IV

(Sgd.) ARMIE A. FRANCISCO Clerk of Court VI

Copy Furnished:

LESS

BDO UNIBANK, INC.

11th Floor, BDO Towers Valero (formerly Citibank Tower), 8741 Paseo de Roxas, Makati City

SPS. RHEA TING AND SANDY C. FRANCISCO, AS REPRESENTED BY THEIR ATTORNEY-INFACT, FERNANDITA C. TING

Lot 6 Blk. 1, Pabahay 2000, Section 1, Brgy. Bagtas, Tanza, Cavite

Lot 3 Blk. 10, Phase 2, Camella Bucandala, Brgy. Bucandala, Imus, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: January 16, 23 & 30, 2023

to investigate for themselves the title of the said property and the encumbrance thereon, if there be any.

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the publicauction should not take place on the said date and time, it shall be held on March 09, 2023, at the same time and place without further notice.

17 January 2023 at Carmona, Cavite.

(Sgd.) BON GERARD D. ASCAÑO

Clerk of Court VI & Ex-Officio Sheriff

Prepared by:

(Sgd.) JOSEPH R. DIOKNO Sheriff In-Charge

Copy furnished:

HOME DEVELOPMENT MUTUAL FUND

The Petron Mega Plaza Bldg.

No. 358 Sen. Gil Puyat Avenue, Makati City

CRISTINA A. ESTEPA c/o ATTY. RAYMUNDO R. AQUINO

Anchor Collection Services Inc.

Bldg. #2 Malakas cor. Mapagmahal St. Brgy. Pinyahan, Quezon

GEMMA MARIE D. DIZON and REY AZUL EZZARD A. DIZON

1.) 3851 F Nazario St., Singkamas, Makati City 2.) Lot 11 Block 34, Alta Tierra Homes, Brgy. Olaes, Gen. Mariano Alvarez, Cavite 4117

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: January 23, 30 & February 6, 2022

DOST

from page 2

further advance smart agriculture through innovations such as the Internet of Things (IoT), robotics, and so on.

Likewise, there were also a few agripreneurs from different provinces in the region present in the said activity including owners and representatives from Uma Verde Econature Farm, Fork and Spade Farm, and Farm Share Prime, all of whom expressed their excitement in partnering with DOST to upgrade their farming technologies and innovations.

Highlighting the part two of the program were the blessing ceremony officiated by Msgr. Melecio Verastigue, followed by the ceremonial planting, harvesting and tasting of melons.

During the ceremonial planting and harvesting, Mr. Caballes, showed a comparative chart between the 2 nd cycle of production and the current production they harvested. The data given illustrated the irrigation and nutrition management strategy of Bukidamara Agri Farm on daily climate fluctuations and showed the plant activity during different daily climate shifts.

"These kinds of data, including the climate data we will be generating in future production will give us better intervention strategies, like supplemental lighting, in the future, to assure we get the production right. We will be able to respond to the crop needs better if we know how the crop interacts with the climate", Mr. Caballes said.

The ceremonial tasting of melon, on the other hand, was a prelude to Bukidamara's Agri Farm upcoming Melon Tasting Tour this April to May 2023. (By: Precious Rivera Monedera)

LEGAL NOTICES



REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,

Mortgagee,

- versus - FORECLOSURE CASE NO. F-791-22

SPS. ROWENA MARQUEZ CURIOSO AND RYAN LANDAGAN CURIOSO,

Debtor/Mortgagor,

X-----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, BDO UNIBANK, INC., with business address at BDO Towers Valero (formerly Citibank Tower), 8741 Paseo de Roxas, Makati City against the Mortgagor/s, Sps. Rowena Marquez Curioso and Ryan Landagan Curioso with residence and postal address at: 1.) Block 6 Lot 25 Phase 1 Sunrise Place Tres Cruses, Tanza Cavite 4108; and 2.) Lot 23 Block 17 Barangay of Quintana, City of Trece Martires, Cavite to satisfy the mortgage indebtedness which as of 28 September 2022 amounts to ONE MILLION SEVEN **HUNDRED FIFTY EIGHT THOUSAND FOUR HUNDRED SIX** PESOS AND 48/100 (P1,758,406.48) Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will set at public auction on 23 FEBRUARY 2023 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 077-2019006401

