

**DISTRIBUTION OF** 

# 7 dead, 1 missing in Dasmariñas, Cavite bridge collapse

Seven people have died while one is still missing after a suspended steel bridge collapsed in Dasmariñas City, Cavite on Tuesday night, July 26.

According to a report on State of the Nation, the old bridge in Sitio Talisayan, Barangay Sampaloc IV collapsed a few minutes after 9 p.m. Dasmariñas City Mayor Jennifer Barzaga said 13 youngsters were on the bridge at the time of the incident. Five of them survived.

Bargaza said the bridge has long been

closed to the public as it is very old. Search and rescue

operations are ongoing to find the missing minor. -- Mel Matthew Doctor/BAP, GMA News

House calls for special elections for Cavite Rep. seat vacated by Remulla

The House of Representatives has adopted House Resolution 100, calling on the Commission on Elections to hold Special Elections for the 7th District of Cavite.



DOJ Secretary Jesus Crispin "Boying" Remulla

The position for Representative of Cavite's 7th Dist. has been left vacant after Jesus Crispin "Boying" Remulla took the Department of Justice portfolio under the Marcos Jr. administration.

Section 9, Article 6 of the 1987 Constitution states that in case of vacancy in the Senate or in the House of Representatives, a special election may be called to fill such vacancy in the manner prescribed by law, but the Senator or Member of the House of Representatives thus elected shall serve only for the unexpired term.

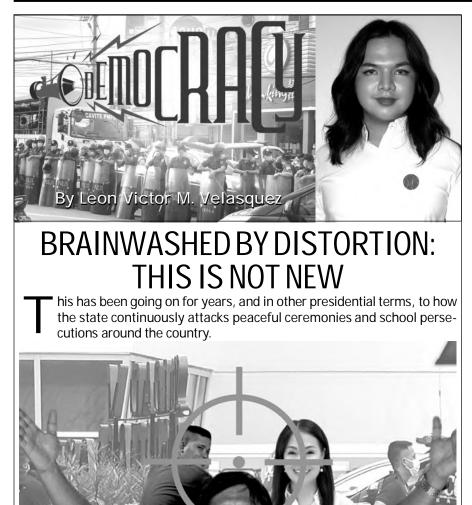
The House previously designated Speaker Martin Romualdez as caretaker of Remulla's district.



Photo from Councilor Kiko Barzaga's Facebook page

## **OPINION**





As President Marcos would typically say, "event" about the Ateneo shooting incident, graduation rites have shifted its rejoicing ambiance into grieving after killing three victims in broad daylight.

It has come to my senses that we are in a different era already---that even history the Philippine holds lets its nation pass as something that is a "gossip" and tolerates vulgar and direct historical distortion within the screens of their home.

The case of the Ateneo shooting, loyalists have upheld the gunman online, even praying for his recovery and well-being for getting his job done and for his "safety," as if he's a saint who needs to be patronized for what and how barbaric he did in the vicinity of a university; and was a mere victim in it all, that his acts are justified due to the sheer alleged political injustices he has suffered.

Something is terribly wrong. Filipino's moral compass completely changed in perceiving what is right and wrong--what is humane or inhumane--reflecting the values of how they always attend sanctified mass was just all a "facade." The clean-up to Yumol's image shouldn't tolerated nor neglected. This is an event where we should remember as state of the nation address and shooting took place on the same date; a time where we, all, should be getting into our senses that we are blinded and brainwashed by distortion.

It has opened up a new avenue for victims to seek the justice they deserve, in spite of the fact that even their rotten justice system would not provide it in a systematic and democratically instantaneous manner. Perhaps, on the psychological spectrum, being fed up with whom we idolize shifts our world view of rights into something invisible wrongs, and we become completely blinded by it. It's sad to see how a democratic country elected a leader with no concrete platform for his country, a history of anomalies and issues, and a questionable family background and credentials.

This is not new. The Ateneo shootings are a complete witness to what is the true State of the Nation.

"And it's this world that turns a killer into a hero. Well, I blame this world for making a good man, bad," in one of Jon Bon Jovi's track line, Santa Fe, said.

We remember, impunity still reigns from the government who promotes injustices and encapsulates killings.

# PHO brings the Kilatis Kutis Campaign to the City of General Trias



To raise awareness on skin diseases and promote skin health, the Provincial Health Office cooperated with the General Trias City Health Office in conducting free skin consultation in Brgy. San Francisco on July 22, 2022 through its Kilatis Kutis program.

PHO's National Leprosy Control Program Coordinator Haydelisa Maderazo, together with CHO Program Coordinator Mary Ann Bartolome, CHO Medical Officers Dr. Yves M. Talosig and Dr. Jonathan P. Luseco, and other medical practitioners examined and treated residents who have skin concerns and gave out free medicines and insect repellant after the consultation.

HIV screening and counseling was also conducted during the program. The Kilatis Kutis Campaign was made possible through the support of Barangay Chairman Eduardo Umali and Kagawad Ryan Santos who expressed their appreciation for visiting their community and extending the health services to their constituents. (**PICAD**)

## Reconnect over coffee at SM City Trece Martires

SM City Trece Martires sets up a cozy place for friends and family hanging out in the mall to reconnect over coffee. The Coffee Art Exhibit by 13 Martyr Artists was also set up inside the area to make the place more relaxing and meaningful.



Coffee nowadays is an instrument bringing people together and is a witness in every story they share. It's a good thing SM thought of putting a place where people can spend time together with a cup of coffee aside from the cafe in the mall.

Come and visit SM City Trece Martires event center with family and friends and reconnect over coffee!



# OPINION



### <u>Editorial</u>

### President's first SONA focuses on roadmap for recovery, agenda for next six years

President Ferdinand R. Marcos, Jr. presented a roadmap for recovery from the pandemic's crippling effects and highlights of his governance agenda in his first State of the Nation Address (SONA). He also asked Congress to enact into law 19 bills that reflect his administration's priorities.

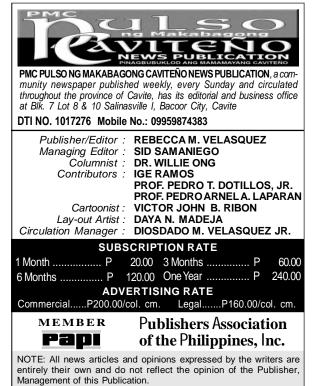
Sound fiscal management shall address the pandemic's "economic scarring" effects and "also to prepare future shocks."