LOT NO: 23 BLOCK NO: 17 PLAN NO: PCS-04-029126

PORTION OF: THE CONSOLIDATION OF LOT NOS. 1-16, BLK 2; 1-28, BLK 3; 1-23, BLK 4; 1-8, BLK 5; 1-13, BLK 6; 3-32, BLK 7; 1-28, BLK 8; 1-8, BLK 9, 1-25, BLK 10; 1-5, 7 & 9, BLK 34; 1-3, 5-11, BLK 35, 18-22, BLK 36; 27-31, BLK 37; ROAD LOT 9, 10, 11, 12, 13, 23 & 34; (LRC) PSD-45360; BLOCK 34, PCS-04-011061

LOCATION: BARANGAY OF QUINTANA, CITY OF TRECE MARTIRES, PROVINCE OF CAVITE, ISLAND OF LUZON

BOUNDARIES:

<u>LINE</u>	DIRECTIO	<u>ADJOINING LOT(S)</u>
1-2	NE	ROAD LOT 13, PCS-04-029126
2-3	SE	LOT 24, BLOCK 17, PCS-04-029126
3-4	SW	LOT 14, BLOCK 18, PCS-04-029126
4-5		LOT 13, BLOCK 18, PCS-04-029126
5-1	NW	LOT 22, BLOCK 17, PCS-04-029126
ADEA. TI	IIDTY CIV	COLLADE METERS (SS), MODE OR LESS

AREA: THIRTY SIX SQUARE METERS (36), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **09 MARCH 2023** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 17 JANUARY 2023

(Sgd.) RICARDO A. TOLEDO Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.

Risk Management Group-Remedial Management Unit BDO Towers Valero, (formerly Citibank Tower) 8741 Paseo de Roxas, Makati City, 0726 REPUBLIC OF THE PHILIPPINES
FOURTH JUDICIAL REGION
REGIONAL TRIAL COURT
OFFICE OF THE CLERK OF COURT
TRECE MARTIRES CITY

BDO UNIBANK, INC.,

Mortgagee,

- versus - FORECLOSURE CASE NO. F-780-22

JAMES ANDREW P. DOMINGO,

Debtor/Mortgagor,

X----X

NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, BDO UNIBANK, INC., with business address at BDO Towers Valero (formerly Citibank Tower), 8741 Paseo de Roxas, Makati City against the Mortgagor/s, Erica Suarez Royo, signing as attorney-in-fact of James Andrew P. Domingo with residence and postal address at: 1.) #230 Dr. Pilapil Street, San Miguel, Pasig CPO Pasig City; and 2.) Lot 15 Block 26, Brgy. of Bacao 1 Municipality of General Trias, Cavite to satisfy the mortgage indebtedness which as of 28 September 2022 amounts to ONE MILLION NINE HUNDRED SIXTY SIX THOUSAND NINE HUNDRED NINETY FOUR PESOS AND 71/100 (P1,966,994.71) Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will set at public auction on 23 FEBRUARY 2023 at 10:00 o'clock in the morning until 12:00 noon at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

TRANSFER CERTIFICATE OF TITLE NO. 057-2017043545

LOT NO: 15 BLOCK NO: 26 PLAN NO: PCS-04-028977

PORTION OF: THE CONS/SUBD OF LOTS 1632-A; 1632-B, 1632-C, PSD-04-134487; LOT 1631, (FRS-04-005440) & LOT 1642, (RS-04-002863) SAN FRANCISCO DE MALABON ESTATE, DECREED NO. 4270; LRC REC. NO. 5964