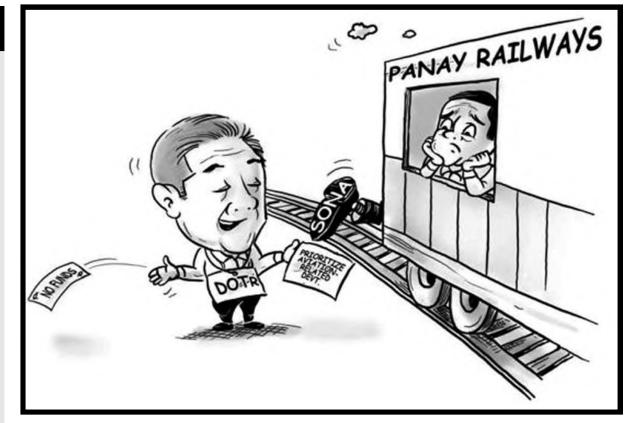
Investments will be promoted through the incentives offered by the CREATE Law, the new Public Service Act and updated Foreign Investments Act. These will be directed toward ecozones – especially those outside Metro Manila – in which "strategic industries" like health and medical care, high-tech manufacturing and emerging technologies will be promoted.

Congressional concurrence is also being sought for the Medium-Term Fiscal Strategy that seeks to attain the following "headline goals:" real GDP growth of 6.5 to 7.5 percent in 2022 and 6.5 to 8 percent from 2023 to 2028; nine percent or single-digit poverty rate by 2028; three percent national government deficit to GDP ratio by 2028; less than 60 percent government debt to GDP ratio by 2025; and income per capita of at least \$4,256 by 2024, thereby raising the country to upper middleincome status.

Speaking in Filipino, President Marcos then emphasized the urgency of ensuring abundant food supply at reasonable prices. Government shall purchase farm inputs at bulk rates and provide farmers with financial and technical assistance, while fortifying value chains from farmers to consumers. Kadiwa centers offering reasonably priced food products will be revived.

His announcement on "no more lockdowns" drew loud applause as did his reiteration of government policy on the resumption of faceto-face classes from grade school to college. Vaccine rollout and booster programs shall be pursued vigorously. Health care facilities





shall be upgraded.

Specialty treatment centers for heart, kidney, lung and other diseases shall be established in other regions outside of Metro Manila, while rural health units will be deployed to enhance primary health care in the countryside. A Center for Disease Control Prevention and Vaccine Institute shall be established. Cheaper drug availability shall be ensured. Cartel-like practices of pharmaceutical companies will be probed and deterred.

Quality of education shall be a major focus; emphasis on Science, Technology, Engineering and Mathematics (STEM) strand shall improve the competitiveness of Filipino youth. English proficiency shall be enhanced further as this is the strength of Filipinos in overseas job markets. The new Department of Migrant Workers shall ensure equitable and humane treatment of Filipinos employed abroad.

Internet connectivity shall enable digital transformation across all industries. Infrastructure development shall be pursued through a Build Better More program that includes upgrading of world-class railway, maritime and air transportation facilities.

President Marcos vowed that he "will not preside over any process that will abandon even one square inch of territory of the Republic of the Philippines to any foreign power."

He ended on a note of optimism, declaring emphatically: "We will endure. Let our Filipino spirit remain forever undimmed...The state of the nation is sound."

### Tips Sa Baradong Ilong at May Sipon

Naiirita ang may baradong ilong. Hirap kang huminga at matulog. Tumutulo ang iyong sipon at nagbabago ang iyong boses. Ang kadahilanan ng baradong ilong ay ang pamamaga ng ugat sa iyong sinuses (sa loob ng ilong). Naiirita ang mga ugat dahil sa mikrobyo o allergy.

Heto ang payo ko para malunasan ito:

1. Uminom ng 8-12 basong tubig sa isang araw. Puwede din uminom ng sopas, tsa-a at juices.

2. Maligo sa shower gamit ang mainit na tubig. Isara ang pinto sa banyo para makulob ang usok na manggagaling sa mainit na shower (parang sauna). Ang steam o usok ay may water vapor na nagpapalabnaw ng plema.

3. Subukan ang Steam Inhalation. Magpakulo ng 2 litrong tubig (8 baso) sa isang kaldero. Kapag kumulo na, palamigin ng 10 minuto at isalin ang tubig sa isang plastic na palanggana. Ilapit ang iyong mukha ng 6 inches sa mainit na tubig. Itaklob ang tuwalya sa ulo habang nakatapat sa palanggana. Ito'y para makulob ang init at malanghap mo ang usok na nanggagaling sa tubig. Puwede kang mag-steam inhalation ng 3 o 4 beses sa maghapon.

4. May tulong ang Saline Spray na nabibili sa botika (mga P100 ang halaga). Isa itong botelya na ipinapasok sa ilong at ini-spray. Sa ganitong paraan, mapapalabnaw at matutunaw ang plema sa ilong.

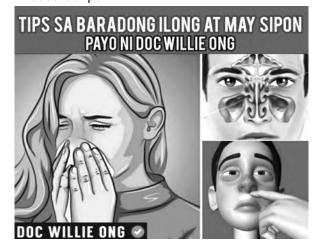
5. Gumamit ng warm compress. Ilubog ang tuwalya sa mainit na tubig at pigain ito. Ilagay ang mainit na tuwalya sa bandang ilong at noo. Ang warm compress ay nakababawas ng kirot at pamamaga ng sinus.

6. May mga nabibiling gamot para sa sipon (decongestants) pero hindi ito puwede inumin ng pang-



matagalan. Minsan, nakaka-apekto din itong mga gamot sa iyong blood pressure.

7. Kung may allergy, umiwas sa mga bagay na nakaka-allergy sa iyo. Linisin ang kuwarto at linisin ang mga gamit, kama, sofa at rug. Labhan maigi ang unan, kumot, tuwalya at baro. Ang mga balahibo mula sa alagang hayop at stuffed toys ay nakakaallergy din. Kung matindi ang allergy, puwede din uminom ng gamot sa allergy ng paminsan-minsan. Good luck po.



## LEGAL NOTICES

Republic of the Philippines FOURTH JUDICIAL REGION REGIONAL TRIAL COURT Branch 90 (129) Dasmariñas City, Cavite (0956-405-7604/rtc1das129@judiciary.gov.ph)

#### IN RE: PETITION FOR CANCELATION OF THE SECOND CERTIFICATE OF LIVE BIRTH OF FRANCIS V. JARDINIANO,

FRANCIS V. JARDINIANO, Petitioner,

-versus- SPEC. PRO. DC NO.: 1245-20

THE LOCAL CIVIL REGISTRAR OF THE CITY OF DASMARIÑAS CITY, CAVITE, PHILIPPINES STATISTICS AUTHORITY (PSA) and all other person who may have interest which would be affected thereby, Respondents.

x----x

#### <u>ORDER</u>

In this verified petition for cancellation of the second certificate of live birth of **Francis V., Jardiniano**, abovenamed petitioner, through counsel was praying that after due notice, publication and hearing, judgment be rendered ordering the cancellation of the Second Certificate of Live Birth of herein petitioner registered in Dasmariñas, Cavite as he was born in Pasay City and not in Dasmariñas, Cavite.

Finding the instant petition to be sufficient in form and substance, this Court hereby sets the hearing thereof at the Regional Trial Court Branch 90 (129), Dasmariñas Community Affairs (DASCA) Building, Congressional Road, Brgy. Burol 1 Dasmariñas City Cavite on **August 22, 2022 at 2:00 o'clock in the afternoon,** whereby any interested persons may appear and show cause, if any, why the petition should not be granted.

Let this Order be published, at the expense of the petitioner in a newspaper of general circulation, which will be raffled by the Office of the Clerk of Court, Regional Trial Court, City of Dasmariñas, Cavite, among the duly accredited newspaper in the Province of Cavite, before the scheduled date of hearing, at least once a week for three (3) consecutive weeks.

The Notice of Appearance of the Office of the Solicitor General for herein case and the deputization of the Office of the City Prosecutor of Dasmariñas City, Cavite are noted.

Let all the parties concerned be furnished with copies of this order. SO ORDERED.

Dasmariñas City, Cavite, July 5, 2022

#### (Sgd.) JOSIELYN D. LARA-DELUNA Assisting Judge

cc:

Francis V. Jardiniano - 176 Brgy. San Agustin 2 City of Dasmariñas, Cavite -and- Blk. 16 Lot 7 Phase 1 Burol 2 City of Dasmariñas, Cavite

Atty. Reina M. Villa - Blk. 16 Lot 7 Phase 1 Burol 2 City of Dasmariñas, Cavite

Office of the Civil Registrar General - The Philippine Statistics Authority East Ave., Quezon Ave., Quezon City

Office of the Solicitor General - 134 Amorsolo St., Legaspi Village Makati City

Office of the City Prosecutor - OCP, Dasmariñas City, Cavite

Civil Registrar of Dasmariñas City - Office of the City Civil Registry, City of Dasmariñas, Cavite

RTC-OCC - Dasmariñas City, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 18, 25 & August 1, 2022 REPUBLIC OF THE PHILIPPINES FOURTH JUDICIAL REGION REGIONAL TRIAL COURT OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

SECURITY BANK COPORATION, Mortgagee,

- versus - Foreclosure Case No. F-288-22

#### ROBERT BOBBY ARESGADO LAXAMANA, Mortgagor/s.

x-----x

#### NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra -Judicial Petition for Sale under Act 3135, as amended by Act. 4118, filed by Mortgagee, SECURITY BANK COPORATION, with business address at Security Bank Centre, 6776 Ayala Avenue, Makati City, against the Mortgagor/s ROBERT BOBBY ARESGADO LAXAMANA IS DULY REPRESENTED BY CRECELIA LINGAN PASCUAL with residence and postal addresses at (1) Block 14 Lot 9, Barangay N. Virata, General Mariano Alvarez, Cavite; and (2) Brighton Phase 1, Block 5 Lot 202, Barangay Camachile, General Trias, Cavite, to satisfy the mortgage Indebtedness as of 16 May, 2022 amounts to TWO MILLION THIRTY TWO THOUSAND SEVEN HUNDRED FIFTY FOUR PESOS AND 59/100 (Php2,032,754.59) Philippine Currency, including interest, penalties, and other charges as of said date but exclusive of all the other expenses incidental to this foreclosure and sale, the undersigned Sheriff will sell at public auction on 11 AUGUST 2022 at 10:00 o'clock in the morning at the main entrance of the Government Center Bldg. located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder of CASH and in Philippine Currency, the following described property with all the improvements thereon, to wit:

#### TRANSFER CERTIFICATE OF TITLE No. 057-2019037657

LOT NO. 202 BLOCK NO: 5 PLAN NO: PCS-04-029303 PORTION OF: LOTS 1934; 1935; 1937, SFDM ESTATE, LOT 1938-A; 1938-B; LOT 1938-C; 1938-D, PSD-04-039215 (OLT); LOT 1843-K-1; LOT 1843-K-2, PSD-04-214642; LOT 1843-L, BSD-04-002119 (OLT) LOT 1843-M-1; LOT 1843-M-2, PSD-04-156470 & BLOCK 18, PCS-04-029302, DECREED NO. 4270, LRC RECORD NO. 5964

LOCATION: BARANGAY OF TAPIA, MUNICIPALITY OF GEN. TRIAS, PROVINCE OF CAVITE, ISLAND OF LUZON BOUNDARIES:

<u>LINE</u>	DIRECT	TON ADJOINING LOT(S)							
1-2	SW	LOT 203, BLOCK 5, PCS-04-029303							
2-3	NW	ROAD LOT 14, PCS-04-029303							
		LOT 201, BLOCK 5, PCS-04-029303							
3-4	NE	LOT 201, BLOCK 5, PCS-04-029303							
4-1	SE	LOT 181, BLOCK 5, PCS-04-029303							
AREA : SIXTY SQUARE METERS (60) , MORE OR LESS									

All sealed bids must be submitted to the undersigned on the above-stated time and date.

In the event the public auction should not take place on the said date and time, it shall be held on **25 AUGUST 2022** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves the title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 07 JULY 2022

#### (Sgd.) REYNALDO L. SALOMA Sheriff IV

Copy Furnished:

SECURITY BANK COPORATION LARIBA PEREZ MANGROBANG MIRALLES DUMBRIQUE AVILA FULGENCIO & SALAS



### EXTRA-JUDICIAL SETTLEMENT OF ESTATE OF THE LATE CELESTINO DESCALLAR MENDOZA

**NOTICE** is hereby given to the public that the estate of the late **CELESTINO DESCALLAR MENDOZA**, who died intestate on July 17, 2020 at Amadeo, Cavite and left without will or testament and without any outstanding debts in favor of any person or entity he left personal property (portion of the funds) comprising SAVING ACCOUNTS, more particularly described hereunder as follows, to wit: Type of Account: Savings Account; Account No.: 8943-0875-56; Branch: BPI Manggahan Branch - Gen. Trias City, Cavite; Amount: Php1,249,411.80; Type of Account: Savings Account; Account No.: 8943-0887-14; Branch: BPI Manggahan Branch - Gen. Trias City, Cavite, Amount: Php1,019,390.29; in which the undersigned legal heirs have agreed to divide and adjudicate among themselves the said estate equally in the manner provided therein before Notary Public Atty. AIMEE JEAN P. LEABAN as per Doc. No. 49, Page No. 10, Book No. V, Series of 2022.