LOCATION: BARANGAY OF BACAO 1, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE

BOUNDARIES:

<u>LINE</u>	DIRECTIO	<u>ADJOINING LOT(S)</u>
1-2	SW	LOT 13, BLOCK 26, PCS-04-028977
2-3	NW	ROAD LOT 20, PCS-04-028977
3-4	NE	LOT 17, BLOCK 26, PCS-04-028977
4-1	SE	LOT 16, BLOCK 26, PCS-04-028977

AREA: FIFTY SQUARE METERS (50), MORE OR LESS

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **09 MARCH 2023** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Sps. Rowena Marquez Curioso and Ryan Landagan Curioso

1.) Block 6 Lot 25 Phase 1 Sunrise Place Tres Cruses, Tanza Cavite 4108

2.) Lot 23 Block 17 Barangay of Quintana, City of Trece Martires, Cavite

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE, OR DESTROYTHIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: January 23, 30 & February 6, 2022 Trece Martires City, 17 JANUARY 2023

(Sgd.) RICARDO A. TOLEDO Sheriff IV

Copy Furnished:

BDO UNIBANK, INC.

Risk Management Group-Remedial Management Unit BDO Towers Valero, (formerly Citibank Tower) 8741 Paseo de Roxas, Makati City, 0726

Erica Suarez Royo, James Andrew P. Domingo

1.) #230 Dr. Pilapil Street, San Miguel, Pasig CPO Pasig City; 2.) Lot 15 Block 26, Brgy. Bacao 1 Municipality of General Trias, Cavite

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE, OR DESTROYTHIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE

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Matatag: DepEd

from page 1

MAke the curriculum relevant to produce competent and job-ready, active, and responsible citizens;

TAke steps to accelerate delivery of basic education facilities and services;

Take good care of learners by promoting learner well-being, inclusive education, and a positive learning environment; and

Give support to teachers to teach better.

"We know that the road will be bumpy, but our direction is clear. We know that the challenges are vast, but we Filipinos are resilient. We will overcome," Duterte added, noting that her interest in the future of Philippine education is very personal.

In her BER, VP-Sec. Duterte also provided the specific directions and initiatives that will comprise the four components, including improving the curriculum by focusing on foundational skills and embedding peace competencies, building more resilient schools and classrooms, strengthening inclusive education programs, ad-

vocating for teachers' additional benefits, and providing professional development programs, among others.

In addition, Duterte reiterated her commitment to give ample support to the thousands of teachers in the country.

"We thank you for your sacrifices. Maraming salamat po sa inyong dedikasyon. Hindi po namin kayo pababayaan," she said.

Duterte also urged the stakeholders to join DepEd in building a MATATAG nation.

"Improving access, equity, equality, resiliency, and well-being will not happen overnight, nor it can be done by DepEd alone. We need a national commitment and sustained effort from all sectors of the society," she stressed.

After the launch of MATATAG, President Ferdinand R. Marcos Jr, VP-Sec. Duterte, Senate President Juan Miguel Zubiri, Senator Sherwin Gatchalian, Rep. Roman Romulo, and other education partners penned their commitments and support for the new basic education agenda.

SMALL ACTS,
WHEN MULTIPLIED BY
MILLIONS OF PEOPLE,
CAN TRANSFORM THE WORLD
- Howard Zinn

MAGLIBANG TAYO

Republic of the Philippines **Fourth Judicial Region REGIONAL TRIAL COURT Branch 130, Trece Martires City** rtc1tmt130@judiciary.gov.ph 09198753023

IN THE MATTER OF THE PETITION FOR ISSUANCE OF THE NEW OWNER'S **DUPLICATE COPY OF TRANSFER CERTIFICATE OF TITLE NO. 057-2014048711** OF THE REGISTRY OF DEEDS FOR THE PROVINCE OF CAVITE

LRC CASE NO. 6832-037-21

FORTUNE FREEDOM REAL ESTATE **CORPORATION** represented by JINXING BAO AND CONSOLISA G. SANTILLAN,

Petitioners.

NOTICE OF HEARING

Before this Court is a Motion for Leave of Court to file Amended Petition filed by Petitioner Fortune Freedom Real Estate Corporation through counsel, Atty. John Albino C. Achas, on May 20, 2022.

The Petitioner, in its Motion, attached the Amended Petition reflecting the authority of Jinxing Bao to represent it in this case. The Motion for Leave of Court to file Amended petition is hereby granted.

After being satisfied that the Amended Petition is sufficient in form and substance, the same is hereby set for initial hearing on March 23, 2023 and May 25, 2023 both at 8:30 o'clock in the morning, at which date, hour, and place any and all interested persons are required to appear and show cause why the Amended Petition should not be

Let a copy of this Notice of Hearing be published for three (3) consecutive weeks, at the expense of the petitioner, in a newspaper of general circulation and posted at the Tanza Public Market, Municipality and Barangay Halls where the property is situated, as well as on the land itself located at Barangay Punta, Tanza, Cavite and other copies be furnished to the Register of Deeds for the Province of Cavite, Office of the Solicitor General, petitioner and its

The Sheriff of this Court is hereby directed to post copies of this Notice accordingly. The petitioner is likewise directed to submit a copy of the petition with its annexes to the Register of Deeds for the Province of Cavite and the Office of the Solicitor General.

Send a copy of this Order to the Office of the Clerk of Court (OCC) for raffle of the publication.

SO ORDERED.

Trece Martires City, Cavite, July 7, 2022.

(Sgd.) GAYSOL C. LUNA Presiding Judge

Copy Furnished:

ATTY. JOHN ALBINO C. ACHAS

Counsel for Petitioner

724-F Tandem Building Quirino Avenue, Malate, Manila jaca_law@yahoo.com

FORTUNE FREEDOM REAL ESTATE **CORPORATION** represented by JINXING **BAO and CONSOLISA G. SANTILLAN**

Petitioner

No. 16E Fortune Palace, 665 Juan Luna St. Binondo, Manila

REGISTRY OF DEEDS FOR THE PROVINCE OF CAVITE Trece Martires City, Cavite

OFFICE OF THE SOLICITOR GENERAL 134 Amorsolo St., Legaspi Village Makati City

OFFICE OF THE CLERK OF COURT

Trece Martires City, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: January 16, 23 & 30, 2023

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	9		4		7	1	6	3	
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SAGOT: SUDOKU VOL. 19#47										
3	3 5 8 6 9 4 7 1 2									
7	6	4	8	1	2	9	3	5		
9	1	2	5	7	3	4	8	6		
2	3	6	7	4	9	8	5	1		
4	7	1	3	5	8	2	6	9		
8	9	5	2	6	1	3	7	4		
6	4	3	1	2	7	5	9	8		
5	8	9	4	3	6	1	2	7		
1	2	7	တ	8	5	6	4	3		

HOW TO PLAY: Sudoku puzzle is made up of a 9by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

- · Each number can only appear once in every row, column or box.
 - · Every puzzle has only one correct solution!

Did You Know?

SAN FRANSISCO'S GOLDEN GATE BRIDGE 'SPEAKS'



This is one of the newer facts about the world. In June 2020, San Francisco's beloved Golden Gate Bridge started speaking up about some amendments made to the railings on the bike path. Literally.

San Franciscans reported hearing eerie sounds from several kilometres away!

City officials explained it to be a case of high winds passing through the new handrails. The bridge is safer for users when it faces less wind resistance.

Therefore, the sound is a good sign that strong winds are passing through the bridge smoothly!