Publication: PMC Pulso ng Makabagong Caviteño News Publication

Dates: July 11, 18 & 25, 2022

#### EXTRA JUDICIAL SETTLEMENT OF ESTATE OF MILAGROS C. ILANO

**NOTICE** is hereby given to the public that the estate of the late **MILAGROS C. ILANO**, who died intestate on September 5, 2021 in the City of General Trias, Cavite left no debts or liabilities but at the time of her death left several parcels of land which she co-owned, and described as follows:

- a. <u>One-third (1/3) share equivalent to 10,089.33</u> <u>sq. m.</u> - undivided portion of Lot 773 of Sta. Cruz de Malabon Estate located in Daang Amaya, Tanza, Cavite with **TCT No. T-1058735** containing an area of Thirty Thousand Two Hundred Sixty-Eight (30,268) sq. m., more or less (co-owners; 1/3 share in the names of Philip C. Ilano married to Wilhemina J. Hembrador; and 1/3 share in the names of Jonathan Diego H. Ilano, married to Catherine Pakingan Ilano).
- b. <u>One-third (1/3) share equivalent to 857.50</u> sq. m. - under TCT No. T-1058712, TCT No. T-1058711, TCT No. T-1058713, TCT No. T-1058714, TCT No. T-1058707, TCT No. T-1058709 and TCT No. T-1058710 all is located at Daang Amaya, Tanza, Cavite with a total area of 2,572.50 sq. m. more or less (co-owners; Sps. Nelin J. Ilano Sr. & Erlinda C. Ilano, 857.50 sq. m., and Sps. Nilda I. Ramos & Jaime M. Ramos, 857.50 sq. m.)

in which the undersigned legal heirs have agreed to settle and divide in eight (8) equal shares among the legitimate children and one-half share (1/2) each for the two illegitimate children or a total of one share of eight (8) parcels of the said land.

NOW, THEREFORE, for and in consideration of the above-mentioned premises, the legal and illegitimate heirs of the decedents, do hereby adjudicate among themselves the said real properties described above in the manner provided therein before Notary Public Atty. Antonio T. Nicolas with Doc. No. 450; Page No. 93; Book No. XVII; Series of 2021.

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 18, 25 & August 1, 2022

Security Bank Centre, 6776 Ayala Avenue, Makati City

#### ROBERT BOBBY ARESGADO LAXAMANA

(1) Block 14 Lot 9, Barangay N. Virata, General Mariano Alvarez, Cavite
(2) Brighton Phase 1, Block 5 Lot 202, Barangay Camachile, General Trias, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 11, 18 & 25, 2022

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE, OR DESTROY THIS NOTICE OF EXTRA-JUDICIAL SALE ON OR BEFORE THE DATE OF SALE



**Republic of the Philippines Fourth Judicial Region Regional Trial Court Of Cavite** Office of the Clerk of Court & Ex-Officio Sheriff New Justice Hall, J.P. Rizal Avenue, Kaybagal South, Tagaytay City

LAND BANK OF THE PHILIPPINES Creditor-Mortgagee,

#### EJF NO. TG-21-015

FOR: Extra-Judicial Foreclosure of - versus -Real Estate Mortgage under Act No. 3135, as amended by Act No. 4118

#### LOVELYN MESHI NUEVO doing business under the trade name and style **BEAUTY AND MORE COSMETICS** SERVICES AND TRADING,

Borrower-Mortgagor.

x----x

#### SECOND NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by Mortgagee, LAND BANK OF THE PHILIPPINES, a government banking institution created under R.A. No. 3844, as amended, with principal office and place of business at LANDBANK Plaza, No. 1598 M.H. Del Pilar corner Dr. J. Quintos Streets, Malate, Manila, pursuant to the terms and conditions of the Real Estate . Mortgage ("MORTGAGE") executed and notarized on August 17, 2018 by Borrower/Mortgagor, LOVELYN MESHI NUEVO, doing business under the trade name and style BEAUTY AND MORE COSMETICS SERVICES AND TRADING with residence and postal addresses at (1) 63 Presidents Avenue, Brgy. BF Homes Parañaque City (2) Unit A1, 9th Floor 8 Rockwell Hidalgo Drive, Makati City and (3) Block 21 Lot 22 Tropical Avenue, BF International Village, Las Piñas City in favor of the Petitioner/Mortgagee, over a real estate property including improvements thereon, described in and covered by Transfer Certificate of Title No. 076-2017010842 of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the Borrower/Mortgagor in the amount of FOUR HUNDRED FIFTY ONE MILLION ONE HUNDRED FIVE THOUSAND FOUR HUNDRED NINETY SEVEN PESOS & 96/100 (Php451,105,497.96) inclusive of interest but exclusive of penalties and other chargers, as of January 7, 2021, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy, Sheriff Rhiz Sañel C. Toledo, will sell at public auction on August 9, 2022 at 10:00 o'clock in the morning or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following properties with all its improvements thereon, to wit:

#### TRANSFER CERTIFICATE OF TITLE NO. 076-2017010842 Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that certain land situated in KAYTITINGA, ALFONSO, CAVITE more particularly bounded and described as follows: LOT NO. 7537, CAD-466-D BEGINNING AT A POINT MARKED "1" OF LOT 7537, CAD-466-D; BEING S. 40-17 W., 4344.72 M. FROM BLLM # 1, CAD-466-D, ALFONSO CADASTRE; THENCE N. 20-18 W., 10.95 M. TO POINT 2; N. 65-53 E., 67.72 M. TO POINT 3; S. 26-30 E., 46.92 M. TO POINT 4; S. 66-09 W., 46.13 M. TO POINT 5; S. 64-42 W., 43.61 M. TO POINT 6; N. 25-38 W., 36.97 M. TO POINT 7; N. 66-45 E., 20.30 M. TO POINT OF BEGINNING. CONTAINING AN AREA OF THREE THOUSAND NINE HUNDRED SEVENTY TWO (3,972) SQUARE METERS. ALL POINTS ARE INDICATED ON THE PLAN AND MARKED ON THE GROUND BY P.S. CYL. CONC. MONS. BOUNDED ON THE N., ALONG LINES 1-2 BY LOT 7540, CAD-466-D AND ALONG LINE 2-3 BY LOT 7542, CAD-466-D; ON THE NE., ALONG LINE 3-4 BY LOT 7520, CAD-466-D; ON THE S., ALONG LINE 4-5 BY LOT 6179. CAD-466-D: AND ALONG LINE 5-6 BY LOT 6180, CAD-466-D; ON THE W., ALONG LINE 6-7 BY BARANGAY ROAD; AND ON THE N., ALONG LINE 7-1 BY LOT 7540, CAD-466-D. BEARINGS GRID. THIS LOT WAS SURVEYED IN ACCORDANCE WITH LAW AND EXISTING REGULATIONS PROMULGATED THEREUNDER BY ALVENISO B. TAGUINOD. GEODETIC ENGINEER FROM FEBRUARY TO JULY, 1983 AND APPROVED ON JUNE 8, 1984. NOTE: THIS LOT IS COVERED BY FREE PATENT APPLICATION NO. 04-21-01-65. is registered in accordance

**Republic of the Philippines Fourth Judicial Region Regional Trial Court Of Cavite** Office of the Clerk of Court & Ex-Officio Sheriff New Justice Hall, J.P. Rizal Avenue, Kaybagal South, Tagaytay City

PHILIPPINE BANK OF COMMUNICATIONS, Mortgagee,

EJF NO. TG-21-040 - versus -FOR: Extra-Judicial Foreclosure of Real Estate Mortgage under Act No. 3135, as amended by Act No. 4118

#### **SPOUSES AMANTE P. RUIZ** AND DIANA G. RUIZ,

Mortgagors. x----x

#### SECOND NOTICE OF EXTRA-JUDICIAL SALE

Upon extra-judicial foreclosure sale under Act 3135, as Amended by Act No. 4118, filed by Mortgagee, PHILIPPINE BANK OF COMMUNICATIONS, a private commercial banking corporation organized and existing under and by virtue of the laws of the Republic of the Philippines, with principal office and place of business at PBCom Tower, 6795 Ayala Avenue corner V.A. Rufino Street, Makati City, Metro Manila 1226, pursuant to the terms and conditions of the Real Estate

with the provision of Section 103 of the Property Registration Decree in the name of Owner: LOVELYN MESHI NUEVO, SINGLE, OF LEGAL AGE, FILIPINO Address: B21 LOT 22 TROPICALAVENUE, STREET, BF INTERNATIONAL VILLAGE, LAS PIÑAS CITY

In the event the public auction should not take place on the said date, it shall be held on August 16, 2021 without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the TRANSFER CERTIFICATE OF TITLE NO. 076-2017010842, the encumbrances thereon if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, July 6, 2021.

#### (Sgd.) ATTY. VARBRA ANN A. VARIAS-DIMAYUGA Clerk of Court & Ex-Officio Sheriff

(Sgd.) RHIZ SAÑEL C. TOLEDO Sheriff-In-Charge

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Copy Furnished:

LAND BANK OF THE PHILIPPINES LANDBANK Plaza, No. 1598 M.H. Del Pilar corner Dr. J. Quintos Streets, Malate, Manila

LOVELYN MESHI NUEVO UNDER THE TRADE NAME AND STYLE OF BEAUTY AND MORE COSMETICS SERVICES AND TRADING Mortgago

63 Presidents Avenue, Brgy. BF Homes Parañaque City

LOVELYN MESHI NUEVO UNDER THE TRADE NAME AND STYLE OF BEAUTY AND MORE COSMETICS SERVICES ANDIKA Mortgagor

B21 L22 Tropical Avenue, BF International Village, Las Piñas City

LOVELYN MESHI NUEVO UNDER THE TRADE NAME AND STYLE OF BEAUTY AND MORE COSMETICS SERVICES AND TRADING Mortgagor

Unit A1, 9th Floor 8 Rockwell Hidalgo Drive, Makati City

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 11, 18 & 25, 2022

## **LEGAL NOTICES**

Mortgage ("MORTGAGE") executed and notarized on March 29, 2017 by Borrowers/Mortgagors, SPOUSES AMANTE P. RUIZ AND DIANA G. RUIZ, both of legal age, Filipino, with address at No. 008 Amuyong-Kaytitinga Road, Amuyong III, Alfonso, Cavite, in favor of the Petitioner/ Mortgagee, over a real estate property including improvements thereon, described in and covered by TRANSFER CERTIFICATE OF TITLE NO. 076-2015003625 of the Registry of Deeds for Tagaytay City, in order to satisfy the outstanding loan obligation of the Debtors/Mortgagors in the amount of EIGHT MILLION TWO HUNDRED THIRTY NINE THOUSAND SIX HUNDRED NINETY FOUR PESOS & 85/100 (Php8,239,694.85) inclusive of unpaid interests, penalties and other fees, as of November 15, 2021, the undersigned Clerk of Court & Ex-Officio Sheriff of the Regional Trial Court of Cavite thru her deputy. Alex E. Martinez, will sell at public auction on August 11, 2022 at 10:00 o'clock in the morning or soon thereafter, at the New Hall of Justice of Tagaytay City, to the highest bidder, for Cash or Manager's Check and in Philippine Currency, the following properties with all its improvements thereon, to wit:

#### TRANSFER CERTIFICATE OF TITLE NO. 076-2015003625 Registry of Deeds for Tagaytay City

"IT IS HEREBY CERTIFIED that certain land situated in MUNICIPALITY OF ALFONSO, more particularly bounded and described as follows: BEGINNING AT A POINT MARKED "1" BY LOT 5932, (SWO-04-000892); BEING S. 17-11 E. 861.15 M. FROM BLLM # 1; CAD-466-D, ALFONSO CAD THENCE N. 62-26 E. 55.27 M. TO PT. 2; S. 23-55 E., 59.09 M. TO PT. 3; S. 66-10 W., 50.89 M. TO PT. 4; N. 81-50 W., 4.36 M. PT. 5; N. 24-31 W., 53.19 M. TO PT. 1; POINT OF BEGINNING; CONTAINING AN AREA OF THREE THOUSAND ONE HUNDRED THIRTY NINE (3,139) SQ. METERS. ALL POINTS ARE INDICATED ON THE PLAN AND MARKED ON THE GROUND BY P.S. CYL. CONC. MONS. BOUNDED ON THE NW., ALONG LINE 1-2 BY LOT 5991, CAD-466-D; ON THE NE., ALONG LINE 2-3 BY PROVINCIAL ROAD; ON THE SE. ALONG LINES 3-4-5 BY CALLEJON; AND ON THE SW., ALONG LINE 5-1 BY LOT 5953, CAD-466-D. BEARINGS TRUE. THIS LOT WAS SURVEYED IN ACCORDANCE WITH LAW AND EXISTING REGULATIONS PROMULGATED THEREUNDER BY LOPE C. JONCO, G. E. ON APRIL 12, 1982 AND APPROVED ON SEPT. 21, 1982. NOTE: THIS LOT IS COVERED BY FREE PATENT APPLICATION NO. (IV-2) 12664-D is registered in accordance with the provision of Section 103 of the Property Registration Decree in the name of Owner: AMANTE RUIZ Y PEÑANO MARRIED TO DIANA RUIZ Y GLORIANI, FILIPINOS Address: NO. 008 KAYTITINGA III. ALFONSO, CAVITE"

In the event the public auction should not take place on the said date, it shall be held on August 18, 2022 without further notice.

Prospective bidders or buyers are hereby enjoined to investigate and verify for themselves the TRANSFER CERTIFICATE OF TITLE NO. 076-2015003625, the encumbrances thereon, if any there be.

All sealed bids must be submitted to the undersigned on the above stated time and date.

Tagaytay City, Philippines, July 6, 2022.

(Sgd.) ATTY. VARBRA ANN A. VARIAS-DIMAYUGA Clerk of Court & Ex-Officio Sheriff

#### (Sgd.) ALEX E. MARTINEZ Sheriff-In-Charge

WARNING: IT IS ABSOLUTELY PROHIBITED TO REMOVE DEFACE OR DESTROY THIS NOTICE OF SHERIFF'S SALE ON OR BEFORE THE DATE OF THE AUCTION SALE UNDER THE PENALTY OF LAW

Copy Furnished:

#### PHILIPPINE BANK OF COMMUNICATIONS Mortgagee

PBCom Tower, 6795 Ayala Avenue corner V.A. Rufino Street, Makati City, Metro Manila 1226

SPOUSES AMANTE P. RUIZ AND DIANA G. RUIZ No. 008 Amuyong-Kaytitinga Road, Amuyong III, Alfonso, Cavite

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## LEGAL NOTICES



#### REPUBLIC OF THE PHILIPPINES REGIONAL TRIAL COURT FOURTH JUDICIAL REGION OFFICE OF THE CLERK OF COURT TRECE MARTIRES CITY

HOME DEVELOPMENT MUTUAL FUND, Mortgagee,

-versus- FORECLOSURE CASE NO. F-311-22

#### RODERICK A. ENCISO

Mortgagor/s, x-----x

#### NOTICE OF EXTRA-JUDICIAL SALE

Upon Extra-Judicial Petition for Sale under Act 3135, as amended by Act 4118, filed by Mortgagee, HOME DEVELOPMENT MUTUAL FUND, with business address at The Petron Mega Plaza Building, No. 358 Sen. Gil Puyat Avenue, Makati City, against the Mortgagor/s, RODERICK A. ENCISO with residence and postal address at 5 Golf St., Francis Village, Cainta Rizal and Lot 23, Blk 53, Bella Vista Subdivision, Santiago, Gen. Trias, Cavite to satisfy the mortgage indebtedness which as of 23 May 2022 amounts SEVEN HUNDRED THIRTEEN THOUSAND SEVEN HUNDRED FORTY SIX PESOS AND 37/100 (P713,746.37), Philippine Currency, including interest, penalties and other charges as of said date but exclusive of all other expenses incidental to this foreclosure and sale, the undersigned Sheriff will set at public auction on 11 AUGUST 2022 at 10:00 o'clock in the morning at the main entrance of the Government Center Building located at the Provincial Capitol Compound, Trece Martires City, to the highest bidder for CASH and in Philippine Currency the following described property with all the improvements thereon, to wit:

#### TRANSFER CERTIFICATE OF TITLE NO. 057-2014046791

A PARCEL OF LAND (LOT 23, BLK 53 OF THE CONS. SUBD. PLAN PCS-04-027348, BEING A PORTION OF THE CONS. OF LOTS 1 TO 46, BLK. 53, PCS-04-017962, LRC REC. NOS. 5961 & 30450), SITUATED IN THE BRGY. OF SANTIAGO, MUN. OF GEN. TRIAS, PROV. OF CAVITE, ISLAND OF LUZON. BOUNDED ON THE SE., ALONG LINE 1-2 BY LOT 75; ON THE SW., ALONG LINE 2-3 BY LOT 22 BOTH OF BLK 53 OF THE CONS. SUBD. PLAN; ON THE NW., ALONG LINE 3-4 BY ROAD LOT 33, PCS-04-017962; AND ON THE NE., ALONG LINE 4-1 BY LOT 24 BLK 53 OF THE CONS. SUBD. PLAN. BEGINNING AT A POINT MARKED "1" ON PLAN XXX CONTAINING AN AREA OF **FIFTY (50) SQUARE METERS, MORE OR LESS** XXX

All sealed bids must be submitted to the undersigned on the above-stated time and date.

Public auction should not take place on the said date and time, it shall be held on **25 AUGUST 2022** without further notice.

Prospective bidders/buyers are hereby enjoined to investigate for themselves title to the said property and encumbrances thereon, if any there be.

Trece Martires City, 07 JULY 2022

(Sgd.) LUCIO C. ALEJO III Sheriff IV

#### Copy Furnished: HOME DEVELOPMENT MUTUAL FUND JEFFREY A RAMIENTAS, C.P.A. Greatsource Corporation

2546 A. Bonifacio St., Bangkal Makati City

#### RODERICK R ENCISO

5 Golf St., Francis Village, Cainta Rizal Lot 23, Blk 53, Bella Vista Subdivision, Santiago, Gen. Trias, Cavite

Publication: PMC Pulso ng Makabagong Caviteño News Publication Dates: July 11, 18 & 25, 2022

**WARNING:** It is absolutely prohibited to remove, deface or destroy this Notice of Extra Judicial Sale on or before the date of sale.