Marvel Characters

W	T	D	E	Α	D	Р	0	0	L	L	R	Α	Α
S	I	L	V	Ε	R	S	U	R	F	Ε	R	I	R
T	Α	L	I	Т	Ε	N	I	R	E	V	L	0	W
S	J	E	F	R	Т	Т	M	Α	0	R	В	I	M
Р	E	R	G	S	I	0	S	S	I	N	L	I	S
I	Α	Е	Α	Т	R	I	Р	L	S	L	Α	R	E
D	N	E	L	Α	0	R	I	Т	M	L	С	0	В
E	G	N	Α	N	N	T	D	Н	U	L	K	N	M
R	R	N	С	L	M	Α	E	Ε	I	U	W	W	0
W	Ε	Α	Т	Ε	Α	Р	R	Т	R	S	I	0	В
0	Y	M	U	E	N	N	M	Н	0	Р	D	M	Α
M	T	Т	S	N	M	0	Α	I	Н	S	0	Ε	R
E	D	N	0	R	L	R	N	N	Т	S	W	N	V
N	В	Α	0	R	N	I	D	G	N	R	W	В	R

IRON MAN JEAN GREY **ABOMB** SILVER-SURFER HULK IRON PATRIOT THE THING **GALACTUS** STAN LEE SPIDER WOMEN DEAD POOL IRON WOMEN WOLVERINE ANT MAN **BLACK WIDOW** SPIDER-MAN THOR

Celebrating Hearts & Arts



44th CHAN LIM Family of Artist and Students Exhibit at SM Tanza.

Sports Life



By Francis Buenaventura

Cavite Sports and Athletes Everywhere

anuary 2023 is a done deal and there's no stopping Cavite Sports! In the opening of the year, last January 6 at 7 PM, we saw the highly-anticipated basketball game between the All-Star Selection of Cavite Ballers League and PBA MotoClub. Dubbed as "The Amazing Game", it was a sell out crowd with the visiting team winning and wowing the everyone in the ANIMO

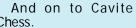


CENTER Dela Salle Medical and Health Sciences Institute, Dasmariñas City, Cavite. Coaches Totoy Caraig Perez and Paolo Belen were instrumental in bringing this game to the Cavitenyos, and they did not fail!

It appears to be the highlight of 2023 for Cavite sports but yes, we were just warming up. The Lion's Cup and B.I.G. League-Cavite by Coach Alvin gave the Cavite youth in the scholastic and grassroots sports the avenue to develop and play the

game they love. Like what I've shared in the past, it is in participation that the youth learn and improve – no to recruitment, yes to teaching and development. If you've been in the scene, its no secret how these baranggay sports

clinics have supported the development in the grassroots. Pastor and Coaches Ariel Hernandez and Medel Miral De Los Santos of King David Sports Development come to mind. These two gentlemen have touched thousands of lives by way of sports and the bible. Something you and I can emulate and learn from.



BJMP-Trece Martires is regularly running the Chess and Welfare Develpment Program among the inmates,

SPORTS LIFE • 4









FEBRUARY 21, 2023

BACOOR, Cavite 8:00am - 11:00am



ALABANG, **Muntinlupa** 1:00pm - 3:00pm



SAMBACUR PLUS®



CURCUMIN AND PIPERINE Used for 5,000 years by both Chinese and Indian systems of

medicine, Piperine and Curcumin are now formulated to tremendously amplify their healing abilities.



SAMBONG (Blumea balsamifera) It is used to aid the treatment of kidney disorders. The leaves can also be used to treat colds and mild hypertension. Since it is diuretic, it helps dispose excess water in the body. Sambong is also a herbal medicine approved by the Philippines Department of Health (DOH) as an alternative medicine in treating particular

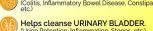
BANABA (Lagerstroemia speciosa) Now gaining popularity and recognition as a herbal medicine not only in the Philippines but worldwide.

"For Detoxification and Cleansing"





Helps protect the GALL BLADDER.





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