# ECM Farmers harvesting the nuts of their labor soon

Regional Director Emelita P. Bagsit of DOST-CALABARZON, Dr. Alexander R. Madrigal, former DOST-CALABARZON Regional Director, Ms. Vermelyn Evangelista, Technical Supervisor of Philippine Coconut Research and Development Foundation Inc. (PCRDF), and Mr. Crispin Muyrong, President of Sunlight Foods Inc., a private company in the business of fruit processing advocating on the sustainability of their partner farms, visited the Embryo Cultured Makapuno Farms in Quezon to monitor the growth of trees, inspect the farm site, and discuss the evaluation and potential business opportunities with Sunlight Foods Inc. The monitoring was organized by Mr. Aaron Joniel Carandang, DOST-CALABARZON Project Assistant III, project focal person, in cooperation with Ms. Mylene Culing, OIC-Municipal Agriculture Officer, Mr. Cleverick Pajarillo, Philippine Coconut Authority (PCA) Officer with the participation of Ms. Victoria Gonzalez, DTI-Negosyo Center Alabat Officer.



About four years ago, DOST-CALABARZON in collaboration with PCRDF, PCA, Department of Agriculture (DA), and Southern Luzon State (SLSU) University screened local farms through their respective Local Government Units (LGUs) to come up with a roster of qualified beneficiaries to participate in the Embryo Cultured Makapuno Project. A total of 5,700 seedlings were staggeringly distributed through the years in the towns of Alabat, Perez, and Quezon, Quezon. 5,400 seedlings were yet to be awarded to chosen farms on the island this 2022.

This marks the last leg of the seedling distribu-

tion to meet the targeted 11,100 makapuno seedlings covering 111 hectares of the island. The group was also able to meet with Hon. Fernando Mesa, outgoing Municipal Mayor of Alabat and Hon. Caridad Clacio, outgoing Municipal Mayor of Quezon to express the agency's gratitude for their invaluable efforts in the deliverance of the project. Likewise, both pledged continued support for the project and its advocacy of leveraging the lives of their kababayan farmers as private individuals.

Mr. Joel Arandela, farmer and farm owner was distinctively recognized as the "Best Makapuno Farmer" by the monitoring team. His

Makapuno Farm in Alabat was the first one to be awarded seedlings.

To date, his farm has a 95.1% seedling survival rate with the now Makapuno Trees having a 100% flowering rate and 70% of which are already bearing fruits. Mr. Joel's trees met the standard 10-15 nuts per cluster or "kabuwig".

Considering the lead time other farms had, the Second Best Makapuno Farmer is Mr. Nelson Omila, caretaker of Hon. Clacio's farm in Quezon. The seedlings under his care have a 96.3% survival rate with four trees showing flowering while entering their year four. Hon. Clacio's farm is among the promising ones upon visit together with Mr. Maximo Hebrado Jr.'s farm also in Quezon cared for by Mr. Jovelito Basbas with a 96.9% seedling survival rate.

T is s u e - c u l t u r e d makapuno embryos are subjected to a firmly controlled environment to decrease the chance of plant contamination and mortality rate.

The government sector rallies alongside this cause to introduce farmers to this technology and encourage them to increase the hectare of their plantations. This innovative farming mechanism is projected to cause an upward shift in the makapuno industry and the economic disposition of our farmers. (By: Cesaree M. Caperare)



## **MAGLIBANG TAYO**

KAPALARAN

**ARIES (Mar. 21-Apr. 19)** - Muli, ibibigay sa iyo ng langit ang panalo. Kailangang maunawaan mo na ang panalo ay para sa nakikipaglaban, lalo na sa mga hamon ng kapalaran. Ito ang mensahe para sa iyo. Masuwerteng kulay-beige. Tips sa lotto-9-17-20-22-33-38.

**TAURUS (Apr. 20-May 20)** - Bibigyan ka ng langit ng tapang. Gamitin mo ito para sa makabuluhang bagay, lalo na sa pagtupad ng mga hindi mo nagawa upang mas umunlad pa ang iyong buhay. Masuwerteng kulay-blue. Tips sa lotto-4-19-24-28-30-35.

**GEMINI (May 21-June 20)** - Makikitang napakalakas ng loob mo ngayon. Huwag mong kakalimutan na puwede rin itong sabayan ng talas ng isip. Ito ang mensahe para sa iyo. Masuwerteng kulay-black. Tips sa lotto-16-18-21-25-39-42.

**CANCER (June 21-July 22)** - Bago ang lahat, lubhang kailangan mong maunawaan ang katotohanan na sa mundong ito, ang higit na pinagpapala ay ang tulad mong may mabuting kalooban. Huwag kang magbabago. Masuwerteng kulay-violet. Tips sa lotto-3-11-16-28-38-40.

**LÉO (July 23-Aug. 22)** - Pansinin mo na kapag dinampot ang mga butil ng bigas, mas marami ang nalalaglag. Ngayon, makukuha mo ang pinakagusto mo, pero may mga bagay na maisasakripisyo. Ganu'n ang buhay, kailangan mo pa ring magpatuloy. Masuwerteng kulay-peach. Tips sa lotto-12-15-25-34-40-41.

**VIRGO (Aug. 23-Sept. 22)** - Mahirap maunawaan ang buhay, madalas ay nakakatuwa at nagbibigay ng kakaibang saya. Hindi mo makukuha ang gusto mo, pero ang mapasasaiyo ay labis mong ikagagalak. Masuwerteng kulay-red. Tips sa lotto-17-20-27-34-38-41.

**LIBRA (Sept. 23-Oct. 22)** - Maghangad ka at magkakaroon ka. Sa biglang tingin, ito ay hindi maganda, pero ito ang katotohanan sa mundo. Gayundin, totoo na ang hindi maghahangad ay mapabibilang sa naghihirap. Masuwerteng kulaymaroon. Tips sa lotto-14-29-33-35-42-45.

**SCORPIO (Oct. 23-Nov. 21)** - Palagi namang may kasunod ang lahat sa ibabaw ng lupa. Ang masuwerteng balita para sa iyo ay ang magkakasunod-sunod ang mga buwenas mo. Palagi kang magpasalamat sa nasa itaas upang lalo kang buwenasin. Masuwerteng kulay-white. Tips sa lotto- 10-14-19-28-30-32.

**SAGITTARIUS (Nov. 22-Dec. 21)** - Hindi ngayon ang panahon para magpalit ng pangarap. Ang dapat mong gawin ngayon ay ituloy ang iyong ambisyon dahil ito ay bebendisyunan ng langit para sa iyong ikaliligaya. Masuwerteng kulay-green. Tips sa lotto-18-23-24-31-38-41.

**CAPRICORN (Dec. 22-Jan. 19)** - Kapag dumaraan ang malakas na hangin, nabubuwal ang mahihinang puno. Sa ngayon, kahit pa dumanas ka ng malakas na bagyo ng kapalaran, ikaw ay mananatiling nakatindig. Masuwerteng kulay-yellow. Tips sa lotto-17-22-27-31-38-42.

AQUARIUS (Jan. 20-Feb. 18) - Noon pa man, ang pagpapalit ng mga panahon ay sinasalubong ng pagdiriwang. Magsaya at magdiwang ka dahil ang takdang panahon na maganda para sa iyo ay magsisimula na. Masuwerteng kulay-purple. Tips sa lotto-7-25-27-30-37-40.

**PISCES (Feb. 19-Mar. 20)** - Humihina ang malakas at ang mahina ay lumalakas. Ito ang batas ng kapalaran, na para sa iyo ay nagsasabing lalakas ka at matatalo mo ang anumang klase ng pagsubok sa buhay. Masuwerteng kulay-pink. Tips sa lotto-2-5-11-16-21-36.

S			4		9	2		5	1
	1					5	4		8
U		7	6			8			
D		1	8			6			7
D O		6		3		4		2	
0	9			8			3	1	
Κ				2			9	3	
	2		3	4					5
U	4	9		5	7		6		
				•••	• • •	• • •		••••	

Did You Know?

SAGOT: SUDOKU VOL. 19#13											
6	7	2	3	8	1	5	9	4			
9	3	4	5	2	6	7	1	8			
8	5	1	4	9	7	3	2	6			
2	9	5	1	4	3	8	6	7			
4	8	6	9	7	5	1	3	2			
7	1	3	8	6	2	4	5	9			
3	6	9	7	1	4	2	8	5			
1	4	8	2	5	9	6	7	3			
5	2	7	6	3	8	9	4	1			

**HOW TO PLAY:** Sudoku puzzle is made up of a 9by-9 grid with nine 3-by-3 sub-grids called boxes. There are 9 rows, 9 columns and 9 boxes in every puzzle. The object of the game is to fill all squares in the grid with the correct number.

The rules are: • Every row, column and box must contain all the digits 1 to 9.

Each number can only appear once in every row, column or box.
Every puzzle has only one correct solution!

### ICELAND HAS THE WORLD'S OLDEST PARLIAMENT IN HISTORY

Called the Althing, it was established in 930 and has stayed as the acting parliament of Iceland since then.



Clothing																		
Т	S	R	S	Ε	В	Т	R	С	Ε	R	Т	Α	R	LEVIS				
R	Α	0	Н	S	S	0	Ε	В	Α	Α	I	0	Ε	BRIEFS PANTIES POOTS				
Ρ	U	Т	0	Α	F	Κ	0	Ε	Н	Ρ	Т	Т	Т	BOOTS SCARF				
Ε	W	L	Ε	S	Ε	0	W	Т	Ε	S	Т	L	Α	САР				
N	С	R	S	Α	Ι	N	S	Α	S	Ρ	Ε	S	Ε	HAIRPIECE WESTERNWEAR				
R	S	Ε	0	Τ	R	С	0	Α	Т	V	Α	Α	W	PAJAMAS SHOES				
В	В	Ι	Ι	Ε	В	В	Κ	Α	Ι	Μ	Τ	S	S	SOCKS SANDALS SKIRT COAT SWEATER JACKET				
Ρ	Ε	Μ	Т	Ρ	S	В	Ε	S	Α	Т	Ε	L	R					
Α	S	S	В	Ε	R	С	L	J	Α	S	Κ	Α	Ρ					
Ε	Ε	R	0	В	Ε	Ι	Α	0	Ε	Ε	С	D	Ν					
W	0	Η	С	N	0	Ρ	Α	R	U	V	A	N	Ι	HAT PANTS				
С	S	Κ	Ι	R	Т	Ε	Η	Η	F	S	J	A	Т	NITIE VEST				
В	Κ	С	S	Ρ	A	N	T	Ι	Ε	S	Ε	S	I	ROBE				
В	Ρ	Α	N	T	S	S	0	С	Κ	S	В	V	Ε	BLOUSE PONCHO				



## DOST-CALABARZON HVL Halal Accreditation and Award of Excellence eligible says International Auditor – IHIA and MHCT

DOST-CALABARZON Regional Standards and Testing Laboratory (RSTL): Halal Verification Laboratory (HVL) reaped 95% on the overall audit score deeming the organization entitled of the Halal Accreditation Certificate from the International Halal Integrity Alliance (IHIA) and the "Award of Excellence" from the Malaysian Halal Consultancy and Training Agency (MHCT) Agency, making it the very first in the DOST System. The careful inspection and evaluation covered two days and were rendered by Prof. Dr. Abdul Rafek Saleh, IHIA Executive Director and MHCT Principal Halal Consultant, with Dr. Jane Tranquilan, Director and Assistant Halal Consultant.

This is imperative to establish that the services and processes in the laboratory conform with the Halal Standards based on IHIAS 0300:2011. It assures that the DOST-CALABARZON HVL demonstrates technical competence, impartiality, and independence.

This is an important

part of the process for consumer protection against nonconforming products.

Part of the back-to-back activities is the "Halal Awareness Training based on MS1500-2019" participated by the RSTL Staff and Food Safety Team which was also administered by the guests – Dr. Saleh and Dr: Tranquilan. The IHI Alliance was created as an international not-for-profit organization to uphold the integrity of the halal market concept in global trade through the establishment of global halal standards, recognition, collaboration, and membership. (By: Cesaree M. Caperare)





### Minions invade SM City Rosario

SM City Rosario set up the Minions Fun playhouse recently at its event center, making it a huge attraction for the shoppers. Kids and kids at heart enjoyed a cheerful and fun-filled afternoon with Bob, Kevin and Stuart as they played, sang and danced at the playhouse.



Kids grabbed the chance to take photos with the Minions

48th Nutrition Month: New Normal Na Nutrition, Sama-samang Gawan Ng Solusyon!



In line with celebration of 48th Nutrition Month, under the leadership of JSUPT KAYE G DEL ROSARIO, City Jail Warden, Bacoor City Jail Male Dorm personnel actively participated the Food Safety and Nutrition Seminar together with male PDLs. The said seminar was conducted by Ms. Cristina Elalto, Nutritionist Focal Action Officer assisted by Junie Cariño, CNPC and Ms. Rose Regulacion of Nutrition Focal of F1K, from CSWD Nutrition Unit of Bacoor City, Cavite. The said activity aims to increase nutrition awareness and promote a balanced lifestyle and improve both Personnel and PDLs diet despite of this pandemic.